

# THE REMEDY



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## WHAT IS HOMEOPATHY?

Homeopathy is a system of therapy that uses very small doses of remedies. These remedies are prepared from substances found in nature. Nevertheless, homeopathy should not be confused with herbal medicine. These two systems are very different. Herbal medicine uses tinctures of botanical substances, whereas homeopaths use ultradilute "micro" doses made from not only plants, but minerals or any other substance found in nature.  
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## Dear Friends in Homeopathy

We are bringing the annual FHS Spring Conference to Tampa this year, and look forward to seeing more of our members and friends from that part of the state for our timely topic of Homeopathy and Autism Spectrum Disorders. We are so glad to welcome Dr. Paul Herscu and Dr. Amy Rothenberg to share their experiences with these clients in their over 30 years of practice together. More information and registration form are on the back page of this newsletter.

This year we will have a full day on both Saturday, and Sunday. We will be providing snacks both AM and PM, with lunch on your own both days. Friday night we will start the weekend off with a "Meet and Greet" followed by our annual membership meeting. Attendance of all members is always appreciated!

This year we will be looking for a couple of new board members. Mary Ellen Meagher is leaving the board and Cindy Campbell is becoming the Vice President. Our board needs people with computer skills, as well as book-keeping and minute taking. Please think about who you might nominate or nominate yourself! We are planning another book sale this year. Please bring your books when you arrive. We are planning other fundraisers and would appreciate any donations for raffles or prizes as well as help during the conference. Please consider helping us out! Let me know if you are interested in any of these roles at [Po8938@aol.com](mailto:Po8938@aol.com).

We plan to introduce the "Jean Hoagland Award" to be given to an individual who has shown outstanding dedication to homeopathic education in Florida. It was Jean who introduced me to homeopathy at the Lake County Study Group. There I learned she was also the president of the National Center of Homeopathy! We were blessed to have her on the board of FHS when we began. You will be getting more information about this award, which will be presented for the first time at the 2018 conference.

You will note there is an insert in this newsletter. Its purpose is to assist us in communicating with all who receive this newsletter. These days, Email delivery is much more economical for organizations with large mailing lists. If you need the Newsletter to be sent to you in "hard copy", we will, of course, continue to send it to you by regular mail. You have only to return the colored insert to us to let us know. If you are receiving this by Email already, you don't need to do anything – it will continue to come your way.

In October, we had a part of a booth at the large national conference on "Homeopathic Prophylaxis: a Worldwide Choice" that took place in St Petersburg. This was a great opportunity to educate others about classical homeopathy, the Florida Homeopathic Society, and to network with other individuals and organizations in the integrative/alternative health arena. Three members of the board (Lise Battaglia, Donna Peaker-Ritzo and Andrea Baines) were able to attend and staffed the booth. See the article within this newsletter for more details.

At the heart of every non-profit like FHS is their membership. If you want to support FHS and what we do, please join. Dues are \$35 and can be paid on the FHS website or by personal check. Members receive benefits of special E-Newsletters and E-Alerts.

We hope to see you in Tampa for our annual conference, membership meeting, and the welcome fellowship in homeopathy. I wish each of you a Happy and Healthy New Year.

Polly Millet, RN, MSN, CCH

FHS President





**Dr. Samuel Hahnemann**

*Father of Homeopathy*

1755—1843

Samuel Hahnemann's Organon of Medicine was first published in 1810 in Dresden, Germany

**Organon Aphorism § 31** The inimical forces, partly psychical, partly physical, to which our terrestrial existence is exposed, which are termed morbidic noxious agents, do not possess the power of morbidly deranging the health of man unconditionally; but we are made ill by them only when our organism is sufficiently disposed and susceptible to attack of the morbidic cause that may be present, and to be altered in its health, deranged and made to undergo abnormal sensations and functions - hence they do not produce disease in every one nor at all times.

