

**Female Teams**

| Place | Team              | Code | Points |
|-------|-------------------|------|--------|
| 1     | Solon             | SOL  | 183    |
| 2     | Mount Vernon      | MVL  | 117    |
| 3     | Williamsburg      | WMBG | 108    |
| 4     | Clear Creek Amana | CCA  | 88     |
| 5     | Assumption        | ASUM | 74     |
| 6     | Tipton            | TIP  | 59     |
| 7     | Regina            | ICR  | 51     |
| 8     | Durant            | DURA | 48     |

**Pacha Relays  
4/30/2015  
Tiffin, IA**

|    |                  |    |                   |           |   |       |
|----|------------------|----|-------------------|-----------|---|-------|
| 9  | Alexander, Kelly | SO | Durant            | 31' 6.50" | 1 | 1(1)  |
| 10 | Still, Valerie   | SO | Williamsburg      | 31' 3.50" |   | 1(2)  |
| 11 | Gaffey, Ashley   | SR | Regina            | 30' 10"   |   | 2(9)  |
| 12 | Ryan, Allie      | FR | Tipton            | 30' 6"    |   | 1(3)  |
| 13 | Chan, Mya        | JR | Regina            | 29' 5"    |   | 1(4)  |
| 14 | Roller, Mariah   | SO | Clear Creek Amana | 29' 3"    |   | 1(5)  |
| 15 | Frank, Lauren    | JR | Assumption        | 28' 2.50" |   | 1(6)  |
| 16 | Wnek, Danielle   | FR | Clear Creek Amana | 27' 2.50" |   | 1(7)  |
| 17 | Morrow, Kammie   | FR | Williamsburg      | 26' 3"    |   | 1(8)  |
| 18 | Seligman, Emily  | FR | Durant            | 26' 1"    |   | 1(9)  |
| 19 | Groscopic, April | JR | Regina            | 25' 1"    |   | 1(10) |

**Girls High Jump**

| PL | Athlete         | Yr. | Team              | Final | Pts |
|----|-----------------|-----|-------------------|-------|-----|
| 1  | Durr, Josie     | SO  | Solon             | 5' 0" | 10  |
| 2  | Smith, Jordan   | SR  | Solon             | 4' 8" | 8   |
| 3  | Courneya, Caley | SO  | Williamsburg      | 4' 8" | 5.5 |
| 3  | Miller, Melissa | SR  | Williamsburg      | 4' 8" | 5.5 |
| 5  | Sherman, Taylor | JR  | Mount Vernon      | 4' 6" | 4   |
| 6  | Drake, Lori     | JR  | Clear Creek Amana | 4' 4" | 3   |

**Girls Discus**

| PL | Athlete          | Yr. | Team              | Final      | Pts | Flight(F PL) |
|----|------------------|-----|-------------------|------------|-----|--------------|
| 1  | Gunnells, Shelby | SR  | Solon             | 129' 0"    | 10  | 2(1)         |
| 2  | Gaffey, Ashley   | SR  | Regina            | 123' 9.50" | 8   | 2(2)         |
| 3  | Himes, Caitlin   | JR  | Tipton            | 114' 11"   | 6   | 2(3)         |
| 4  | Teubel, Abbey    | SR  | Mount Vernon      | 110' 4.50" | 5   | 2(4)         |
| 5  | Roller, Mariah   | SO  | Clear Creek Amana | 104' 6"    | 4   | 2(5)         |
| 6  | Pelsang, Rachel  | SR  | Assumption        | 97' 6"     | 3   | 2(6)         |
| 7  | Dicus, Delaney   | JR  | Mount Vernon      | 89' 0"     | 2   | 2(7)         |
| 8  | Hinkel, Bryce    | SO  | Solon             | 88' 10"    | 1   | 1(1)         |
| 9  | Weldon, Amaleah  | SO  | Williamsburg      | 88' 1"     |     | 1(2)         |
| 10 | Misel, Katy      | SO  | Solon             | 81' 8.50"  |     | 2(8)         |
| 11 | Widmer, Jackie   | JR  | Williamsburg      | 81' 7"     |     | 1(3)         |
| 12 | Still, Valerie   | SO  | Williamsburg      | 81' 6.50"  |     | 1(4)         |
| 13 | Alexander, Kelly | SO  | Durant            | 77' 3.50"  |     | 1(5)         |
| 14 | Ryan, Allie      | FR  | Tipton            | 74' 8"     |     | 1(6)         |
| 15 | Kahl, Brittany   | FR  | Durant            | 71' 11"    |     | 1(7)         |
| 16 | Wnek, Danielle   | FR  | Clear Creek Amana | 67' 0"     |     | 2(9)         |
| 17 | Chan, Mya        | JR  | Regina            | 59' 1"     |     | 2(10)        |
| 18 | Frank, Lauren    | JR  | Assumption        | 58' 11"    |     | 1(8)         |
| 19 | Groscopic, April | JR  | Regina            | 58' 1"     |     | 1(9)         |

