



# P S C Pickaway Senior Center

REGULARLY SCHEDULED:

**DAILY: Congregate Lunch 11:30 am**  
Please RSVP 24 hours prior.

**MONDAY:**

Exercise Class 9:00 am  
Euchre & Games Tables 1:00 pm

**TUESDAY:**

Learn to play Bridge w/Al 12:30 pm  
Clogging Group 3:00 pm

**WEDNESDAY:**

Exercise Class 9:00 am

**THURSDAY:**

Chair Yoga 12:30 pm

**FRIDAY:**

Exercise Class 9:00 am  
Bingo 10:00 am  
Bible Study 10:30 am  
Euchre Tables 11:30 am  
Line Dancing 1:00 pm

**DATES OF NOTE:**

Monday, February 5 & 12 by Appt.  
SOLE SOLUTIONS Footcare Clinic

Wednesday, February 7 1pm  
CRAFTING w/SONYA

Thursday, February 8 & 22 8am  
PRODUCE DELIVERY

**MONDAY, February 19th CLOSED**  
**PRESIDENTS' DAY**

Tuesday, February 20 8am  
COMMODITY DELIVERY

Wednesday, February 21 OSHIIP

Wednesday, February 28 11:30am  
BIRTHDAY CELEBRATION-Please RSVP  
the Friday before

**PICKAWAY SENIOR CENTER**  
2105 Chickasaw Drive  
Circleville OH 43113  
740-474-8831  
[www.pickawayseniors.org](http://www.pickawayseniors.org)

## *From the Desk of the Director*

Happy February!

I hope you and yours are doing well!

As I write, we're anticipating our first taste of subzero temperatures. We don't think the building will be closed or services canceled, but just as a reminder closures due to inclement weather are share on WBNS 10TV out of Columbus and on WWKJ 94FM from Chillicothe.

**Commodities** will be distributed on February 20; **Produce** is available on February 8 and 22; the delivery trucks typically arrive by 8am. You will be asked to complete 2024 forms for each program.

We will be celebrating **February birthdays** and anniversaries on Wednesday, February 28 at 11:30! All birthdays and anniversaries eat FREE! Please RSVP to the center by Friday February 23 by calling 740-474-8831.

We love seeing so many faces coming into the center each day to enjoy lunch and visit with friends, we just remind everyone to call ahead to let us know you are coming the day before you plan to attend. It helps our wonderful kitchen staff prepare enough for everyone!

**Sole Solutions Footcare** clinic is now being offered twice a month, this month on February 5 and 12. Call the office to set your appointment.

**Crafting with Sonya** will be held on February 7, at 1pm. Please call the office to RSVP.

**Chair Yoga** is offered each Thursday at 12:30pm and exercise is offered every Monday, Wednesday, and Friday at 9am.

**Please note the S.A.L.T. Council February 21,2024 meeting is closed.**  
**We are sorry for the confusion.**

Everyone stay safe and healthy! See you at YOUR Senior Center!

Bonnie Lowry Vallette,  
Executive Director

**Pickaway Senior Center  
BOARD OF DIRECTORS:**

|                       |                                     |
|-----------------------|-------------------------------------|
| Sally Galecki         | President                           |
| Ellery Elick          | Vice President                      |
| Joy Ewing             | Treasurer                           |
| Al Canarsky           | Secretary &<br>Membership President |
| Bonnie Vallette       | Director                            |
| Dennis Bothel         | Fiscal Officer                      |
| Bob Mabe              | Andy Bull                           |
| Krista Bower          | Jackie Rish                         |
| Jenna Logan           | Grant Davis                         |
| Sheriff Matthew Hafey |                                     |

**Pickaway County  
Commissioners:**  
Jay Wippel  
Gary Scherer

**SUGGESTED CONGREGATE  
LUNCH DONATION IS \$4  
PLEASE RSVP THE DAY PRIOR**

**PICKAWAY  
SENIOR CENTER**

2105 Chickasaw Drive  
PO Box 565  
Circleville OH 43113

[pickawayseniors.org](http://pickawayseniors.org)

|                  |                     |
|------------------|---------------------|
| <b>Office</b>    | <b>740-474-8831</b> |
| <b>Toll Free</b> | <b>888-397-7246</b> |
| <b>Nutrition</b> | <b>740-474-8617</b> |
| <b>Fax</b>       | <b>740-477-8114</b> |

**Office Hours:  
Monday-Friday  
8am — 4pm**

**\* Due to COVID-19: some services,  
hours and days have changed.**

*Services provided Monday - Friday*

**Adult Day Care:**

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

**Services available  
Tuesday—Thursday  
9am—1pm.**  
Transportation and lunch provided.



**Congregate  
(Shared) Meals**

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



**Meals on Wheels:**

A hot, nutritious lunch delivered to your home five days a week.



