



What's Up Doc?

October 2017

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Business Highlight: Chiropractor Dr. Kristy

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Dr. Robert Sierman, bold pioneer in the emerging field of veterinary chiropractic.

Whenever you see Dr. Kristy Campbell she always has a big smile and friendly hello. Dr. Kristy is an animal chiropractor that comes to our clinic weekly to perform adjustments. She has spent the last seventeen years practicing her chiropractic skill on local horses and dogs. People travel from all around the area to come and meet with Dr. Kristy for her incredible healing through chiropractic adjustments.

A chiropractic adjustment is the act of applying a specific force to a mal-aligned joint/vertebrae to allow it to return to its proper position. The common equine problems she sees can range from their poll, shoulders, first ribs, and lower back on to their pelvis. Dr. Zacharias says, "It's good at getting mobility back into some joints." Normal exams on horses start at the poll and work their way back to the tail.

She adjusts the horses using VOM or Veterinary Orthopedic Manipulation. VOM is a healing technology that finds the areas of the animal's nervous system that aren't communicating correctly and reestablishes communication which induces healing. The VOM tool shown can be adjusted from about 16 pounds to 99 pounds of pressure. The lower



pounds are used for more sensitive animals like horses and dogs and the higher end is used on more dense animals like show cattle and hogs.

After the first appointment people usually find an improvement in their horse's pain and stiffness level through her use of VOM. After using VOM she uses cold laser therapy. Cold laser therapy reduces pain and inflammation, accelerates healing in damaged tissues, relaxes muscles, and stimulates nerve regeneration. This protocol takes most remaining soreness away making the horse comfortable after treatment. Chiropractic benefits are the greatest in conjunction with traditional veterinary care. Typical therapy plans combine conventional medicine with chiropractic treatments.

Cases that Dr. Kristy finds most interesting are the complicated neurological cases that conventional medicine is unable to troubleshoot. Some of her most successful cases started with horses that couldn't even stand. After many treatments, these horses could stand on their own. In her best-case scenarios, the horses could run again and enjoy being a horse.

Some people may need to see it to believe how well a chiropractic adjustment can benefit an animal, but the next time you feel something off about your horse, or your dog is acting painful, call Dr. Kristy at Campbell Chiropractic 970-346-9031.

November is Dental Month!

FREE Dental Exams!

FREE Office Call for Dental

FREE Sheath Cleaning For Geldings

(with float appointment)

Call to Schedule your Appointment

Today!



Countryside
Large Animal Veterinary Service, PLLC

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