



# NEWS & VIEWS

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## VOTE – the Voice of Every Generation...

**Kathy Danek - President**

This nation’s fight for independence culminated with the Declaration of Independence in 1776. It was followed by a long battle, the Articles of the Confederation, followed by the adoption and ratification of our Constitution in 1787. In that Constitution, which still governs us today, the newly formed government instituted 3 separate but equal branches of government, with the intent that no one segment of our government would hold too much power. Those three branches were the Legislative (Senate & House of Representatives) – where laws were debated and passed, budgets were appropriated, and presidential appointments were approved. The Judicial branches included the US Supreme Court and a series of judges in the state, district and federal levels. Their job was to ensure that legislation passed by Congress, signed by the President and enacted into law were held in accordance with the adopted Constitution of the United States. And the third branch, the Executive Branch – was the democratically elected President of the United States – and his administration. The President would sign all legislation and bills passed by the Congress, direct the

business of the country, and make appointments which would be approved by the Senate. Each branch of our government was set up to have a watchful eye over the other two branches – making sure that our nation was governed of the people, by the people and for the people.



Now, we are in 2018 and we are preparing for another series of elections. This action of elections every couple of years is our demanded responsibility to vote for the leadership that will represent us in the halls of Congress, the state houses and legislatures across our nation, and in our city halls and more. Voting is the single most important thing we do. And it demands participation. If you were watching the massive gatherings of young people in the “March for our Lives” on March 24, 2018, you heard impassioned young people asking for a legislative fix to a problem that has, is and will continue within their lives. And their solution – WE WILL WORK TO REGISTER PEOPLE TO VOTE – and we will ENCOURAGE THEM TO VOTE.

The American Postal Workers Union and our brothers and sisters in organized labor have worked hard to put together a legislative agenda. It includes things like postal reform, protecting our retirement, protecting Social Security & Medicare, health care for all citizens, protecting our right to vote. Now we

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# Coming Soon - Auxiliary Ziplines - aka Zoom Calls

By: Trisa Mannion - National Treasurer



The Auxiliary is opening a Zoom line for all members to join us in a conversation each quarter. They are called Ziplines. We will discuss the current issues that are facing the locals, states and national organizations. If you have questions or praises you are welcome to participate.

device that has a camera and microphone will be able to connect. You are encouraged to open the link ahead of time to insure you are ready to go on the date and time of the event.

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/368309307>

Or iPhone one-tap:

US: +16699006833,,368309307# or +16465588656,,368309307#

Or Telephone:

Dial (for higher quality, dial a number based on your current location):

US: +1 669 900 6833 or +1 646 558 8656

**Meeting ID: 368 309 307**

**Invite a friend or sign in as a group**



Credentials and the process to insure your delegates are seated will be one of the topics.

Facebook users are requested to like the Auxiliary Facebook page (AuxiliarytotheAPWU) for updates and time of the next event. If you are interested in joining and would like updates for the next conference send an email to [tmannion@apwuauxiliary.org](mailto:tmannion@apwuauxiliary.org) and request updates.

You will be able to attend via video or phone. Any

## VOTE – the Voice of Every Generation... President's Article - continued from page 1

must get involved in the elective process and get informed on the issues, meet the candidates via town halls, one on ones or organized meetings, These are just a few ways you can do that. But you can also set up private meetings, make phone calls and write letters to communicate with these candidates or elected officials. AND you must vote. Casting the ballot is the single most important part of democracy, and it will help us to keep our democracy.

If you are so inclined, you can also make contributions to COPA – the APWU's committee on political action. Dollars are needed to elect individuals. You can even make a recurring contribution that is painless and comes right out of your pay check. \$10 a month will help us elect individuals to serve in the House of Representatives and the US Senate who will protect and sustain the US Postal Service, enact legislation that takes care of the working electorate. Any amount will help – give to COPA today.