**Aphorism 31 synopsis:**

“Disease agents do not affect everyone. We fall ill only when susceptible.” - Julian Winston

**WHAT IS HOMEOPATHY?**  
(CONT'D FROM PAGE 1)

The homeopath chooses the proper remedy by following a special rule of nature called the *Law of Similars* (*similia similibus curentur*).

This law states "like cures like," or that a medicine can cure a sick person if it can cause similar sickness in a healthy person.

—courtesy National Center for Homeopathy (NCH)

**UPCOMING EVENTS**

~ FLORIDA ~

**2017 Annual Spring Homeopathic Conference**

***“Autism Spectrum & Homeopathy: Symptoms Meet Their Match”***

February 17-19, 2017, Marriott Tampa Westshore - Tampa, Florida



Drs. Rothenberg and Herscu are naturopathic and homeopathic physicians with extensive clinical and teaching experience over 30 years each.

Details & Registration Info: <https://floridahomeopathicsociety.org/EVENTS.html>  
Registration information is on page four and the FHS website.

FHS Vendor contact: Donna Peaker-Ritzo: 941-786-5223 or [donna.peakerg@gmail.com](mailto:donna.peakerg@gmail.com)

~ NATIONAL ~

**2017 Joint American Homeopathic Conference**

***“Connecting Minds, Creating Community, Inspiring Practice”***

March 31-April 2, 2017, Atlanta, GA

<http://www.homeopathycenter.org/2017-jahc-registration>

**HOLISTIC MOM’S CORNER**

Holistic Mom’s Network website recommends Homeopathy and the National Center for Homeopathy (NCH)

Visit this site for more information and resources:  
[www.holisticmoms.org/2015/03/05/2016-national-sponsors/](http://www.holisticmoms.org/2015/03/05/2016-national-sponsors/)

The Holistic Moms Network believes that parents need to make informed and educated choices about all healthcare options for their children, and that they deserve the freedom to make the choice that works best for their family.



**FHS ANNOUNCES THE “JEAN HOAGLAND AWARD”**

Jean Hoagland is being honored by FHS for her enormous contributions to homeopathy in Florida and elsewhere. As Polly Millet mentioned in the her FHS president’s letter, the Jean Hoagland Award will be introduced at the FHS annual conference in Tampa, February, 2017; thereafter, it will be awarded annually to an individual who is considered to have shown outstanding dedication to homeopathy in Florida. Jean’s family is in their fourth generation of using homeopathy and one son, Guy Hoagland, MD, became a homeopathic physician. In Florida, she along with others started the NCH Affiliated Lake County Study Group in 1991. She, her son, Guy, and others also founded the Florida Homeopathic Medical Society.



Jean also served on the first board of Florida Homeopathic Society (FHS), as president and treasurer of the National Center for Homeopathy (NCH) and as president of Homeopaths Without Boards-NA. She is largely responsible for the growth of the Homeopathic Action Alliance, a federation of national homeopathic organizations and has received the "Defining Our Profession" award from the Council on Homeopathic Certification. **Many thanks for your dedication, Jean!**

- Mary Ellen Meagher, FHS Board of Directors

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**HOMEOPATHS WITHOUT BORDERS—NORTH AMERICA**

HWB-NA continues its mission to \*Teach / Treat /Together\* in Haiti to fulfill the vision of our late President, Joe Lillard, and his predecessor, Jean Hoagland. Thanks to generous support from the USA, Canada, and beyond, we were able to organize three volunteer teams within days of being invited to help after Hurricane Matthew devastated Haiti in early October. The volunteers were joined by Haitian Homéopathes Communautaires who proved beyond a doubt that trained homeopaths can respond very effectively to any local crisis. Their efforts were noticed and met with approval by health authorities. See pictures at <https://facebook.com/hwbna>.

The only problem is that there aren't enough of them (yet)! Everywhere the team went, when local leaders saw what could be achieved with homeopathy to treat for shock, grief, wounds, fevers, etc., they asked to be taught this system of medicine. HWB is ready to start 2 new courses in 2017 – for nurses, doctors, and birth attendants. But to carry out this massive undertaking, we need a lot more support from individuals, groups, and organizations. We invite you to become involved in making homeopathy part of the health care system in Haiti.

