August 4, 2024 Eleventh Sunday after Pentecost 9:30 am





FIRST LUTHERAN CHURCH

STATEMENT OF WELCOME

We, the community of First Lutheran Church of Bothell, proclaim the message that the grace of our Lord is infinitely inclusive and that everyone is welcome. We believe that Christ calls us to reconciliation and wholeness in a world of alienation and brokenness.

As a Reconciling in Christ congregation and as disciples of Christ seeking justice and reconciliation among all peoples, we at First Lutheran Church welcome all into the fullness of God's love. We welcome everyone, without exception and regardless of sex, race, ethnicity, sexual orientation, gender identity, physical and mental ability, age, or station in life. We recognize that each person is a unique creation of God, and through grace, a child of God.

All are welcome at First Lutheran.

All are welcome to worship, to hear the Good News, to receive the sacraments, and to share in fellowship and service. As members of First Lutheran Church, we pledge ourselves and our congregation to exercise our faith in Christ, treasuring one another's similarities while embracing our God-given differences. We pledge that we will strive to live as a reconciling people, in our life together and in our outreach to the world.

FIRST LUTHERAN CHURCH STAFF:

Presiding Pastor Rev. Pam Russell pamsrussell@comcast.net

Director of REACH Ministries Roger Steinke rsteinke@flcbothell.org Director of Music (Organist/Choir Dir.) Lucy Kay Osborne lkosborne@flcbothell.org

Office Manager Kristin Smith ksmith@flcbothell.org **Preschool Directors** Amy Case Stephanie Corrigan

Church Office 425-486-2314

WORSHIP NOTES

- + Please sign the card in the pew rack and place in the offering plate with your offering before Holy Communion.
- + The service is printed in this bulletin. Some hymns are located in the red hymn book.
- + Hearing enhancement receivers, large print bulletins are available. Feel free to ask an usher for assistance.
- Our expectation is that children will be in worship. We understand, though, that there are times when your wiggly ones need a distraction. There is a "Pray Space" under the stairs in the inner narthex with soft toys and books.
- + If you would like to have a digital copy of the bulletin, go to our website and download the PDF. www.flcbothell.org
- + Public Wi-Fi: FLC Wireless—Password: MartyLuther

Serving Us In Worship Today

Greeter	Sandra Hendricks
Ushers	Dan Bormann Dan Hendricks
Acolyte	
Lector	Neil McGee
Sound Tech	Linda Chapman
Camera Tech	David Osborne
Communion Assistants	Donna Hillard Nancy McGee
Pew Angel	Marcus Hodges

If you would like to give electronically, please use this QR code:



Eleventh Sunday after Pentecost Sunday, August 4, 2024

GATHERING

The Holy Spirit calls us together as the people of God.

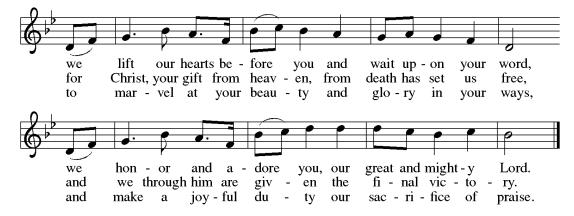
PRELUDE: A Million Dreams, Benj Pasek

Cheryl Miller, Flute; June Condra, Piano

WELCOME

GATHERING SONG O God beyond All Praising (ELW 880)





GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

PRAYER OF THE DAY

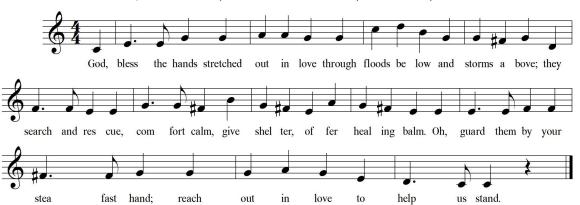
Let us pray.

O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord.

Amen.

