



**A Return to Love:
Reflections on the
Principles of a Course of
Miracles**
Marianne Williamson



I love this book and highly recommend it to anyone who is open to how fear shadows our life and prevents us from truly loving ourselves and others. Marianne Williamson is a Jewish woman who was able to get beyond the Christian terminology to make sense of the "miracles" that can happen. She is a brilliant writer; her words were used by Nelson Mandela in one of his inaugural speeches. Williamson encourages us to become all that we were meant to be and states: "Your playing small does not serve this world." Our counseling practice offers mindfulness groups and uses some of Williamson's other writings about remaining open. Read this and other things that she has written. . ~ **Dr. Michele Winchester-Vega**



Through this author's search to find herself and make sense of a world that seemed dark and desolate, she stumbled upon a set of blue books that held "A Course in Miracles." To the author, this was her path back to life. I, too, believe - as this author does - that the child within us is integral to who we are as we navigate our way through life. And it is up to us to make the choice to choose love. This book is like an anchor to those lost in rough seas. A wonderful, inspiring read. ~ **Rhonda Hauge**



The book "A Return to Love" by Marianne Williamson is a reflection of the spiritual text "A Course in Miracles." Williamson shares the course principles and how she used them to heal her own life experiences, including addiction and relationship issues, by opening up to God. She explains that through a relationship with God, we can come to know the most powerful healing force there is - love. She teaches us that the way to love is through forgiveness, which can free us from oppression. Marianne takes us through the process of cultivating this practice, with shifts in our own perceptions from fear to love. In providing meditation and mindfulness groups in my counseling and healing practice, I like using some of her materials - as it is through these miracles that we can bring greater peace and healing to ourselves and the world. ~ **Mary Pikul**



In working with adolescents and young adults, I find that some of Marianne Williamson's writings somewhat trivialize things - like suggesting that people write a letter to AIDS or cancer and tell the disease everything one feels about it. I believe what the author means is to fight a disease with love, versus anger and hatred; but the language for young adults can be confusing. I think some of the passages taken out and read are far better for young persons than the book in its totality. ~ **Susan McVey**



I find Marianne Williamson's books filled with compassion and love. Many clients that I see are wanting to find peace and forgiveness, and I like what she offers in both of those areas. Sometimes, reading sections twice offers a deeper understanding, as she speaks a different language than most offering self-help advice. I highly recommend this book. ~ **Suzanne Vizethann**