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The 2022-23 WDA Yearbook/Guide was compiled, designed and edited by Matt Mullally, WDA executive secretary/director of sports information. The WDA would like to acknowledge its media partners in assisting with this project.

WDA WEBSITE

WDA scores, schedules, standings, video highlights, statistics, championship information, school links and much more are available on the Internet at: wdasports.org

TWITTER

Stay connected to the WDA and receive the latest news and updates on Twitter @WDAsports

FACEBOOK

Stay connected to the WDA and receive the latest news and updates on Facebook at WDA Sports

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**2022-23 WDA
Yearbook-Guide**

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WDA and West Region: There is a difference

One of the misunderstandings is the Western Dakota Association (WDA) and West Region are one in the same. Well, yes and no.

The WDA is the conference which now includes 12 full members and three associate members. The WDA awards championships in a number of team sports, based on finish in the regular season standings, or at a designated event, such as the WDA swimming-diving championships. The West Region is the name of the postseason tournament administered by the NDHSAA in such sports as basketball, volleyball, wrestling and hockey. Although these tournaments feature WDA participants, it is not a conference event, but rather, sponsored by the NDHSAA. The winners are classified as a NDHSAA region champion.

Some team sports don't compile standings, for example, track and field. In this instance, the winner of the West Region Meet is deemed both a region and WDA champion.



Bismarck High Demons

Joined WDA: 1938
(Charter Member)
Athletic Building Director: Scott Nustad
Colors: Maroon & White
Sports Sponsored: 23 (11 boys/12 girls)
First WDA title: 1940 (Football)

Bismarck Century Patriots

Joined WDA: 1975
Athletic Building Director: Ben Lervick
Colors: Red, White & Blue
Sports Sponsored: 23 (11 boys/12 girls)
First WDA title: 1976 (Football)

Bismarck Legacy Sabers

Joined WDA: 2013
Athletic Building Director: Paul Jundt
Colors: Black & Vegas Gold
Sports Sponsored: 23 (11 boys/12 girls)
First WDA title: Boys' Tennis, 2014

Bismarck St. Mary's Saints

Joined WDA: 1944
Athletic Director: Bruce Schumacher
Colors: Royal Blue & White
Sports Sponsored: 12 (7 boys/5 girls)
First WDA title: 1951 (Football)

Dickinson Midgets

Joined WDA: 1938
(Charter Member)
Athletic Director: Guy Fridley
Colors: Orange & Black
Sports Sponsored: 21 (10 boys/11 girls)
First WDA title: 1938 (Football)

Jamestown Blue Jays

Joined WDA: 1944

Athletic Director: James Roaldson
Colors: Blue & White
Sports Sponsored: 23 (11 boys/12 girls)
First WDA title: 1945 (Football)

Mandan Braves

Joined WDA: 1938
(Charter Member)
Athletic Director: Mark Wiest
Colors: Black & White
Sports Sponsored: 23 (11 boys/12 girls)
First WDA title: 1939 (Football)

Minot High Magicians/Majettes

Joined WDA: 1938
(Charter Member)
Athletic Director: Mitch Lunde
Colors: Maroon & Gold
Sports Sponsored: 23 (11 boys/12 girls)
First WDA title: 1941 (Football)

Minot North Sentinels

Joining WDA: (2023-24)
Athletic Director: Mitch Lunde
Colors: Silver and Navy Blue
Sports Sponsored: 5 (Currently)

TMCHS (Belcourt) Braves

Joined WDA: 1990
Athletic Director: Dr. Shane Martin
Colors: Maroon & Gold
Sports Sponsored: 15 (8 boys/7 girls)
First WDA title: 1997 (Boys' Basketball)

Watford City Wolves

Joined WDA: 2018
Athletic Director: Brian Dokken
Colors: Maroon & White
Sports Sponsored: 14 (7 boys/7 girls)

First WDA title: --

Williston Coyotes

Joined WDA: 1938
(Charter Member)
Athletic Director: Robert Conley
Colors: Black & Orange
Sports Sponsored: 22 (11 boys/11 girls)
First WDA title: 1945 (Football)

Bottineau-Rugby Braves

Joined WDA: 1980
(Associate Member)
Athletic Director: Steve Dunrud, Scott Grochow
Colors: Purple & White
Sports Sponsored: 1 (Boys' Hockey)
First WDA title: 1993 (Hockey)

Hazen-Beulah North Stars

Joined WDA: 1992
(Associate Member)
Athletic Director: Kay Mayer/Jason Simpenderfer
Colors: Green, Black & Gold
Sports Sponsored: 1 (Boys' Hockey)
First WDA title: None

Northwest Stars (Ray-Stanley-Tioga)

Joined WDA: 2022
(Associate Member)
Athletic Director: Matthew Heier, Ryan Albrecht, Beth Dean
Colors: Teal and Black
Sports Sponsored: 1 (Gymnastics)
First WDA title: None

The Western Dakota Association (WDA) has the distinction of being North Dakota's oldest Class A high school athletic conference – and its most successful. Now in its 85th year, the conference has produced over 400 state team championships and numerous individual titles sponsored through the North Dakota High School Activities Association (NDHSAA).

The WDA was established in 1938 by five schools – Bismarck (Central) High, Dickinson (Central), Mandan, Minot and Williston. Since then, the WDA has expanded its membership and the number of sponsored sports/activities. Today, the five charter schools along with St. Mary's of Bismarck, Jamestown, Bismarck Century, Turtle Mountain Community High School of Belcourt, Bismarck Legacy, Watford City and Minot North give the conference 12 members. Bottineau-Rugby and Hazen-Beulah are associate members in boys' hockey and Northwest Stars (Ray-Stanley-Tioga) is an associate member for gymnastics.

The conference sponsors team championships in boys and girls sports administered by the NDHSAA. Football was the first sport the WDA awarded a regular season champion. Today, there are 23 sports conducted over three sports seasons. The fall season includes: football, volleyball, cross country (Boys/Girls), soccer (B), swimming and diving (G), tennis (B) and golf (G). The winter season: basketball (B/G), wrestling, hockey (B/G), gymnastics and swimming and diving (B). The spring season: track (B/G), baseball, softball, golf (B), tennis (G), soccer (G). In addition to annual team and individual conference awards, the WDA recognizes outstanding academic achievement through team and individual scholar athlete awards and scholarship. The conference celebrated its 75th anniversary in 2013-14.

