

2019 Mandan Braves Girls' Cross Country

Jamestown Originals Invite

Aug. 24, 2019, 11 a.m.
Parkhurst Recreation Area, Jamestown,
N.D.

Team totals Top 5/WDA (5,000 meters)

1. Mandan, 60; 2. WF Sheyenne, 63; 3. G.F. Red River, 71; 4. Kindred, 88; 5. Jamestown, 101

Individual winner: Meghan Ford, Jamestown, 18:31.09

Top 10

1. Meghan Ford, Jamestown, 18:31.09; 2. Elise Ramberg, Langdon Area, 19:26.43; 3. Kelby Rinas, Mandan, 19:48.11; 4. Onnica Stansbury, WF Sheyenne, 20:55.40; 5. Jakkia Duffy, LaMoire-L-M, 20:58.78; 6. Hannah Westin, Shiloh Christian, 21:05.46; 7. Dreah Frolek, Sargent Central-L, 21:09.81; 8. Peyton Gette, Kindred, 21:15.47; 9. Ally Goodmanson, Kindred, 21:18.09; 10. Drew Frolek, Sargent Central-L, 21:44.93

Mandan results

3. Kelby Rinas, 19:48.11; 16. Maria Moore, 22:26.24; 17. Acey Elkins, 22:28.46; 21. Anna Bendish, 22:52.62; 33. Amaya Ramsey, 23:55.78; 35. Cyera Moore, 24:00.02; 43. Whitney McGee, 24:47.15

Notes: Mandan won the varsity meet and had three runners in the top 20...Meghan Ford of Jamestown was individual champion

Hi-Liner Invite

Aug. 30, 3 p.m.
Bjornson G.C., Valley City

Team totals Top 5/WDA (5,000 meters)

1. Valley City, 33; 2. Mandan, 39; 3. Jamestown, 64; 4. Central Cass, 99; 5. Northern Cass, 133

Individual winner: Meghan Ford, Jamestown, 18:01.88

Top 10

1. Meghan Ford, Jamestown, 18:01.88; 2. Kelby Rinas, Mandan, 19:40.85; 3. Greta Goven, VC, 20:52.73; 4. Reagan Berg, VC, 20:56.49; 5. Avery Murray, VC, 21:39.08; 6. Acey Elkins, Mandan, 21:49.98; 7. Maria Moore, Mandan, 22:14.08; 8. Anna Bendish, Mandan, 22:16.69; 9. Maddy Orr, Jamestown, 22:37.01; 10. Stephanie Hof-farth, VC, 23:07.96

Mandan results

2. Kelby Rinas, 19:48.85; 6. Acey Elkins, 21:49.98; 7. Maria Moore, 22:14.08; 8. Anna Bendish, 22:16.69

Notes: Host Valley City won the meet...Jamestown's Meghan Ford was individual champion...Mandan finished second.

Anderson-Stavn Invite

Sept. 14, 1 p.m..
McDowell Dam, East of Bismarck, N.D.

Team totals (5,000 meters)

1. *Minot, 80; 2. West Fargo, 80; 3. Fargo Davies, 95; 4. Century, 171; 5. GF Central, 190; 6. Mandan, 210; 7. Watford City, 265; 8. Williston, 269; 9. GF Red River, 274; 10. Dickinson, 333; 11. WF Sheyenne, 347; 12. Legacy, 372; 13. Hillsboro-CV, 385; 14. New Town, 394; 15. Blmsarck High, 414; 16. Shiloh Christian, 500; 17. Southern McLean, 555; 18. Hettinger-Scranton, 583; 19. Stanley, 587; 20. Solen, 610; 21. Max, 625; 22. Parshall, 627; 23. Northern Cass, 638; 24. Killdeer, 641; 25. Standing Rock, 644; 26. Minot Bishop Ryan, 647; 27. New England, 651

*Minot won based on the tie-break (6th runner)

Individual winner: Kelby Rinas, Mandan, 19:01.01

Top 10 Finishers

1. Kelby Rinas, Mandan, 19:01.01; 2. Reagan Baesler, Hillsboro-CV, 19:12.22; 3. Hayley Ogle, Watford City, 19:24.74; 4. Eleni Lovgren, Williston, 19:30.39; 5. Hope Pringle, West Fargo, 19:32.19; 6. Onnica Stansbury, WF Sheyenne, 19:46.35; 7. Jadyn Guidinger, Legacy, 19:52.36; 8. Jaelyn Ogle, Watford City, 19:53.51; 9. Abigail Hoffarth, Minot, 20:03.28; 10. Claire Hynek, GF Central, 20:06.56

Mandan results

1. Kelby Rinas, 19:01.01; 33. Acey Elkins, 21:36.37; 40. Maria Moore, 21:49.97; 67. Cyera Moore, 22:53.09; 69. Anna Bendish, 22:56.75; 81. Whitney McGee, 23:23.45; 90. Amaya Ramsey, 23:44.36

Notes: There were 131 varsity runners...Minot tied West Fargo for first, but the Majettes won the team title based on having a better finish from its sixth place runner...Mandan's Kelby Rinas was the individual champion in a time of 19:01.01...Weather was warm and sunny.

