



Kindergarten Daily Schedule Abington School

8:30-8:45	<p>Kid Writing (individual work)</p> <p>Students participate in Kid Writing through daily journal writing and writing workshop activities that encourage them to express their ideas, stories, and experiences in print. During writing time, students draw pictures, sound out words, and attempt spelling based on their developing phonics knowledge while composing meaningful messages. Teachers model writing strategies, demonstrate how to stretch out sounds, and guide students in forming letters, words, and simple sentences. Students share their writing, receive feedback, and revise their work with support from the teacher.</p>
8:45-9:00	<p>Morning Circle (whole group)</p> <p>Students gather on the classroom rug for structured, whole-group activities that support social, emotional, and academic growth. They begin with a welcome song to build community, review classroom jobs to practice responsibility, and participate in daily calendar routines to identify the day, date, month, and weather.</p> <p>Once per week students will also participate in Sonrisas Spanish curriculum, which teaches students another language through songs, movement, visuals, and interactive activities, supporting early language development, listening skills, and cultural awareness.</p>
9:00-9:15	<p>Heggerty Phonemic Awareness (whole and small group)</p> <p>Students participate in both whole-group and small-group learning experiences that focus on listening, rhyming, segmenting, blending, and manipulating sounds in words. Through consistent routines, oral practice, and teacher modeling, students strengthen their ability to hear and work with sounds, supporting early reading and spelling development. The teacher uses progress monitoring assessments throughout the year for specific phonemic awareness skills. These assessments can be used as baseline checks, ongoing progress monitoring, and to inform instruction.</p>
9:15-10:00	<p>Wit & Wisdom ELA- Session 1 (whole and small group)</p> <p>Wit & Wisdom is implemented as a comprehensive English Language Arts curriculum in kindergarten. The program integrates reading, writing, speaking, listening, and knowledge-building through rich texts and thematic units. Instruction aligns with Pennsylvania ELA Standards, emphasizing comprehension, vocabulary development, writing, and critical thinking. Lessons are delivered using developmentally appropriate practices and include opportunities for discussion, inquiry, and reflection.</p>
10:00-10:15	<p>Snack (whole group) *</p> <p>Students will have the opportunity to enjoy healthy foods while developing social, emotional, and self-help skills. Students practice proper table manners, use utensils, pour drinks, and clean up after themselves, fostering independence and responsibility. Snack time also encourages conversation and social interaction among peers, helping children build language and communication skills. Additionally, it can provide opportunities for teachers to reinforce concepts such as nutrition, counting, sharing, and turn-taking.</p>

10:15-10:45	<p>Learning Without Tears- Handwriting (whole and small group)</p> <p>Students engage in Handwriting Without Tears through hands-on, multisensory lessons that teach correct letter and number formation. They practice during whole-group and small-group activities, apply handwriting skills in reading and writing tasks, and make connections to other subject areas while receiving support and feedback as they build confidence and accuracy.</p>
10:45-11:30	<p>Gross Motor (whole group)</p> <p>Children engage in free play outdoors on the playground, weather permitting, choosing from a variety of gross motor activities, games, and equipment. When the weather is poor, students participate in indoor music and movement activities that promote physical activity and gross motor development. An indoor obstacle course will also be offered periodically to provide children with a fun, structured way to develop gross motor skills, coordination, balance, and problem-solving. Students move through a series of stations or challenges that may include crawling through tunnels, climbing over soft blocks, hopping, balancing on beams, or maneuvering around cones. The course encourages physical activity, spatial awareness, and self-confidence while promoting teamwork and following directions in a safe, playful environment.</p>
11:30-12:15	<p>Everyday Math Curriculum (whole group, small group and individual work)</p> <p>Students using the Everyday Math curriculum actively explore math through hands-on, interactive activities. They participate in whole-group lessons, small-group games, and individual practice that focus on key skills such as counting, number recognition, addition and subtraction, patterns, shapes, measurement, and data. Students solve problems, use manipulatives like cubes or counters, record their thinking in math journals, and discuss strategies with peers. The curriculum emphasizes real-world applications and daily routines, helping students connect math concepts to everyday experiences while building fluency, reasoning, and problem-solving skills</p>
12:15-1:00	<p>Lunch (whole group) *</p> <p>During lunch, children enjoy a nutritious meal while practicing self-help skills, table manners, and social interaction with peers.</p>
1:00-1:30	<p>Wit & Wisdom ELA- Session 2 (whole, small group and individual work)</p> <p>Wit & Wisdom is implemented as a comprehensive English Language Arts curriculum in kindergarten. The program integrates reading, writing, speaking, listening, and knowledge-building through rich texts and thematic units. Instruction aligns with Pennsylvania ELA Standards, emphasizing comprehension, vocabulary development, writing, and critical thinking. Lessons are delivered using developmentally appropriate practices and include opportunities for discussion, inquiry, and reflection.</p> <p>W-I-N Time (What I Need): Students work one-on-one with a teacher to focus on skills they need to strengthen, such as early literacy, math, or social-emotional skills, or simply enjoy reading a book together. This individualized time allows the teacher to provide targeted support, guidance, and encouragement, while helping students build confidence and reinforce learning in a personalized setting.</p>