Formation and expansion

In the late 1930s, North Dakota's largest high schools, determined by enrollment, were part of an East-West Class A Conference recognized by the High School League (later to be renamed the NDHSAA). To keep travel costs to a minimum, and mainly out of convenience, schools would schedule football games against schools in their immediate area.

Unfortunately, schools based in far western N.D. had a more difficult time filling their schedules since they had fewer programs of comparable size around them. These schools often would resort to playing teams from neighboring Montana. To remedy this problem and create continuity in football scheduling, five schools – Bismarck (Central) High, Dickinson (Central), Mandan, Minot and Williston – agreed to form a western division within the Class A East-West Conference. And with that, the Western Dakota Association was created in 1938.

The look of the conference has changed over its eight-plus decades of existence. It expanded from its original five schools to eight in 1944 when St. Mary's of Bismarck, St. Leo's of Minot (later to be known as Bishop Ryan) and Jamestown joined. St. Leo's initial stay was brief, however. After one season it left the conference to compete against smaller schools in its region. St. Leo's returned for two football seasons in 1952-53. In 1954, Rugby was admitted and participated in the football conference.

A significant change happened in the spring of 1960. Class A schools agreed to disolve the current East-West Division format used in such sports as football and basketball.

At a meeting in Jamestown in April, representatives from 10 schools agreed to expand the WDA's oversight in other sports and activities. The 10 schools were: Bismarck, Bismarck St. Mary's, Dickinson, Jamestown, Mandan, Minot, Williston along with Minot Bishop Ryan, Harvey and Rugby. As part of the association, schools agreed to play a round robin schedule of games, beginning in 1961. Rugby, Harvey and Minot Bishop Ryan, however, opted not to field a team for football, so the number of WDA football participants was seven. And speaking of football, the most significant change to come out of the decision to do away with the Class A East-West Divisions was the discontinuation of the end-of-season title football game between the winner of the East Division and WDA (West Division). That decision was not unanimous. A majority of coaches and school officials in western N.D. wanted the game to continue to assure an annual champion in the sport. Opponents, schools in the East, pointed to weather and distance of travel as factors in opposing the late-season contest.

Jamestown departed the WDA in 1963 and competed as a Class A independent before becoming a charter member of the Eastern Dakota Conference in 1968. Minot Bishop Ryan rejoined the conference as full members in 1964. Rugby and Harvey left the conference in the mid-1960s. Dickinson Trinity was added in 1969 as a football member and eventually became a full member.

Membership remained at eight until Bismarck Century opened in 1975. With the exception of its tennis program, Minot Ryan would leave the conference in 1977 and participate as a Class A independent before joining the North Star Conference in 1980. Four associate members – Bottineau, Devils Lake, Jamestown and Park River – were added to the conference in boys hockey, beginning in 1980 when the NDHSAA established a West and East region for the sport. Park River would leave after just two seasons and eventually co-op with neighboring Grafton. Bottineau, Harvey and Turtle Mountain Community High School (Belcourt) would compete as associate members in girls volleyball, beginning in 1982. Also that year, Minot Bishop Ryan's gymnastics program competed in the WDA.

TMCHS would join as a full member in the fall of 1990 after the Class A North Star Conference disbanded following the spring of that year. Its football program would play in the conference from 1993-96.

In 1990, Minot Ryan would return to the WDA except for football, which would remain independent. Minot Ryan and Dickinson Trinity left following the 1991 sports

season to compete in Class B in all sports except tennis, which would remain part of the WDA.

In 1992, Hazen-Beulah was added as an associate member in hockey. Center would participate in boys swimming and diving as an associate member, starting with the 1993-94 season. Jamestown's soccer programs competed as an associate member, beginning in 1995. The Blue Jays hockey program moved to the EDC/East Region in 1996. The school was already competing in the EDC/East Region for most activities. Dickinson Trinity would no longer participate as a full member in tennis after 1996. Instead, the school would co-op with Dickinson.

In 1997, Jamestown would return to the WDA as a football member as part of the restructuring of the sport by the NDHSAA into four classes. Center would leave the conference in 1999 as an associate member in boys swimming/diving. Beulah joined the WDA in a few fall sports in 1998 and then joined as full members in 1999. Rising student enrollment forced the school to move up from Class B. Beulah would return to Class B competition in the fall of 2006.

In 2006, under a directive by the NDHSAA, Jamestown was realigned in the West Region for all activities, and thus rejoined the WDA. Devils Lake-Cando, an associate member in boys hockey, would move to the EDC/East Region, starting in 2006. Jamestown's football program would return to the EDC for one season in 2009 to create balance among the two AAA football leagues. The Blue Jays would return to the WDA in 2010 after Fargo Davies opened and began play in the EDC. Minot Bishop Ryan would play its final seasons as an independent tennis program in 2009-10. The Lions would eventually enter a co-op with Minot. Bishop Ryan would join the WDA as an associate member in girls softball in 2009. The Lions would move to Class B softball in 2018. Bismarck Legacy joined the conference in 2014 and quickly enjoyed success in a number of sports.

In the fall of 2018, Watford City joined as a full WDA member. The Wolves previously competed in Class B and have a storied football program. In the fall of 2022, the WDA's 12th full member, Minot North began varsity play in girls' golf. And by 2023-24, will already have five varsity programs in play.

COVID-19

In the late winter of 2020, the COVID-19 pandemic reached the United States. In response to the rising threat of infection, a national emergency declaration was called. Schools were forced to shutdown to slow the spread of the virus. As a result, the remaining winter sports postseason tournaments, including the remainder of the Class A basketball tournament was suspended and eventually canceled. The NDHSAA also suspended and canceled the remaining fine arts competitions for winter and early spring. And finally, in May, NDHSAA officials canceled the spring sports season. COVID also forced schools officials to make changes to the 2020-21 season to safeguard athletes, coaches and game officials as well as lower COVID risks. Conference-only play was implemented in many activities and some region and state tournament formats were modified to limit crowds and the spread of the virus.

