



## NEUROLOGICAL SURGERY

Phone (540) 450-0072

Fax (540) 450-0074

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## PAIN MANAGEMENT

Phone (540) 450-2339

Fax (540) 450-2333

N. Scott Ashcraft, DO  
Michael J. Poss, MD  
Christy A. Andrews, NP-C  
Brian A. Lapp, PA-C

1818 AMHERST STREET • WINCHESTER, VA 22601 • WWW.VABRAINANDSPINE.COM

Dear Patient,

We have received your information from your physician referring you to Neurosurgery. Enclosed is the Virginia Brain and Spine Center new patient packet for the Neurological Surgery Department. Please complete **ALL** of the information that is requested and **bring it with you to your appointment**.

**Please bring the following information with you to your appointment:**

- **Insurance card(s), Photo I.D., Co-payment if applicable**
- **A list of the medications that you are currently taking**
- **Any imaging films and the corresponding reports that you were instructed to bring**

We realize that the content of information being received at your appointment can be very detailed and dealing with pain can be very distracting, however we encourage you to bring someone to the appointment to assist you.

If you are unable to keep your appointment, please telephone us at 540-450-0072 at least 24 hours in advance.

**Please arrive 15 minutes early to ALL appointments so we can get you checked in.** Arrival more than 15 minutes past your appointment time will result in your appointment being rescheduled.

If you should have any questions, please feel free to contact our office at (540) 450-0072. Thank you very much for choosing our practice for your neurological surgery needs.



### Directions from North Traveling South:

- Take I-81 South
- Take Exit 317
- Turn Right onto Route 37 South
- Take Route 50 (Winchester Romney) Exit
- Turn Left onto Amherst Street
- After Third light make a U-Turn, then turn Right into VBSC

### Directions from South Traveling North:

- Take I-81 North
- Take Exit 310
- Turn Left onto Route 37 North
- Take Route 50 (Winchester Romney) Exit
- Turn Right onto Amherst Street
- After the Second light make a U-Turn, then turn Right into VBSC

## APPOINTMENT INFORMATION

Appointment Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_ Provider: \_\_\_\_\_

## PATIENT INSTRUCTIONS

Thank you for choosing our physicians at Virginia Brain and Spine Center, Inc. for your health care needs. We are committed to providing the very best medical care and treatment. The following is a description of some of our practice policies and guidelines for patients. Please read this before your first appointment.

**MEDICATION MANAGEMENT:** Virginia Brain and Spine Center does not provide narcotic medication management services to our patients. If you require narcotic medication management please consult your primary care to obtain a referral that will better suit your needs.

**PRESCRIPTIONS:** All medication refills are done during working hours on Monday through Thursday only. You may have your pharmacy call directly to request a medication refill. Please allow two working days for the prescription to be processed. If you need a new written prescription, please allow 5-7 business days for the prescription to be processed. We are unable to refill prescriptions after hours so allow enough time before your prescription runs out. There is a \$10 recovery fee for all prescriptions that are sent via certified mail.

**MISSED APPOINTMENTS:** Please notify us as soon as possible if you are unable to keep a scheduled appointment. We appreciate a minimum of 24 hours notice so that we can use this time for someone else who is waiting for an appointment. Abusive missed appointments may result in your dismissal as a patient.

**RESCHEDULING:** As a surgical practice, emergency situations arise that may result in the physician being called away to the operating room. As a result, your appointment may need to be delayed or rescheduled. We will do our best to notify you in order to give you the opportunity to reschedule before arriving for the appointment. During these times we appreciate your patience and understanding.

**MEDICAL RECORDS:** To obtain copies of your medical records you must sign a Medical Release form. There is also a small fee of \$10.00 plus \$0.50 per page. These fees, set forth by Virginia State law, must be paid in full before your request will be processed. Please allow 5-10 business days for processing. Fees are subject to change without notice.

**FORMS:** Forms, including, but not limited to, disability or worker's compensation, will be filled out at the physician's discretion. The fee for completion of these items is \$5 per form. All fees must be paid in full before the forms will be produced. Please allow 5-10 business days for processing.

**EMERGENCIES:** If you have a health care emergency then call 911. If you need to speak with a physician after hours then call the Winchester Medical Center operator at 540-536-8000 and ask to have the physician on call paged. For routine questions and concerns or for prescription refills, please call our office at 540-450-0072 for Neurosurgery Department and 540-450-2339 for Pain Management Department. If your call is not immediately answered by our staff then please leave a message and your call will be returned in order of priority within 24 hours.