AND one more time –

**DON'T forget to  
VOTE.**

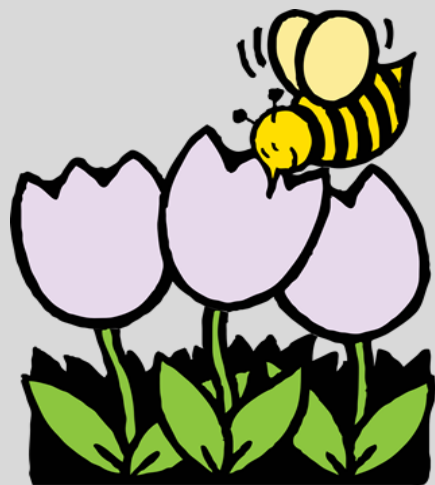


## Save the Date!

### National Auxiliary Convention

### August 20 - 23, 2018

### Pittsburgh, Pennsylvania



# National Convention – Are You Ready?

## Join us for the 2018 National APWU and Auxiliary Convention

By: Kathy Danek - President

As we prepare for the 2018 National Convention in Pittsburgh, PA August 20-23, 2018, we need the help of every state and local Auxiliary to review the Constitution and Bylaws, review the programs and activities of our Auxiliary and consider drafting, passing and referring Resolutions to the National Convention for consideration.

Your participation begins with being elected as a delegate for your state or local Auxiliary. If you are a member at large or a local without leaders, you can also be a delegate at the convention.

This is our time to shape the future of our Auxiliary. We will chart our path, map out our future, set sail on the journey, and finally find success in new and exciting activities for our membership. Do you like human relations? - send in a resolution to help with the establishment of the next project. Do you have a change

you want in the Constitution, - then write a resolution and send it forward for consideration?

We too are governed by a representative process. We elect our officers at the convention – and hope many of you will consider running for office and serve our members. All dues paying members over the age of 21 are eligible to run for office. Nominations will be held on Tuesday afternoon. Elections will be held on Wednesday afternoon of the convention.

We will meet old friends, open our hearts to new friends, create memories of a lifetime and honor the family and friends who have passed during the past two years. Please – come join us at the 2018 National Convention. We look forward to working with and for each and every one of you.



District 7 Coordinator **Joyce Tanguay** on the passing of her mother

Hickory, North Carolina Auxiliary Secretary  
**Christine Benton** on the passing of her husband  
Jesse Benton

**Carrie Edwards**, Mississippi State Auxiliary President, on the passing of her husband

A handwritten-style message that says "GET WELL SOON". The letters are in a cursive, slightly slanted font, with "GET WELL" on the top line and "SOON" on the bottom line. The "S" in "SOON" is particularly large and loops around the "O".

Get well wishes to the following members with health issues

**Clara Hill** - District 6 Coordinator from Knoxville, Tennessee

**George Pierce** - Greensboro, North Carolina

**Earl Stewart** - Fort Worth, Texas

**We wish you all a speedy recovery!**

# Book of Memories

## Auxiliary to the American Postal Workers Union

In Memory of: \_\_\_\_\_

Name of Local APWU or Auxiliary: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Please list name EXACTLY as you want it to appear in the Book of Memories

Submitted by: \_\_\_\_\_

Address: \_\_\_\_\_

Send Acknowledgement card to: \_\_\_\_\_

Name: \_\_\_\_\_

Address: City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\$10.00 Minimum Donation Suggested

Amount Enclosed \$ \_\_\_\_\_

All Proceeds go to the Auxiliary

Send to:

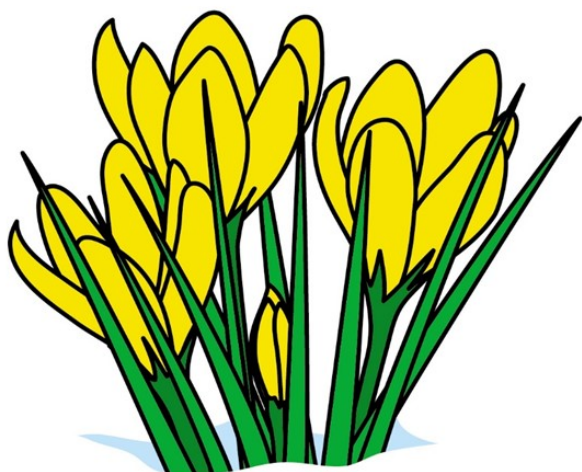
Trisa Mannion

3038 Cloverdale Ct.

Grand Junction, CO 81506

*Please Print or Type*

## Book of Memories



The Book of Memories is a celebration of the life and dedication of the Auxiliary and APWU members and their loved ones. The Memorial Service is held Wednesday morning during the biennial national convention. We encourage our members to complete the form and send it to the address listed on the form, when the death occurs so no one is missed.



