

Training with
JOY WARGO

WHAT'S IN YOUR TOOL BOX?

TACK, KNOWLEDGE OR BOTH?

One of the most important training tools I have is consistency. All too often we see barrel racers ride differently at the race, whether it is due to nerves, pressure to do well, or riding in front of their peers. Our horses can also react differently in public as well because of nerves. I believe that being consistent in the way we ride is crucial. This means ride with the same posture and body position in public as

you do at home. Be consistent in the way you work the pattern and the maneuvers you ask of your horse. Be conscious of where your hands and legs are and what you are doing with them all the time. Hold yourself accountable when you make a mistake communicating cues to your horse. If you have been consistent and continue to be consistent both you and your horse will be confident.

ABOUT JOY – I am originally from Fort Bridger, WY and moved to north Texas in 2001 with my husband Trent. I started training futurity horses full time in 2012. A few of my favorites include Smokin Koa Lena, Cashin on the Bayou and Vegas Firefighter. I won the 2014 AQHA World Championship in Senior Barrels with Smokin Koa Lena. Thank you to Schneider Performance Pads and RES Boots for being great sponsors and providing us with outstanding equipment.