**Girls Long Jump**

| PL | JD | Athlete             | Yr. | Team              | Final     | Pts | Flight(F PL) |
|----|----|---------------------|-----|-------------------|-----------|-----|--------------|
| 1  | 1  | Schwarting, Corrine | JR  | Clear Creek Amana | 15' 9"    | 10  | 2(2)         |
| 2  | 2  | Heick, Jess         | SO  | Solon             | 15' 9"    | 8   | 2(1)         |
| 3  | 3  | Corkery, Emma       | SO  | Regina            | 15' 6.50" | 6   | 2(3)         |
| 4  | 4  | Harris, Jasmine     | SO  | Assumption        | 15' 2.50" | 5   | 2(4)         |
| 5  | 5  | Nanninga, Sarah     | SR  | Durant            | 15' 2"    | 4   | 2(5)         |
| 6  | 6  | Durr, Josie         | SO  | Solon             | 14' 8"    | 3   | 2(6)         |
| 7  | 7  | Holbert, Sunkyu     | SO  | Durant            | 14' 4.50" | 2   | 1(1)         |
| 8  | 8  | Falkers, Emily      | FR  | Tipton            | 13' 11"   | 1   | 1(2)         |
| 9  | 9  | Wardenburg, Maddy   | FR  | Williamsburg      | 13' 2.50" |     | 1(3)         |
| 10 | 10 | Baker, Haley        | SO  | Mount Vernon      | 13' 1"    |     | 1(4)         |
| 11 | 11 | Adamson, Claudia    | FR  | Williamsburg      | 10' 11"   |     | 1(5)         |
| 12 | 12 | McLaughlin, Baylee  | SO  | Williamsburg      | 10' 2.50" |     | 1(6)         |

**Girls Shot Put**

| PL | Athlete          | Yr. | Team         | Final      | Pts | Flight(F PL) |
|----|------------------|-----|--------------|------------|-----|--------------|
| 1  | Gunnells, Shelby | SR  | Solon        | 44' 3.50"  | 10  | 2(1)         |
| 2  | Grunder, Brinn   | JR  | Durant       | 40' 11.50" | 8   | 2(2)         |
| 3  | Misel, Katy      | SO  | Solon        | 37' 9"     | 6   | 2(3)         |
| 4  | Hinkel, Bryce    | SO  | Solon        | 36' 7"     |     | 2(4)         |
| 5  | Pelsang, Rachel  | SR  | Assumption   | 36' 5"     | 5   | 2(5)         |
| 6  | Himes, Caitlin   | JR  | Tipton       | 34' 9"     | 4   | 2(6)         |
| 7  | Norton, Ella     | SO  | Mount Vernon | 34' 0"     | 3   | 2(7)         |
| 8  | Weldon, Amaleah  | SO  | Williamsburg | 32' 8.50"  | 2   | 2(8)         |

**Girls 3000 Meters**

| P L | Athlete       | Y r. | Team   | Final    | Pts | Splits                                                                                                            |
|-----|---------------|------|--------|----------|-----|-------------------------------------------------------------------------------------------------------------------|
| 1   | Mente, Kenzie | S O  | Tipton | 11:00.49 | 10  | 35.79<br>(35.79)<br>21<br>(1:21.42)<br>(1:30.21)<br>(1:33.76)<br>(1:33.84)<br>(1:31.74)<br>(1:31.12)<br>(1:22.64) |