Sports offerings increase

Membership in the WDA is not the only thing that has expanded in 75 years. The evolution of high school athletics/activities has changed the dynamics of the conference as well. Football and boys basketball were the two competitive sports sponsored in the formative years of high school athletics in the state, but wrestling, track and field, tennis, cross country, golf and hockey would come along. Many schools had established girls sports on a recreational or intramural level with the 1960s, but girls sports would make significant advancement in the decade with the inclusion of track and field, golf, tennis and gymnastics as NDHSAA-sponsored activities.

The 1970s brought additional sports under NDHSAA control, including boys and girls swimming and diving, girls basketball and girls cross country. Beginning in 1982, Class A volleyball would officially be sponsored at the regional level, and a year later, at the state tournament level.

Several schools across the state began boys soccer programs in the late 1980s. The NDHSAA would eventually sponsor the sport in 1995. Girls soccer would also be offered. Baseball, which already was an established Class B sport, would get NDHSAA sponsorship at the Class A level by 2000. The start of a new millennium brought continued advancement in girls athletics. Hockey was added in 2002 and softball began play in the spring of 2010. In the 2021-22 season, girls' wrestling was formally introduced as a NDHSAA-sponsored sport. Today, there are 23 sports featured. WDA athletes have moved on to compete at the highest levels of collegiate athletics in their respective sports and several have even reached the professional level, further demonstrating the conference's excellence. Several coaches have also achieved significant milestones as well national coaching awards and honors.

More changes

Over the years changes have also come in the form of new rules, regulations and standards of play directed by the National High School Federation and NDHSAA. Technological advancements and improvements in equipment have enhanced competition and player safety. Other important changes have included greater emphasis on the safety of participants and proper training methods. Coaching development programs have been established and attention given to promoting the practice of good sportsmanship by athletes, coaches and spectators. Throughout its rich history, the WDA has demonstrated success in high school extracurricular activities can be built on a foundation of character, values and academics.

Girls' Golf

WDA Champion (regular season): Bismarck Century
West Region Tournament Champion: Bismarck Century
Class A Champion: Bismarck Century

Boys' Tennis

WDA Champion (regular season): Minot High
West Region Tournament Champion: Minot High
Class A Champion: G.F. Red River

Boys' Soccer

WDA Champion (regular season): Minot High
WDA Tournament Champion: Minot High
ND State Champion: West Fargo

Girls' Cross Country

WDA Champion: Bismarck High
Class A Champion: Williston

Boys' Cross Country

WDA Champion: Williston
Class A Champion: Williston

Football

WDA Champion (regular season): None Declared
Dakota Bowl AAA Champion: Fargo Shanley
Dakota Bowl AA Champion: Jamestown

Girls' Swim-Diving

WDA Champion: Minot High
Class A Champion: West Fargo Sheyenne

Volleyball

WDA Champion (regular season): Bismarck Century
West Region Tournament Champion: Bismarck Century
Class A Champion: West Fargo Sheyenne

Boys' Wrestling

WDA Champion (regular season): Williston and Bismarck High
West Region Tournament Champion: Bismarck High
Class A Dual Tournament Champion: Bismarck High
Class A Tournament Champion: Bismarck High

Girls' Wrestling

WDA Champion (regular season): Minot High
West Region Tournament Champion: Minot High
N.D. Tournament Champion: Bismarck High

Gymnastics

WDA Champion: Dickinson
ND State Champion: Dickinson

Boys' Hockey

WDA Champion (regular season): Minot High
West Region Tournament Champion: Bismarck Legacy
ND State Champion: Fargo South-Shanley

Boys' Swim-Diving

WDA Champion: Minot High
ND State Champion: Minot High

Girls' Hockey

WDA Champion (regular season): Mandan
ND State Champion: Fargo North-South

Girls' Basketball

WDA Champion (regular season): Bismarck Century
West Region Tournament Champion: Minot High
Class A Champion: G.F. Red River

Boys' Basketball

WDA Champion (regular season): Bismarck Century
West Region Tournament Champion: Bismarck Century
Class A Champion: Fargo North

Girls' Track-Field

WDA Champion: Bismarck High
Class A Champion: Fargo Davies

Boys' Track-Field

WDA Champion: Bismarck Century
Class A Champion: Bismarck Century

Girls' Tennis

WDA Champion (regular season): Minot High
West Region Tournament Champion: Minot High
ND State Champion: Minot High

Girls' Soccer

WDA Champion (regular season): Minot High
WDA Tournament Champion: Minot High
ND State Champion: Minot High

Softball

WDA Champion (regular season): Minot High and Jamestown
WDA Tournament Champion: Minot High
Class A Champion: Dickinson

Baseball

WDA Champion (regular season): Jamestown
WDA Tournament Champion: Mandan
Class A Champion: West Fargo Sheyenne

Boys' Golf

WDA Champion (regular season): Bismarck Century
West Region Tournament Champion: Bismarck Century
Class A Champion: West Fargo Sheyenne

2022 SEASON SCHEDULE/RESULTS

| TOURN. | BHS | CEN | DCK | JAM | LEG | MAN | MIN | MNOR | SM | TMCHS | WC | WIL |
|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Watford City DNC | 309 | 402 | 402 | 311 | 323 | 311 | 321 | Inc. | 355 | DNC | 422 | 347 |
| East-West Inc. | 332 | 392 | 422 | 351 | 348 | 354 | 354 | Inc. | 386 | Inc. | DNC | 400 |
| BHS Inv. Inc. | 334 | 400 | 388 | 329 | 325 | 354 | 432 | 369 | 369 | Inc. | 422 | 379 |
| Mandan Inv. Inc. | 337 | 394 | 402 | 348 | 345 | 371 | 415 | 368 | 368 | Inc. | 481 | 392 |
| Legacy Inv. Inc. | 337 | 394 | 380 | 360 | 340 | 359 | 418 | 376 | 376 | Inc. | 476 | 378 |
| Dick. Inv. | 437 | 315 | 379 | 355 | 330 | 331 | 350 | 409 | 378 | Inc. | 439 | 374 |
| Minot H. Inv. Inc. | 317 | 388 | 382 | 334 | 350 | 338 | 391 | 367 | 367 | DNC | 432 | 369 |
| Williston Inv. | 479 | 340 | 394 | 415 | 384 | 367 | 390 | 418 | 383 | Inc. | 464 | 407 |
| West Region 411 | 320 | 409 | 389 | 342 | 350 | 357 | 404 | 369 | 369 | Inc. | 440 | 389 |
| Class A Meet Inc. | 636 | DNC | 773 | 689 | 658 | 699 | Inc. | 709 | DNC | DNC | DNC | Inc. |
| Scoring Avg. | 442.3 | 325.1 | 394.6 | 390.3 | 344.5 | 338.6 | 353.9 | 412.4 | 369.0 | Inc. | 446.0 | 381.6 |

