

# Kittitas County EMS Division

## 2026 OTEP/CME Personal Record of Training

Name: \_\_\_\_\_ Certification: \_\_\_\_\_ Exp. Date: \_\_\_/\_\_\_/\_\_\_

### QUARTER 1: KCEMS MCI PLAN / CARDS / START TRIAGE/AIR TRANSPORT SAFETY

#### Online KCEMS EMS Content via EMS CONNECT:

- Kittitas County EMS MCI Plan Training (due before in-person session)
- ALNW Landing Zone Safety Training (due 3/31/26)
- MPD OTEP Guidelines/Expectations Video (TBA)

Classroom Session/Skills: MCI Tabletop and Triage Exercises

Due: 3/31/26

Instructor/Class Coordinator Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### QUARTER 2: MEDICAL EMERGENCIES / PEDS HPCPR/AIRWAY

Online EMS CONNECT: due before in-person session

- Tox Talk: "What's Poisoning Your Patient?"
- GI: "Feeling Green-When the Belly Becomes the Battle"
- KCEMS: AHA 2025 Guideline Update – Pediatric HPCPR/Airway Management & Choking

Classroom/Skills: Medical Assessment, Pharmacology, Infant HPCPR (2025G), and Updates.

Due: 6/30/26

Instructor/Class Coordinator Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### QUARTER 3: CARDIOLOGY / AMS / ENVIRONMENTAL EMERGENCIES

Online EMS CONNECT: due before in-person session

- AMS: "What Were They Like Before? The Art of Assessing AMS"
- BLS Pharmacology: "Pharmacology Fundamentals-What Every EMT Needs to Know"
- Cardiology Basics: "Cardiology Simplified-Street-Ready Skills for EMTs"
- Heat Illness & Stroke: "The Heat Factor: Recognizing Early Signs Before They're Critical"

Classroom/Skills: Medical Assessment/Treatment, Pharmacology, and Updates

Due: 9/30/26

Instructor/Class Coordinator Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### QUARTER 4: TRAUMA EMERGENCIES / BLS PHARMACOLOGY

Online EMS CONNECT: due before in-person session

- All Things Trauma: "The Trauma Blueprint-Managing Chaos with Confidence"
- Including Bleeding Control & Spinal Motion Restriction
- KCEMS: AHA 2025 Guideline Update – Adult HPCPR/Airway Management & Choking

Classroom/Skills: Trauma Assessment/Treatment, Bleeding Control, SPMR & Adult HPCPR/Airway, and Updates

Due: 12/31/26

Instructor/Class Coordinator Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**NOTE:** Pharmacology Review & Update, EMS Protocols & Local and Regional Operating Procedures, WA State Guidelines, and WAC updates will be included where applicable.

**MAINTAINING YOUR TRAINING RECORDS IS IMPORTANT. REQUEST A COPY WHEN NEEDED.**

**Students should keep their EMS ongoing training records for seven years.**

**IF YOUR CERT. IS EXPIRED OR INOPERABLE, YOU CANNOT PRACTICE AS AN EMS PROVIDER.**

[www.kittitascountyems.org/training.html](http://www.kittitascountyems.org/training.html)