1:30-2:00	<p>Specials (offered once per week- days vary by class)</p> <p>Monday- Art (whole or small group) Students participate in hands-on opportunities to explore colors, textures, shapes, and materials while expressing their creativity. Children engage in both free-choice and guided 2-D and 3-D projects, using a variety of art techniques such as drawing, painting, collage, and sculpting. Art activities help develop fine motor skills, problem-solving, self-expression, and an appreciation for the creative process.</p> <p>Tuesday- Yoga and Health (whole group) Students participate in Cosmic Kids Yoga, a child-focused, story-based yoga program that combines movement, guided poses, and mindfulness to promote physical development, focus, self-regulation, and relaxation. Through engaging themes and interactive storytelling, children build strength, balance, coordination, and body awareness in a fun and accessible way. Health lessons are integrated through discussions, demonstrations, and activities that teach nutrition, physical fitness, healthy behaviors, and hygiene, supporting students' overall well-being.</p> <p>Wednesday- STEM Science & Social Studies (whole and small group) <i>*rotate bi-weekly</i> STEM: Students are introduced to science, technology, engineering, and mathematics concepts through hands-on, developmentally appropriate activities. Students explore, experiment, and problem-solve using materials and guided investigations that build curiosity, critical thinking, observation skills, and early math and science understanding. Students will participate in simple experiments, building and engineering challenges, patterning, counting, and technology exploration in ways that are playful and engaging. Social Studies: Students explore family, community helpers, rules, and cultural traditions through stories, discussions, and hands-on activities that build social-emotional skills and an understanding of their role in the community.</p> <p>Thursday- Tom Cat & Tabby Cat social-emotional learning (SEL) (whole group) Students listen to stories featuring Tom Cat and Tabby Cat (stuffed animals represent the story's characters) and participate in guided discussions and activities that help them identify and express emotions, reflect on behavior and choices, practice empathy, and develop problem-solving and collaboration skills with their peers.</p> <p>Friday- Stage Worthy Music Program by Widy (whole group) Students actively participate by singing songs, moving to music, playing and exploring instruments, and engaging in rhythm and listening activities that foster musical awareness and creative expression.</p>
2:00-2:30	<p>Free-Play/Buddy Teacher Time (small group or individual work)</p> <p>Free Play: Students will have access to centers such as Reading/Literacy Corner, Puzzles and Manipulatives, Drawing and Coloring, Playdough or Clay, Tabletop Games, and Sensory Bins, Science, Math, & Dramatic Play</p>
2:30	<p>Dismissal</p>

**Non-Instructional Time*