Scoring average determines conference champion -- Inc. Incomplete Score -- DNC: Did Not Compete

2022 POSTSEASON REWIND

Sept. 26

West Region Tournament (Jamestown)

Team totals (18 holes)

1. Century, 320; 2. Legacy, 342; 3. Mandan, 350; 4. Minot High, 357; 5. St. Mary's, 369; 6. Jamestown, 386; 7. Williston, 389; 8. Minot North, 404; 9. Dickinson, 409; 10. Bismarck High, 411; 11. Watford City, 440; 12. TMCHS, Inc.

Medalist: Ava Kalanek, Legacy, 72

Top 10 (All-Region Tournament)

1. Ava Kalanek, Legacy, 72; 2. Leah Herbel, Century, 74; 3. Anna Huetti, Mandan, 77; 4. Hannah Herbel, Century, 78; 5. Aliyah Iverson, Century, 82; 6. Paige Breuer, Bismarck High, 82; 7. Kya Guidinger, Legacy, 83; 8. Sara Anderson, Century, 86; 9. Adison Dittus, Minot High, 87; 10. Kambree Hauglie, Century, 87

Oct. 3-4

Class A Tournament (Jamestown)

Team totals (36 holes)

1. Century, 318-318-636; 2. G.F. Red River, 321-325-646; 3. Fargo Davies, 333-319-652; 4. Mandan, 333-325-658; 5. Legacy, 352-337-689; 6. WF Sheyenne, 351-345-696; 7. Wahpeton, 355-344-699; 8. Minot High, 351-348-699; 9. Fargo Shanley, 351-352-704; 10. St. Mary's, 353-356-709; 11. Fargo North, 366-369-735; 12. Jamestown, 382-391-773

Medalist: Rose Solberg, Fargo Davies, 75-73-148

Top 10 (All-state)

1. Rose Solberg, Fargo Davies, 148; 2. Jaya Grube, G.F. Red River, 149; 3. Leah Herbel, Century, 150; 4. Hannah Herbel, Century, 152; 5. Anna Huetti, Mandan, 152; 6. Lexi Bartley, 153; 7. Lindsey Astrup, Fargo Shanley, 154; 8. Payton Stocker, WF Sheyenne, 155; 9. Ella Speidel, G.F. Red River, 159; 10. Abi Schneider, St. Mary's, 159

WDA Team Scoring Average

(Regular season meets only)

1. Century, 327.6
 2. Mandan, 339.6
 3. Legacy, 344.8
 4. Minot High, 354.6
 5. St. Mary's, 372.7
 6. Williston, 380.7
 7. Jamestown, 392.0
 8. Dickinson, 392.8
 9. Minot North, 413.8
 10. Watford City, 448.0
 11. Bismarck High, 458.0
 TMCHS did not have a complete team.



Bismarck Century Patriots

2022 WDA Champion

2022 West Region Tournament Champion

2022 Class A Champion

SEASON NOTES

*This was the 44th season of WDA/West Region play.
 *Century won the WDA regular season title based on scoring average; a sixth consecutive West Region Tournament and the Class A title. It was the Patriots' seventh state crown.
 *Legacy's Ava Kalanek was West Region medalist with a round of 72.
 *Century's Hannah Herbel lost in the fifth playoff hole to Lexi Bartley of Fargo Davies for state medalist honors.
 *Century, Legacy, Mandan, Minot High, St. Mary's and Jamestown qualified for the state team tournament.
 *WDA teams finished 1-4-5-8-10-12 at the state meet.
 *Four WDA golfers finished in the top 10 at the Class A Meet to earn all-state honors.
 *Century's Hannah Herbel was named region and

state senior athlete of the year and won the 2022-23 Miss Golf Award.
 *Mandan's Dean Johs was named region coach of the year.
 *Century (6) and Mandan (1) won regular season meets.
 *Minot North competed in its first varsity season.
 *Watford City hosted its first WDA meet.
 *The East-West Classic in Jamestown was reduced to one day after rain and lightning forced the first day to be canceled.
 *Jamestown's Country Club. hosted the West Region Tournament. Temperatures were in the low 70s.
 *Two individual state qualifiers were held (Dickinson and Minot).
 *Anna Huetti, Mandan; Hanna Herbel, Century; and Leah Herbel, Century; Ava Kalanek, Legacy all earned medalist honors at least once in 2022.

*Jamestown hosted the Class A Tournament for the first time since 2018 and temperatures were in the 60s.
 *All-WDA selections (Based on season scoring averages): Anna Huetti, Mandan, 73.83; Hannah Herbel, Century, 74.33; Ava Kalanek, Legacy, 80.50; Aliyah Iverson, Century, 80.50; Ruby Heydt, Mandan, 82.67; Brooke Hollar, Legacy, 84.33; Morgan Strange, Minot High, 85.00; Paige Breuer, Bismarck High, 85.33; McKenzie Strange, Minot High, 85.50; Abi Schneider, St. Mary's, 85.50
 *All-State honors by WDA golfers (Top 10 finishers at state meet/and or top 5 WDA scoring averages) Leah Herbel, Century, Hannah Herbel, Century; Anna Huetti, Mandan; Abi Schneider, St. Mary's; Ava Kalanek, Legacy; Ruby Heydt, Mandan; Aliyah Iverson, Century

