

Woodwind Lakes

NEWSLETTER

FEBRUARY 2023

Lake Trails Committee update

Some of you may have noticed the appearance of bright green spray paint along the three lake trails. For anyone wondering, this is an activity by your recently formed Trails Committee. The major trail revamp project was done about two years ago. It came with warranties on workmanship and the steel borders. We are currently marking and cataloguing a significant number of issues which need to be addressed. The plan is to work with the original contractor to have as many repairs and improvements made as possible. Certain damage has occurred, which is not directly this contractor's fault, so we will need to work on the situation as a whole and eventually arrive at a safe and workable solution for all. In fact, a few of the problems will literally each be worked as a "hole".



NOTE TO ALL RESIDENTS

FROM GRAHAM MANAGEMENT

We are aware, with a tree-friendly community, our beloved trees will shed excessively. However, it is proper maintenance for your roof to avoid buildup of material on surfaces for extended periods of time.

Management will allow time to address clean-up of these areas but will begin sending notifications if these are not dealt with by early spring.



Enjoy the February Women’s Club event!



JOIN US FOR FOOD, FUN AND PRIZES!!!

WHEN: Tuesday, February 14, 2023 at 10:00 am

WHERE: Home of Merrell Greene
9134 Brahms Lane

For more information contact:
Marianne West, *President*
mariannewest@outlook.com
Terry Buckner, *Vice President*
terry214@live.com
Cindy Horn, *Secretary*
cindy.d.horn@gmail.com
Lynn Collins, *Treasurer*
lynn.collins@garygreene.com



Grounds Committee update

Krysty Kling, Grounds Committee chairperson

Due to the recent freeze and being mid-Winter, the Grounds Committee has decided to take the first two months off from judging for Yard of the Month. We are planning to resume in March and look forward to seeing the yards come back into spring!

With the current freeze in December, landscape companies are recommending residents hold off on cutting back any plants that were affected in case we have another freeze before the end of the winter season.

Here is an interesting article from news Channel 11 that gives tips on what to do with your plants after the freeze.

<https://www.khou.com/amp/article/news/local/plants-after-freeze/285-fdc047a9-97a2-4a82-8af8-8a9b5027c33f>



FROM FACEBOOK ST. JULIAN'S CROSSING - WILDLIFE HABITAT

Leaf litter helps insulates plant roots, prevents the soil from drying out, suppresses weeds and weed seed germination, and most importantly, provides a place for many different types of beneficial insects to complete one part of their life cycle—moths, fireflies, ladybird beetles and more.



Living in a deed restricted community

A deed restricted community is where the community has a homeowner’s association that has rules and regulations pertaining to the use of land and the look of the neighborhood. Usually it is initiated by the developer. Most deed restricted communities require a homeowner association fee to continue the upkeep of the community.

Each deed restricted community has different rules. Deed restrictions can include the size of home allowed on the lot, paint colors for the exterior of the home, as well as lawn maintenance, landscaping; some even regulate tree-cutting. Some communities do not allow the storage of campers, trailers, or cars that don’t run,

or vehicles with company names or logos on them. They can dictate what types of materials a fence can be made out of or even not allow fences at all. Building additional structures on the lot such as a shed or gazebo can also be restricted.

Some of the benefits of living in a deed restricted community are that amenities are often included. These can be anything from use of swimming pool to tennis courts. These amenities are owned by the members of the community and are common ground. Another benefit is that communities with deed restrictions maintain their value and are more desirable to potential buyers.

From an article on the Trulia website, written by a Realtor.

An important message from our own website

It has come to our attention that there is some confusion about what is and is not to be approved when it comes to modifications on your property. If your intentions are to make any type of improvement to the exterior of your home, an ACC (Architectural Controls Committee) application must be submitted for approval prior to any commencement. The only exception would be for flower bed color changes.

Your Deed Restrictions require your Association’s approval before one makes

any physical changes to the outside of his/her property. The ACC Guidelines provide explicit specifications regarding any proposed improvements to a homeowner’s lot, and although it may seem bothersome or even unnecessary to submit for these changes, these Guidelines assist in keeping the community uniform and orderly to assist in maintaining property values.

The ACC is established and is responsible for reviewing plans, overseeing these modifications or

additions so that they are in alignment with the Guidelines. The committee also helps the Board members by ensuring that all homes within the community are following the Guidelines stated in the governing documents.

Should you have any questions or concerns about improvement you are considering for your own home, please feel free to contact Graham Management at (713) 334-8000 where the ACC Department will be happy to assist you.

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▶ IN FUTURE ISSUES OF THE NEWSLETTER, WE WILL LOOK AT SPECIFIC INFORMATION REGARDING:

EXTERIOR IMPROVEMENTS

This includes, but is not limited to, such things as: room additions, patios and patio covers, decks, outbuildings, swimming pools, window replacement, driveway gates, arbors/gazebos, front doors, exterior lighting, satellite dishes.