ANTHEM: Trombone Solo by Thomas Holmes

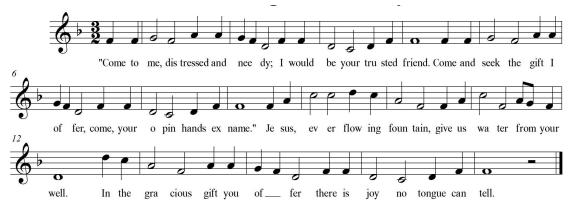
HYMN OF PRAISE, VS. 1 God, Bless the Hands (ACS 1022)



WORD

God speaks to us in scripture reading, preaching, and song.

WELCOMING THE WORD, VS. 5 Come to Me, All Pilgrims Thirsty (ELW 777)



THE WORD: Mark 7:24-37; 8:11-13

²⁴From there he set out and went away to the region of Tyre.

He entered a house and did not want anyone to know he was there. Yet he could not escape notice, 25 but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. 26 Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. 27 He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." 28 But she answered him, "Sir, even the dogs under the table eat the children's crumbs." 29 Then he said to her, "For saying that, you may go — the demon has left your daughter." 30 So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. ³²They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. ³³He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. ³⁴Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." ³⁵And immediately his ears were opened, his tongue was released, and he spoke plainly. ³⁶Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. ³⁷They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

¹¹The Pharisees came and began to argue with him, asking him for a sign from heaven, to test him. ¹²And he sighed deeply in his spirit and said, "Why does this generation ask for a sign? Truly I tell you, no sign will be given to this generation." ¹³And he left them, and getting into the boat again, he went across to the other side.

Word of God, word of life.

Thanks be to God.

CHILDREN'S SERMON

Roger Steinke, Director of REACH Ministries

SERMON

Rev. Pam Russell

HYMN OF THE DAY We Come to You for Healing, Lord (ELW 617)



APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,

who was conceived by the Holy Spirit,

born of the virgin Mary,

suffered under Pontius Pilate,

was crucified, died, and was buried;

he descended to the dead.*

On the third day he rose again;

he ascended into heaven,

he is seated at the right hand of the Father,

and he will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life everlasting. Amen.

PRAYERS OF INTERCESSION

Calling on the spirit of Wisdom to guide our hearts and our minds, let us pray for the church, the world, and all in need.

O Wise One, your wisdom has been present in this world since its beginning. Pour out your wisdom into the hearts of the whole church, especially the newly baptized, lay leaders, deacons, pastors, and bishops. Merciful God, receive our prayer.

Holy God of all creation, you are the source of all life. Where the sun blazes hard and strong, bring a gentle breeze. In the places experiencing the cold of winter, bring your warmth. Merciful God,

receive our prayer.

Compassionate God, help government leaders of this world unite for peace and justice. Humble all who hold authority, that power is directed toward a more just society. Merciful God,

receive our prayer.

Bread of life from heaven, you feed us. Fill all who hunger with needed nutrition and open our hearts to eliminate hunger in this world. May we see a day when all are fed. Merciful God,

receive our prayer.

O Wisdom of truth, help us to understand your will for the church. Be with congregations experiencing transition, redevelopment, and the exciting yet frightening path of newness. May your wisdom be found at every step. Merciful God,

receive our prayer.

Redeeming God, we give you thanks for the lives and witness of your saints now departed, especially Joyce and John. Bring your beloved into eternal glory, opening wide the gates to the heavenly banquet. Merciful God, receive our prayer.

We lift up these prayers to you, gracious God. Receive them into your holy keeping.

Amen.

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, • one God, the God of manna, the God of miracles, the God of mercy.

Amen.

Drawn to Christ and seeking God's abundance, let us confess our sin.
God, our provider,

help us.

It is hard to believe there is enough to share.
We question your ways when they differ from the ways of the world in which we live.
We turn to our own understanding rather than trusting in you.
We take offense at your teachings and your ways.
Turn us again to you.
Where else can we turn?
Share with us the words of eternal life and feed us for life in the world.
Amen.

Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough.
Through Jesus, • the bread of life,
you are shown God's mercy:
you are forgiven and loved into abundant life.
Amen.

PEACE

The peace of Christ be with you always. And also with you.

MEAL

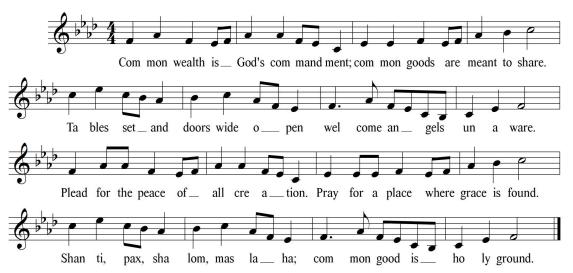
God feeds us with the presence of Jesus Christ.

OFFERTORY: Le Basque, Marin Maria's

June Condra, Piano; Cheryl Miller, Flute

OFFERING: The offering of flowers is given to the glory of God by Lucy Kay and David Osborne in honor of their 25th anniversary on August 1 and in memory of David's mother, Colene.

OFFERING SONG: VS. 1 Commonwealth Is God's Commandment (ACS 1036)



OFFERING PRAYER

Jesus, Bread of life, you have set this table with your very self, and called us to the feast of plenty. Gather what has been sown among us, and strengthen us in this meal. Make us to be what we receive here, your body for the life of the world. Amen.

GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

THANKSGIVING AT THE TABLE

Holy God,

our Maker, Redeemer, and Healer, in the harmonious world of your creation, the plants and animals, the seas and stars were whole and well in your praise.

When sin had scarred the world, you sent your Son to heal our ills and to form us again into one.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you.

Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.

Do this for the remembrance of me.

Remembering, therefore, his acts of healing, his body given up, and his victory over death, we await that day when all the peoples of the earth will come to the river to enjoy the tree of life.

Send your Spirit upon us and this meal: as grains scattered on the hillside become one bread, so let your Church be gathered from the ends of the earth, that all may be fed with the Bread of life, your Son.

Through him all glory and honor is yours, Almighty Father, with the Holy Spirit, in your holy Church, both now and forever. **Amen**

LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

INVITATION TO COMMUNION

Christ has set the table with more than enough for all. Come!

COMMUNION

The body of Christ, given for you. The blood of Christ, shed for you. Amen.

COMMUNION

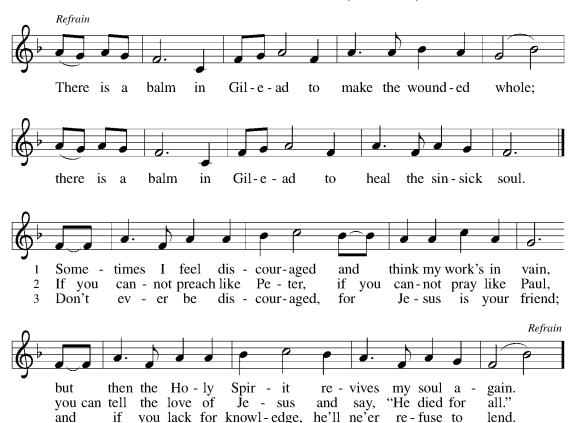
COMMUNION: We will receive the body of Christ as bread with these or similar words: The body of Christ, given for you. If you desire a gluten-free option that is available. The blood of Christ will be received as either red wine or white grape juice with these or similar words: The blood of Christ, shed for you.

WHO MAY COMMUNE? All are welcome at the Lord's Table. It is a free gift given to all for the forgiveness of sins. The words "for you" really mean FOR

YOU! Children may commune at the discretion of their parents. If you wish to receive a blessing: cross your arms over your chest as a sign for the communion assistants.

DIRECTIONS FOR COMMUNION: Please come forward by the center aisle at the direction of the ushers to receive the sacrament and return to your seat down the side aisle. Please register each person taking communion on a pew card.