Pacha Relays (4/30/2015) Tiffin, IA

|   |                    |     |              |          |   |                  |                      |                      |                      |                      |                       |                       |                       |
|---|--------------------|-----|--------------|----------|---|------------------|----------------------|----------------------|----------------------|----------------------|-----------------------|-----------------------|-----------------------|
| 2 | Weetman, Taylor    | S R | Solon        | 12:01.28 | 8 | 40.26<br>(40.26) | 2:16.60<br>(1:36.35) | 3:54.99<br>(1:38.39) | 5:33.57<br>(1:38.59) | 7:13.30<br>(1:39.74) | 8:55.45<br>(1:42.15)  | 10:34.74<br>(1:39.29) | 12:01.28<br>(1:26.55) |
| 3 | Frey, Lydia        | S O | Mount Vernon | 12:06.88 | 6 | 42.13<br>(42.13) | 2:16.74<br>(1:34.62) | 3:54.30<br>(1:37.56) | 5:33.69<br>(1:39.40) | 7:13.88<br>(1:40.20) | 8:56.00<br>(1:42.12)  | 10:38.91<br>(1:42.91) | 12:06.88<br>(1:27.98) |
| 4 | Doehrmann, Miranda | S R | Williamsburg | 12:08.70 | 5 | 41.74<br>(41.74) | 2:16.47<br>(1:34.73) | 3:54.45<br>(1:37.98) | 5:33.01<br>(1:38.57) | 7:12.89<br>(1:39.88) | 8:55.30<br>(1:42.42)  | 10:39.26<br>(1:43.96) | 12:08.70<br>(1:29.44) |
| 5 | Banwart, Shae      | S O | Mount Vernon | 12:15.28 | 4 | 42.16<br>(42.16) | 2:16.87<br>(1:34.71) | 3:54.30<br>(1:37.43) | 5:33.35<br>(1:39.05) | 7:13.48<br>(1:40.14) | 8:55.76<br>(1:42.28)  | 10:38.67<br>(1:42.92) | 12:15.28<br>(1:36.61) |
| 6 | Zuber, Dana        | S O | Williamsburg | 12:27.60 | 3 | 40.52<br>(40.52) | 2:16.53<br>(1:36.01) | 3:54.66<br>(1:38.14) | 5:34.43<br>(1:39.78) | 7:17.36<br>(1:42.93) | 9:03.09<br>(1:45.73)  | 10:47.83<br>(1:44.75) | 12:27.60<br>(1:39.77) |
| 7 | Metz, Johanna      | J R | Solon        | 13:01.18 | 2 | 42.41<br>(42.41) | 2:16.95<br>(1:34.55) | 3:54.00<br>(1:38.00) | 5:34.21<br>(1:39.27) | 7:18.04<br>(1:43.84) | 9:07.89<br>(1:49.85)  | 11:03.44<br>(1:55.55) | 13:01.18<br>(1:57.75) |
| 8 | Flansburg, Jade    | J R | Solon        | 14:09.58 |   | 41.33<br>(41.33) | 2:19.65<br>(1:38.32) | 4:07.79<br>(1:48.14) | 6:02.16<br>(1:54.38) | 8:03.57<br>(2:01.41) | 10:12.72<br>(2:09.16) | 12:16.85<br>(2:04.14) | 14:09.58<br>(1:52.73) |

|    |                    |    |                   |       |   |      |
|----|--------------------|----|-------------------|-------|---|------|
| 3  | Crock, Alyssa      | JR | Tipton            | 13.27 | 6 | 2(3) |
| 4  | Doehrmann, Olivia  | SR | Williamsburg      | 13.47 | 5 | 2(4) |
| 5  | Bolenga, Karen     | SO | Clear Creek Amana | 13.68 | 4 | 2(5) |
| 6  | Erlandson, Lyz     | SO | Mount Vernon      | 13.81 | 3 | 1(1) |
| 7  | Rolf, Mary         | JR | Assumption        | 13.84 | 2 | 2(6) |
| 8  | VanSeveren, Sophie | SO | Assumption        | 13.96 | 1 | 2(7) |
| 9  | Johnson, Edaasha   | JR | Clear Creek Amana | 14.07 |   | 1(2) |
| 10 | Sherman, Taylor    | JR | Mount Vernon      | 14.12 |   | 2(8) |
| 11 | Hamann, Emilee     | SO | Tipton            | 14.15 |   | 1(3) |
| 12 | Wolfe, Olivia      | SO | Regina            | 14.22 |   | 1(4) |
| 13 | Childs, Bailey     | FR | Solon             | 15.01 |   | 1(5) |
| 14 | Espinoza, Elisa    | SO | Regina            | 15.61 |   | 1(6) |
| 15 | Wiese, Courtney    | JR | Durant            | 16.42 |   | 1(7) |
| 16 | Seligman, Emily    | FR | Durant            | 16.47 |   | 1(8) |

Girls 4 x 800m Relay

| PL | Team         | Final      | Pts | Athlete 1 | Athlete 2 | Athlete 3 | Athlete 4 |
|----|--------------|------------|-----|-----------|-----------|-----------|-----------|
| 1  | Assumption   | A 10:01.62 | 10  | Rohlf     | Carroll   | Adams     | McCrery   |
| 2  | Williamsburg | A 10:05.15 | 8   | Miller    | Walters   | Schlabauh | Hollensbe |
| 3  | Solon        | A 10:07.94 | 6   | Smith     | Nicol     | Walkner   | Coberly   |
| 4  | Mount Vernon | A 10:29.53 | 5   | Conroy    | Meeker    | Cranston  | Bellamy   |
| 5  | Regina       | A 10:49.85 | 4   | Lorenger  | Milder    | Stimmel   | Shank     |
| 6  | Tipton       | A 11:17.51 | 3   | Huseman   | Elijah    | Rezac     | Schott    |
| 7  | Solon        | B 11:43.46 |     | Brokaw    | Haas      | Kluesener | Holubar   |
| 8  | Regina       | B 11:47.40 |     | Murhammer | Rice      | Sueppel   | Burlage   |
| 9  | Williamsburg | B 12:05.32 |     | Miller    | Jensen    | Zimmerman | Roads     |
| 10 | Durant       | A 12:08.02 | 2   | Schemmel  | Howe      | Doerscher | Page      |