FENCES

There are specific requirements for the material, height and placement of fences.

ROOFS

There are specific requirements for the type and color of the shingles permitted when replacing a roof.

TREE REMOVAL

Trees are one of the most important assets in our community. We must make every effort to preserve the mature oaks and pines as well as other natives. Before **any** tree can be removed, an application

to remove the tree must be submitted for approval.

EXTERIOR PAINT

To preserve the overall aesthetic of Woodwind Lakes, only certain colors are approved for siding, trim and accent colors. There are different criterion for Sections 1, 2 and 3 than for Section 4.

Those nasty things we hate to think about

But if you live in Houston, sometimes you have to ... we're talking about (yuck) German cockroaches

German cockroaches are most commonly found within homes and commercial food establishments, usually in the kitchen. The adults are about ½ inch long, tan and have two dark stripes above the head. The females carry their egg case, called an ootheca, protruding from the abdomen until the day before hatching. The nymphs, or baby cockroaches, look similar to the adult but are smaller and without fully developed wings.

How do they get in our houses?

It is possible to bring German cockroaches into homes via infested boxes, grocery bags, furniture or dried pet food. They may also enter around loose-fitting doors and windows as well as through sewer lines, attics or where pipes penetrate the structure. While cockroaches are often associated with filth, even well-maintained structures can become infested.

German cockroaches are active at night and are usually only visible during the day if they are disturbed or there is a severe infestation. They like to rest in tight, dark spaces such as under or inside cupboards, behind loose

baseboards, under warm appliances, in bathrooms or any tight dimly lit space. Cockroaches are omnivores and scavengers, feeding on plant and animal products such as meats, starchy foods, baked goods, leather, book bindings and wallpaper paste.

Steps to control them

Inspection is important to any cockroach control program. Identify the type of cockroach and their location(s). Eliminate indoor hiding places such as accumulated paper materials such as magazines, newspapers or cardboard. Sticky traps can help to monitor cockroaches and can also help to reduce populations without the use of chemical. Sticky traps should be placed against walls near cockroach feeding and hiding areas so that cockroaches walk or run across the glue while following the edge of the wall.

Hope for eliminating them

Chemical control is needed to eliminate cockroach infestations. An easy-to-use and less toxic option are baits. Baits are a combination of toxicants and food attractants. They should be placed in areas where cockroaches are known to feed. Residual sprays are available in ready-to-use containers or concentrates that are mixed with water. Sprays are fast and easy to apply and should be used to target areas where cockroaches



rest during the day. Dust treatments should be used in cracks and crevices, wall voids, under refrigerators or around pipes. Dusts should be applied in a light, even coat that is barely visible. Sprays and dusts should NOT be used in the same area where you have placed bait (it will contaminate the bait and the cockroaches won't pick it up).

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600.

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More helpful things to know

Where can I find the Architectural Guidelines?

<http://www.woodwindlakeshoa.com/full-text-of-architectural-guidelines.html>

Where can I find the form to apply for replacing my fence?

<http://www.woodwindlakeshoa.com/forms.html>

Where can I find the page to add my pet to the Woodwind Lakes Pet Registry?

<http://www.woodwindlakeshoa.com/pet-registry.html>

Want to chase away Winter Blues?

Here are some tips to Lift Our Mood and Lighten Our Spirit.

Let's start with **flax seeds**. These superstar seeds are full of Omega-3 Fatty Acids that are essential for our body. Want help to avoid a foggy brain?



Want more energy? Want to strengthen your immune system and add fiber to your diet? Start sprinkling flax seeds on your food.

Next on our list is **maca**, a root vegetable, native to Peru. If you want to increase energy, decrease stress, support



your immune system and reduce your fatigue, you've come to the right place (or vegetable). It is also rich in iron, a mineral we often lack. How can we incorporate it in a diet? Try adding a teaspoon to your oatmeal or add to warmed milk then stir in a little honey.

Most likely, you are going to *love* this tip. Incorporating **cacao**, the key ingredient in chocolate, is known



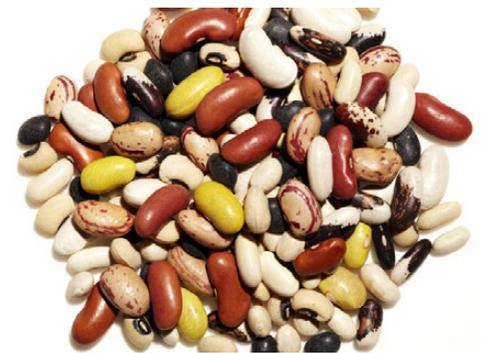
to boost serotonin and dopamine levels to promote well-being. Please no milk chocolate (too much sugar) but chocolate that contains above 70% cacao.

