

NORTH CAROLINA ADDENDUM

DISCIPLINE AND BEHAVIOR MANAGEMENT POLICY

Praise and positive reinforcement are effective methods of the behavior management of children. When children receive positive, non-violent, and understanding interactions from adults and others, they develop good self-concepts, problem-solving abilities, and self-discipline. Based on this belief of how children learn and develop values, this facility will practice the following discipline and behavior management policy:

WE:

- DO praise, reward, and encourage the children.
- DO reason with and set limits for the children.
- DO model appropriate behavior for the children. DO NOT: spank, shake, bite, pinch, push, pull, slap, kick, shove, or otherwise physically pu
- DO modify the classroom environment to attempt to prevent problems before they occur.
- DO listen to the children.
- DO provide alternatives for inappropriate behavior to the children.
- DO provide the children with natural and logical consequences of their behaviors.
- DO treat the children as people and respect their needs, desires, and feelings.
- DO ignore minor misbehaviors.
- DO explain things to children on their level.
- DO stay consistent in our behavior management program.

WE:

- DO NOT Punish the children.
- DO NOT make fun of, yell at, shame, humiliate, threaten, bully, use profanity or otherwise verbally abuse the children.
- DO NOT deny food or rest as punishment, or give them as a means of reward.
- DO NOT shame or discipline the children when toileting accidents occur.
- DO NOT relate discipline to eating, resting, or sleeping.
- DO NOT leave the children alone, unattended, away from staff, and without supervision.
- DO NOT place children in locked rooms, closets or boxes as punishment.
- DO NOT criticize, make fun of, or otherwise belittle children's parents, families, or ethnic groups.
- DO NOT allow or delegate the discipline of children to other children.
- DO NOT use short, supervised periods of "time out".
- DO NOT discipline children for not sleeping during rest periods.
- DO NOT assign chores to children that require contact with our use of hazardous materials such as cleaning bathrooms, floors, or emptying diaper pails.
- DO NOT withhold physical activity as punishment
- DO NOT restrain children through the use of heavy objects, including a caregiver's body, or any device such as straps, blankets, care seats, or cribs unless the child's safety or the safety of others is at risk and only for the minimum amount of time necessary to ensure a safe environment.

I, the undersigned parent or guardian of _____ (child's full name), do hereby state that I have read and received a copy of the facility's Discipline and Behavior Policy and that the facility's director/designated staff member has discussed the facility's Discipline and Behavior Management Policy with me.

Primary Parent/Guardian Signature

Date of Child's Enrollment

**One copy to the child's parents (included in Parent Handbook), signed copy placed in child's facility record.
(CHILD'S FILE)*