Sunday Sermon Themes and Scriptures

Date: July 4, 2021, 8:00 am - One Worship Service	Date: July 11, 2021
Title: Life, Liberty, and the Pursuit of Happiness	Title: Geared Up For Life (Series)
Theme: Independence Day	Theme: Setting Our Hope
Purpose: To understand that the foundation of our liberty	Purpose : So, what can we do to bring folks back to what
is based on a Judeo-Christian understanding of God's	worship can be or needs to be for the body of
relationship with humanity.	Christ? Throw a party?
Old Testament: Psalm 33:11-22	Old Testament: 2 Samuel 6:1-5, 12b-19
New Testament: Luke 4:18-21	New Testament (Epistle): Ephesians 1:3-14
	New Testament (Gospel): Mark 6:14-29
Date : July 18, 2021	Date: July 25, 2021
Title: Geared Up For Life	Title: Geared Up For Life (series)
Theme: He Is Our Peace	Theme: Rooted & Grounded in Love
Purpose : The dwelling place of God: God takes up	Purpose : The only way we can know something as deep
residence among us, what does it mean to be God's	and as profound as the love of God that we experience
home?	through the grace of Christ is through the witness of the
Old Testament: 2 Samuel 7:1-14a	church.
New Testament (Epistle): Ephesians 2:11-22	Old Testament: 2 Samuel 11:1-15
New Testament (Gospel): Mark 6:30-34	New Testament (<i>Epistle</i>): Ephesians 3:14-21
_	New Testament (Gospel): John 6:1-21

Sunday's Service Information

Traditional Service – For those that love that "Old Time Religion", we have a traditional worship service that meets every Sunday at 8:30 am.

Blended Service – Not too bold, not too mild...just right. Our Blended service combines the best of our traditional and contemporary worship services. The Blended service is every Sunday at 10:30 am. There is also Children's Church available for kids K through 5th grade.

Church Contacts

Phone: 305-852-2581, Fax: 305-852-4917

Email: burtonmemorial@bellsouth.net Pastor: <u>pastor.foote@outlook.com</u> Administrative Assistant: <u>bae_bmumc@att.net</u> Web Site: <u>www.BMUMC.net</u> Office Hours: Monday – Thursday: 9:00 am to 4:00 pm. Friday – Office Closed.

Newsletter and Bulletin Deadlines

We have a lot of ministries and events going on at Burton and it is important to get the word out regarding them. So, please remember the *deadline for getting information into the weekly bulletin is on Wednesdays*. *The deadline for monthly Beacon articles is the 20 of each month*. Please send all information that you want placed in the bulletin or in the Beacon to the office at bae_bmumc@att.net.

DON'T MISS THE DEADLINE!

J	uly Birth	days:		Iuly Anniversaries:	
	DAY		DAY		DAY
Kyrie' Foote	8	Logan Shannon	17	Harry & Ruth Forgan	27
Carol Baxter	12	Sandy Klifman	26		
Virginia Spear	13	Michael Ratliff	27		





a monthly newsletter publication of Burton Memorial UMC July 2021



July & August Sermon Series 2021 "Geared Up For Life"

For the months of July and August, we have chosen a longer than normal sermon series. This series follows the basic lectionary which invited us to take a walk through the Epistle to the Ephesians This letter contains everything you need to explain the faith in one compact package.

Ephesians divides neatly into two halves, both of which are covered in this series. The first half, chapters 1-3, provides a scriptural foundation for the faith in some of the most beautiful language in the Epistles. The second half, chapters 4-6, focuses on the moral dimensions of the faith: **How do we live it out?** This second half reminds us that faith isn't simply about believing, but about living.



July 11th: It's midsummer, and it may be hard to maintain focus. So what can we do to bring folks back to what worship can be or needs to be for the body of Christ? Throw a party! This is why we are having our first official "Potluck" in over a year and a half.

July 18th: What does it mean to be the dwelling place or a dwelling place for God? How can we present the church and/or the community of faith of something worthy of that designation? In this second chapter of Ephesians, this is the description that we are given of the church: the dwelling place of God. God takes up residence among us. What does it mean to be God's home?





July 25th: The only way we can know something as deep and as profound as the love of God that we experience through the grace of Christ is through the witness of the church. How do you understand any one's love? By living it, by sharing it, by talking about it.

