



FROM OUR HEARTS & HANDS TO YOURS

Drop Waist Dress

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This dress is surprisingly easy and quick. It fits the 14" Glitter Girl doll. The instructions were written as part of an effort to give dolls with outfits to young patients in hospitals.

It can be made in a variety of fabrics, though a heavy weight is not recommended.

Important

Print pattern full size and check that the one inch square equals one inch before beginning to sew. If it does not, please adjust accordingly.

Requirements:

Pattern for Drop Waist Dress bodice

¼ yard or fat quarter main fabric for dress

Lining fabric for bodice

Skirt fabric: 3" to 3 ½" x 16" piece cut from main fabric

3/8" by 3 ½" pieces of velcro

Buttons, ribbons or other embellishments

Scissors, Thread, Pins, Needles, Sewing machine, etc.

Assumptions:

All seams are ¼ inch unless specified.

Preparation:

- Cut dress front, back and skirt from main fabric
- Cut dress bodice front and back from lining fabric

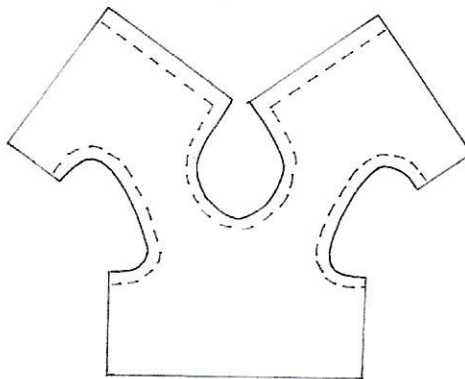
Construction:

1. Shoulders

- Main Fabric
 - Attach left back to front by placing right sides together and stitching the shoulder seams
 - Repeat to attach right back to front.
- Lining Fabric
 - Attach left back to front by placing right sides together and stitching the shoulder seams
 - Repeat to attach right back to front.
- Press seams open.
- Turn up ¼" hem on front and back lining pieces and press.
- **Embellishments (Optional)** If you are going to embellish the front, now is the time to do so.

2. Neckline and Armholes

- Put Main fabric and Lining fabric right sides together, matching underarms carefully.
- With a 1.5 stitch length sew around neckline, down the backs and then around each of the armholes.
- Press. Trim and generously clip seam allowances.



- Gently pull each of the back pieces of Lining through the shoulders with your favorite turning tool, e.g. safety pin, hemostat, etc. When you first start turning, the fabric will feel like it's stuck, but gently pull from different spots, and all of a sudden the fabric will come through freely.
- Push out corners, make seams run exactly on the edges and press carefully, maintaining the folded hems at the bottom of the lining pieces.
- Smooth out seamlines with hands – a spritz of water helps.
- Press with iron carefully.
- Open out the bodice from the lining and matching the side seam of the bodice and the side seam of the bodice lining, sew the bodice and lining together, maintaining the folded lining hem. Repeat with the other underarm seam.

3. Skirt

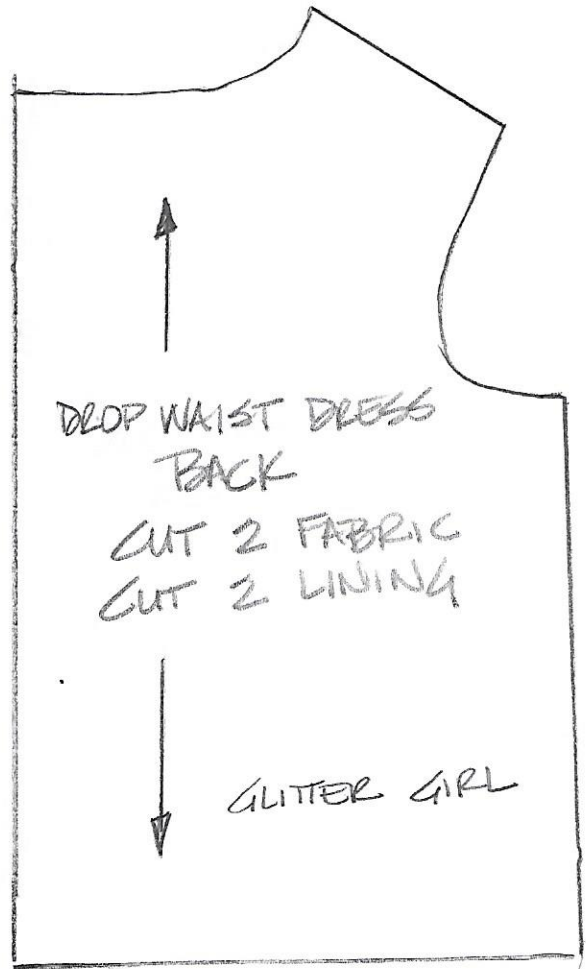
- Turn under $\frac{1}{4}$ " on one long edge of skirt and press. Turn again $\frac{1}{4}$ " and stitch.
- Repeat at each short edge.
- Find and mark the center and quarter points on the long raw edge of the skirt.
- Run 2 rows of gathering stitch on long unfinished edge of skirt at $\frac{1}{4}$ " and $\frac{1}{8}$ ".

4. Attaching Skirt and Bodice

- Find and mark the center of the bodice.
- Right sides together
 - Match the center and back edges of the bodice and gathered skirt.
 - Match the gathered skirt's quarter points to the side seams of the bodice and
 - Pin the gathered skirt to the bottom edge of the bodice.
- Sew, being careful not to catch the lining in the stitching.
- Turn up gathered skirt/bodice seam allowance.
- Turn up the $\frac{1}{4}$ " bottom pressed edges of the lining and match to the skirt stitching line on inside of dress.
- Pin in place and carefully top stitch close to the edge (or hand stitch lining to skirt).

5. Closing Back and Finishing

- Try dress on doll, overlap the backs $\frac{3}{8}$ " to $\frac{1}{2}$ " and sew Velcro® into place.
- Embellish as desired



SKIRT - CUT 1 $3\frac{1}{2}$ " X 16"

