**Sex**

**Sex is one of the key components that God created when he created man and woman. It is a natural act and the body was designed specifically for this. However, God specifically laid out specific guidelines and parameters for this gift that he gave. That guidelines is it should be between a man and a woman it should be in a marriage. Although there are plenty of examples in the bible when the guidelines were not followed; there was also unfavorable consequence for disobedient act. You are at the age or coming to the age where the body seems to be telling you that it is ok to have sex outside of the guidelines God has given. Some of you will or have faced peer pressure that tells you it is ok and that we are doing it. Hold firm and don’t succumb to it. Let’s see what the bible says about this:**

[**1 Corinthians 7:3-5**](https://www.biblegateway.com/passage/?search=1+Corinthians+7%3A3-5&version=ESV) **The husband should give to his wife her conjugal rights, and likewise the wife to her husband. For the wife does not have authority over her own body, but the husband does. Likewise the husband does not have authority over his own body, but the wife does. Do not deprive one another, except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control.**

[**Hebrews 13:4**](https://www.biblegateway.com/passage/?search=Hebrews+13%3A4&version=ESV) **Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.**

[**1 Corinthians 6:18**](https://www.biblegateway.com/passage/?search=1+Corinthians+6%3A18&version=ESV) **Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body.**

[**Genesis 2:24**](https://www.biblegateway.com/passage/?search=Genesis+2%3A24&version=ESV) **Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh.**

[**1 Corinthians 7:2**](https://www.biblegateway.com/passage/?search=1+Corinthians+7%3A2&version=ESV) **But because of the temptation to sexual immorality, each man should have his own wife and each woman her own husband.**

[**Proverbs 5:18-19**](https://www.biblegateway.com/passage/?search=Proverbs+5%3A18-19&version=ESV) **Let your fountain be blessed, and rejoice in the wife of your youth, a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love.**

[**1 Thessalonians 4:3-5**](https://www.biblegateway.com/passage/?search=1+Thessalonians+4%3A3-5&version=ESV) **For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor, not in the passion of lust like the Gentiles who do not know God;**

[**Matthew 5:28**](https://www.biblegateway.com/passage/?search=Matthew+5%3A28&version=ESV) **But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.**

[**1 Corinthians 6:18-20**](https://www.biblegateway.com/passage/?search=1+Corinthians+6%3A18-20&version=ESV) **Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.**

[**1 Corinthians 7:5**](https://www.biblegateway.com/passage/?search=1+Corinthians+7%3A5&version=ESV) **Do not deprive one another, except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control.**

[**Genesis 39:7-10**](https://www.biblegateway.com/passage/?search=Genesis+39%3A7-10&version=ESV) **And after a time his master's wife cast her eyes on Joseph and said, “Lie with me.” But he refused and said to his master's wife, “Behold, because of me my master has no concern about anything in the house, and he has put everything that he has in my charge. He is not greater in this house than I am, nor has he kept back anything from me except yourself, because you are his wife. How then can I do this great wickedness and sin against God?” And as she spoke to Joseph day after day, he would not listen to her, to lie beside her or to be with her.**

[**Colossians 3:5**](https://www.biblegateway.com/passage/?search=Colossians+3%3A5&version=ESV) **Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry.**

[**Exodus 20:14**](https://www.biblegateway.com/passage/?search=Exodus+20%3A14&version=ESV) **“You shall not commit adultery.**

[**1 Corinthians 6:13**](https://www.biblegateway.com/passage/?search=1+Corinthians+6%3A13&version=ESV) **“Food is meant for the stomach and the stomach for food”—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body.**