**NEEDLE STICK POLICY:** I authorize any physician, hospital, or medical care facility to provide all my medical history and treatment to Virginia Brain and Spine Center. I authorize Virginia Brain and Spine Center, Inc., to test my blood for hepatitis and for the AIDS virus, if in their opinion, an employee of Virginia Brain and Spine Center, Inc. has suffered an exposure incident as a result of my treatment defined by the Occupational Safety and Health Administration. A law was enacted in 1989 and amended in 1993 which authorizes health care providers to test their patients for HIV, Hepatitis B and C antibodies when the health care provider is exposed to the body fluid of a patient in a manner which may transmit these antibodies. Pursuant to this law, in the event of such exposure, you will be deemed to have consented to such testing and to the release of the test results to the health care provider who may have been exposed. You will be informed prior to your blood being tested for HIV, Hepatitis B or C antibodies. The testing will be explained and you will be given the opportunity to ask any questions.

**MEDICAL STAFF PHONE DIRECTORY:** A directory of phone numbers is included below if you need to reach members of our medical staff quickly. We try to return phone calls within 48 hours (please note we are closed on all major holidays and weekends). If you are unsure which number you should dial but still need to reach our office, you can call 540-450-0072.

Neurosurgery Triage/Nurse: 540-771-2297  
Secretary for Dr. Chaddock: 540-771-2292  
Secretary for Dr. Fergus: 540-771-2293  
Secretary for Dr. Selznick: 540-771-2294  
Secretary for Dr. Schopick: 540-771-2295  
Secretary for Dr. Ireland: 540-771-2296

Medical Assistant for Christy Andrews, NP: 540-771-2306  
Medical Assistant for Brian Lapp, PA: 540-771-2307  
Medical Assistants for Dr. Poss & Dr. Ashcraft: 540-771-2304  
Referral Clerk: 540-771-2298  
Medical Records: 540-771-2300  
Forms & Authorizations: 540-771-2305

# FINANCIAL POLICY

The following is a statement of our Financial Policy, which you must read, agree to and sign, prior-to treatment. Our Financial Policy applies to all service rendered by our physicians and staff whether inpatient or outpatient.

## Practice Payment Policy Guidelines:

- **Patients/(guardians) are financially responsible for all charges, regardless of third-party involvement.**
- **Full payment is due at time of services, unless prior insurance billing arrangements have been made.**
- **Patients with insurance will be required to pay all 'out-of-pocket' financial obligations at time of service.**
- **We accept: Cash, Check, Bank Debit Card, the following credit cards: Visa / Master Card / Discover.**
- **Practice will bill non-par insurance as a courtesy to the patient. The carrier should pay the practice and in the event that the carrier pays the patient, the patient must turn funds over to the practice in 5 business days.**

## Patient Responsibilities and Financial Policies:

Provide Accurate Information: You have a responsibility to provide accurate and complete information about your health history, mailing address, health insurance and other billing information. If any information changes – name, address, phone, insurance coverage, etc. – you must inform this practice immediately. Insurance denials or billing errors due to patient supplied information will result in the transfer of the account balance to the patient's immediate financial responsibility.

Know Your Insurance Coverage, Benefits and Referral Requirements: Your health insurance is a contract between you and your health insurance plan(s). Patients are responsible for understanding their health insurance coverage(s), benefits and referral requirements to receive diagnostic and therapeutic services from our physicians. Patients are responsible for securing the necessary written Referrals, Pre-authorizations or Pre-certifications from your primary care physician or health plan prior-to services rendered. If we have not received the necessary authorizations prior-to your appointment, the appointment will be rescheduled. Please present your Insurance ID card to our staff upon registration for each office visit.

Self-Pay Patients: Patients without insurance coverage are expected to pay for services received in full at time of service, unless a satisfactory payment agreement has been arranged with our billing manager prior-to services being rendered.

Patient with Private Insurance / Medicare / Medicaid Coverage: Our physicians participate with the Medicare and Medicaid Programs, and with most major insurance companies. We will file claim(s) to your insurance provided you authorize the 'assignment of benefits' below for payment directly to our practice. For participating insurance plans, the practice will accept payment based on contractual agreements. For plans that we do not participate (i.e., there is no contractual agreement), the practice will expect full payment from the patient at time of service. Any coverage or payment dispute is a matter between the insurance policyholder and the insurance company.

