SOG#	502-1

Standard Operating Guideline



Cumberland Road Fire Department Inc.

Occupational Health & Safety

Approved By			
Steven Parrish,	Fire Chief		
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Effective Date Revised Date 7-1-2017 10-1-2022

Scope:

This guideline shall apply to all members of the Cumberland Road Fire Department and shall be adhered to by all members.

Purpose:

To establish the basic procedures of providing for the occupational health and safety of departmental members.

Definitions:

Guideline - a general rule, principle, outline of a policy.

Member – any paid and/or volunteer, personnel affiliated with the department.

Safety - the condition of being safe from undergoing or causing hurt, injury, or loss.

Shall - indicates a mandatory requirement.

Guidelines:

Cumberland Road Fire Department members are exposed to many occupational health and safety hazards on a routine basis. Maintaining a safe and healthy workplace is essential to preventing injury or illness to the members of the department. A safe and healthy working environment is essential to efficient department operations.

Cumberland Road Fire Department and its members shall fully comply with local, state, and federal laws, regulations, guidelines, and policies concerning a safe and healthy workplace. Each member is required to obey all health and safety rules whenever on department property or acting on behalf of Cumberland Road Fire Department in any capacity.

Officers are responsible for ensuring that members know and understand the health and safety rules and enforcing compliance through their example and discipline if needed. All violations of safety rules shall be investigated, corrected, and identify any disciplinary action necessary for those members involved in the infraction.

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General Safety Rules:

The following rules apply to routine day to day operations across Cumberland Road Fire Department and shall be adhered to by all members:

- Report any accident that results in personal injury or property damage immediately, no matter how minor. Promptly provide first aid as necessary.
- Stop any action, condition, or practice that is believed has the potential to cause personal injury or property damage.
- Immediately report any unsafe condition, action, or practice to a supervisor for corrective action.
- Do not operate any apparatus or equipment that in your opinion is unsafe.
- Utilize all proscribed personal protective equipment as directed Turn Out Gear, SCBA Eyes, face, hearing, and respiratory protective equipment.
- Properly maintain all personal protective equipment.
- Be familiar with and obey all departmental rules, government regulations, signs, markings, and safety instructions.
- Utilize the appropriate lifting technique whenever participating in any activity that requires any lifting, bend your knees, keep your back straight, grasp the load firmly obtain assistance for loads over 50lbs.
- No horseplay, do not distract others while they are performing tasks.
- Use the right tools or equipment for the assignment.
- Only utilize tools or equipment that you have been trained to use.
- Maintain a clean and organized workplace, return tools and equipment to their proper place when finished utilizing them.
- Immediately clean up spills to prevent slip accident.

Key Safety Behaviors;

Cumberland Road Fire Department members shall observe and practice the following behaviors in order to maintain a safe and healthy work environment:

• Think before you act

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NORTH CAROLINA	Occupational Health & Safety		_

- Evaluate the situation, know the risks and hazards
- Drive defensively
- Operate all vehicles and apparatus with Due Regard for others using the roadway
- Stop at and clear all intersections
- Always wear your seatbelt
- Properly wear the appropriate personal protective equipment ,Gear, SCBA, Eyes, face, hearing, and respiratory protective equipment.
- Utilize self-contained breathing apparatus whenever operating in the vicinity of an immediately dangerous to life and health environment.
- Provide lights for the work environment.
- Maintain communications with your crew and officers.
- Maintain crew integrity, and accountability, No freelancing.
- Gain and maintain situational awareness of your surroundings, look, listen, and feel for hazards, always maintain an escape route
- Use COMMON SENSE!