

# @ACTS



Agency for Community Treatment Services E-Newsletter

September 2018

## September is National Recovery Month

Mental and substance use disorders affect millions of Americans. Supporting recovery strengthens our families and our communities, encourages public awareness, and helps people begin their recovery journeys. Visit <https://www.recoverymonth.gov> for information on prevention, treatment, and recovery support services. You can help yourself or someone you love take the first step toward recovery. Celebrate National Recovery Month and spread the messages that prevention works, treatment is effective, and people recover. [Click here](#) to see recent stats released by SAMHSA about opioid use, mental health needs and mental health and substance use among young adults.



If you or someone you know is struggling locally, ACTS is here to help. Call us at 813.246.4899.



## CRT at ACTS

Every month, ACTS Quality Improvement Program visits a site with the Comprehensive Review Team (CRT). CRTs are a vital part of the internal monitoring process and provide essential data about how our Programs are doing from many perspectives. A CRT is an ad hoc group comprised of peers from different disciplines and position classifications. The team conducts an onsite visit of 22 different

ACTS programs annually to assess the quality of service delivery, clinical documentation, staffing, access and wait lists, outcomes, client satisfaction, staff satisfaction, leadership, environment of care, and safety. In August, ACTS visited the Polk Juvenile Assessment Center in Bartow, and in September, the team will be meeting at Keystone Adult Residential Treatment in Tarpon Springs and ARRIS in Ft. Lauderdale.

## Meet Jennifer Botsch

Jennifer Botsch works at ACTS as an Outpatient Therapist. In her role, her caseload is about 30 – 40 patients at a time, who she meets with typically once a week for about 12 weeks. In their sessions, they talk about life, families and substance use. “One of my favorite things about my job is when the client is engaged in treatment, and seeing them grow during our time together.” Jennifer has worked at ACTS for just over two years and recently became a Licensed Mental Health Counselor. She became interested working in this field after working at an acute mental health residential program in South Dakota after college. “After college, it was eye opening to see how big substance use and mental health issues are.” To learn more about Jennifer's typical day [click here](#).



## For More Information

ACTS, Agency for Community Treatment Services, Inc., is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you - 813.246.4899 or visit us online at [www.actssf.org](http://www.actssf.org).