## Patient Payment Agreement:

I understand that I am financially responsible for all charges regardless of third-party involvement. I agree to pay any deductible, coinsurance, co-payment, or services deemed as "non-covered" by my insurance carrier at the time of service. If my insurance has not paid on my account in 60 days, the outstanding services will become my responsibility for immediate payment (unless Medicare and Medicaid). Should any balances arise due to insurance co-payments, co-insurance, deductibles, termination of coverage, non-payment at time of service and/or any other reason, I agree to pay all charges within 30 days of notice. I understand that if I fail to pay outstanding balances or make payment arrangements within 75 days, the amount due will be considered delinquent and subject to outside collection action. I further understand that delinquent accounts will be assessed a 1.5% interest charge per month (18% APR), and the possible dismissal of the patient from our care. If my account is forced to 'collections', I agree to pay all collection costs, including, but not limited to, court costs, attorneys and any other costs incurred for the collection of this debt fees equal to 40% of the amount owed, and accrued interest charges to date. I agree to pay a \$25.00 returned check fee. Copies of my medical records can be obtained with advanced notice in accordance with §8.01-413 of the Code of Virginia, with charges not to exceed \$0.50 per page for the first 50 pages and \$0.25 per page thereafter, in addition to a \$10.00 handling fee plus postage expense. The completion of special forms or reports has a minimum charge of \$25.00 for each form. Fees are subject to change without notice.

## Participating Insurance Plans:

- |   |   |  |
|---|---|--|
| • Aetna (excludes Aetna Medicare)       | • Medicare (includes Humana and Railroad)                     | • Virginia Health Network                      |
| • Anthem BC/BS Virginia                 | • Optima/Community Health                                     | • Virginia Premier (Neurosurgery only)         |
| • BC/BS PPO                             | • Physician Services-4 Most                                   | • Workers Comp-Virginia and West Virginia only |
| • Cigna (excludes Cigna Connect)        | • POMCO   |  |
| • Healthsmart (Grant, PEIA)             | • United Healthcare PPO (Options PPO and OneNet PPO networks) |  |
| • Medicaid-Virginia (Neurosurgery only) |   |  |

If we do not participate with your commercial plan, you will be financially responsible for our services provided to you. It is your responsibility to contact your insurance company before your appointment to verify if a preauthorization, precertification, or a referral is required. We will file your claim(s) to your insurance company based on the information that you provide our office at the time of service. If you do not have this information, you will be financially responsible for your visit. If you have any questions regarding payment, deductible, or other benefits, please contact your insurance company directly.