Smoking Adult Bible Study

We will be taking another month off from the "Smoking Adult Bible Study." Don't worry, it will be coming back in August with a new series and a new place. We will still be eating smoked meats and studying the word. Stay tuned for location, dates, and times.

Ringing News

Join us on Wednesdays at 3:30 pm for beginner hand chimes. Our beginner handbell/chime ministry is looking for a few more new ringers. We would love to have a few more. Beginner ringer practice is from 3:30 pm to 4:30 pm for chimes every Wednesday in the sanctuary. Ringing techniques and basic music education are provided. No experience necessary! *Our Advanced choir rehearses from 4:30 pm to 5:30 pm on Wednesdays too.* If you have music experience, we would love to have you. God offers the best benefit package around! Come and join the bell choir.



Altar Flowers



Now that we are all worshiping in the sanctuary, we have opened up the Flower Calendar for 2021! Please consider placing an orchid on the altar in memory of a loved one, in honor of someone or something (such as a ministry or event) or to the Glory of God. In 2021 we will not have altar flowers on Communion Sundays – the Sacrament will be our focus. The rest of the year is almost completely open – so sign up! Cost is \$20.00 per arrangement. The calendar is in the Narthex, or you can contact the church office. Please, only two arrangements per Sunday.

College Ministry

Please contact the church office at 305-852-2581 to include a student in the College Ministry. If you would like to help with this ministry, please contact Pastor Kerry at 305-407-7040.



Status of Offerings



Please remember that the weekly offerings pay the expenses of our worship services, as well as contributing to the various church ministries. Below are the offering and website collections for the past four services.

Last Four Weeks				Year to Date			
Week	Date	Offering	Plan	+/-	Offering	Plan	+/-
22	30-May	\$4,004	\$2,013	1,991	\$72,718	\$63,741	8,977
23	6-June	\$2,439	\$2,013	426	\$75,157	\$65,754	9,403
24	13-June	\$2,006	\$2,013	-7	\$77,163	\$67,767	9,396
25	20-June	\$1,256	\$2,013	-757	\$78,419	\$69,780	8,639

While our services have reopened, we are continuing with our Facebook Live service at 10:30 am, with videos posted on Facebook. If you do not feel safe at this time to come to the church, please help us by either mailing your normal donation by check to Burton Memorial UMC, 93001 Overseas Highway, Tavernier, FL 33070, or go to our website and click on Give Online to set up a payment online.

Fourth of July

This year, since the Fourth of July falls on a Sunday, Burton will not be participating in the Fourth of July Parade. *We will have one service at* 8:00 am, following a breakfast at 7:30 am in the Fellowship Center. Please come out after the Sunday service, and join us for the festivities at the First Baptist Church of Key Largo, mm 99 oceanside. Worship starts at First Baptist at 9:00 am. The parade starts at 10:00 am. Be sure to get to First Baptist before 9:45 am as northbound US 1 closes then. Enter their parking lot from behind the church from Bell Rd. There will be music, snow cones and popcorn during the parade. After the parade, there will be a barbeque in the First Baptist Church's fellowship hall.



Solar Sanctuaries Advocacy Resolution

Burton Green Team

The recent Florida Annual Conference passed a Solar Sanctuaries Advocacy Resolution submitted by the FLUMC Creation Care Task Team and friends. This is a condensed version (with my apologies to the authors): Whereas, God's first commandment is to cultivate his good garden.

Whereas, we, as people of faith, are to be responsible.

Whereas, we are commanded to love our neighbors.

Whereas, climate change is happening now caused by greenhouse gases.

Whereas, electricity in our homes and churches contribute to carbon emissions.

Whereas, our actions affect all.

Whereas, we have eight years to reduce the greenhouse gas emissions by 45%.

Whereas, climate change has raised temperatures, caused sea-level rise, acidified oceans, harmed ecosystems, increased the rate of species extinction, contributed to extreme weather, increased droughts, floods, and wildfires, and created 18 million climate migrants in North America alone.

Whereas, Florida is vulnerable due to our coasts and rivers and estuaries, and low-lying topography, with 18 million living within 60 miles of the coasts.