Girls 1600m DMR

| PL | Team              | Final     | Pts | Athlete 1   | Athlete 2  | Athlete 3 | Athlete 4 |
|----|-------------------|-----------|-----|-------------|------------|-----------|-----------|
| 1  | Mount Vernon      | A 4:25.34 | 10  | Ryan        | Melchert   | Davis     | Anton     |
| 2  | Durant            | A 4:29.36 | 8   | Holbert     | Grunder    | Nanninga  | Williams  |
| 3  | Clear Creek Amana | A 4:33.53 | 6   | Lukas       | Hennes     | Sefzik    | Keith     |
| 4  | Solon             | A 4:37.27 | 5   | Bell        | Ira        | Shafer    | Folkerts  |
| 5  | Tipton            | A 4:40.19 | 4   | Howe        | Jebsen     | Schott    | Mente     |
| 6  | Williamsburg      | A 4:49.11 | 3   | Christenson | Wardenburg | Carter    | Kanagy    |
| 7  | Assumption        | A 4:57.09 | 2   | Valainis    | Langford   | Boche     | Marzen    |

Girls 400m Shuttle Hurdles

| PL | Team              | Final     | Pts | Heat(H P) | Athlete 1   | Athlete 2 | Athlete 3 | Athlete 4 |
|----|-------------------|-----------|-----|-----------|-------------|-----------|-----------|-----------|
| 1  | Clear Creek Amana | A 1:05.69 | 10  | 2(1)      | Smith       | Schwartz  | Lukas     | Brimeyer  |
| 2  | Mount Vernon      | A 1:09.71 | 8   | 2(2)      | Yeoman      | Ryan      | Sullivan  | Dahlstrom |
| 3  | Solon             | A 1:09.99 | 6   | 2(3)      | Duckett     | Winders   | Sands     | Lawson    |
| 4  | Williamsburg      | A 1:14.56 | 5   | 1(1)      | Christenson | Carney    | Malloy    | Houlihan  |
| 5  | Durant            | A 1:17.45 | 4   | 1(2)      | Wolf        | Moeller   | Fusco     | Paulsen   |

Girls 400 Meters

| PL | Athlete            | Yr. | Team              | Final   | Pts | Section(SPL) |
|----|--------------------|-----|-------------------|---------|-----|--------------|
| 1  | Smith, Jordan      | SR  | Solon             | 58.47   | 10  | 2(1)         |
| 2  | Cochrane, Emma     | SR  | Mount Vernon      | 59.83   | 8   | 2(2)         |
| 3  | Rapp, Jacqueline   | SR  | Regina            | 1:04.11 | 6   | 2(3)         |
| 4  | Platz, Eva         | JR  | Solon             | 1:04.28 | 5   | 2(4)         |
| 5  | Chambliss, Katrina | FR  | Regina            | 1:06.61 | 4   | 2(5)         |
| 6  | Fuller, Taylor     | FR  | Clear Creek Amana | 1:09.18 | 3   | 2(6)         |
| 7  | Orr, Kyli          | FR  | Mount Vernon      | 1:09.41 | 2   | 2(7)         |
| 8  | Moeller, Breanna   | FR  | Durant            | 1:10.40 | 1   | 2(8)         |
| 9  | Webb, Laura        | SO  | Tipton            | 1:13.06 |     | 1(1)         |
| 10 | Roads, Bella       | FR  | Williamsburg      | 1:13.36 |     | 1(2)         |
| 11 | Triemer, Michaela  | FR  | Tipton            | 1:18.26 |     | 1(3)         |

Girls 100 Meters

| PL | Athlete            | Yr. | Team         | Final | Pts | Section(SPL) |
|----|--------------------|-----|--------------|-------|-----|--------------|
| 1  | Dellamuth, Brianna | JR  | Williamsburg | 12.95 | 10  | 2(1)         |
| 2  | Lawson, Sydney     | JR  | Solon        | 13.06 | 8   | 2(2)         |

Girls 4 x 200m Relay

| PL | Team              | Final     | Pts | Heat(H P) | Athlete 1 | Athlete 2 | Athlete 3 | Athlete 4 |
|----|-------------------|-----------|-----|-----------|-----------|-----------|-----------|-----------|
| 1  | Williamsburg      | A 1:47.73 | 10  | 2(1)      | Simmons   | Gilbert   | Doehrmann | Dellamuth |
| 2  | Solon             | A 1:49.85 | 8   | 2(2)      | Winders   | Shelman   | Duckett   | Heick     |
| 3  | Regina            | A 1:51.86 | 6   | 2(3)      | Swennig   | Corkery   | Ingalls   | Verducci  |
| 4  | Solon             | B 1:51.96 |     | 1(1)      | Prybil    | Ira       | Bell      | Shafer    |
| 5  | Tipton            | A 1:53.54 | 5   | 2(4)      | Hamann    | Siech     | O'Haver   | Crock     |
| 6  | Clear Creek Amana | A 1:54.47 | 4   | 2(5)      | Bolenga   | Langridge | Lukas     | Hennes    |