Patient's Full Name (First – Middle – Last)			Sex: M <input type="checkbox"/> F <input type="checkbox"/>	Patient's Birth Date	Marital Status: <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Widowed <input type="checkbox"/> Divorced
Mailing Address                          City                          State                          Zip			Cell Phone:		Patient's Social Security #
			Home Phone:		
Physical Address (If different from above)			City, State		Zip
Responsible Party Name		Relationship? →	<input type="checkbox"/> Self <input type="checkbox"/> Spouse <input type="checkbox"/> Parent	Resp Party's Birth Date	Responsible Party's SSN
Responsible Party Address		<input type="checkbox"/> Same as Patient	City	State	Zip
Drivers License State:		Number:		Preferred method of contact ○ Text ○ E-Mail	
Emergency Contact Name:			Emergency Contact Phone Number:		
Name of Employer		Business Phone:		E-Mail Address:	
<b>Medicare Beneficiary Lifetime "Signature on File":</b> I request that payment of authorized Medicare benefits be made on my behalf to Virginia Brain and Spine Center, Inc. for any services furnished me by physicians. I authorize any holder of medical information about me to release to the Health Care Financing Administration and its agents information to determine benefits payable for services rendered.					
_____ Patient / Beneficiary Signature			_____ Date		
<b>Private Insurance and Workers Compensation Authorization for Assignment of Benefits and Information Release:</b> I, the undersigned, authorize payment of medical benefits to Virginia Brain and Spine Center, Inc. for any services furnished me by the physician. I authorize you to release to my insurance company information concerning health care, advice, treatment or supplies provided to me. This information will be used for the purpose of evaluating and administering claims of benefits. I understand that I am financially responsible for any amount not covered by my contract.					
_____ Patient, Parent or Guardian Signature (if child is under 18 years old)			_____ Date		
<b>Authorization &amp; Assignment of Insurance Benefits:</b> I permit a copy of this authorization and signature to be used in place of this original on all insurance claim submissions and for the release of specific medical or other protected health information, whether manual, electronic or telephonic. I authorize the Practice to apply for benefits for services rendered to myself or minor child under any health insurance policies providing benefits and do hereby also assign and authorize payment of benefits from my insurance company to the Practice (including benefits payable under Title XVIII of the Social Security Act and/or any other governmental agency.) I irrevocably authorize all such payments to the Practice. I authorize the Practice to contact the employer or insurance company regarding insurance information, existence of insurance and coverage of my benefits.					
<b>In consideration for medical service rendered, I acknowledge receiving notice of the Patient Instructions and Financial Policy and agree to pay for said medical services according to the terms and to follow patient instructions. My signature below indicates that I have read and agree to the policies.</b>					
_____ Patient / Responsible Party / Guardian Signature			_____ Date		
<b>Consent for Release and Use of Confidential Information and Acknowledgement of Notice of Privacy Practices</b> I hereby give my consent to Virginia Brain and Spine Center, Inc. to use or disclose, for the purpose of carrying out treatment, payment, or health care operations, all information contained in my private health record.  I acknowledge the review and/or receipt of the physician's Notice of Privacy Practices. The Notice of Privacy Practice provides detailed information about how the practice may use and disclose my confidential information. I understand that the physician has reserved a right to change his or her privacy practices that are described in the Notice. I also understand that a copy of any revised Notice will be available to me upon a written request to the Privacy Officer.  I understand that this consent is valid until it is revoked by me. I understand that I may revoke this consent at any time by giving written notice of my desire to do so, to the physician. I also understand that I will not be able to revoke this consent in cases where the physician has already relied on it to use or disclose my health information. Written revocation of consent must be sent to the physician's office.  I understand that I have the right to request that the practice restricts how my individually identifiable health information is used and/or disclosed to carry out treatment, payment or health operations. I understand that the practice does not have to agree to such restrictions, but that once such restrictions are agreed to, the practice and their agents must adhere to such restrictions.  Due to HIPPA Privacy Act, we are not permitted to release information regarding your care. If you wish to grant your permission, please list below the person(s) that we may speak with on your behalf. Please be aware those listed below will be given full access to your Private Health Information.					
(1) Name, Relationship to Patient		(2) Name, Relationship to Patient		(3) Name, Relationship to Patient	
<input type="checkbox"/> Office staff may leave messages regarding treatment on phone number: _____ <input type="checkbox"/> I do not want my information used for marketing or fundraising purposes.					
_____ Patient, Parent or Guardian Signature (if child is under 18 years old)			_____ Date		

## Patient Intake Form

**Patient Name** \_\_\_\_\_ **Date** \_\_\_\_\_  
**Date of Birth** \_\_\_\_\_ **Age** \_\_\_\_\_  
**Race** \_\_\_\_\_ **Ethnicity** \_\_\_\_\_ **Preferred Language** \_\_\_\_\_  
**Referring Doctor** \_\_\_\_\_ **Doctor Phone#** \_\_\_\_\_

**Chief Complaint:** Please check all those that apply to today's visit

Brain

Neck/Arm/Hand

Back/Leg/Foot

- |                                       |  |  |
|---------------------------------------|--|--|
| <input type="checkbox"/> Headache     | <input type="checkbox"/> Neck Pain   | <input type="checkbox"/> Back Pain   |
| <input type="checkbox"/> Seizure      | <input type="checkbox"/> Arm Pain <u>Left</u> <input type="checkbox"/> <u>Right</u> <input type="checkbox"/> | <input type="checkbox"/> Leg Pain <u>Left</u> <input type="checkbox"/> <u>Right</u> <input type="checkbox"/> |
| <input type="checkbox"/> Dizziness    | <input type="checkbox"/> Arm Numbness <input type="checkbox"/> <input type="checkbox"/>                      | <input type="checkbox"/> Leg Numbness <input type="checkbox"/> <input type="checkbox"/>                      |
| <input type="checkbox"/> Vision Loss  | <input type="checkbox"/> Arm Weakness <input type="checkbox"/> <input type="checkbox"/>                      | <input type="checkbox"/> Leg Weakness <input type="checkbox"/> <input type="checkbox"/>                      |
| <input type="checkbox"/> Hearing Loss |  |  |
| <input type="checkbox"/> Tumor        |  |  |
| <input type="checkbox"/> Trauma       |  |  |
| <input type="checkbox"/> Other: _____ |  |  |