**Transportation**

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

**National Family  
Caregiver Support  
Program**

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

**Supportive Services**  
Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

**PROVIDED MONTHLY  
Commodity  
Supplemental Food  
Program (CSFP)**

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on second Tuesdays.



**Produce Market**

Mid-Ohio Foodbank delivers 2500 pounds, or more, of fresh produce on the second and fourth Thursday of each month.

**For additional  
information on  
any of these  
services, call  
Pickaway  
Senior Center:  
740-474-8831**



**The Pickaway  
Senior Center  
is a non-profit  
organization.  
We are supported by  
financial  
contributions from:**

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

**EQUAL**



**PROVIDER**

## FEBRUARY BIRTHDAYS-HAPPY BIRTHDAY!



### **FEBRUARY 1**

Amelia Garner  
Margie Likens  
Terry Perkins  
Karen Schieman  
Betty Stickel  
Vivian Stiles

### **FEBRUARY 2**

Winnie Comford  
Carol Fisher  
Mary Nye  
Barbara Parsons  
Melinda Pumphrey  
Alice Riley  
Judy Schneider  
Sondra Starkey  
Kenneth Weaver

### **FEBRUARY 3**

Richard Banks  
Mary Hulse  
Stephanie Philput  
Elena Voloshina

### **FEBRUARY 4**

Carolyn Bresler

### **FEBRUARY 5**

Stephen Gaines  
Marguerite Grambo  
Ethel Griffey

### **FEBRUARY 6**

Diana Jones  
JC Peck

### **FEBRUARY 7**

Luther Hafey  
Theresa Hernstein

Corina Walters

### **FEBRUARY 8**

Dennis Bothel  
Patsy Hastings

### **FEBRUARY 9**

Dennis Blaney  
Roger Konkle  
Lowell Rader  
Arthur Robertson  
Pat Rowlands  
Virginia Schwart

### **FEBRUARY 10**

Bonnie Betz  
Esther Hudson  
Max Marion  
Julie Miller  
Randy Myers

### **FEBRUARY 11**

Kay Gonzalez  
Sharelle Hall  
Alice Weaver

### **FEBRUARY 12**

Lenora Maloney

### **FEBRUARY 13**

Laura Groves  
Stephen Helwagen

### **FEBRUARY 14**

Audrey Hawkes  
Jan Hoover  
Laura Horning  
John Looney  
Robert Wolfe

### **FEBRUARY 15**

Brenda Catron  
Jane Jones  
Brenda Preece  
Dale Wolfe

### **FEBRUARY 16**

Sue Banks  
Roger Fox  
Martha Martin  
Nancy Writsel

### **FEBRUARY 17**

Allen Canarsky  
Garry Schooley  
Laura Scurlock

### **FEBRUARY 18**

Jerry Ball  
Beverly Davis  
Robin Kiger  
Cathie Turner  
Elva Williams

### **FEBRUARY 19**

Thomas Harper  
Meg Kadunc  
Robin Newman

### **FEBRUARY 20**

Ida Kennedy  
Vivian Stalder

### **FEBRUARY 21**

Shirley Bailey  
Ralph Oldaker  
Jewell Starn

### **FEBRUARY 22**

Sharon Justice  
Robert Radcliff

Beverly Seymour

### **FEBRUARY 23**

Rick Braid  
Iris Darst  
Susan Patrick  
Dee Wolfe

### **FEBRUARY 24**

Monte Amos

### **FEBRUARY 25**

Marsha Graham  
Jeanette Hare  
Joe McGowan  
Herb Neff  
Christine Spring

### **FEBRUARY 26**

Geraldine Reed  
Linda Trimmer

### **FEBRUARY 26**

Dana Leach  
Elizabeth Patmore  
Michael Smith

### **FEBRUARY 27**

Nancy Calder  
Brenda Curtiss  
Jon Hatfield  
Juanita Thomas  
James Wheeler

### **FEBRUARY 28**

Twanda Conner  
Eric Crabtree  
Alice Dennis

## **This Month in History!**

# FEBRUARY

### **February 1, 1930:**

The first edition of the "Oxford English Dictionary" was published. The first electronic version of the dictionary was made available in 1988.

