

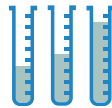
Access Your Medical Information **Online!**

Manage your personal medical records, communicate with your doctors, and make more informed decisions about your health.

Get 24/7 online access from any computer, smartphone or tablet!



Send and receive secure online messages



View test and lab results



Request Rx refills



Schedule appointments



Receive email care reminders



Set up proxy accounts for children and dependent adults

Access your information 24/7 from any computer, smartphone or tablet.





This Is Your On-Line Patient Portal!

- Your medical records available anytime, anywhere from FollowMyHealth (FMH) patient portal
- Save valuable time with HIPAA compliant e-mail communication
- List of all your medications
- Prescription refills as easy as a click of a mouse
- Review Lab Results
- Make more informed decisions about your health
- It's free to all our patients

How Is It done?

www.DEASISMD.COM

Click Patient Portal Log In

Click on FMH

Enter your Username and Password

Username: (Assigned by the office)

Password : #####

(Change default password after you sign in – see next page)

Mobile Devices

For mobile devices (tablets and cell phones), please download a free FollowMyHealth (FMH) patient portal app from Apple Store or Android Play Store

Quick Reference

How To Change Your Password

Click on **My Account** > **Preferences**

Click on **Login Preference**

Click on **FMH Secure Login Preferences**

Change your password

Get a TEXT Reminder of Your Appointments

Click on **My Account** > **Preferences**

Click on **Login Preference**

Click on **Notification Preferences**

Choose **Text** or **e-mail Notification** or **both**

Video Walkthrough Tutorial

Click on **My Account** > **Support**

Click on **FollowMyHealth Video Walkthrough**

How To Add Additional Providers

If you already have a username and password with FollowMyHealth (FMH) Patient Portal, and you want to add another provider who is also using the FMH Patient Portal, please follow these steps:

Step 1. Go to www.FollowMyHealth.com and log in using your existing username and password.

Step 2. Click on **My Account** > Select **Connections**.

In the Connections window, click on **Add Connection**.

Search for your new provider, select the provider, then click **Connect**.

A request for approval will be sent to your new provider.

Step 3. Once your new provider verifies your request, you will get an e-mail notification that your connection has been approved. You will now be connected.

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