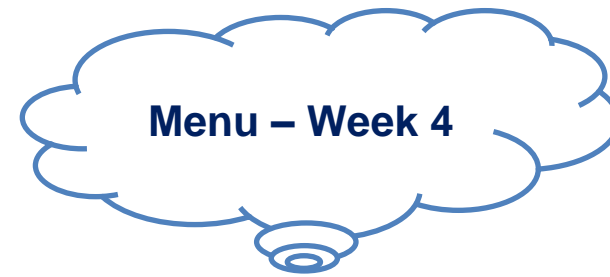




Summer 2014



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal and fruit Milk	Multigrain Bagels Cream Cheese Oranges Milk	Plain Yogurt Granola Cantaloupe Milk	Oatmeal with Berries Milk	Pancakes Peanut Butter Bananas Milk
Snack	Pineapple Cottage Cheese Crackers	Smoothies Almonds	Healthy Peanut Butter Rice Crispy Squares Fresh Veggies	Muffins Applesauce	Crackers Vanilla Yogurt
Lunch	Sausage Orzotto (pasta) Milk	Moroccan Chicken with Brown Rice Milk	Egg Salad Sandwiches Green Salad Milk	Baked Salmon Creamy Potatoes and Peas Milk	BBQ Beans Coleslaw Fruit Salad Milk
Snack	Avocado Banana Muffins	Cheese and Apples	Zucchini Bread Grapes	Veggies and Hummus	Healthy "Treat" with Watermelon