

May

2023

AESA Prep Academy

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>BBQ Chicken GF DF Corn Mashed Potatoes Fruit *BBQ Tofu</p>	<p>2</p> <p>Cheese Enchiladas V Corn Salad GF DF V Black Beans GF DF V Fruit</p>	<p>3</p> <p>Sunbutter Sandwich DF V Veggie straws GF DF V Fruit</p>	<p>4</p> <p>Swedish Meatballs Buttered Noodles Peas & carrots Fruit *Veggie Meatballs</p>	<p>5</p> <p>Chicken Gyro Hummus GF DF V Tabbouleh GF DF V Fruit *Veggie Gyro</p>
	<p>8</p> <p>Roasted Turkey GF DF Mashed Sweet Potatoes GF DF V Broccoli GF DF V Fruit *Field Roast GF DF V</p>	<p>9</p> <p>Quesadillas V Cilantro Rice GF DF V Refried Beans GF DF V Fruit</p>	<p>10</p> <p>Meatball Sub Potato salad GF DF V Green beans GF DF V Fruit *veggie Ball</p>	<p>11</p> <p>Chicken Pesto Pasta Cucumber salad GF DF V Breadstick Fruit *Veggie Pesto Pasta</p>	<p>12</p> <p>Cheeseburgers with fixin's Tater Tots GF DF V Fruit *Veggie Burger</p>
	<p>15</p> <p>Turkey & Rice GF Green Beans GF DF V Ww roll. Fruit *Tofu & Rice</p>	<p>16</p> <p>Beef empanadas Spanish Rice GF DF V Black Beans GF DF V Fruit *Veggie empanadas</p>	<p>17</p> <p>Grilled Cheese V Tomato Soup GF DF V Cucumbers GF DF V Fruit</p>	<p>18</p> <p>Chicken & Waffles DF Zucchini & Squash GF DF V Fruit *Chickn' & waffles</p>	<p>19</p> <p>Hamburgers w/fixin's Chips GF DF V Veggies w/Ranch GF V Fruit *Veggie Burgers</p>
	<p>22</p> <p>Turkey Chili DF GF Cornbread DF V Broccoli GF DF V Fruit *Veggie Chili</p>	<p>23</p> <p>Chicken Soft Tacos Rice GF DF V Refried Beans GF DF V Fruit *Bean & Cheese Taco</p>	<p>24</p> <p>Chicago Beef sandwiches Carrots GF DF V Tater tots GF DF V Fruit *Veggie Sandwich</p>	<p>25</p> <p>Pasta with Basil, Mozzarella, & tomatoes V Green Beans GF DF V Garlic Breadstick Fruit</p>	<p>26</p> <p>Pizza DAY!!!! Garden Salad GF DF V Fruit</p>
	<p>29</p> <p>Memorial Day No School</p>	<p>30</p> <p>No School Happy Summer!!!</p>	<p>31</p> <p>No School Happy Summer!!!</p>		