2022 WDA STANDINGS

| Team | Conf. | Pts | GF | GA | Overall | Home | Away | Neutral |
|---------------|--------|-----|----|----|---------|-------|-------|---------|
| Minot | 11-2-1 | 34 | 36 | 7 | 15-4-1 | 8-1-0 | 5-1-1 | 2-2-0 |
| Legacy | 11-3-0 | 33 | 44 | 8 | 14-5-0 | 6-2-0 | 6-1-0 | 2-2-0 |
| Bismarck High | 8-4-2 | 26 | 40 | 11 | 9-8-2 | 4-2-2 | 4-4-0 | 1-2-0 |
| Century | 6-4-4 | 22 | 32 | 27 | 9-6-4 | 3-2-2 | 4-2-2 | 2-2-0 |
| Jamestown | 5-7-2 | 17 | 16 | 25 | 6-8-2 | 2-5-0 | 4-2-2 | 1-2-0 |
| Mandan | 3-6-5 | 14 | 22 | 24 | 5-6-5 | 4-4-1 | 1-2-4 | 0-1-0 |
| Williston | 4-9-1 | 13 | 22 | 50 | 4-10-1 | 2-4-1 | 2-6-0 | 0-0-0 |
| Dickinson | 0-13-1 | 1 | 8 | 70 | 0-15-1 | 0-7-1 | 0-8-0 | 0-0-0 |

GF: Goals For; GA: Goals Allowed (WDA matches only)

2022 POSTSEASON REWIND

Sept. 27
WDA Tournament
Play-in Matches at Higher Seed
 (5) Jamestown 4, (8) Dickinson 0
 (6) Mandan 5, (7) Williston 1
State Qualifiers at St. Mary's Our Lady of Victory Stadium
 (4) Century 2, (5) Jamestown 1
 (3) Bismarck High 3, (6) Mandan 2 (SO)
Championship at St. Mary's Our Lady of Victory Stadium
 (1) Minot High 3, (2) Legacy 2
Oct. 6
ND State Tournament, West Fargo
Quarterfinals
 (1E) Fargo Davies 6, (4W) Century 0
 (2W) Bismarck Legacy 4, (3E) Fargo Shanley 1
 (1W) Minot High 2, (4E) G.F. Red River 1 (Shootout/Penalty Kicks)
 (2E) West Fargo 1, (3W) Bismarck High 0

Oct. 7
ND State Tournament, West Fargo
Consolation
 (4W) Century 4, (3E) Fargo Shanley 3
 (4E) G.F. Red River 1, (3W) Bismarck High 0
Semifinals
 (1E) Fargo Davies 3, (2W) Legacy 1
 (2E) West Fargo 1, (1W) Minot High 0
Oct. 8
ND State Tournament, West Fargo
Fifth Place
 G.F. Red River 2, Century 1
Third Place
 Legacy 2, Minot High 1
Championship
 West Fargo 2, Fargo Davies 1 (2OT)



Minot High
Magicians

2022 WDA
Champion

2022 WDA
Tournament
Champion

2022 WDA HEAD-TO-HEAD RESULTS

| | BHS | CEN | DCK | JAM | LEG | MAN | MIN | WIL |
|-----|---------------|--------------|---------------|--------------|--------------|--------------|--------------|--------------|
| BHS | | 2-0W 0-1L | 5-1W 10-0W | 2-0W 7-1W | 0-1L 0-3L | 5-0W 0-0T | 0-0T 1-3L | 4-0W 4-1W |
| CEN | 0-2L 1-0W | | 3-3T 7-1W | 2-2T 2-1W | 2-1W 1-6L | 0-0T 2-2T | 2-1W 2-3L | 6-2W 2-3L |
| DCK | 1-5L 0-10L | 3-3T 1-7L | | 0-3L 1-0W | 0-4L 0-7L | 1-7L 0-2L | 0-5L 0-7L | 1-5L 1-4L |
| JAM | 0-2L 1-7L | 2-2T 1-2L | 3-0W 1-0W | | 1-0W 0-3L | 1-1T 2-1W | 0-2L 1-2L | 2-1W 1-2L |
| LEG | 1-0W 3-0W | 1-2L 6-1W | 4-0W 7-0W | 0-1L 3-0W | | 2-1W 5-2W | 1-0W 0-1L | 4-0W 7-0W |
| MAN | 0-5L 0-0T | 0-0T 2-2T | 7-1W 2-0W | 1-1T 1-2L | 1-2L 2-5L | | 0-1L 0-1L | 6-2W 2-2T |
| MIN | 0-0T 3-1W | 1-2L 3-2W | 5-0W 7-0W | 2-0W 2-1W | 0-1L 1-0W | 1-0W 1-0W | | 6-0W 4-0W |
| WIL | 0-4L 1-4L | 2-6L 3-2W | 5-1W 4-1W | 1-2L 2-1W | 0-4L 0-7L | 2-6L 2-2T | 0-6L 0-4L | |

SEASON NOTES

*This was the 28th season of WDA/West Region play.
 *Minot High won the WDA regular season title for the second consecutive season and seventh overall and defended its WDA Tournament championship.
 *For a third-straight season, Minot, Bismarck High, Century and Legacy qualified for the state tournament. BHS defeated Mandan in a shootout to earn a state tournament berth.
 *Legacy posted its best-ever finish at the state tournament, placing third with a victory over WDA foe Minot High.
 *Legacy's 44 goals scored in WDA matches was a league best.
 *Minot High (15) and Legacy (14) were the only conference teams with 10 or more wins.
 *Minot High had a WDA-best nine-match win streak.
 *Eight conference matches ended up in ties with Mandan having a league-leading five draws.
 *WDA teams posted a 8-9-0 record vs. EDC opponents.
 *Bismarck High's Owen Haase was region senior

athlete of the year.
 *Legacy's Tom Marcis was WDA coach of the year.
 *St. Mary's hosted the WDA Tournament's state qualifiers and championship matches.
 *Bismarck High's Owen Haase had a WDA-best 22 points in conference matches.
 *Century's Brooks Turner led the WDA with 15 goals in WDA matches for a second-straight year.
 *Century's Kaden Campbell led the conference with 13 assists in WDA reg. season matches.
 *Minot High's JJ Dufner's nine shutouts was most in the WDA.
 *Williston goalkeeper James Brenner led the WDA with 157 saves.
 *Bismarck High and Century extended its consecutive state tournament appearance streak to 28 years.
 *Minot High was the preseason coaches' pick to win the WDA title.
 *West Fargo hosted the ND State Tournament and West Fargo won the championship, besting Fargo Davies in OT.
 *All-WDA selections: **Bismarck Century** – Kaiden

