



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community

Rev Fr Joseph Stephen, C.Ss.R. (Parish Priest)

Rev Fr Paul Michael Kee, C.Ss.R. (Assistant Parish Priest)

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ANNOUNCEMENTS:

CHRISTMAS MASS SCHEDULE
at **OMPH church**

date	Time	
24/12/2016	9am & 6pm	Novena
24/12/2016	6.45pm (E) (No carols)	Christmas Vigil Mass
	8.30 pm (T)	Vigil Mass
	10.30pm (E)	Carols
	11.00 pm (E)	Vigil Mass
25/12/2016	8.30 am (E)	Carols
	9.00 am (E)	Day Mass
	11.30 am (C)	Day Mass

St.Mary's Chapel, Tersusun

25/12/2016	8.00am (T)	Christmas Day Mass
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CHRISTMAS REHEARSAL for those taking part in the roles of "Angels", "Mary & Joseph" for both masses (6.45 pm & 11 pm) & also the Sunday Sch. Teachers in-charge are requested to be present too.

CAROLING

Carollers from Rechoso will be visiting homes to bring Christmas joy and glad tidings to one and all on
* Rechoso – 20,21,22 December, 2016.
Caroling forms available at the church entrance or you may contact Christopher (017 5785223)
* Chinese group caroling on 16,17,18 Dec.

MONTHLY SUBSCRIPTION

With the beginning of the new Liturgical year 2017, the Parish is introducing an envelope system. We look forward to your monthly support to help defray the expenditure of the parish. You may submit your donations at the parish office or put it in the Novena Shrine metallic box or during the sunday collection.

CHRISTMAS LUNCH

To bring Christmas Joy and Glad tidings to the poor; the PHDC will have a Christmas lunch with the FINs (*Friends in need*) on Sunday, 18 December, 2016 @ 12 noon.

WE WELCOME

Daughters of St.Paul who will be here this weekend (10 & 11 Dec.) to display their varieties of books, CDs and gifts. Please give them your support them during this Christmas season.

OMPH PARISH RETREAT -2017

To start off the NEW YEAR, there will be a Parish Retreat for the English, Chinese and Tamil speaking communities on

Date	Time	Language	Venue
8/1/2017	10am-4pm	English-speaking	Parish hall
14/1/2017	3pm – 9pm	Chinese-speaking	Parish hall
21/1/2017	4pm – 9 pm	Tamil-speaking	St.Mary's Chapel.

Retreat in Daily Life
OMPH Ipoh

Come and find some quiet time
in the busyness & fullness of your daily life



Dates: **Mon 13 – Fri 17, Feb**

Time: **8pm – 10 pm daily**

Venue: **OMPH church**

Max participants: **25 pax**

Suggested Love offering:

RM65/- for 5 days.

(one-to-one spiritual guidance and notes.)

* Registration & payment to be made at the OMPH parish office.

The retreat tradition has been part of our Catholic Church for centuries, but so far has been more widely attended by the clergy and religious. And of these, personally-guided retreats, where one spends most of the day in personal solitude and communion with God, have not been widely made known among the laity.

This is a chance for us, the faithful to come and drink, personally from the Living Spring of God. Where we bring the things from our daily lives to God's table and share what is REAL with a God who wants to be part of who we really are.

Come and experience **one-to-one personal spiritual guidance**, through the accompaniment of trained spiritual guides, who are here to listen, to share your prayer life and to help you see more clearly where **God is already waiting for you, each moment everyday.**

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance.
Next Infant Baptism will be on 8 January, 2017.

