



Bismarck



Century



Dickinson



Jamestown



Legacy



Mandan



Minot



St. Mary's



TMCHS



Watford City



Williston

Date: March 11, 2020

2019-20 All-State Gymnastics awards announced

BISMARCK, N.D. – Twelve Western Dakota Association gymnasts were named to the 2019-20 All-State gymnastics team. A total of 16 gymnasts comprised the team. The Eastern Dakota Conference had four gymnasts named. State and WDA champion Dickinson led the way with five gymnasts selected. Jamestown and Bismarck Legacy each had three while Bismarck Century had one. Coaches nominate and vote on the selections for first and second team. In addition, the state senior athlete and coach of the year was selected.

All-WDA Team

Bismarck Century – Teah Schulte, 8th

Bismarck Legacy – *Elicca Stugelmeyer, Sr.; Zoe Prince, Jr.; *Madison Deics, So.

Dickinson – *Ayanna Fossum, Sr.; *Brinklyn Schumacher, Sr.; *Amy Fridley, Fr.; Brooklyn Deguzman, Fr.; Addison Fitterer, 8th

Fargo South – Mackenzie Rhode, Sr.

Jamestown – *Rachel Schiele, Jr.; *Haley Nelson, So.; Julia Skari, 7th

Valley City – *Karina Olson, Fr.; Olivia Olson, Jr.; Jocey Kreiwald, Jr.

Senior Athlete of the Year: Elicca Stugelmeyer, Bismarck Legacy

Coach of the Year: Kent Van Ells, Dickinson

* First Team selection