Pacha Relays (4/30/2015) Tiffin, IA

|    |                   |   |         |      |      |          |          |           |        |             |               |              |                   |         |           |           |           |           |
|----|-------------------|---|---------|------|------|----------|----------|-----------|--------|-------------|---------------|--------------|-------------------|---------|-----------|-----------|-----------|-----------|
| 7  | Regina            | B | 1:56.29 | 1(2) | Hora | Mitchell | Klesner  | Wagner    | 1      | Zuber, Dana | S             | Williamsburg | 2:43.68           | 1:17.74 | (1:17.74) | 2:43.68   | (1:25.94) |           |
| 8  | Mount Vernon      | A | 1:56.47 | 3    | 2(6) | Sherman  | Sullivan | Binsfield | Baker  | 1           | Milder, Sam   | S            | Regina            | 2:45.74 | 1:17.82   | (1:17.82) | 2:45.74   | (1:27.92) |
| 9  | Assumption        | A | 1:59.43 | 2    | 2(7) | Valainis | Langford | Frank     | Boche  | 1           | Howe, Madison | S            | Durant            | 2:51.17 | 1:22.09   | (1:22.09) | 2:51.17   | (1:29.08) |
| 10 | Clear Creek Amana | B | 2:05.86 | 1    | 1(3) | Cullen   | Heath    | Smith     | Ogoli  | 3           | Drake, Lori   | J            | Clear Creek Amana | 2:52.78 | 1:22.18   | (1:22.18) | 2:52.78   | (1:30.61) |
| 11 | Williamsburg      | B | 2:05.95 | 1    | 1(4) | Still    | Newman   | Widmer    | Carney | 4           | Rice, Sarah   | F            | Regina            | 2:53.96 | 1:24.28   | (1:24.28) | 2:53.96   | (1:29.68) |
| 12 | Durant            | A | 2:09.66 | 1    | 2(8) | Paulsen  | Kahl     | Alexander | Myers  | 5           | Rezac, Zoe    | F            | Tipton            | 2:54.10 | 1:19.15   | (1:19.15) | 2:54.10   | (1:34.96) |

Girls 100m Hurdle

| PL | Athlete            | Yr. | Team              | Final | Pts | Section(SPL) |
|----|--------------------|-----|-------------------|-------|-----|--------------|
| 1  | Brimeyer, Natalie  | SR  | Clear Creek Amana | 15.72 | 10  | 2(1)         |
| 2  | Smith, Mia         | SR  | Clear Creek Amana | 16.01 | 8   | 2(2)         |
| 3  | Sands, Alexis      | SO  | Solon             | 16.62 | 6   | 2(3)         |
| 4  | Houlihan, Savannah | SR  | Williamsburg      | 16.67 | 5   | 2(4)         |
| 5  | Moss, Emma         | JR  | Solon             | 16.75 | 4   | 2(5)         |
| 6  | Rolf, Mary         | JR  | Assumption        | 17.34 | 3   | 2(6)         |
| 7  | Christenson, River | JR  | Williamsburg      | 17.43 | 2   | 1(1)         |
| 8  | Dahlstrom, Lily    | JR  | Mount Vernon      | 17.52 | 1   | 2(7)         |
| 9  | Yeoman, Catherine  | FR  | Mount Vernon      | 17.70 |     | 2(8)         |
| 10 | DeMoss, Samantha   | FR  | Tipton            | 17.78 |     | 1(2)         |
| 11 | Wolf, Autumn       | SO  | Durant            | 18.64 |     | 1(3)         |
| 12 | Falkers, Emily     | FR  | Tipton            | 18.73 |     | 1(4)         |
| 13 | Fusco, Samantha    | JR  | Durant            | 19.57 |     | 1(5)         |
| 14 | Espinoza, Elisa    | SO  | Regina            | 20.04 |     | 1(6)         |

|   |                   |   |              |         |         |           |         |           |
|---|-------------------|---|--------------|---------|---------|-----------|---------|-----------|
| 6 | Doerscher, Aubrey | F | Durant       | 2:58.65 | 1:22.42 | (1:22.42) | 2:58.65 | (1:36.23) |
| 7 | Miller, Sarah     | S | Williamsburg | 2:58.79 | 1:25.04 | (1:25.04) | 2:58.79 | (1:33.76) |
| 8 | Webb, Laura       | S | Tipton       | 3:02.45 | 1:24.91 | (1:24.91) | 3:02.45 | (1:37.54) |

