

CREW TRAINING



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Baltimore Area Council
Philmont Contingent Committee

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Overview

- Objectives
- “Classroom” Training
- Outdoor Training
- Team & Leadership Development
- Shakedown: Who, what, where, when, how?



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Objectives of Crew Training

- “Surviving” vs. ”Excelling”
- Testing & evaluating gear
- Team development
- Evaluating leadership
- Assessing readiness
- WHAT TRAINING IS *NOT*



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When to train?
Who does the training?

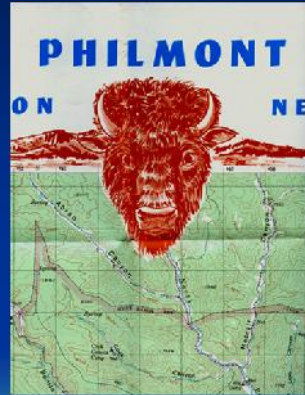


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“Classroom” Skills Training



First Aid



Land Nav



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“Classroom” Skills Training



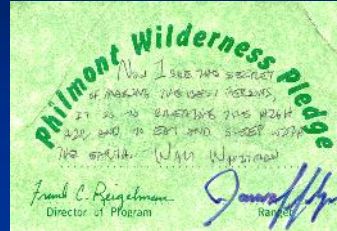
Personal Gear



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Outdoor Skills Training: In-Camp

- Camp set-up
- Bear bags
- Stove safety
- Water purification
- Cooking
- Dishwashing
- Waste management
- Leave No Trace



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Outdoor Skills Training: In-Camp



Camp set-up



Camp Break Down



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Outdoor Skills Training: In-Camp



Stove Safety & Cooking



Clean-up and dishwashing



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Outdoor Skills Training: In-Camp



Waste Management & LNT



Bear Bags



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Outdoor Skills Training: Trail



- Leave No Trace
- Hiking techniques
- Maps, terrain & trail markings
- Pack adjustment
- Trail courtesy
- Rest stops



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Outdoor Skills Training: Trail



Switchbacks



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Outdoor Skills Training: Trail



- Map & Compass



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Outdoor Skills Training: Trail



- Terrain & trail markings



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Outdoor Skills Training: Trail



Trail Courtesy



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Outdoor Skills Training: Trail



Crossing Water



Bridges



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Outdoor Skills Training: Trail



5 minutes

- Rest stops



20 minutes



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Outdoor Skills Training: Trail



Make sure they'll eat the food

Make sure they'll drink the water



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Outdoor Skills Training: Trail

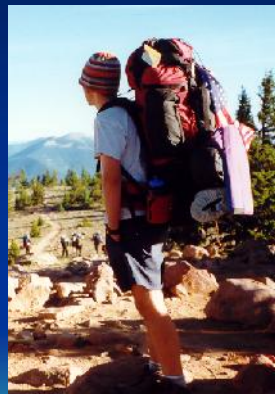


Make sure they'll do what they need to do...



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Team & Leadership Development



- Crew leadership
- Team building
- Who's the trainer?
- Goals as tools



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Shakedown



- How many?
- Scheduling
- Types
- Setting Goals
- Participation
- Variables



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Sample Shakedowns

Favorite Philmont Shakedowns

Name: **Wally Feurtado** email address: **wally_feurtado@ed.gov**

Favorite Philmont Shakedown: **Dark Hollow Falls, Shenandoah National Park**

This is a one day shakedown; the first weekend shakedown; the second weekend shakedown

Starting Point: **Big Meadows Campground, Shenandoah National Park**

Ending Point: **Big Meadows Campground, Shenandoah National Park**

Hike Description:

1. Hike return trail Dark Hollow Falls trail.
2. Continue down Dark Hollow Falls past the falls to the jeep trail.
3. Cross over the bridge and hike down the Rose River Falls Loop Trail.
4. There are several places to play in the water!!
5. At the bottom, hike up the Rose River Falls Loop Trail.
6. There are several places to play in the water!!
7. Cross over Skyline Drive to the Appalachian Trail and hike north to Rock Springs Hut Trail.
8. Continue on the AT north about 100' to an overgrown jeep trail and camp COMPLETELY hidden from the jeep trail and the AT (550 feet).
9. After dinner, day hike to the top of Hawksbill Mountain (the lights in the valley are beautiful).
10. Return the same way or hike US AT South to Big Meadows Campground.

Map: Shenandoah National Park - Central Section

Daily mileage (as appropriate):
 Saturday - 7 backpacking, 3 day hiking
 Sunday - 5 backpacking

Total elevation change on route: -1,200

Water sources along route:

1. Rose River
2. At the Rock Springs Hut, there is a Spring



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