

Intentional Healing Music...

My musical mission is to bring fun, healing energy and engagement! As a lifelong full time professional musician, songwriter and former bandleader, I have the skills to do so! Since 2009, I have focused my retro one-man-band on senior and health care facilities.

Performing on acoustic guitars, vocals, harmonicas and foot percussion, I have hours and hours of great familiar songs for all ages. I use no backing tracks/karaoke, so each show is unique, and aimed at that particular audience and age group. I work with everyone from lively, alert and active seniors to people immobilized by injury or disease, to memory care folks, to people confined for care for any variety of reasons.

Your audience will enjoy real musicianship, the love of laughter, excellent sound, and a ton of fun, whether I am playing for large groups or room to room.

Workers will pause and smile and bob as they pass. Sometimes they will dance a bit with audience members. Lots of sing alongs break out. Smiles and laughter will be exchanged. **The world is a better place with good music!**

More and more research is proving that familiar music, singing, laughing, dancing when possible, assisted movement, or touch and massage to music is incredibly therapeutic. Even just smiling lets loose a cascade of beneficial hormones!

I see the benefits at every performance, currently I perform 20 to 30 times a month! People are visibly happier, and more focused and relaxed as the music works its healing magic. Folks may go from passed out to cracking jokes, and occasionally get out of wheelchairs to dance! (But I keep a sharp eye out for the tethers that mean they need to stay seated!)

If this sounds like something your facility or group would enjoy please email me or call.

Best,
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