Whereas, Florida's life-support, economy, and quality of life depend on preserving our natural resources. Whereas, Florida is at risk for land-loss, life-threatening heat, catastrophic hurricanes, vector-borne diseases, saltwater intrusion into fresh water sources, climate migration, food insecurity, and economic ruin.

Whereas, these changes have a disproportionate impact on lives of the poor, people of color, indigenous people, and coastal communities (LIKE THE KEYS),

Be it resolved, we will advocate for opportunities to make solar installation attainable and for a just transition to renewables.

Be it further resolved, we will advocate for clean, renewable solar power and a just transition, and that we will advocate for our churches to become solar sanctuaries in order to achieve carbon neutrality.



The Resolution passed with an overwhelming majority. For a complete version of the Resolution with a Bibliography, contact the church office or any member of the Green Team.

Health and Wellness

by Debbie Premaza, RN, BSN (304-546-6682)

Self-care article summary - Part 3 of 3-part series - https://draxe.com/health/self-care-checklist/

Spiritual Health

Researchers at the Catholic Health Association in St. Louis <u>explain</u> that spiritual health is the aspect of our well-being that organizes the values, relationships, meaning and purpose of our lives.

There is a strong relationship between physical and spiritual well-being, which is why it is important to engage in activities or practices that foster your spirituality. Here are some ideas to add to your self-care routine:

1. Take time for healing prayer or meditation: <u>Healing prayer</u> can be very powerful, positively impacting our hormones, neurotransmitters, gut health, immunity and digestion. Practice frequency: Daily (for at least 5–10 minutes), ideally at the same time each day.

2. Practice visualization: Practicing visualization, especially as you pray, will promote goal setting, keep you on the right track, and improve motivation. Practice frequency: Daily, can be done with healing prayer.

3. Read spiritually uplifting books: Reading spiritual, inspirational books will improve your sense of morality and gratitude. Practice frequency: Daily (perhaps in the morning or evening) or several times per week.

4. Get involved: Getting involved in a church or community group will foster your spiritual, mental and social health. It reinforces your sense of connections to God and others. Practice frequency: Weekly or as often as possible.

Environmental Health

Research <u>proves</u> that environmental conditions play a significant role in human health and well-being. When creating a basic daily self-care checklist, including activities that will improve your environment and how you interact with it is key. Here are some easy steps you can take to boost your environmental health:

1. Spend time earthing: <u>Earthing</u>, or grounding, involves walking barefoot outside, with the soles of your feet connecting directly with the surface of the earth. It helps to reduce stress, improve sleep and boost energy. Practice frequency: Once a week, or more.

2. Declutter your home: Declutter your home to improve focus, <u>ease anxiety</u> and increase positive energy. Practice frequency: A little every week.

3. Use toxic-free cleansers: Instead of using conventional, toxic chemicals to disinfect your home and body, stick to natural cleansers that won't cause adverse side effects. Practice frequency: Daily or when needed.

4. Reduce your carbon footprint: How can you reduce your personal carbon emissions? Eat local produce, conserve water, reuse and recycle, and bike or walk instead of driving when possible. Practice frequency: Make small changes daily.

Final Thoughts...When life gets chaotic and stressful, it can be easy to forget about the importance of self-care. Self-care isn't a once-a-month trip to the spa. It involves taking care of yourself every day, without fail. Creating a self-care checklist is an easy way to outline your physical, social, mental, spiritual and environmental health needs.

"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take." Proverbs 3: 5-6 NLT

"We can make our plans, but the LORD determines our steps." Proverbs 16:9

It is my prayer that all who read this will be inspired by this article and commit to your self -care so that we together may be God's hands and feet delivering his Good News!



United Methodist Women Faith • Hope • Love in Action

Dear Church and UMW ladies,

We will be having our monthly meetings throughout the summer. Most of us that are still in town have a little more free time. Coming to a meeting is a great way to get out of the house and have some wonderful fellowship with your church friends. We will be trying out another day for our meeting. Starting with July, we are trying out a Friday night. *The next meeting date is July 23 (Friday) at 7:00 pm in Burton's Fellowship Center.* This day may be changed as we are just testing the waters, so keep reading this announcement to see what we are up too and when we are meeting.

We always try to have a program or book discussion by our members to keep us informed as to what UMW ladies are doing here and around the world. After the meeting, we have refreshments and sit around to visit. Please, if you need a ride, call me, Mary Lou at 305-394-3878 and we will get you to our meeting on time 🦉.

