

# TROM BRACE



**To remove brace:** Pull plastic attachment of strap past hook to release each strap.

The smaller strap below the knee only has velcro.

**\*Only remove brace if instructed.**

To place the brace back on the leg ensure the round hinges are aligned with the center of the knee. Re attach each plastic strap attachment to corresponding hook.

**To unlock brace:** slide the red tab upward. This will allow the brace to bend to desired range of motion without removing.

**\*Only bend if instructed and only bend to recommended amount while in the brace.**

**To lock brace:** Ensure knee is straight in full extension. Then slide the rep tabs downward.

Brace should be locked straight at all times. Only remove or open for