Campbell, Sr.; Brooks Turner, Sr.; Brennen Fode, Sr.
Bismarck High – Owen Haase, Sr.; Babu Ramadhani, Sr.; Louis Belanger, Sr.; Liam Weis, Jr.
Bismarck Legacy – Nate Olheiser, Jr.; Jacob Lelm, Sr.; Uriel Rivera, Fr.; Kamen Kooiman, So.
Dickinson – Hubert Niyimboma, Sr.
Jamestown – Brady Harty, So.; Grant Lunde, So.
Mandan – Alex Wegner, Sr.; Ratmir Spac, Sr.
Minot High – Manasseh Boakey, Sr.; JJ Dufner, Sr.; Brayden Oswalt, Jr.; Ian Hagerott, Jr.
Williston – Pablo Palacios, Sr.; James Brenner, Sr.
 *All-state selections from the WDA:
Bismarck Century – *Kaiden Campbell, *Brooks Turner; **Bismarck High** – *Owen Haase, Babu Ramadhani; **Bismarck Legacy** – *Nate Olheiser, *Jacob Lelm; Uriel Rivera; **Jamestown** – Brady Harty; **Mandan** – Alex Wegner; **Minot High** – *Manasseh Boakey, Brayden Oswalt; **Williston** – James Brenner
 *Denotes first team selection

BISMARCK DEMONS
 Overall Record: 9-8-2
WDA Record: 8-4-2
 A12 @W. Fargo 0-1L
 A13 WF SHEYENNE 0-2L
 A16 @Williston 4-0W
 A18 @Dickinson 5-1W
 A23 MINOT HIGH 0-0T
 A25 @Mandan 5-0W
 A27 LEGACY 0-1L
 A30 @Jamestown 2-0W
 S1 CENTURY 2-0W
 S6 WILLISTON 4-1W
 S8 DICKINSON 10-0W
 S13 @Minot High 1-3L
 S15 MANDAN 0-0T
 S17 @Legacy 0-3L
 S20 JAMESTOWN 7-1W
 S22 @Century 0-1L
 O1 Mandan% 3-2W(SO)
 O6 W. FARGOS 0-1L
 O7 GF Red River# 0-1L
 % WDA State Qualifier
 \$ ND State Quarterfinal
 # ND State Consolation

CENTURY PATRIOTS
 Overall Record: 9-6-4
WDA Record: 6-4-4
 A13 @W. Fargo 2-0W
 A16 @Minot High 2-1W
 A18 WILLISTON 6-2W
 A25 JAMESTOWN 2-2T
 A27 @Dickinson 3-3T
 A30 @Legacy 2-1W
 S1 @Bismarck High 0-2L
 S6 MINOT HIGH 2-3L
 S8 @Williston 2-3L
 S10 MANDAN 0-0T
 S13 @Mandan 2-2T
 S15 @Jamestown 2-1W
 S17 DICKINSON 7-1W
 S20 @Legacy 1-6L
 S22 BISMARCK 1-0W
 O1 Jamestown% 2-1W
 O6 Fargo Davies\$ 0-6L
 O7 Fargo Shanley# 4-3W
 O8 GF Red River## 1-2L
 % WDA Tournament State Qualifier
 \$ ND State Quarterfinal
 # ND State Consolation
 ## ND State Fifth Place

DICKINSON MIDGETS
 Overall Record: 0-15-1
WDA Record: 0-13-1
 A12 WF SHEYENNE 0-7L
 A16 @Mandan 1-7L
 A18 BISMARCK 1-5L
 A23 @Jamestown 0-3L
 A25 LEGACY 0-4L
 A27 CENTURY 3-3T
 A30 MINOT HIGH 0-5L
 S1 WILLISTON 1-5L
 S6 MANDAN 0-2L
 S8 @Bismarck High 0-10L
 S13 JAMESTOWN 0-1L
 S15 @Legacy 0-7L
 S17 @Century 1-7L
 S20 @Minot High 0-7L
 S22 @Williston 1-4L
 S27 @Jamestown& 0-4L
 & WDA Play-in

JAMESTOWN BLUE JAYS
 Overall Record: 6-8-2
WDA Record: 5-7-2
 A16 @Legacy 1-0W
 A18 MINOT HIGH 0-2L
 A23 DICKINSON 3-0W
 A25 @Century 2-2T
 A27 @Williston 2-1W
 A30 BISMARCK 0-2L
 S1 MANDAN 1-1T
 S6 LEGACY 0-3L
 S8 @Minot High 1-2L
 S13 @Dickinson 1-0W
 S15 CENTURY 1-2L
 A27 @Minot High 0-1L
 S20 @Bismarck 1-7L
 S22 @Mandan 2-1W
 S27 DICKINSON& 4-0W
 O1 Century! 1-2L
 & WDA Play-in
 ! WDA State Qualifier

LEGACY SABERS
 Overall Record: 14-0-0
WDA Record: 11-3-0
 A13 FARGO NORTH 3-0W
 A16 JAMESTOWN 0-1L
 A18 MANDAN 2-1W
 A23 @Williston 4-0W
 A25 @Dickinson 4-0W
 A27 @Bismarck 1-0W
 A30 CENTURY 1-2L
 S1 MINOT HIGH 1-0W
 S6 @Jamestown 3-0W
 S8 @Mandan 5-2W
 S13 WILLISTON 7-0W
 S15 DICKINSON 7-0W
 S17 BISMARCK 3-0W
 S20 @Century 6-1W
 S22 @Minot High 0-1L
 O1 Minot High* 2-3L
 O6 Fargo Shanley\$ 4-1W
 O7 Fargo Davies\$ 1-3L
 O8 Minot High## 2-1W

^ WDA Tournament Championship
 \$ ND State Quarterfinal
 S\$ ND State Semifinal
 ## ND State Third Place