To volunteer, visit [www.hwbna.org/volunteer.html](http://www.hwbna.org/volunteer.html); To donate, <http://www.hwbna.org/donate-now.html>; To sponsor a specific project in Haiti, please contact Holly Manoogian [info@hwbna.org](mailto:info@hwbna.org)

- Kristy Lampe, HWB Board of Directors

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**FHS PARTICIPATES IN WORLD-WIDE CHOICE**
**HOMEOPROPHYLAXIS OCTOBER 2016 CONFERENCE**

The conference dovetailed nicely with the upcoming FHS 2017 Conference on **Autism Spectrum**. It was great networking with other 501(c)3 organizations who educate and bring awareness to alternative approaches to treating diseases symptoms, specifically using homeopathic remedies to match symptoms of the *genus epidemicus* and treating populations to manage the contagion and outcomes of epidemic outbreaks.

FHS Board members: Lise Battaglia, Andrea Baines & Donna Peaker-Ritzo were able to attend. Many esteemed presenters were present including Australian homeopath and recognized world authority, Isaac Golden, PhD, who presented data documenting positive outcomes for homeoprophylaxis when used to treat high-risk populations during Leptospirosis outbreak in Cuba in 2007.

- Donna Peaker-Ritzo, FHS Board of Directors




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**BOOK RECOMMENDATION**
**Homeopathic Medicine at Home: Natural Remedies for Everyday Ailments and Minor Injuries**

by Maesimund B. Panos, M.D. & Jane Heimlich

This one-volume compendium of homeopathic information includes the history of homeopathy, an explanation of its principles, and advice on dosage. It lists a wide variety of homeopathic remedies for common ailments and injuries; in addition, it contains sections on homeopathy for children and pets. It covers the history and use of homeopathy in the home. It also covers a wide variety of aspects of illness and homeopathy, e.g. what is homeopathy, your home remedy kit, what to do for accidents.




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**FHS Board of Directors**

Polly Millet, **President**

Dor Remsen, **Treasurer**

Cindy Campbell, **Secretary**

Andrea Baines

Lise Battaglia

Mary Ellen Meagher

Donna Peaker-Ritzo

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**HOMEOPATHY IN THE NEWS & GREAT RESOURCES**

Please visit the **Florida Homeopathic Society &**

The **National Center for Homeopathy** websites and “Like” them on Facebook:

[www.floridahomeopathicsociety.org](http://www.floridahomeopathicsociety.org) / [www.facebook.com/floridahomeopathicsociety](https://www.facebook.com/floridahomeopathicsociety)

[www.homeopathycenter.org](http://www.homeopathycenter.org) / [www.facebook.com/homeopathyinfo](https://www.facebook.com/homeopathyinfo)

**Thank you for supporting these organizations working hard to support Homeopathy!**

[www.floridahomeopathicsociety.org](http://www.floridahomeopathicsociety.org)

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**Florida Study Groups, Practitioners, Education, etc.**
**Everglades University**

[www.evergladesuniversity.edu](http://www.evergladesuniversity.edu)

Please visit the NCH site for a comprehensive list of educational institutions elsewhere.

**NCH**

[www.homeopathycenter.org](http://www.homeopathycenter.org)

[www.facebook.com/homeopathyinfo](https://www.facebook.com/homeopathyinfo)

**Certification**

For certification, please see

[www.homeopathicdirectory.com](http://www.homeopathicdirectory.com)

**Find Study Groups**

[www.homeopathycenter.org/study-groups](http://www.homeopathycenter.org/study-groups)

**Find Practitioners**

[www.homeopathycenter.org/find-homeopath](http://www.homeopathycenter.org/find-homeopath)

[www.homeopathicdirectory.com](http://www.homeopathicdirectory.com)