Love, Faith and hope, Mary Lou Wilkinson

Prayer Bead Ministry

Each day we hear of someone in the hospital or placed in rehab or are suddenly alone. How better to tell them you care but with our prayer beads!

Remember that a selection of our latest prayer beads can be viewed on our website. Please visit https://www.bmumc.net/. Under Programs, tab "Salty Service" then go to "Prayer Shawl & Bead Ministries."

For more information, call or text Linda Norman at 305-393-2589. Please feel free to email lindalillonorman@gmail.com.

Prayer Shawl Ministry



Come and join the fun Thursday evening in the Joy Classroom at 7:00 pm, knitting and crocheting for our ministry. We have supplies and will teach. We continue to wear masks and sit social distancing. For more information, call Virginia Spear 305-522-2978.

God's Kitchen/Food Pantry

Our food pantry moved back inside on June 2. We are still working out the details to make everyone feel safe and welcome. We also began serving *Thursday night God's Kitchen free dinners inside as well.* Togo meals are still available. If you are able to help with our dinners, cooking, cleaning, or serving up meals on Thursdays, or if you can help with our pantry, creating grocery bags or handing out food, please call the church office at 305-852-2581, or call MaryLou at 305-394-3878.



Membership and Information Class

If you would like to discover more about Burton Memorial United Methodist Church and what it means to be a member of the United Methodist Church, *please contact Pastor Kerry to set up an appointment*. Call or text him at 305-407-7040 or email him at <u>pastor.foote@outlook.com</u>.



Sunday Movie and Luncheon

Burton Memorial's **Sunday Movie and Luncheon** will continue into July as new episodes for "The Chosen" Season 2 are released. The event will start at 12:00 pm with a luncheon in the fellowship center, followed by a viewing of the various episodes of "The Chosen" in the sanctuary.

We will need volunteers to prepare the luncheons on Sunday mornings. If you are interested in helping, please contact the church at (305) 852-2581 and sign up for a Sunday.

Post Covid-19 Party

Every day we get more and more good news about people getting vaccinations and how the number of deaths and hospitalizations are on the decline due to Covid-19. Now, I know we are not out of the woods yet, but I am starting to see a light at the end of the tunnel, and I see Reed Bennet's constant prayer for the removal of Covid-19 starting to come true.

With that said, **when** we are finally clear of this virus, we need to celebrate in a big way. So, right now I would like to take all your ideas and suggestions as to how we can celebrate. Call me or text me at (305) 407-7040.

Prayer for COVID-19

Jesus, during your ministry on Earth, you showed your power and caring by healing people of all ages from physical, mental, and spiritual ailments. Be present now to those who need your loving touch because of COVID-19. May they feel your power of healing through the care of doctors, hurses, and others who help them in any way. We pray you take away the fear, anxiety, and feelings of isolation felt throughout the world.

Compassionate God, who in your Son Jesus Christ healed the sick, touched the hearts of the troubled, and sent disciples to announce good news to the poor, we offer this prayer for peace and for the intentions of all those who are praying with us.

Amen.

Welcome Back Potluck Luncheon

We will have a Potluck Luncheon to welcome everyone back inside on Sunday, July 11, at 12:00 pm in the Fellowship Center. Please bring a dish to share, such as entrees, sides, and fruit/desserts.



United Way 2021 Child Friendly Food Drive

On United Way's Worldwide Day of Action, kicked off on June 21, they are running a campaign to encourage people to donate a bag of child-friendly, shelf stable food to a local food pantry *over the next few weeks*, to help address hunger among school children who are not receiving school lunches during summer break. They are encouraging people to bring foods like:

- shelf stable milk
- 100% fruit juice packs
- granola and breakfast bars
- sandwich cracker packs
- popcorn, pretzels, crackers, goldfish
- peanut butter and jelly
- shelf-stable microwavable meals
- cereal
- pasta and soups in single use portions
- dried fruits

If you wish to participate, please bring your bag(s) over the next few weeks to Burton Memorial United Methodist Church, on Sundays (8:30 & 10:30), or during office hours: Monday thru Thursday 9 am to 4 pm, or during pantry hours: Monday and Wednesday 9 am to 12 pm, or Tuesday and Thursday 5 pm to 7 pm.