**Medications**

Name/Dose/Frequency

**Allergies:** Please check any allergies to medications that apply or here ☐ if none.

- ☐ Pencillins  
☐ Other: \_\_\_\_\_

**Past Medical/Surgical History:** Please check all that apply or here ☐ if no to all.

- |   |                                       |  |
|---|---------------------------------------|--|
| <input type="checkbox"/> Heart Disease  | <input type="checkbox"/> Neck Pain    | <input type="checkbox"/> Back/Neck Surgery |
| <input type="checkbox"/> Lung Disease   | <input type="checkbox"/> Back Pain    | <input type="checkbox"/> Heart Surgery     |
| <input type="checkbox"/> Diabetes       | <input type="checkbox"/> Stroke       | <input type="checkbox"/> Pacemaker         |
| <input type="checkbox"/> Blood Pressure | <input type="checkbox"/> Cancer       | <input type="checkbox"/> Heart Stents      |
| <input type="checkbox"/> Ulcers         | <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Other: _____      |

**Diagnostic Studies:** Please check studies done related to this visit or here ☐ if none.

- |  | Date  | Location |
|--|-------|----------|
| <input type="checkbox"/> MRI             | _____ | _____    |
| <input type="checkbox"/> CT              | _____ | _____    |
| <input type="checkbox"/> EMG/Nerve Study | _____ | _____    |
| <input type="checkbox"/> Arteriogram     | _____ | _____    |
| <input type="checkbox"/> Other: _____    | _____ | _____    |

(May continue on back)

**Review of Systems:** Please check any symptoms you have recently experienced or here ☐ if no to all.

**General:**

- ☐ Fever  
☐ Infection  
☐ Weight Loss  
☐ Weight Gain  
☐ Other: \_\_\_\_\_

**Heart/Vascular**

- ☐ Chest Pain  
☐ Palpitations  
☐ Exercise Intolerance  
☐ Other: \_\_\_\_\_

**Chest/Lungs**

- ☐ Cough  
☐ Wheezing  
☐ Short of breath  
☐ Other: \_\_\_\_\_

**Abdomen/Intestines/Liver**

- ☐ Abdominal Pain  
☐ Nausea/Vomiting  
☐ Diarrhea  
☐ Constipation  
☐ Other: \_\_\_\_\_

**Musculoskeletal/Other**

- ☐ Joint Pain  
☐ Muscle Pain  
☐ Easy bleeding/bruising  
☐ Other: \_\_\_\_\_

**Urinary/Bladder**

- ☐ Incontinence  
☐ Retention  
☐ Urinary Frequency  
☐ Other: \_\_\_\_\_

**Family History:** Please check significant medical conditions in your immediate family members or here ☐ if none.

- |  |                                 |  |
|--|---------------------------------|--|
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Stroke | <input type="checkbox"/> Diabetes            |
| <input type="checkbox"/> Lung Disease  | <input type="checkbox"/> Cancer | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Other: _____  |                                 |  |

**Social History:**

Occupation: \_\_\_\_\_ Retired? ☐ Yes ☐ No Do you drink alcohol regularly? ☐ Yes ☐ No  
Do you smoke? ☐ Smoker ☐ Former Smoker ☐ Never How Often? ☐ Currently smoke some days ☐ Currently smoke every day

## Patient Portal Access

Patient Portal Access is the all-in-one personal health record and patient portal that lets you access your health information. You will have 24/7 online access from any computer, smartphone, or tablet. You will be able to view test and lab results, send and receive secure online messages, request Rx refills, cancel appointments, and receive email care reminders. You can also download the free portal app at your Apple or Android store (enter FollowMyHealth in the search field).

Complete this form in its entirety and you will then receive an email from Follow My Health with instructions on setting up your personal Patient Portal Access account. **Please complete this form if you have a valid email address, as we cannot submit your request without it.**

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Last Four of SSN: \_\_\_\_\_

Email Address (Please Print Clearly): \_\_\_\_\_

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_