

ZALES Measure, Determine, Check

THE DIAMOND STORE®

Your printable ring sizer from Zales. Choose from our three accurate measuring techniques.

For accuracy, please ensure that PDF is printed at 100%.

We will gladly accept the exchange or return of a ring purchased and sized from our online store, however rings re-sized at a Zales store location, another retailer or independent jeweler will not be accepted for a refund or exchange online.

Additionally, rings purchased and sized at a zales store location can only be exchanged or returned for re-sizing at a Zales store location. We cannot accept store transactions through our online store.

The String Test

- Cut a small piece of string, thread or ribbon from a spool.
- MEASURE: Wrap it snugly around your finger for an accurate measurement.
- DETERMINE: Compare your measurement with our sizing chart.
- Tip: Be careful not to wrap the string too tight. Aim for a comfortable, snug fit.
- Tip: For the most accuracy, have someone help you measure.
- CHECK: Double check for accuracy.

The Paper Test

- Print and carefully cut out our paper ring sizer below.
- Create a slit by making a small cut on the line labeled "Your Size".
- Slip the pointed end through the slit creating a circle.
- MEASURE: Place around your finger and pull the pointed end to create a snug fit.
- DETERMINE: The number line located at the "Your Size" slit, is the proper ring size.
- Tip: Be careful not to wrap the paper too tight. Aim for a comfortable, snug fit.
- Tip: For the most accuracy, have someone help you measure.
- CHECK: Double check for accuracy.



The Secret Test

- Print our chart of ring size circles.
- Find a ring that your loved one currently wears.
- Make sure he or she wears that ring on the finger you are shopping for.
- MEASURE: Place the ring on top of each circle until you find a perfect match.
- DETERMINE: The match should perfectly fit the inside on the ring.
- CHECK: Double check for accuracy.

Size 3
14.0 MM

Size 3.5
14.4 MM

Size 4
14.8 MM

Size 4.5
15.2 MM

Size 5
15.6 MM

Size 5.5
16.0 MM

Size 6
16.45 MM

Size 6.5
16.9 MM

Size 7
17.3 MM

Size 7.5
17.7 MM

Size 8
18.2 MM

Size 8.5
18.6 MM

Size 9
19.0 MM

Size 9.5
19.4 MM

Size 10
19.8 MM

Size 10.5
20.2 MM

Size 11
20.6 MM

Size 11.5
21.0 MM

Size 12
21.4 MM

Size 12.5
21.8 MM

Size 13
22.2 MM

Size 13.5
22.6 MM