Beulah-Hazen Invite

Sept. 24, 11 a.m.
Black Sands G.C., Beulah

Team totals (Top 5/WDA, 5,000 meters)

1. Rugby, 59; 2. Bowman Co., 61; 3. Watford City, 66; 4. Mandan, 70; 5. Legacy, 103

Individual winner: Hayley Ogle, Watford City, 19:36

Mandan results

6. Acey Elkins, 21:16; 11. Maria Moore, 21:39; 14. Anna Bendish, 21:59; 16. Cyera Moore, 22:11; 31. Whitney McGee, 23:23; 41. Kendal Beckler, 24:16; 43. Ashlyn Markel, 24:20; 54. Amaya Ramsey, 24:55; 65. Denita Helm, 27:02

Notes: There was 76 varsity runners...Legacy won the meet...Three WDA teams compete (Legacy, Mandan, Watford City)

Roy Griak Invite

Sept. 28, 1:10 p.m.
Lee Bolstad CC Course, Minneapolis

Maroon Division

Team totals/Top 5/WDA (5,000 meters)

1. Shorewood, 161; 2. St. Louis Park, 251; 3. Brandon Valley, 265; 4. Menomonie, 269; 6. Medford Area, 284; 24. Mandan, 750; 26. Dickinson, 752

Individual winner: Reagan Baesler, Hillsboro-Central Valley, 19:04

Mandan results

75. Acey Elkins, 21:37; 101. Anna Bendish, 21:56; 114. Maria Moore, 22:08; 175. Cyera Moore, 22:43; 275. Whitney McGee, 23:51; 286. Kendal Beckler, 24:02; 311. Ashlyn Markel, 24:28; 476. Denita Helm, 27:09

Souris Valley Invite

Oct. 5, 11 a.m.
Souris Valley G.C., Minot

Team totals (Top 5/WDA)

(5,000 meters)

1. Minot, 100; 2. G.F. Central, 120; 3. West Fargo, 121; 4. Bismarck High, 173; 5. Rugby, 180; 6. Century, 183; 8. Watford City, 210; 11. Mandan, 239; 14. Legacy, 308

Individual winner: Reagan Basesler, Hillsboro-Central Valley, 18:52.24

Top 10 Finishers

1. Reagan Baesler, Hillsboro-CV, 18:52; 2. Hayley Ogle, Watford City, 19:00; 3. Jenna Soine, Hatton-Northwood, 19:3; 4. Jaelyn Ogle, Watford City, 19:04; 5. Hope Pringle, West Fargo, 19:05; 6. Emily Goldade, Century, 19:13; 7. Elise Ramberg, Langdon Area, 19:15; 8. Mikayla Weiss, 19:22; 9. Jadyn Guidinger, Legacy, 19:25; 10. Claire Hynek, 19:33

Mandan results

15. Acey Elkins, 20:00; 46. Anna Bendish, 20:57; 47. Maria Moore, 20:59; 67. Cyera Moore, 21:33; 111. Amaya Ramsey, 22:54; 124. Whitney McGee, 23:13

Notes: Minot won the meet...Watford City's Hayle Ogle was runner-up to lead all WDA runners...Six WDA teams took part...There were 200 runners and 30 teams participating.

WDA Championships

Oct. 15, 1 p.m.
Heart River G.C., Dickinson, N.D.

Team totals (5,000 meters)

1. Minot, 60; 2. Century, 86; 3. Bismarck High, 109; 4. Watford City, 109; 5. Williston, 116; 6. Mandan, 124; 7. Jamestown, 177; 8. Legacy, 182; 9. Dickinson, 187; 10. TMCHS, 607

Individual winner: Meghan Ford, Jamestown, 17:49.88

Top 20 (All-WDA)

1. Meghan Ford, Jamestown, 17:49; 2. Hayley Ogle, Watford City, 19:01; 3. Eleni Lovgren, Williston, 19:18; 4. Jadyn Guidinger, Legacy, 19:23; 5. Jaelyn Ogle, Watford City, 19:32; 6. Emily Goldade, Century, 19:39; 7. Jilee Golus, Bismarck High, 19:48; 8. Morgan Wald, Bismarck High, 19:55; 9. Abigail Hoffarth, Minot, 19:57; 10. Trinity Jessen, Minot, 20:03; 11. Aislin Anderson, Century, 20:05; 12. Lily-ana Campbell, Minot, 20:08; 13. Acey Elkins, Mandan, 20:10; 14. Abbie Wahlund, Minot, 20:11; 15. Emma Compere, Minot, 20:21; 16. Maria Moore, Mandan, 20:35; 17. Ellie Schmitz, Watford City, 20:40; 18. Sierra Watterud, Williston, 20:45; 19. Peyton Jensen, Century, 20:50; 20. MaLiah Burke, Minot, 20:53

Mandan results

13. Acey Elkins, 20:10.09; 16. Maria Moore, 20:35.45; 26. Anna Bendish, 21:10.94; 27. Ceyra Moore, 21:22.87; 51. Amaya Ramsey, 22:26.73; 58. Whitney McGee, 22:44.34; 75. Ashlyn Markel, 23:39.48; 88. Kendal Beckler, 24:14.43; 117. Denita Helm, 26:20.75

Notes: The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Minot won its first WDA title since 2007 and eighth overall...Jamestown's Meghan Ford won her second consecutive WDA title...Nine teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Mandan, Minot, Watford City, Williston) had at least one runner earn all-WDA honors (Top 20)...Minot had six runners finish in the top 20...Mandan's Kelby Rinas, who is injured and did not compete, was named W. Region senior athlete of the year...Minot's Carla Wahlund was named W. Region coach of the year...There were 132 runners competing...Temperature at race time was 45 degrees under mostly cloudy skies.