# National Convention - Planning Ahead

By: Bonnie Sevre - Legislative Aide Editor



## We're Searching for Volunteers

The Auxiliary will once again be helping with APWU registration at the 2018 National Convention. If you are in Pittsburgh early and would like to help with registration please call President Kathy Danek.

We will also need some helpers in the Auxiliary Booth before and during the convention. If you are interested please get in touch with Kathy.

## Education Classes

1. First Timers
2. Recruiting Volunteers
3. Legislative



These classes will be held on Sunday, August 19, 2018. Watch News and Views for more information on where and what time the classes will be held.

*Great classes for first timers*

## Election Notice

We will be holding an election of officers at the National Auxiliary Convention in Pittsburgh Pennsylvania. We have a few positions that will be vacant. If you have an interest in running for one of these volunteer positions please feel free to talk to a national officer at your state conventions. If you are unable to attend, or, an national auxiliary officer is not at your convention please call one of the national officers for more information.

According to the auxiliary constitution:

- Nominations for national officer positions will take place as the last order of business on Tuesday of the convention.
- Candidate (s) for nomination must be present at the time of being nominated for the elective position and/or a letter must be received by the election committee prior to the nominations at the convention stating they would accept the nomination for the position they are being nominated for.



## ELECTION

## How to Write a Resolution

See page 7 in this issue on how to write a resolution. This information is taken from the Auxiliary Handbook. You can refer to the Handbook to see some samples resolutions.

Anyone wishing to submit a resolution to the convention should consult the convention call (see March issue), the formal announcement of the convention, for instructions.

# Ask Tina? *About the Health Plan*

## People at High Risk of Developing Flu–Related Complications

Most people who get the flu will have mild illness, will not need medical care or antiviral drugs, and will recover in less than two weeks. Some people, however, are more likely to get flu complications that can result in hospitalization and sometimes death. Pneumonia, bronchitis, sinus infections and ear infections are examples of flu-related complications. The flu also can make chronic health problems worse. For example, people with asthma may experience asthma attacks while they have the flu, and people with chronic congestive heart failure may experience a worsening of this condition triggered by flu. Listed below are the groups of people who are more likely to get serious flu-related complications if they get sick with influenza.

### People at High Risk for Developing

#### Flu-Related Complications:

- Children younger than 5, but especially children younger than 2 years old
- Adults 65 years of age and older
- Pregnant women (and women up to two weeks postpartum)
- Residents of nursing homes and other long-term care facilities
- Also, American Indians and Alaska Natives seem to be at higher risk of flu complications



#### People who have medical conditions including:

- Asthma
- Neurological and neurodevelopmental conditions
- Chronic lung disease (such as chronic obstructive pulmonary disease [COPD] and cystic fibrosis)
- Heart disease (such as congenital heart disease, congestive heart failure and coronary artery disease)
- Blood disorders (such as sickle cell disease)
- Endocrine disorders (such as diabetes mellitus)
- Kidney disorders
- Liver disorders
- Metabolic disorders (such as inherited metabolic disorders and mitochondrial disorders)
- Weakened immune system due to disease or medication (such as people with HIV or AIDS, or cancer, or those on chronic steroids)
- People younger than 19 years of age who are receiving long-term aspirin therapy
- People with extreme obesity (body mass index [BMI] of 40 or more)

**SOURCES:** Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases  
[https://www.cdc.gov/flu/about/disease/high\\_risk.htm](https://www.cdc.gov/flu/about/disease/high_risk.htm)

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WWW.APWUHP.COM

# -Bureau of Labor Statistics- Union Data Shows Working People on the Rise

(AFL-CIO) On Friday January 19, 2018, the Bureau of Labor Statistics released its annual report on union membership, which found that the number of union members rose by 260,000 in 2017. This reflects critical organizing victories across a range of industries, which have reaped higher wages, better benefits, and a more secure future for working people around the country.