Girls 200 Meters

| PL | Athlete             | Yr. | Team              | Final | Pts | Section(SPL) | Note   |
|----|---------------------|-----|-------------------|-------|-----|--------------|--------|
| 1  | Dellamuth, Brianna  | JR  | Williamsburg      | 26.12 | 10  | 2(1)         |        |
| 2  | Carroll, Mary Grace | FR  | Assumption        | 26.51 | 8   | 2(2)         |        |
| 3  | Lawson, Sydney      | JR  | Solon             | 26.55 | 6   | 2(3)         |        |
| 4  | Holbert, Sunkyu     | SO  | Durant            | 27.04 | 5   | 2(4)         |        |
| 5  | Davis, Maggie       | SO  | Mount Vernon      | 27.26 | 4   | 2(5)         |        |
| 6  | Winders, Emma       | FR  | Solon             | 28.09 | 3   | 2(6)         |        |
| 7  | Smith, Mia          | SR  | Clear Creek Amana | 28.66 | 2   | 1(1)         | 28.654 |
| 8  | Erlandson, Lyz      | SO  | Mount Vernon      | 28.66 | 1   | 2(7)         | 28.656 |
| 9  | VanSeveren, Sophie  | SO  | Assumption        | 28.68 |     | 2(8)         |        |
| 10 | Howe, Kalyn         | JR  | Tipton            | 28.78 |     | 1(2)         |        |
| 11 | Hamann, Emilee      | SO  | Tipton            | 29.26 |     | 1(3)         |        |
| 12 | Mitchell, Sabra     | JR  | Regina            | 29.92 |     | 1(4)         |        |
| 13 | McLaughlin, Baylee  | SO  | Williamsburg      | 31.77 |     | 1(5)         |        |
| 14 | Espinoza, Elisa     | SO  | Regina            | 32.79 |     | 1(6)         |        |
| 15 | Seligman, Emily     | FR  | Durant            | 34.82 |     | 1(7)         |        |

Girls 800 Meters

| P  | PL | Athlete          | Yr. | Team              | Final   | Pts | Splits               |
|----|----|------------------|-----|-------------------|---------|-----|----------------------|
| 1  | 1  | Cochrane, Emma   | S   | Mount Vernon      | 2:25.01 | 10  | 1:09.35<br>(1:09.35) |
| 2  | 2  | Coberly, Trisha  | JR  | Solon             | 2:30.08 | 8   | 1:15.17<br>(1:15.17) |
| 3  | 3  | Williams, Alyssa | JR  | Durant            | 2:32.85 | 6   | 1:14.20<br>(1:14.20) |
| 4  | 4  | Sefzik, Jana     | S   | Clear Creek Amana | 2:34.89 | 5   | 1:17.53<br>(1:17.53) |
| 5  | 5  | Frey, Lydia      | S   | Mount Vernon      | 2:35.77 | 4   | 1:17.81<br>(1:17.81) |
| 6  | 6  | Nicol, Sophie    | F   | Solon             | 2:36.42 | 3   | 1:17.14<br>(1:17.14) |
| 7  | 7  | Walkner, Molly   | S   | Solon             | 2:36.78 |     | 1:17.84<br>(1:17.84) |
| 8  | 8  | Schlabau, Carly  | JR  | Williamsburg      | 2:37.96 | 2   | 1:16.93<br>(1:16.93) |
| 9  | 9  | Huseman, Emmarie | F   | Tipton            | 2:41.88 | 1   | 1:15.93<br>(1:15.93) |
| 10 | 10 | Shank, Natalie   | F   | Regina            | 2:42.14 |     | 1:17.32<br>(1:17.32) |

Girls 400m Hurdle

| PL | Athlete           | Yr. | Team         | Final   | Pts | Section(SPL) |
|----|-------------------|-----|--------------|---------|-----|--------------|
| 1  | Carroll, Clare    | SR  | Assumption   | 1:08.28 | 10  | 2(1)         |
| 2  | Rohlf, Christine  | SR  | Assumption   | 1:08.54 | 8   | 2(2)         |
| 3  | Moss, Emma        | JR  | Solon        | 1:10.56 | 6   | 2(3)         |
| 4  | Siech, Ellie      | SR  | Tipton       | 1:11.45 | 5   | 2(4)         |
| 5  | Lorenger, Kathryn | SR  | Regina       | 1:11.47 | 4   | 2(5)         |
| 6  | Folkerts, Katie   | SR  | Solon        | 1:11.48 | 3   | 2(6)         |
| 7  | Dahlstrom, Lily   | JR  | Mount Vernon | 1:13.20 | 2   | 2(7)         |
| 8  | Wolf, Autumn      | SO  | Durant       | 1:13.83 | 1   | 1(1)         |
| 9  | Wardenburg, Maddy | FR  | Williamsburg | 1:17.35 |     | 1(2)         |
| 10 | Fusco, Samantha   | JR  | Durant       | 1:20.05 |     | 1(3)         |

