

Parenting Book Recommendations

The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion, and Connection
by Brené Brown



Positive Discipline Parenting Tools: The 49 Most Effective Methods to Stop Power Struggles, Build Communication, and Raise Empowered, Capable Kids
by Jane Nelsen, Mary Nelsen Tamborski, Brad Ainge

How to Talk So Kids Will Listen & Listen So Kids Will Talk
by Adele Faber, Elaine Mazlish

No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind
by Daniel J. Siegel and Tina Payne Bryson

The Collapse of Parenting: How We Hurt Our Kids When We Treat Them Like Grown-Ups
by Leonard Sax