MANDAN BRAVES
 Overall Record: 5-7-5
WDA Record: 3-6-5
 A12 FARGO NORTH 5-1W
 A16 DICKINSON 7-1W
 A18 @Legacy 1-2L
 A25 BISMARCK 0-5L
 A27 @Minot High 0-1L
 A30 WILLISTON 6-2W
 S1 @Jamestown 1-1T
 S6 @Dickinson 2-0W
 S8 LEGACY 2-5L
 S10 @Century 0-0T
 S13 CENTURY 2-2T
 S15 @Bismarck 0-0T
 S17 MINOT HIGH 0-1L
 S20 @Williston 2-2T
 S22 JAMESTOWN 1-2L
 S27 Williston& 5-1W
 O1 Bismarck% 2-3L(SO)
 & WDA Play-in
 % WDA State Qualifier

MINOT MAGICIANS
 Overall Record: 15-4-1
WDA Record: 11-2-1
 A13 GF CENTRAL 4-0W
 A13 GF RED RIVER 2-1W
 A16 CENTURY 1-2L
 A18 @Jamestown 2-0W
 A23 @Bismarck 0-0T
 A25 WILLISTON 6-0W
 A27 MANDAN 1-0W
 A30 @Dickinson 5-0W
 S1 @Legacy 0-1L
 S6 @Century 3-2W
 S8 JAMESTOWN 2-1W
 S13 BISMARCK 3-1W
 S15 @Williston 4-0W
 S17 @Mandan 1-0W
 S20 DICKINSON 7-0W
 S22 LEGACY 1-0W
 O1 Legacy* 3-2W
 O6 GF Red River\$ 1-0W(SO)
 O7 West Fargo\$ 0-1L
 O8 Legacy## 1-2L
 ^ WDA Tournament Championship
 \$ ND State Quarterfinal
 S\$ ND State Semifinal
 ## ND State Third Place

WILLISTON COYOTES
 Overall Record: 4-10-1
WDA Record: 4-9-1
 A16 BISMARCK 0-4L
 A18 @Century 2-6L
 A23 LEGACY 0-4L
 A25 @Minot High 0-6L
 A27 JAMESTOWN 1-2L
 A30 @Mandan 2-6L
 S1 @Dickinson 5-1W
 S6 @Bismarck 1-4L
 S8 CENTURY 3-2W
 S13 @Legacy 0-7L
 S15 MINOT HIGH 0-4L
 S17 @Jamestown 2-1W
 S20 MANDAN 2-2T
 S22 DICKINSON 4-1W
 S27 @Mandan& 1-5L
 & WDA State Qualifier

2022 WDA/WEST REGION STANDINGS

| | Conf. | Win Pct. | MW | ML | Home | Away | Neutral | Overall |
|---------------|-------|----------|----|----|------|------|---------|---------|
| Minot High | 6-0 | 1.000 | 47 | 7 | 11-1 | 8-2 | 0-0 | 19-3 |
| Legacy | 5-1 | .833 | 39 | 11 | 6-4 | 3-4 | 7-2 | 16-9 |
| Century | 4-2 | .667 | 33 | 21 | 3-4 | 4-3 | 3-5 | 10-12 |
| Mandan | 3-3 | .500 | 26 | 38 | 4-2 | 2-4 | 3-3 | 9-10 |
| Williston | 2-4 | .333 | 15 | 35 | 2-2 | 1-8 | 0-5 | 3-13 |
| Bismarck High | 1-5 | .167 | 12 | 32 | 1-4 | 1-7 | 1-3 | 3-14 |
| Jamestown | 0-6 | .000 | 9 | 44 | 0-4 | 0-6 | 2-5 | 2-15 |

MW: Matches won; ML: Matches lost (WDA reg. season only)

2022 POSTSEASON REWIND

Sept. 29
West Region Team Tournament, Minot
Quarterfinals
 (2) Legacy 4, (7) Jamestown 1
 (3) Century 5, (6) Bismarck High 0
 (4) Mandan 4, (5) Williston 1
Semifinals
 (1) Minot High 4, (4) Mandan 1
 (2) Legacy 3, (3) Century 2
Loser-out
 (7) Jamestown 3, (6) Bismarck High 2
State Qualifiers
 (3) Century 5, (5) Williston 0
 (4) Mandan 4, (7) Jamestown 1
Championship
 (1) Minot High 4, (2) Legacy 1
Sept. 30-Oct. 1
West Region Individual Tournament, Minot
Singles division
Seventh place
 Gabe Hanson, Bismarck High, def. Caleb Johnson, Legacy, 7-6 (6), 6-2
Fifth Place
 Drew Beasley, Legacy, def. Josh Hegstad, Minot High, 6-4, 5-7, 6-4
Third Place
 Tyler Wahl, Bismarck High def. Mason Lunzman, Jamestown, 6-3, 6-1
Championship
 Anthony James, Legacy, def. Hunter Rice, (2W) Legacy 3, (4E) Fargo Davies (2W) Legacy 3, (4E) Fargo Davies (3E) WF Sheyenne 4, (2E) Fargo South 1
Championship
 Kai Backen-Luke LeFevre, Jamestown, def. Nathan Mathern-Cooper Miller, Legacy, 3-6, 6-3, 6-2
Fifth Place
 Brayden Ruff-Joe Kalb, Legacy, def. Tyler Kleinjan-Sri Kandooru, Century, 6-3, 6-0
Third Place
 Jared Pitcher-Beau Zander, Century, def. Aidan Diehl-Sam Griffith, Minot High, 7-6 (6), 6-4
Championship
 Karter Hatzenbuhler-Brady Helbling, Mandan, def. Grayson Schaeffer-Brayden McLean, Minot High, 6-2, 4-6, 6-1
Oct. 6
ND State Team Tournament, Grand Forks
Quarterfinals
 (1E) GF Red River 5, (4W) Mandan 0
 (3E) WF Sheyenne 3, (2W) Legacy 2
 (1W) Minot High 4, (4E) Fargo Davies 1
 (2E) Fargo South 3, (3W) Century 2
Consolation
 (2W) Legacy 3, (4W) Mandan 2
 (4E) Fargo Davies 3, (3W) Century 1
Semifinals
 (1E) GF Red River 4, (1W) WF Sheyenne 1
 (1W) Minot High 4, (2E) Fargo South 2
Fifth Place