11 Malloy, Hannah SO Williamsburg 1:20.55 1(4)

**Girls 800m SMR**

| PL | Team              | Final     | Pts | Athlete 1 | Athlete 2 | Athlete 3 | Athlete 4 |
|----|-------------------|-----------|-----|-----------|-----------|-----------|-----------|
| 1  | Solon             | A 1:52.09 | 10  | Bell      | Ira       | Heick     | Smith     |
| 2  | Clear Creek Amana | A 1:53.71 | 8   | Langridge | Hennes    | Schwartz  | Brimeyer  |
| 3  | Mount Vernon      | A 1:54.85 | 6   | Anton     | Melchert  | Ryan      | Davis     |
| 4  | Assumption        | A 1:57.96 | 5   | Carroll   | Rolf      | Harris    | Adams     |
| 5  | Williamsburg      | A 1:59.02 | 4   | Simmons   | Doehrman  | Miller    | Gilbert   |
| 6  | Regina            | A 2:01.70 | 3   | Ingalls   | Wagner    | Verducci  | Chambliss |
| 7  | Durant            | A 2:10.97 | 2   | Paulsen   | Kahl      | Myers     | Moeller   |

**Girls 1500 Meters**

| P L | Athlete          | Y r. | Team              | Final   | Pts | Splits            |                   |                   |                   |
|-----|------------------|------|-------------------|---------|-----|-------------------|-------------------|-------------------|-------------------|
| 1   | Conroy, Lucy     | S R  | Mount Vernon      | 4:56.73 | 10  | 52.99 (52.99)     | 2:14.17 (1:21.18) | 3:39.94 (1:25.78) | 4:56.73 (1:16.80) |
| 2   | Hollensbe, Julie | J R  | Williamsburg      | 5:00.32 | 8   | 53.08 (53.08)     | 2:14.24 (1:21.17) | 3:40.00 (1:25.77) | 5:00.32 (1:20.32) |
| 3   | Mente, Kenzie    | S O  | Tipton            | 5:04.98 | 6   | 53.57 (53.57)     | 2:15.83 (1:22.26) | 3:43.98 (1:28.16) | 5:04.98 (1:21.00) |
| 4   | Jeppson, Maren   | J R  | Mount Vernon      | 5:05.22 | 5   | 53.71 (53.71)     | 2:16.40 (1:22.70) | 3:44.26 (1:27.87) | 5:05.22 (1:20.96) |
| 5   | Coberly, Trisha  | J R  | Solon             | 5:16.84 | 4   | 55.70 (55.70)     | 2:21.95 (1:26.26) | 3:52.16 (1:30.21) | 5:16.84 (1:24.69) |
| 6   | Walters, Kiaya   | S O  | Williamsburg      | 5:26.85 | 3   | 54.09 (54.09)     | 2:20.45 (1:26.36) | 3:57.28 (1:36.84) | 5:26.85 (1:29.57) |
| 7   | Nicol, Sophie    | F R  | Solon             | 5:28.16 | 2   | 57.44 (57.44)     | 2:28.33 (1:30.89) | 4:02.23 (1:33.91) | 5:28.16 (1:25.94) |
| 8   | Weetman, Taylor  | S R  | Solon             | 5:31.29 |     | 59.63 (59.63)     | 2:30.67 (1:31.04) | 4:05.07 (1:34.41) | 5:31.29 (1:26.22) |
| 9   | Burlage, Sara    | S O  | Regina            | 5:41.02 | 1   | 1:00.72 (1:00.72) | 2:33.06 (1:32.34) | 4:08.62 (1:35.57) | 5:41.02 (1:32.40) |
| 10  | Elijah, Alyssa   | F R  | Tipton            | 5:46.26 |     | 1:01.35 (1:01.35) | 2:36.46 (1:35.12) | 4:14.96 (1:38.50) | 5:46.26 (1:31.31) |
| 11  | McCrery, Andra   | J R  | Assumption        | 5:49.05 |     | 1:02.98 (1:02.98) | 2:37.42 (1:34.45) | 4:15.71 (1:38.30) | 5:49.05 (1:33.34) |
| 12  | Murray, Kelli    | J R  | Clear Creek Amana | 5:49.94 |     | 58.36 (58.36)     | 2:32.67 (1:34.31) | 4:11.12 (1:38.46) | 5:49.94 (1:38.82) |
| 13  | Schemmel, Sarah  | S O  | Durant            | 5:50.04 |     | 1:04.55 (1:04.55) | 2:40.43 (1:35.88) | 4:19.07 (1:38.64) | 5:50.04 (1:30.98) |
| 14  | Howe, Madison    | S O  | Durant            | 5:53.10 |     | 1:05.15 (1:05.15) | 2:43.56 (1:38.41) | 4:22.35 (1:38.80) | 5:53.10 (1:30.76) |
| 15  | Marzen, Billi    | S O  | Assumption        | 6:02.37 |     | 1:03.93 (1:03.93) | 2:42.84 (1:38.92) | 4:27.46 (1:44.62) | 6:02.37 (1:34.92) |
| 16  | Sueppel, Natalie | F R  | Regina            | 6:05.69 |     | 1:05.39 (1:05.39) | 2:43.96 (1:38.58) | 4:27.10 (1:43.15) | 6:05.69 (1:38.60) |
| 17  | Jensen, Madie    | S O  | Williamsburg      | 6:08.37 |     | 1:04.23 (1:04.23) | 2:43.73 (1:39.50) | 4:28.07 (1:44.34) | 6:08.37 (1:40.30) |