### **February 8, 1936:**

The first National Football League draft was held at the Ritz-Carlton Hotel in Philadelphia.

### **February 20, 1962:**

Astronaut John Glenn flew the Friendship 7 mission, becoming the first American to orbit the Earth

### **February 21, 1878:**

The world's first telephone book was issued in New Haven, Connecticut. It was a single piece of paper with 50 names.

## *Our Members who have passed in 2023*

In October, Membership Representative, Al Canarksy, asked if we could publish the names of those who have recently passed away. We published the list last month and have received a few members and former board members we'd not included. Please feel free to call and let us know of others who have passed and we will add them to the list. In February, we will publish the names of all those who passed 2023; in March we will begin to list those who passed in January.

|                   |                   |                       |                   |
|-------------------|-------------------|-----------------------|-------------------|
| Carolyn Adams     | Eleanor Dean      | Dwight Hershey        | Lu Rhoads         |
| Urban Adams       | Robert Dixon      | Harold Hewitt         | Norma Rich        |
| George Bandy      | Demaris Durgin    | Ann Keckley           | Marvin Rittinger  |
| Paul Barnes       | Donna Dyke        | Forrest Kiser         | Raymond Russell   |
| Cheryl Bates      | Jerry Eckart      | John Lake             | Anna Schooley     |
| Karen Bensonhaver | Jane Fath         | Pam Lewis             | Robert Schroeder  |
| Mary Ann Borrer   | Dick Fisher       | Carol Mader           | Debbie Tobin      |
| Barbara Bray      | Judith Gary       | George Mateer         | Shirley Tyler     |
| Jenny Brooks      | Brian Gerlach     | Marjorie McCormick    | James Walden      |
| Les Brown         | James Graves      | Ula Jean Ater Metzler | Dixie Walker      |
| Lois Brown        | Michael Griffith  | Jo Mineer             | Shirley Walters   |
| Deanna Carroll    | Judy Gulick       | Cathy Moss            | Carol Wallace     |
| Jack Clark        | Alan Hall         | Dorothy Myers         | Bertha Watson     |
| Darrel Conrad     | Elwood Haddox     | Mary Nelson           | Ethel Welch       |
| Olamae Cox        | Geraldine Hannahs | Jonnie Oakley         | Florence Williams |
| Don Crabtree      | Kenneth Harness   | Jeanne Palm           | Joann Woodward    |
| Esther Davis      | Wanda Hartranft   | Patricia Pontius      | Ron Wunsch        |
| Lydia DeLong      | Gladys Hawks      | Evelyn Reynolds       | Betty Young       |

### **In Memory or Honor of...**

*Recognition Gifts to the Pickaway Senior Center are very thoughtful gifts which allow others in Pickaway County to be helped.*

Enclosed is my gift of \$ \_\_\_\_\_ In:     Memory of:    or     Honor of:

---



---

Occasion:     Birthday     Anniversary     Other \_\_\_\_\_

Given by: \_\_\_\_\_

---

*Please make checks payable to the Pickaway Senior Center. Mail gift to:*  
**Pickaway Senior Center**