PARISH ACTIVITIES & MEETINGS: (December 2016)

- * 11/12/2016 - 8.00 pm - St. Augustine Choir practice (church)
- * 17/12/2016 - 10.00 am - PHDC packing of rations (Wallace hse.)
- * 18/12/2016 - 10.00 am - PHDC distribution of rations (Wallace hse.)
- * 18/12/2016 -- 10.00 am - RCIA (BM) (St. Monica Rm.)
- 11.30 am - RCIA (T) (St. Matthew Rm.)
- 3.00 pm - RCIA (E) (St. Mark's Rm.)
- 8.00 pm - St. Augustine Choir practice (church)
- * 19/12/2016 - 8.00 pm - CCR (St. Mark's Rm.)
- * 20/12/2016 - 8.15 pm - Legion of Mary (C) (St. Matthew Rm.)
- * 23/12/2016 - 8.00 am - RCIA (C) (Wallace Rm.)
- * 27/12/2016 - 8.15 pm - Legion of Mary (C) (St. Matthew Rm.)

2016/2017 COFFEE MORNINGS

- * 11/12/2016 - PHDC
- * 15/1/2017 - Hospitality Ministers (Benedict) * 22/1/2017 - BEC St. Philip
- * 5/2/2017 - BC St. John the Apostle (Selin) * 12/2/2017 - IT Ministry
- * 19/2/2017 - BEC St. Monica (Dass) * 26/2/2017 - Faith Educators
- * 5/3/2017 - BEC St. Francis Xavier * 12/3/2017 - Sun. Catechism (Form 4)
- * 19/3/2017 - BEC St. Faustina. (Malligh)
- * 2/4/2017 - BEC St. Francis De Sales
- * 9/4/2017 - Lectors/Commentators
- * 23/4/2017 - BEC St. Anne
- * 30/4/2017 - Sun. Catechism (Form 3)
- * 7/5/2017 - BEC St. Mary (Kathleen)
- * 14/5/2017 - Sun. Catechism (Std 3)
- * 21/5/2017 - Altar Servers (Jeremy)
- * 18/6/2017 - BEC St. Jude/Area 1 (Catherine)
- * 2/7/2017 - PHDC
- * 9/7/2017 - St. Peregrine (Margaret Fernandez)
- * 16/7/2017 - BEC St. Matthew (Pauline)
- * 24/9/2017 - Fund Raising Committee.

ETERNAL HAPPINESS TO :

+ Rosalind Thaveethu departed on 6 December, 2016.

ADVENT PENITENTIAL SERVICE

In Preparation for Christmas,
Penitential services will be held at the following churches:-

Date	Place	Time
Fri. 9/12/16	*Church of St. Joseph, Batu Gajah.	7.00 pm Confession
Mon. 12/12/16	Taiping Catholic Church	7.00 pm Confession
Tues. 13/12/16	Church of St. Joseph Chapel, Bidor	7.00 pm confession
Wed. 14/12/16	Church of St. Michael, Ipoh	8.00 pm Confession
Thurs. 15/12/16	Church of Our Mother of Perpetual Help, Ipoh Garden	8.00 pm Confession
Fri. 16/12/16	Church of Our Lady of Lourdes, Silibin	7.30 pm Confession
Mon. 19/12/16	Church of St. Francis de Sales, Sitiawan	7.30 pm Confession
Tues. 20/12/16	Church of St. Anthony, Teluk Intan	7.30 pm Confession
Wed 21/12/16	Church of Our Lady of Mt. Carmel, Tanah Rata	5.00pm Confession

JOB VACANCY at Home for the Aged (CWS)

Simee, Ipoh -
Caregiver with Medical experience
(Full-time/Part-time)
Contact: Helen Lai/Alicia Yong
(05 5473 252/05 5452 449)

NOVENA PRAYERS TO ST. PEREGRINE

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited.
For enquiries, call: 019-5769166/012-5833904.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
* EVERY FRIDAY (6 PM TO 7 P.M.)
* EVERY SATURDAY AT 11.00 A.M. - 12 NOON in the Meditation room.

EVENING FOR THE ENGAGED 2017

Couples planning to get married in the year 2017, please take note of the EE Weekends english during the year. You are requested to register six (6) weeks before the weekend dates.

EE109	13-15 January, 2017
EE110	24-26 March 2017
EE111	9-11 June 2017
EE112	18-20 Aug 2017
EE113	10-12 Nov 2017

Please see your Parish Priest for registration.