

Packers: Winning at Losing

Deeper Learning Postcard



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Highlights

Vetted Project: Students created a wellness challenge using faculty and staff. Clients will come in every week for a wellness check consisting of blood pressure, pulse, respiration check, weight, BMI and BF% measurements. Health and Wellness tips were displayed weekly in the school newsletter. At the end of the semester a male and female winner was chosen and received a prize.

Sustainability: Students and faculty plan on conducting the wellness challenge annually.

Driving Question: How can we improve the overall health and wellness of our faculty and staff and increase nursing skills?

Student Reflection: Students communicated a better understanding and proficiency with clinical skills like blood pressure. Thought time could have been better spent incorporating the project with their actual clinical experience. Learned so much about environmental elements, chemical influences on the human body. Some thought of ways to improve by having actual exercise classes and nutrition or cooking seminars.

Teacher Reflection: Difficult to post pictures or display results due to the nature of maintaining client confidentiality. An area we need to improve upon.

Lessons Learned: Expand beyond the school to include several schools in the district. Possibly get releases signed to share data and results without compromising patient confidentiality.

Teacher Rating: Likely to recommend

WANTS

I. Authenticity

Performing - Health-related announcements during homeroom announcement period.

Demonstrating - Held a weekly wellness clinic in the Nurse Aide lab.

Producing / Revising - Project tunings with peers, instructional coaches and administrators.

Presenting - Developed a data base with the help of computer technology teachers.

Performing

Realistic Role

Speech or Spoken Word Performance

Demonstrating

Event

Exhibit / Contest

Lab Activity

Show / Program

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Producing / Revising

Execute Multiple Drafts
Portfolio / Presentation Board
Product
Revise a Product or Service
Test for Quality / Integrity

Presenting

Display Calculations & Trends
Leverage Media Technologies

II. Media Produced

Print & Internet Media - Health and Wellness tips from reliable sources like CDC to post in weekly newsletter called Bacon Bits as well as a database.

Computer-based - HIPPA-compliant database to store medical information and results.

Tactile - Medical lab with blood pressure monitoring equipment, scales, and BMI calculators and calipers.

Internet Media

Social Media Page

Computer-based

Software Code / Algorithm
Spreadsheets & Graphs

Print Media

Print Advertising

Artistic Composition

Journal / Diary

Technical Writing

Lab / Research

Report

Statistical Analysis

Task / Needs Analysis

III. Challenging Problems

Questions: Interpretation of results effecting client's health.

Physical World Topics: Discussing body types and patho-physiology, results of proper nutrition, medical therapies, abnormal and normal results and findings.

Questions

Assist Others

Compassion for the Unknown

Self Reflection & Evaluation

Strongly Held Beliefs

Themes

Community Outreach

Research-based

Volunteering

Topics: Physical World

Human Body

Numbers & Shapes

Topics: Humans in the World

Ancestry

Civilizations & Cultures

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Constitution, Laws & Civics Ethics

Family, Friends & Relationships

Health, Fitness & Diet

Internet Safety & Security

Student Related Issues

Work & Careers

Topics: Of the Mind

Implications of Decisions

Intelligence & Learning

State of Mind

IV. Achieved Literacy Skills

Information / Technology

Avoid Information Misuse

Control Personal Information

Distinguish Quality Web Content

Maintain Online Records

Master Uses of Technology

Utilize Spreadsheets / Graphs / Tables

Media

Enhance Multicultural Interaction

Examine Media's Influence

Utilize Media Creation Tools

Financial

Analyze Contractual Obligations

Project / Work

Adapt to Ambiguity / Changing Priorities

Address Setbacks / Criticism

Adjust to Schedules / Contexts

Balance Various Roles / Responsibilities

Learn / Develop Expertise

Manage Time / Workload

Take Initiative for Personal Success

Leadership

Balance Diverse Views

Influence through Leadership not Authority

Lead with Respect

Leverage Strengths of Others

Present a Professional Appearance

NEEDS

I. Parameters & Feasibility

Authentic Audience / Evaluators: Adult community but could easily be adapted to all age and grade groups.

Project Timeframe

More than 8 Weeks

Assessment Timeframe

More than a Class Period

of Project Members

Individual

Small Group

Flexible Group

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Grade Level

High School (Grades 9-12)

Authentic Audience / Evaluators

Peers

Parents

Teachers & Administrators

Government Officials

Special Test Accommodations

Presentation of Materials / Directions

Setting

Student Response

Timing / Scheduling

II. Intended Learning Outcomes

Creativity

Brainstorm Change

Design / Create

Elaborate / Expand

Improve / Refine

Recognize Limits

Communication

Challenge Status Quo

Cross-demographic Communication

Decipher Attitudes / Intentions / Values

Engage Creatively

Instruct

Technical Presentation

Terms, Concepts or Calculations

Collaboration

Assume Shared Responsibility

Develop Trust

Encourage Others

Exercise Flexibility

Ignore Distractions

Incorporate Feedback

Manage People / Team

Respond to Failure

Value Contributions Made by Others

Work with Diverse Teams

Critical Thinking

Clarify Meaning

Critique Reasoning of Others

Draw Analytic Conclusions

Overcome Obstacles

Persuade

Rational, Objective Decision-making

Reflect Critically on Learning

Solve Problems Innovatively

Instilled Citizenship Values

Community & Public Issues

Express Empathy / Compassion

Habits of Mind & Heart

Personal Responsibility

Sense of Public Duty

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Social Responsibility
Strong Personal / Work Ethic

III. Success Skills & Depth of Knowledge

Cognitive Demand

Identifying / Remembering
Comprehending / Understanding
Applying
Analyzing
Evaluating

Social & Emotional Skills

Self-awareness
Self-management
Group-awareness
Group-management

Learning Styles / Intelligences

Bodily / Kinesthetic
Interpersonal / Social
Intrapersonal / Introspective
Logical / Mathematical
Verbal / Linguistic
Visual / Spatial

Assessment Structures / Resources

Checklists
Interviews / Conferences
Journals

IV. CTEs & Disciplines

Career & Technical

Consumer Sales, Services & Products
Food & Beverage
Health Services
Human Services
Information Technology
Law, Public Safety, Corrections & Security

Business

Human Resources Management

Communication / Media

Nonverbal Communication
Technical Writing

Information Technology

Computer Science, IT & Networking
User Experience Design

Sciences

Biology
Biosciences
Health

Sports Studies

Sports Medicine & Exercise Physiology