In Memory of  
Family & Friends

Given by,  
Linda Burns

In Memory of  
Family & Friends

Given by,  
Harold and Pam Phipps

In Memory of  
Ron E. Wunsch

Given by,  
Linda Wunsch

In Memory of  
Bill Fee

Given by,  
Janet Fee

In Memory of  
John S. Montgomery

Jerry W. Smallwood

Given by,  
Barb Montgomery Smallwood

In Memory of  
Roy E. Thompson

Given by,  
Shirley Thompson

In Memory of  
Dr. Edward C. Miner

Given by,  
Betty Lou Miner

In Memory of  
David Steele

Given by,  
Mary Steele

**Community Donations**

Fraternal Order of Eagles  
Trinity Evangelical Lutheran Church

**10 Fund Donations**

- Linda Harden
- Kathleen Lloyd
- Jeane Crider
- Ruby Anderson
- Annemarie Stewart
- Barbara Smallwood
- Judy Hatfield
- Ruth Tootle
- Charlene & Dick Grambo
- Deskey Posey
- Gary & Barbara Misko
- Allen & Margaret Rickey
- Jane A. Jones
- JC Peck
- Lois Peck
- Charles & Kathleen Cameron
- Rhonda Leath
- Linda K. Wunsch
- Sally Lemaster
- Sandy Burns
- Delbert & Arlene Poling
- Bonnie Watson
- Susan Beckley
- Damon Lively
- Larry Harris
- Nancy Fee
- Sally Stevens
- Ellery Elick
- Bev Davis
- Paddy Vaughan
- Raymond Comer
- Judy Meenach
- Linda Dunkle

- Marge Rhoads
- Pat Acord
- Shirley Thompson
- Jacquelyn Writsel
- Ruby Baylous
- Betty Miner
- James Riley
- See's Beauty Salon
- Steven Thomerson
- Barbara Hart
- Donald Strawser
- Darrell Smith
- Jeane Crider
- Dee Helsel
- Karen Williams
- Patricia Dresbach
- Anna Hedges
- Charles Hemming
- Jim Davis

**New Members**

- Nancy Harrow
- Buck Hettinger
- Linda Schultz
- Gina Stiles
- Dr. Charles Selman

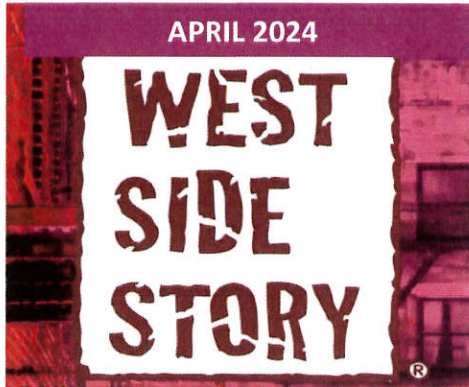


Your donations are **VITAL** to daily Center operations! Donations received by Jan 11th are included in this newsletter; those received after Jan 11th will be included in the March newsletter.



**Thank you for your generosity**

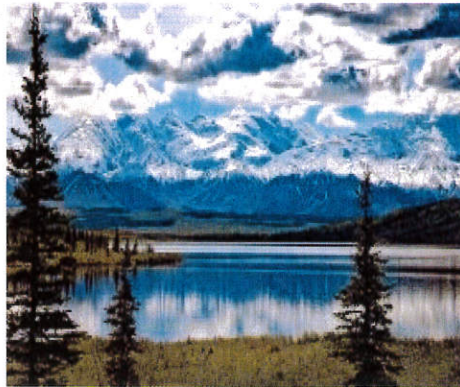
# 2024 TRIPS & TRAVEL



Winner of 10 Academy Awards® and two Tony Awards, Leonard Bernstein’s West Side Story is one of the all-time great American musicals,

Join us for a bus trip to LaComedia on Thursday, **April 25, 2024**

Tickets are \$86 with \$26 due at reservation; remaining \$60 due on Tuesday, March 19th. Includes lunch, show, and transportation

