

In Home/Community Training

Our In Home Training support serves individuals in their natural environment and supports the family in structure, routine and expectations. Services offered through In Home Training are:

- Independent Living Skills in the home & community
- Behavior Modification
- Communication systems and supports



Life Planning

H.E.R.O.E.S. Life Planning was initiated to work with families on planning their children's future. The initial package of Life Planning includes meeting with the individual and family to plan and prepare for the meeting, facilitating the Person Centered Plan meeting, and a follow up meeting to solidify the action plan. Additional services that we can support include, but are not limited to:

- Guardianship support
- Supported Employment/ Job Coaching
- Post Secondary Education
- Connection to adult agencies/services
- Transportation Training

Day Program

Summer, Winter & Spring Break



H.E.R.O.E.S. Day Program runs for six weeks during the summer, four to five days over Winter Break and three days over Spring Break. During each week, a student experiences an array of therapies, social skills, team building activities, vocational training, and facilitation of their independence. H.E.R.O.E.S. Day Program serves individuals of all abilities from ages 3 to adulthood. All rooms are staffed with certified educators, as well as instructional assistants and trained college staff and volunteers.



If you would like additional information for any of the services that H.E.R.O.E.S. provides or if you would like to make a charitable donation please contact us at info@heroesdfw.org or visit our website at www.heroesdfw.org

H.E.R.O.E.S. is a Texas nonprofit corporation, and was incorporated on June 18, 2013. H.E.R.O.E.S. is classified as a public charity under Section 501(c)(3) of the Internal Revenue Code.

Weekend Retreats

Weekend Retreats began in the Fall of 2011. The retreats provide opportunities for independent living skills in a real life setting. The weekends offer a safe environment for young adults while expanding their comfort zone and confidence as an independent individual. During the weekends, activities can include grocery shopping, meal planning and preparation, housekeeping, personal hygiene, social skills and recreation & leisure skills.



Sibshops acknowledges that being the brother or sister of a person with special needs is for some a good thing, others a not-so-good thing, and for many, somewhere in-between. They reflect a belief that brothers and sisters have much to offer one another if they are given a chance.

Sibshops are a spirited mix of new games (designed to be unique, off-beat, and appealing to a wide ability range), new friends, and discussion activities.

Continuing Education Courses

H.E.R.O.E.S. Continuing Education courses provide lifelong learning in the areas of, but not limited to;

- Job Development & Training
- Basic Knowledge of Computer Skills
- Healthy Living and Daily Living Skills
- Healthy Adult Relationships
- Money Management
- Personal Management

H.E.R.O.E.S.

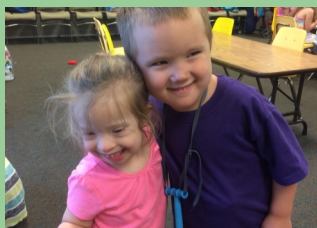
H.E.R.O.E.S. began during the summer of 2005. A group of Special Education Teachers and parents saw the need for a program that would provide opportunities in the community to learn valuable life skills in a safe, fun and loving environment.

H.E.R.O.E.S. strives to create social, recreational and vocational programs designed to meet the unique needs of individuals with disabilities.

H.E.R.O.E.S. strongly encourages the integration of all individuals in their community by providing social models, communication, emotional and behavioral supports.

H.E.R.O.E.S. staff is composed of certified educators, licensed therapists, certified instructional assistants, college interns, college & high school counselors and trained volunteers.

If you would like to be a part of this incredible program or are interested in making a donation, please contact us at info@heroesdfw.org.



Leadership Team

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Supported by :



First United Methodist Church
- Richardson -



www.heroesdfw.org

*Providing lifelong
learning through
community experiences*



H.E.R.O.E.S. serves all people with different abilities from birth through adulthood. We strive to support all families through connections to resources as well as facilitating lifelong learning and long term successes. We accomplish these goals by teaching the skills that are necessary for all individuals to become contributing members of society.