



Today is Give Day!

Today is the day to support ACTS in Give Day Tampa Bay! Did you know that ACTS had more than 12,000 treatment admissions last year? With your support, ACTS can help more people succeed in recovery from substance use and/or mental health treatment. You can donate as little as \$5 – every little bit helps to inspire hope, and foster recovery to those who need it!

<http://bit.ly/ACTSGiveDay>



ACTS Hosting Youth Resource Fair on May 2!

Give today, learn tomorrow at ACTS Resource Fair with vendors available to answer questions about youth in crisis. The fair takes place May 2 at ACTS Auditorium from 9 a.m. – noon and is free to attend. Vendors scheduled to attend include:

• ACTS • Crisis Center of Tampa Bay • DACCO • DCF - ACCESS Program • Early Learning Coalition • Families First of Florida • Family Network on Disabilities • HCADA • Hillsborough County Children's Services • Hillsborough County Technical Colleges • Insight Counseling and Wellness • MADD • Next Generation Village • Northside Behavioral Health Center • Phoenix House • Suncoast Kid's Place • Tampa Family Health Centers • Thirteenth Judicial Court/Julianne Holt

To reserve your spot to attend as a guest, email ajuno@actsfl.org



"Ms. Olivia gets to the heart of the problem. I can truly see the difference!"

The Olivia Project Helps Families in Crisis

Olivia Brown was one of the first employees hired at ACTS Juvenile Assessment Center in Hillsborough County when it opened in 1993. Last week, she retired from the agency one day after her 25th anniversary with ACTS. Her last position at the JAC was Intake Worker, but her true passion is "The Olivia Project." The Olivia Project offers youth and families a way to receive social services without the youth being under arrest or in DJJ's custody. To be eligible for this service, the youth must not have been arrested previously, and is part of the JAC's "friendly door policy." Now that she is retired, Olivia plans to still be part of the ACTS family and plans to volunteer with her namesake project. [Click here](#) to learn more about The Olivia Project.

ACTS Counsel for Strategic Development Deanne Cornette Wins Award

On April 4, Deanne Miranda Cornette, MHA, GPC, joined a group of professionals as the 2018 Florida Outstanding Woman in Public Health in a ceremony at the USF College of Public Health. "This year's awardee stood out among an incredible group of public health leaders," Dean Donna Petersen said. "Her nominators called her a change agent, a developer of systems, an unsung hero, and someone who behind the scenes has amassed and made accessible resources for a variety of communities at risk." Over Deanne's career, she has provided, managed and developed best practice programs with the aim of improving whole person health and well-being. She continues to promote coordination and integration of health care, behavioral health care and social support services with a patient-centered approach. To read more about the award, [click here](#).



May is Mental Health Awareness Month

Mental health conditions have 10 common warning signs that should be taken seriously. If you or someone you know experiences one or more of these signs, you should talk with trusted family, peers or mentors and seek assistance. ACT is here to help – call us at 813.246.4899.

1. Feeling very sad or withdrawn for more than two weeks
2. Severe, out-of-control risk-taking behaviors
3. Sudden overwhelming fear for no reason
4. Not eating, throwing up or using laxatives to lose weight
5. Seeing, hearing or believing things that are not real
6. Repeatedly and excessively using drugs or alcohol
7. Drastic changes in mood, behavior, personality or sleeping habits
8. Extreme difficulty in concentrating or staying still
9. Intense worries or fears that get in the way of daily activities
10. Trying to harm oneself or planning to do so

- Source, NAMI.



For More Information

ACTS, Agency for Community Treatment Services, Inc., is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you - 813.246.4899 or visit us online at www.actsfl.org.