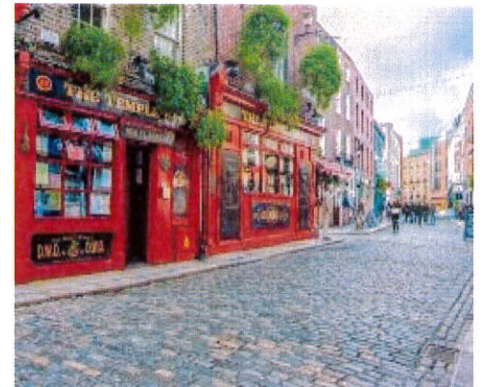


## Majestic Alaska

Start date: Aug. 09, 2024  
10 days—9 nights |

\$6,760 Twin Room Rate  
Including Airfare from CMH

\$7,260 Single Room Rate  
Including Airfare from CMH

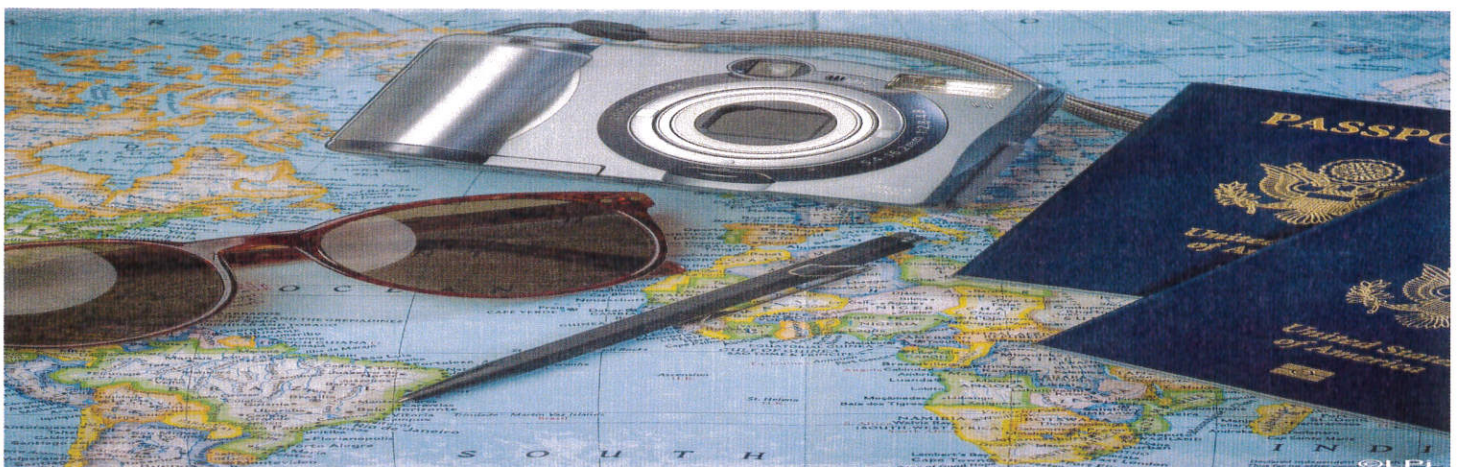


## Irish Wonder

Start date: Sept. 22, 2024  
8 days—7 nights |

\$3,877 Twin Room Rate  
Including Airfare from CMH

\$4,642 Single Room Rate  
Including Airfare from CMH



**MEMBERSHIP RENEWAL DRIVE — THANK YOU FOR RENEWING!**

You are invited to renew your membership by March 31, 2024! This will ensure you continue to receive the monthly newsletter. **Dues are \$10.00** per year per person.

NAME

ADDRESS

CITY/STATE/ZIP

TELEPHONE

BIRTH DATE

MEMBERSHIP(S): \$10 per person + DONATION to \$10 Fund = CHECK TOTAL \$\_\_\_\_\_

CHECKS PAYABLE: Pickaway Senior Center

MAIL TO: 2105 Chickasaw Dr, Circleville OH 43113



All new 18 private  
rehab Suites

*You have a choice*

**LOGAN ELM**  
— HEALTH CARE —

THE RIGHT PLACE. THE RIGHT CHOICE.

**370 Tarlton Rd.  
Circleville, OH**

**740.474.3121**



# HEAP

The Home Energy Assistance Winter Crisis Program (HEAP) helps income eligible Ohioans that are threatened with disconnection, have been disconnected or have less than a 25% supply of bulk fuel in their tank.

**The program runs from Nov. 1, 2023 until May 1, 2024.**

A household applying for HEAP must report total gross household income Home Energy Assistance helps maintain utility services to help you stay safe and warm. It can help if facing utility disconnection, have been disconnected, or have less than 25 percent supply of bulk fuel in your tank.

## Heading out of town for the Winter?

Please let the Center know of your change of address during this time and we'll send the Newsletters to you. If we have this winter address, it will save us from having to pay to get back the Newsletters from the Post Office because they could not deliver. Thank you.



### Trusted In-Home Care

Live life your way! From a few hours to 24/7 care, we're there when and where you need us. Personal care, Housekeeping and More!