**Girls 4 x 100m Relay**

| PL | Team              | Final     | Pts | Heat(H P) | Athlete 1 | Athlete 2   | Athlete 3  | Athlete 4 |
|----|-------------------|-----------|-----|-----------|-----------|-------------|------------|-----------|
| 1  | Williamsburg      | A 51.44   | 10  | 2(1)      | Simmons   | Christenson | Gilbert    | Carney    |
| 2  | Solon             | A 52.24   | 8   | 2(2)      | Duckett   | Duckett     | Winders    | Sands     |
| 3  | Assumption        | A 52.89   | 6   | 2(3)      | Carroll   | Rolf        | VanSeveren | Harris    |
| 4  | Tipton            | A 53.35   | 5   | 2(4)      | O'Haver   | Siech       | Jebsen     | Crock     |
| 5  | Regina            | A 53.68   | 4   | 2(5)      | Ingalls   | Verducci    | Wolfe      | Corkery   |
| 6  | Clear Creek Amana | A 54.12   | 3   | 2(6)      | Langridge | Smith       | Bolenga    | Schwartz  |
| 7  | Durant            | A 54.72   | 2   | 2(7)      | Holbert   | Wolf        | Myers      | Moeller   |
| 8  | Mount Vernon      | A 55.56   | 1   | 2(8)      | Sherman   | Yeoman      | Sullivan   | Ryan      |
| 9  | Tipton            | B 58.79   |     | 1(1)      | DeMoss    | Falkers     | Rezac      | Triemer   |
| 10 | Clear Creek Amana | B 1:01.42 |     | 1(2)      | Cullen    | Heath       | Smith      | Ogoli     |

**Girls 4 x 400m Relay**

| PL | Team              | Final     | Pts | Heat(H P) | Athlete 1  | Athlete 2 | Athlete 3 | Athlete 4  |
|----|-------------------|-----------|-----|-----------|------------|-----------|-----------|------------|
| 1  | Mount Vernon      | A 4:11.41 | 10  | 2(1)      | Anton      | Ryan      | Meeker    | Cochrane   |
| 2  | Clear Creek Amana | A 4:13.76 | 8   | 2(2)      | Schwartz   | Keith     | Brimeyer  | Lukas      |
| 3  | Solon             | A 4:15.24 | 6   | 2(3)      | Platz      | Moss      | Shelman   | Shafer     |
| 4  | Regina            | A 4:17.67 | 5   | 2(4)      | Lorenger   | Swennin   | Corkery   | Rapp       |
| 5  | Assumption        | A 4:32.94 | 4   | 2(5)      | Adams      | Boche     | Frank     | VanSeveren |
| 6  | Regina            | B 4:33.86 |     | 1(1)      | Hora       | Murhammer | Stimmel   | Klesner    |
| 7  | Tipton            | A 4:40.75 | 3   | 2(6)      | Schott     | Jebsen    | Elijah    | Huseman    |
| 8  | Williamsburg      | A 4:44.08 | 2   | 2(7)      | Carter     | Schlabau  | Kanagy    | Doehrman   |
| 9  | Solon             | B 4:44.99 |     | 1(2)      | Brokaw     | Flansburg | Haas      | Felton     |
| 10 | Assumption        | B 4:49.46 |     | 1(3)      | Langford   | McCrery   | Marzen    | Valainis   |
| 11 | Clear Creek Amana | B 4:53.99 |     | 1(4)      | Drake      | Fuller    | Cullen    | Murray     |
| 12 | Durant            | A 5:09.47 | 1   | 2(8)      | Doerschler | Fusco     | Howe      | Cherveny   |
| 13 | Tipton            | B 5:13.66 |     | 1(5)      | Webb       | Rezac     | DeMoss    | Triemer    |