

GUILFORD: Friends of Community Fitness announces new Executive Director Britney Gallagher of Dover-Foxcroft, ME. After interviewing several excellent candidates, she was recommended by the search committee to the full board. She will begin training on November 2nd to begin her duties on November 23rd. Ms. Gallagher is uniquely qualified for the position with a bachelor's degree in business administration and 10 years past experience as a volunteer and Aquatics & Fitness manager at the PRYMCA. She will be replacing Gayle Worden who is retiring after serving as ED since the non-profit's founding in 2003.

When asked her thoughts about this transition, Gayle offered, "I have great confidence in Britney's ability to bring Community Fitness to the next level. Her passion for fitness and business mind combined with her enthusiasm and drive are a great fit for the position. I know I'm leaving the center in great hands."

Friends of Community Fitness is a 501c3 nonprofit fitness & community center located at 31 High St. in Guilford, ME. Our mission is to promote a healthy lifestyle through various forms of physical exercise, social and educational opportunities for people of all ages and financial means. As a charitable organization we offer scholarship rates for income eligible members. Visit our website and Facebook page for programs and schedules or stop in to see us for a tour of the facility.

www.comfitme.com (207) 876-4813