



# February 2019

## Paramount Academy

### BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 WG Sausage Pancake Wrap Fruit 100% Apple Juice
4 WG Oatmeal Chocolate Chip Bar Fruit 100% Orange Pineapple Juice	5 WG Cinnamon Toast Crunch Cereal Fruit 100% Apple Juice	6 WG Glazed French Toast Fruit 100% Orange Juice	7 WG Blueberry Loaf Fruit 100% Fruit Punch	8 Cheese Omelette w/ WG Tortilla Fruit 100% Apple Juice
11 WG Ubr Cinnamon Round Fruit 100% Orange Pineapple Juice	12 WG Cocoa Puffs Cereal Fruit 100% Apple Juice	13 WG Apple Frudel Fruit 100% Orange Juice	14 WG Chocolate Mini Donuts Fruit 100% Fruit Punch	15 WG Sausage Pancake Wrap Fruit 100% Apple Juice
18  NO MEAL SERVICE	19 WG Apple Cinnamon Cheerios Cereal Fruit 100% Apple Juice	20 WG Maple Madness Waffles Fruit 100% Orange Juice	21 WG Strawberry PopTart Fruit 100% Fruit Punch	22 WG Turkey Sausage Sandwich w/ Cheese Fruit 100% Apple Juice
25 WG Ubr Chocolate Chip Round Fruit 100% Orange Pineapple Juice	26 WG Trix Cereal Fruit 100% Apple Juice	27 WG Pancakes w/ Syrup Fruit 100% Orange Juice	28 WG Cinnamon Mini Bagels Fruit 100% Fruit Punch	

- \* This institution is an equal opportunity provider.
- \* Menus are subject to change based on product availability.
- \* WG = whole grain

All meals come with choice of 8 oz.: 1% white or fat free chocolate milk