9Muses Art Center

Wi-Fi network:
MHASEFLGUEST
p/w: internet954

2017 WEEKLY SCHEDULE OF GROUPS & CLASSES*

7139 West Oakland Park Boulevard • Lauderhill, FL 33313 • Tel: 954-746-2055 • Fax: 954-746-6373

Hours of Operation: Monday - Friday 9:00am - 5:30pm • Saturday: 12:00pm - 5:00pm • www.9musesartcenter.org

Member Phone: 954-746-9162

ADULT SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00am: Open Studio Individual Instruction **10:30am-12 Noon:** **Depression Support Group** 12-1:00pm: Mosaics Class **1-2:00pm: Relaxation &** **Meditation Workshop** 2-3:00pm: Creative Writing 2-5:00pm: Clay Techniques 5:00pm: Clean Up	9:00am: Open Studio **11-12:00 Noon: Healthy Living** 12-1:00pm: Open Studio **1-2:00pm: WHAM Lab** ***(Whole Health Action Management)*** **2-3:00pm: Legislative Advocacy** **& Self Empowerment** **2-3:00pm: 9Muses Advisory Council** *(2nd Tuesday of the month)* 3-4:00pm: Drawing Fundamentals 5:00pm: Clean Up **6-8:00pm:Depression Support Group**	9:00am: Open Studio **10-11:00am: WRAP Lab** ***(Wellness Recovery Action Plan)*** 11-12 Noon: Watercolor **12-1:00pm Member Meeting** *(2nd Wednesday of the month)* 1-2:00pm: Acting 2-3:00PM: Mental Health Screenings 2-4:00PM Web Marketing Techniques 4-5:00pm: Exploring Tranquility 5:00pm: Clean Up	9:00am: Open Studio **10:00am: PeerZone** 11:00am-12 Noon: Life Drawing 1-2:00pm: Outreach Committee 1-2:00pm: Poetry 2-5:00pm: Music Options 2-3:00pm: Acrylic Techniques 3-4:00pm: Art Talk 5:00pm: Clean Up **6-8:00pm: Anxiety Support Group**	9:00am: Open Studio **10-11:00am: Beyond Addiction** 11-12 Noon: Pastels **1-2:00pm: Meeting New People** 2-5:00pm: Music Options 2-5:00pm: Clay Techniques 4-5:00pm: Critique & Review 5:00pm: Clean Up **4:30-5:30pm: Schizophrenics** **Support Group**	12:00pm: Open Studio 12:30pm - 2:30pm: Motion Matters 1-4:30pm: Mosaic Tile Creations 2:00pm: Mental Health Screenings 2:30pm: Cinema Saturdays 2-4:30pm: Member's Options PeerZone *Peer led workshops in mental health & addiction*