

HONG KONG & TAIPEI, TAIWAN

October 27 – November 4, 2017

\$5,999 (based on double occupancy)

\$999 (Single supplement)

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Mental Health Journey CAREER ENRICHMENT

Hong Kong is an autonomous territory on the Pearl River Delta and is a world-class financial, trading and business center to the world. Hong Kong became a Special Administrative Region (SAR) of the People's Republic of China on July 1, 1997, after a century and a half of British rule. Taipei City is the capital city and a special municipality of the Republic of China (commonly known as Taiwan). Sitting at the northern tip of the island, Taipei City is an enclave of the municipality of New Taipei City.

Program Highlights

- 7 night / 9-day journey through Hong Kong & Taipei
- **8.0-10.0 Continuing Medical Education (CME) credits** will be sought for this journey. *** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Wilderness Medical Society and Nanda Journeys. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians. ***
- **Accompanying guest program** for those not taking part in the professional meetings.
- An **optional extension** will be available to visit nearby Macau

Focus on mental health

- Meet with medical professionals and mental health practitioners from a variety of settings in Hong Kong and Taipei including **local hospitals, clinics** and **medical societies**.
- Learn about **mental health policies, education and training** as well as ongoing communication and collaboration.
- Focus on the **cultural beliefs and practices** that affect the presentation and treatment of mental health problems; how professional and public opinion about mental health disorders have evolved; and the role of psychoanalytic theory and tradition.

Focus on the community & culture

- Experience a **cooking class** to learn a few traditional Chinese dishes and enjoy some of the fabulous local flavors.
- Have the chance to visit a local **community organization** that focuses on donating their time to those with mental health issues in the community.

Program Leader: **Dr. Nada Stotland**

Dr. Nada Stotland is a former president of the American Psychiatric Association and the author or editor of seven books and more than 75 articles on women's health and medical ethics. She has won numerous awards, including the Francis Braceland and Alexandra Symonds awards from the American Psychiatric Association (APA) and the Lila Wallis Award from the American Medical Women's Association. As an invited speaker, she has addressed audiences in France, Colombia, Montreal, India, Germany, England, and Australia, as well as made appearances on *The Oprah Winfrey Show*, *Larry King Live*, and *Fox News*.



Why Nanda Journeys?

Travel for people with purpose and passion. See for yourself what a difference travel makes.

Ready to go?

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