



# Dr. Vladimir Grigoryants

## Specializing in Closed Rhinoplasty and Sizzling Tummy Tucks

### What Is A Perfect Nose?

The roots of rhinoplasty (nose reshaping surgery) date back to ancient India, 500 BC. Amputation of noses was one way to punish for crime in India at that time. An Indian physician, Sushruta, was the first to perform rhinoplasty to restore the shape of the nose. Sushruta had later described his rhinoplasty techniques in his text 'Sushruta Samhita'. Today, nose reshaping ranks among the most frequently performed plastic surgical procedures. Despite the fact that rhinoplasty has been practiced for centuries, it remains the most challenging procedure in plastic surgery. Every person presenting to a plastic surgeon for nose reshaping requires a unique approach as each person has a different nose, and facial features.

So, what is considered a perfect nose? The simplest answer is that there is not one perfect nose. When looking at pictures of models or celebrities who are considered to have beautiful noses, one can clearly see they all have different noses. It is not necessarily a certain size or shape of the nose that makes the nose beautiful, but rather how well it fits the rest of the face. However, there are general characteristics of male and female noses that are considered attractive. For example, in many women, a slightly raised tip with a subtle curve of the bridge (dorsum) results in a more feminine appearance of the nose. In contrast, many men prefer to have a straight dorsum with a less raised tip, maintaining the angle between the bottom of the nose, and upper lip at about 90 degrees. The goal of rhinoplasty is not necessarily to produce a perfect nose, but rather to improve harmony between the face and the nose. In some patients, procedures other than rhinoplasty, such as chin augmentation or neck liposuction, may be necessary to achieve better facial balance.



This is an example of a rhinoplasty result in a female patient. The tip was raised and the dorsal hump was reduced.



In this patient, the nasal tip was raised slightly and a straight dorsal profile was produced. Liposuction of the neck further helped improve facial balance.

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