COMMUNION HYMN There Is a Balm in Gilead (ELW 614)



COMMUNION HYMN This Is Christ's Body (ACS 967)



COMMUNION HYMN Build a Longer Table (ACS 1062)



PRAYER AFTER COMMUNION

Jesus, Bread of life, we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray.

Amen.

SENDING

God blesses us and sends us in mission to the world.

ANNOUNCEMENTS

BLESSING

The blessing of God, who provides for us, feeds us, and journeys with us, be upon you now and forever.

Amen.

SENDING SONG Savior, Again to Your Dear Name (ELW 534) (next page)

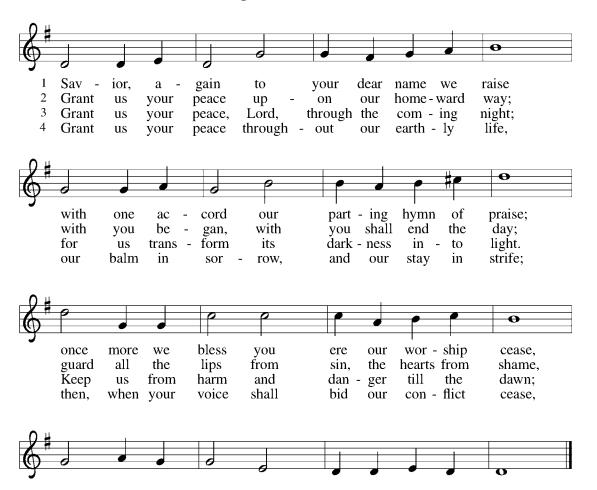
DISMISSAL

Go in peace. You are the body of Christ.

Thanks be to God.

POSTLUDE: Praise To The Lord, The Almighty, Arr. J. Carter

Savior, Again to Your Dear Name



INFORMATION FOR THE WEEK!

Sunday, August 4 Eleventh Sunday after Pentecost

Welcome Rev. Pam Russell!

Worship w/Holy Communion 9:30 am

Coffee with Council—Jean Peterson & Gary Curtis 10:30 am

Monday, August 5

12:00 pm Staff Meeting

Tuesday, August 6

9:00 am Lectionary with Pastor Pam Russell

Hydromax PSE Testing 10:30 am

Weekly News Submission Deadline 3:30 pm

6:00 pm **Property Committee**

IT/Communications Committee 7:00 pm

Social Ministries Committee

Wednesday, August 7

Personnel Committee 10:00 am

1:30 pm Jovce Short Memorial Service

Thursday, August 8

FLC Quilters 9:00 am

Friday, August 9

Church Office Closed

Saturday, August 10

All rights reserved.

Sunday, August 11 Twelfth Sunday after Pentecost

Welcome Rev. Pam Russell!

Worship w/Holy Communion 9:30 am Congregation Sabbatical Session 10:30 am

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In Our Prayers

Prayers of sympathy for the family of former longtime member, Joyce Short, in her death on July 23rd; and for Terry Barker & family in the death of her uncle, John Ekstedt, on July 25.

We pray for Bishop Doctor Sani Ibrahim Azar and the Evangelical Lutheran Church in Jordan and the Holy Land.

Those living with cancer:

Juanita (Bonnie Ahlstedt's sister-in-law), Mark (Dick Boyce's son), Lisa (Steve Coble's sister), Karen (Scott Eiler's sister), Dan (Paula Glandon's brother-in-law), Edith Holbrook (member), Tracee (Bonnie Ahlstedt's friend), Richard (Sandy Hendricks' cousin), Jessica Hockstedler (member), Joshua (Ken & Kristin Smith's friend), Castulo (Alcaraz family friend), Wayne (Dave Shogren's friend), Beth (Anne Larsen's sister), Jana (Renee & Mike Markert's friend), Tim (Dave Shogren's friend), Richard (Ruth Neitzel's brother), Ted (Sue Toyoda's friend), Kip (Paul Desilet's uncle), Jim (Hendricks' family friend), Joanne (Carolyn Becker's sister-in-law), Diane Mackey (frequent visitor), Chris & family (Dan & Sandy Hendricks' friends), Jean Rahr (former member), Jacky Schnarre (member), Deborah (Vicki Shank's cousin), Karen (Nora Strothman's cousin), Debbie (Karen Thomas' friend, August (Karey Coble's friend) Patty Weston's Father.