Winter means we are often lacking in vitamin D, which leaves us pale. Enter the **avocado**! This beautiful fruit is loaded with benefits to lift our mood, protect our heart and improve digestion. Our body needs healthy



fat to help absorb various vitamins, particularly vitamin D.

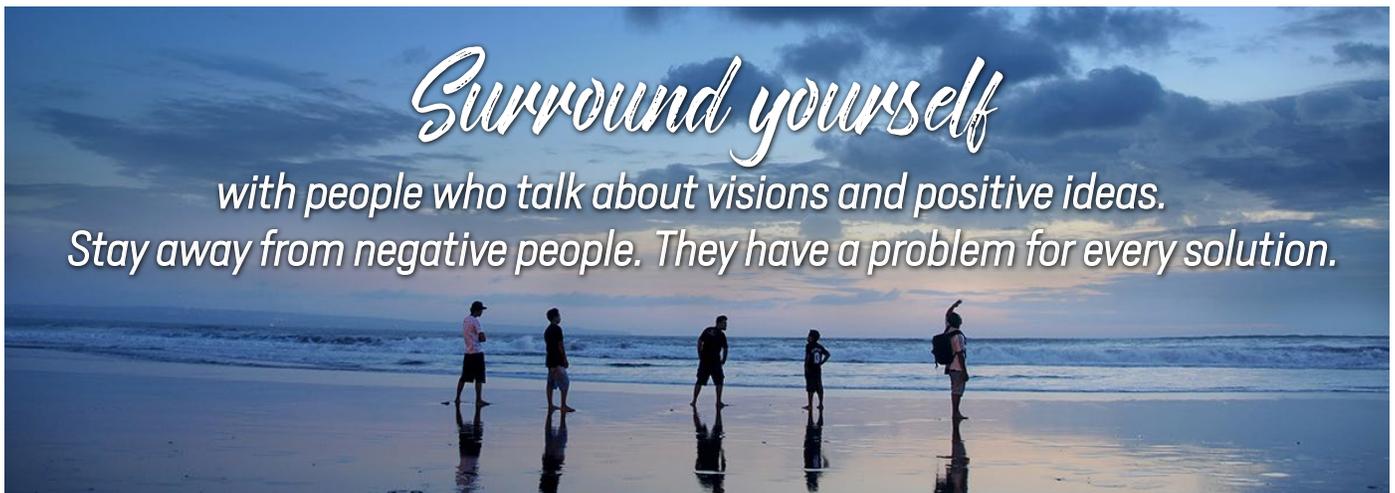
Don't forget **beans**, which pack a powerful punch of plant-based protein, iron and other nutrients.



I find these to be helpful tips to keep us happy and healthy.

Take care and stay well.

Donna Konopka



Surround yourself

with people who talk about visions and positive ideas.

Stay away from negative people. They have a problem for every solution.



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Monthly Contract Stats

WOODWIND LAKES

For January 2023

Categories

Burglary Habitation: 0	Burglary Vehicle: 0	Theft Habitation: 0
Theft Vehicle: 0	Theft Other: 0	Robbery: 0
Assault: 0	Sexual Assault: 0	Criminal Mischief: 0
Disturbance Family: 0	Disturbance Juvenile: 0	Disturbance Other: 1
Alarms: 3	Suspicious Vehicles: 0	Suspicious Persons: 1
Runaways: 0	Phone Harrassment: 0	Other Calls: 20

Detailed Statistics By Deputy

Unit Number	Contract Calls	District Calls	Reports Taken	Felony Arrests	Misd Arrests	Tickets Issued	Recovered Property	Charges Filed	Mileage Driven	Days Worked
W14	11	31	16	9	2	22	0	6	1187	21
W15	38	28	6	1	2	20	0	3	748	20
TOTAL	49	59	22	10	4	42	0	9	1935	41

Summary of Events

Alarms:

Deputies responded to 3 residential alarms that were all cleared as false or cancelled.

Suspicious Vehicles:

Deputies responded to a 0 suspicious vehicle calls that were all cleared as GOA or information.

Suspicious Persons:

Deputies responded to 1 suspicious person calls that were all cleared as GOA or information.

Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing the possibility of accidents.

Deputies conducted multiple contract, neighborhood and business checks within the contract increasing visibility while performing regular patrol duties.

Deputies responded to 20 other calls within the contract including:

Motor Vehicle Accidents	Follow Up Investigations	Stranded Motorist
Animal Humane	Information Calls	Traffic Hazard
Child Custody Disputes	Meet The Officer	Unknown Medical Emergency
Domestic Preventions	Lost Found Property	Abandoned/Speeding Vehicles
D.W.I.	Sex Offender Verification	Welfare Checks