“In the face of a challenging year, the power of working people is on the rise,” said AFL-CIO President Richard Trumka. “Together, we organized historic new unions, stood up to powerful corporations, and won higher wages. But today’s data is more than numbers on a page; it’s a growing movement of working people that can’t be measured as easily. When more union members fill the halls of power, when wages rise and inequality shrinks, and when a growing number of people see that we can and will change the rules of this economy - that’s when you’ll know unions are on the rise.”

## Key Trends:

- Workers in “right to work” states like South Carolina and Michigan are joining unions by the thousands.

- Young workers continue to drive union growth. Since 2012, union membership among workers under 35 has continued to rise. Last year, they made up three quarters of new members.

- Professionals and information industry workers continue to drive growth, reflecting key organizing successes by the Communications Workers of America; the Writer’s Guild of America, East; the American Federation of Teachers; and the American Federation of Government Employees.

- Recent victories are among workers across sectors ranging from media employees to charter school teachers and librarian professionals to the 20,000 doctors who joined unions in the last year.

## WRITING RESOLUTIONS

A resolution is a formal proposal put before an assembly for action. At an Auxiliary convention, resolutions are used to make changes to constitutions and to establish a policy or procedure. A resolution lays out the reasons for a proposal and formally states the proposal as a **MAIN MOTION**. Resolutions may be submitted by individuals, by officers, by committees or by local or state Auxiliaries.

Action is not taken on some resolutions at conventions because they are improperly written or really don't say what the maker of the resolution intended to say. It isn't difficult to write a resolution once you understand the format. There are four parts to a resolution: the title, the preamble, the resolved and the authorized signatures. The resolution should be written in this format

### TITLE

**WHEREAS: (state reason) , and**

**WHEREAS: (state additional reason) , and**

**WHEREAS: (state additional reason) , therefore be it**

**RESOLVED: (state action to be taken) , and be it further**

**RESOLVED: (state further action to be taken) .**

**SIGNED** \_\_\_\_\_

(name typed below line)

**SIGNED** \_\_\_\_\_

(name typed below line)

**THE TITLE** indicates the subject of discussion. **THE PREAMBLE** is the section that states the reasons for the proposal, it is the whereas section. More than one reason may be stated, there is no limit. **THE RESOLVED** is the section that prescribes the action to be taken as a result of the stated reasons. More than one action may be required, so there may be more than one resolved. All resolutions must be **SIGNED** by the maker (s) of the motion. If an Auxiliary is submitting the resolution, it should be signed by that Auxiliary's president and secretary. If a committee is submitting the resolution it should be signed by the chairman and members of the committee.

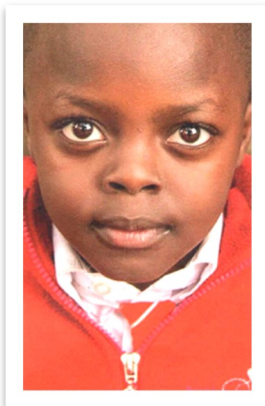
A resolution pertaining to the constitution should state the article and section of the constitution under consideration. It must clearly state where the change is to be made, citing the article, section and subsection (if any).

## 2016-2018 Human Relations Project

By: Joyce Tanguay - Human Relations Chair

*“People who give will never be poor” ~Anne Frank~*

I would like to take this opportunity to thank the state and local APWU's and Auxiliaries for their quick responses to the letters that were sent out in February asking for donations for Children Incorporated. Your donations are greatly appreciated. For those of you who have not yet responded there is still time because we will be receiving donations up to and during the National Convention in August. Because News & Views is not published in July and August we will continue to remind you in the next two issues. If your local or state did not receive a letter and would like more information on this project please let me know. It is sometimes difficult to keep up with the many address changes across the country and we appreciate any updates that you may have.



Checks may be made payable to: *Auxiliary to the APWU* (please designate Children Incorporated) and mailed to:

*Trisa Mannion, Treasurer  
Auxiliary to the APWU  
3038 Cloverdale Court  
Grand Junction, Co 81506*

And remember, no donation is too small (or too large)!

### Remember to File Your 990N

The *e-Postcard* is due every year by the 15th day of the 5th month after the close of your [tax year](#). For example, if your tax year ended on December 31, the *e-Postcard* is due May 15 of the following year. If the due date falls on a Saturday, Sunday, or legal holiday, the due date is the next business day. **You cannot file the *e-Postcard* until after your tax year ends.**

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