## Evaluation Referral Form Adult Autism or ADHD

Please use this form to provide the information about the reason for referral, goals for the evaluation, and to elaborate on potential factors that could influence the validity of the evaluation. Please contact Dr. Christie Seiler at 518-538-1000 if you are uncertain if an evaluation is appropriate for a patient. We will only follow up on referrals that are appropriate and meet the conditions noted at the beginning of this form.

Note: We require that all individuals undergoing an evaluation have a clean drug screen within 30 days before proceeding with the evaluation. The individual will be scheduled for an in-person intake evaluation and be expected to bring the copy of the drug screen results (i.e., for all potential substances) ordered by their doctor or other medical provider.

Note: We will not complete an ADHD or ASD evaluation if there is an active substance abuse issue or any psychosocial issue leading to acute instability (i.e., SI, DV, etc.) that could impact the validity of the evaluation. Please only refer individuals who are stable medically and psychiatrically, not abusing substances, and not involved in ongoing domestic violence, as these could interfere with the validity of the assessment. Instead, you can refer them for treatment and, when they are stable enough and if an evaluation still seems medically necessary, we can proceed with the evaluation.

Note: We are only doing evaluations for Autism if the individual needs documentation for SPOA, OPWDD, AccessVR, college/school, or another agency. We are unable to do an Autism evaluation if the sole purpose is to provide documentation for the courts. Please do not refer an individual for an Autism evaluation if they are functioning well but only expressing curiosity about whether they have the diagnosis. If the request for an evaluation is only for curiosity, we recommend that they pursue outpatient mental health treatment as a potential other avenue to clarify their concerns.

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## **Evaluation Referral Form Adult Autism or ADHD**

Date:				
Name	of Referring Professio	nal:		_
Refer	Referring Agency: Phone #:			
Client	t Name:			
Gend	er Assigned at Birth:			
Gend	er:	Pronoun Preference:		
Client	t Contact Phone:			
1) Is	this a referral for:			
	ADHD			
	ASD			
2). Do	you have concerns ab	out factors that could influe	nce the evaluation?	
	General cognitive/int	ellectual function		
	General psychologic	al function		
	Personality disorder			
	Other condition:			
3). Is	this evaluation due to a	referral for one of the follow	ving agencies:	
	SPOA			
	OPWDD			
	College or other sch	ool		
	Court			
	CPS			
	Otheru			

	Inattention/Distractibility					
	Forgetfulness  Poor Time Management  Procrastination of non-preferred activities  Hyper-focus on preferred activities  Disorganization/Messiness  Hyperactivity/Impulsivity  Troubles making or keeping friends					
	Difficulty developing or maintaining relationships  Deficits in non-verbal communication					
	Deficits in social-emotional reciprocity					
	Repetitive or stereotyped motor movements					
	Obsessive with routine or sameness					
	Highly restricted or fixated interests					
	Hyper- or hypo-reactivity to sensory stimulation					
l). Do you believe the evaluation is medically necessary (i.e., will result in clinically significant changes to the patient's treatment plan and/or overall functioning?						
5). Do they have any of the following:						
	Legal or court issues (past or pending), including Protection orders:  Yes  No  Explain:					
	Domestic Violence concerns: Yes No Explain:					
	Alcohol or Substance use or abuse concerns:  Yes No Explain:					
	Self-harm thoughts/ideation or gestures: Yes No Explain:					
	Suicidal thoughts/ideation, gestures, or attempts: Yes No Explain:					
Homicidal/Violent thoughts/ideation, gestures, or attempts: Yes No Explain:						

3) What are the symptoms that they have noticed that are prompting the referral for an evaluation:

By signing below, I indicate that I have read and understand this form.						
Signature of Referring Provider	License # of Referring Provider	Date				