**740-689-9410**  
homehelpershomecare.com/lancaster

Each office is independently owned & operated

## LET'S GROW YOUR BUSINESS

### Advertise in our Newsletter!

**CONTACT ME Dan Goben**

[dgoben@lpicommunities.com](mailto:dgoben@lpicommunities.com) • (800) 950-9952 x2633

### PICKAWAY METROPOLITAN HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace  
• Providing affordable housing for elderly/62 years or older and/or disabled  
176 Rustic Drive • Circleville, Ohio 43113  
740-477-2514 • Fax: 740-477-7456  
email: pmha@pickawaymha.com  
TTY/TDD Customers:  
Contact Ohio Relay Services at 711 or 1-800-750-0750  
This institution is an equal opportunity provider and employer




# Crestview

Rehabilitation & Skilled Nursing Services



*~ Family Owned Since 1958 ~*

- NEW MEMORY CARE UNITS
- IN-PATIENT/OUT-PATIENT THERAPY
- 24/7 SKILLED NURSING CARE
- HEATED SWIMMING POOL
- CHAPEL & BEAUTY SALONS
- OUTDOOR WALKING PATH
- RAISED GARDENS & CHICKEN COOPS

**Kim Shook**  
Community Relations Director  
**CRESTVIEW REHABILITATION & SKILLED NURSING SERVICES**  
957 Becks Knob Road  
Lancaster, Ohio 43130  
**740-653-9461**  
Fax 740-654-9645  
Cell 740-243-8285

[www.crestviewrehab.com](http://www.crestviewrehab.com)


# Heartland



HOSPICE

116 Morris Rd., Suite B • Circleville, OH 43113  
**740-420-0605**






**OSHIIP**

**Wednesday**  
**February 21, 2024**

**Review and compare:**  
2024 Part D Plans  
• Medicare Advantage  
• Learn ways to save on Rx & Medicare costs


**STOP ON IN**  
**NO APPT. NECESSARY**  
**740.474.8831**

**PROMEDICA PRESENTS:**



**CHAIR YOGA**


**EACH THURSDAY AT**  
**12:30PM**



**CRAFTING WITH**  
*Sonya*  
of Pickaway Manor

**WEDNESDAY FEB 7 • 1PM**  
**RSVP • 740.474.8831**

**SOLE SOLUTIONS**  
*Nurse Delivered Footcare*



**BY APPOINTMENT ONLY**  
February 5th ~ 9am—1:30pm  
February 12th Noon-1:30pm

**Call the center**  
**740.474.8831**  
to schedule your appointment

**\$35 FOR ½ HOUR**  
**APPOINTMENT**

**Hear What You've Been Missing!**

Trusted Care for 77 Years

- Doctors of Audiology
- Hear clearly in noisy surroundings
- Be part of the conversation again
- No-risk guarantee

1420 Circleville Plaza Dr (Free Parking off Route 23)  
**Call 740.571.4842**



HearOhio.com




**"Discover where to Recover"**

- 24-hour Nursing Care
- PT, OT & Speech Therapies
- IV Services and Medication Management

391 Clark Drive | (740) 474-6036  
www.optalishealthcare.com



**DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?**

Engaging, ad-supported print and digital newsletters to reach your community.



**OUR COMMUNITY NEWSLETTER**



Scan to contact us!

Visit [lpicommunities.com](http://lpicommunities.com)

**740.474.6238**  
158 East Mound St  
Circleville

**BROWN**  
MEMORIAL HOME

*The Trusted Senior Care Provider For Over 125 Years*

**BrownMemorialHome.org**



**Pickaway Senior Center**  
2105 Chickasaw Dr.  
PO Box 565  
Circleville OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville OH 43113

*RETURN SERVICE REQUESTED*

Current Resident



**DON'T MISS OUT**  
**Check out upcoming**  
**events and activities**  
**at the Center!**

Director's Desk.....p1  
Overview of Services..... p2  
Birthdays ..... p3  
In Memory ..... p4  
Welcome & THANKS ..... p5  
Trips & Travel.....p6  
Membership Form..... p7  
HEAP ..... p8  
Did You Know!?! .....p9  
Congregant Meal Menu... p10  
Activities Calendar ..... p11  
Closures, donations ..... p12

In an effort to keep our clients and employees safe we have a policy for service cancellation due to weather related circumstances.

**If the Pickaway Senior Center must close due to weather conditions it will be announced on both WBNS Channel 10 TV and WKKJ 94.3 FM Chillicothe**



We are available Monday thru Friday 9am-3pm if you need to stop by to drop off membership dues, memorials, donations, etc.

You may also mail them to:  
Pickaway Senior Center,  
P.O. Box 565 Circleville,  
Ohio 43113