Those who are ill, have an injury or who are recovering from surgery:

Carolyn Becker (member), Donna (Roger Steinke's friend), Dick Boyce (member), Doug (Ho Brown's brother-in-law), Susan (Bob Berg's cousin), Bishop Shelley Bryan-Wee, John (Linda Chapman's brother-in-law), Joan Christian (member), Susan Cook (member), Richard (Susan & Ross Cook's brother), Randy (Chris Martin's friend), Leanne (Krista Daniels' sister), Elizabeth (Jane King's friend), Nancy Davis (member), John Godek (member). Teresa Fesalbon (Friend of the Bakers) Jim (Sandy Hendricks' cousin), Marilyn Iverson (member), Mary (Melanie Veazey's mother), Karen Johnson (member), Marlo (Leona Keltner's friend), Amy (Nancy McGee's friend), Kathy Koneiczka (member), Richard Konieczka (Kathy Konieczka's husband), Albert (Chris Martin's friend), Doug (Justin LaFord's father), Jeanne (Justin LaFord's mother), John (Valarie Cole's father), Andy (Vickie Shanks' friend), Donnabel (Derrick StaRosa's sister), Ron (Beth Phelps' brother), Sarah (Susan & Ross Cook's daughter), Sandy Sailand (member), Mona Shogren (member), Harriett (Roger Steinke's friend), Walt Stoll (member), Kathy Telford-Luiz (member), Christopher (Karen & Ray Thomas' friend).

Those who are homebound or in extended care facilities:

Valerie (Kendahl Adjorlolo's cousin), Bonnie Ahlstedt (member), Jeanette Backstrom (member), Sherrill & Larry Baker (members), Trudy Eichelsdoerfer (member), Marge Gonyea (member), Marlys Helgeland (member), Jane King (member), Greta Nelson (member), Hildur O'Connor (member), Lawrence (Leon Romaniuk's father), \Jacquie Stoll (member), Sigrid (Carsten Thode's mother), Roger Wolter (member).

Those Serving Our Country:

AIR FORCE: Mason Land (Debbie & Darryl Lageson's nephew), Jake Peoples (Andrea & Eric Peoples' son) and Erin Siebert (Linda & Joe Siebert's daughter)

NAVY: Christopher Whipple (Carolyn Whipple's son)

We are honored to be able to pray for your family members in need. Our policy is to publish immediate concerns for 2 weeks, unless we hear from you that an illness or situation is ongoing.

August 11, 2024 ETwelfth Sunday after Pentecost

Mark 9:38-50

Whoever is Not Against Us is For Us

Weekly Financial Report

July 28, 2024

Attendance in Person: 97

Zoom:: 23

July 28, 2024

General Offerings: \$5,219

Capital Improvement: \$394

General Offerings Needed Each Week: \$10,510

Twelve Ways to Care: Sabbatical Thoughts for First Lutheran Church Members

Care for Self

Spend time in contemplative prayer or spiritual reading

Take a nature walk

Care for Others

Call

Visit

Write a letter

Spend time in the narthex speaking with someone you don't know well

Care for the Community

Pick up trash

Contribute to the 'Change for Change' jar

Contribute to a food drive and/or FLC's Caring Corner

Care for the World

Eat low on the food chain

Buy local

Donate to Lutheran World Relief, ELCA Disaster Response, Global Refuge, etc.

SERMON NOTES

What caught my attention:

What did I hear that I am eager to share with another person?

I think the title of the sermon should be:

