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***Nurse! A Memoir* Launches in Celebration of Author's 60<sup>th</sup> Anniversary**

SEPTEMBER 6, 2022—Halifax, NS—On September 23, OC Publishing will release Francene Cosman's book, *Nurse! A Memoir*, on the 60<sup>th</sup> anniversary of her graduation from the Saint John General Hospital nursing program and soon after receiving a Queen's Platinum Jubilee Medal.

Cosman felt it was timely to tell the story of her nursing training in the 1960s, a reflection on how training was done in the past, as the spotlight on healthcare increases, and demand for change intensifies.

"Given the chronic nursing shortage it may be time for a dialogue about how nurses receive their education," said Cosman, "and to examine a return to early hospital training on the job, a model that worked well."

Retired nurse and author, Dorothyanne Brown agrees. "Nursing education was like no other - while intimate and demanding on its own, it also expected such careful behaviour on the part of the students," she said. "Nursing was a mission, not a job, and students then (and perhaps some now) were expected to take on not only the science but the culture, wholly and without question. Cosman does an excellent job highlighting the joys and sorrows of the training."

Cosman feels that nursing provided strong foundational skills that underpinned future political involvement. A long political career ensued, first as a county councillor, then the first mayor of Bedford, NS. She was appointed president of the provincial Status of Women; four years later she chaired the task force on the concerns of women and became the executive director of the Liberal Party. In 1993, she was elected to the NS Legislature and became deputy speaker. In her second term of office, she was appointed to Executive Council as Minister of Community Services, Minister for the Civil Service and Minister of the Status of Women.

*Nurse! A Memoir* is available from most online retailers and can be ordered into local bookstores on request. For more information visit – [www.ocpublishing.ca/francene-cosman.html](http://www.ocpublishing.ca/francene-cosman.html) .