Minot High Magicians

2022 WDA Champion
 2022 West Region Tournament Champion

2022 WDA HEAD-TO-HEAD RESULTS

| | BHS | CEN | JAM | LEG | MAN | MIN | WIL |
|-----|-------|------|-------|-------|------|-------|------|
| BHS | | 1-8L | 6-2W* | 0-9L | 4-5L | 1-8L | 3-6L |
| CEN | 8-1W | | 8-1W | 2-7L | 6-3W | 1-8L | 8-1W |
| JAM | 2-6L* | 1-8L | | 1-8L | 2-7L | 0-9L | 3-6L |
| LEG | 9-0W | 7-2W | 8-1W | | 7-2W | 3-6L* | 5-0W |
| MAN | 5-4W | 3-6L | 7-2W | 2-7L | | 2-7L | 7-2W |
| MIN | 8-1W | 8-1W | 9-0W | 6-3W | 7-2W | | 9-0W |
| WIL | 6-3W | 1-8L | 6-3W | 0-5L* | 2-7L | 0-9L | |

Teams play a single round robin schedule; *Match shortened due to rain

STANDINGS NOTES

*This was the 48th season of WDA/West Region play.
 *Minot High won the WDA regular season title and the West Region Tournament championship.
 *Minot High reached the state team tournament final for the first time since 2012.
 *State qualifiers from the WDA: Minot, Legacy, Century, Mandan, Century
 *Minot hosted the N.D. state tournament for the first time since 1997.
 *Mandan's doubles team of Karter Hatzenbuhler-Brady Helbling finished runner-up at the state doubles tournament.
 *Seven WDA teams had at least one state qualifier; Legacy led with three singles players and two doubles teams.
 *The WDA posted a 10-25 dual record vs. EDC opponents.
 *Mandan's Brady Helbling, Legacy's Anthony James and Minot High's Hunter Rice were W. Region senior athlete of the year nominees.
 *Legacy's Anthony James finished unbeaten at No. 1 singles in WDA regular season matches.
 *Minot hosted the West Region Tournament.
 *Minot High's Scott DeLorme was named region coach of the year.
 *Minot qualified for a WDA-Best 47th state tournament.
 *Minot was the 2022 preseason coaches' pick to win the WDA title.
 *All-WDA Singles: Anthony James, Legacy; Hunter Rice, Minot High; Tyler Wahl, Bismarck High; Mason Lunzman, Jamestown; Drew Beasley, Legacy
 *All-WDA Doubles: Karter Hatzenbuhler-Brady Helbling, Mandan; Grayson Schaeffer-Brayden McLean, Minot High; Jared Pitcher-Beau Zander, Century; Aidan Diehl-Sam Griffith, Minot High; Brayden Ruff-Joe Kalb, Legacy
 *WDA players who earned all-state honors: Karter Hatzenbuhler, Brady Helbling, Mandan; Hunter Rice, Minot High; Anthony James, Legacy

BISMARCK DEMONS
Overall Record: 3-14
WDA Record: 1-5
 A19 Century# 1-4L
 A19 Williston# 3-2W
 A19 Minot High# 0-5L
 A20 Minot Rd Rbn 6th
 A23 JAMESTOWN! 4-3W
 A25 @Minot High 1-8L
 A30 @Century! 2-5L
 S1 @Legacy! 1-6L
 A20 Minot Rd Rbn. 3rd
 S8 CENTURY 1-8L
 S9 @Fargo South 1-6L
 S9 @WF Sheyenne 0-5L
 S10 WF She. Invite T13th
 S13 MANDAN 4-5L
 S15 @Jamestown 6-2W*
 S16 LEGACY 0-9L
 S22 @Williston 3-6L
 S29 Century^ 0-5L
 S29 Jamestown% 2-3L
In Minot
 ! West Region Non-Couunter
 ^ West Region Quarterfinal
 % West Region Loser-out
CENTURY PATRIOTS
Overall Record: 10-12
WDA Record: 4-2
 A19 Jamestown# 2-3L
 A19 Bismarck# 4-1W
 A19 Minot High# 0-5L
 A20 Minot Rd Rbn. 4th
 A23 @Mandan! 2-5L
 A26 @Williston 8-1W
 A27 WF Sheyenne 3-6L
 A30 Bismarck High! 5-2W
 S1 MANDAN 6-3W
 S6 @Legacy! 4-3W
 S8 @Bismarck High 8-1W
 S9 @West Fargo 2-3L
 S9 Wahpeton 1-4L
 S10 WF She. Inv. 13th
 S13 MINOT HIGH 1-8L
 S17 WILLISTON! 3-2W
 S20 LEGACY 2-7L
 S22 @Jamestown 8-1W
 S23 FARGO DAVIES 0-5L
 S29 Bismarck^ 5-0W
 S29 Legacy^^ 2-3L
 S29 Williston% 4-1W
 O6 Fargo South\$ 2-3L
 O6 Fargo Davies& 1-3L
In Minot
 ! West Region Non-couunter
 ^ West Region Quarterfinal
 ^^ West Region Semifinal
 % West Region State Qualifier
 \$ State Quarterfinal
 & State Consolation
JAMESTOWN BLUE JAYS
Overall Record: 2-15
WDA Record: 0-6
 A19 Century# 3-2W
 A19 Minot High# 0-5L
 A19 Legacy# 2-3L
 A20 Minot Rd Rbn. 5th
 A23 @Bismarck! 3-4L
 A25 @Legacy 1-8L
 A27 WF Sheyenne! 0-9L
 A30 @Mandan 2-7L
 S6 @Valley City 1-4L
 S8 MINOT HIGH 0-9L
 S9 GF Red River 0-8L
 S9 GF Central 0-8L
 S10 WF She. Inv. 13th
 S15 BISMARCK 2-6L
 S22 CENTURY 1-8L
 S23 @Williston 3-6L
 S29 Legacy^ 1-4L
 S29 Bismarck% 3-2W
 S29 Mandan% 0-5L

In Minot
 ! West Region Non-couunter
 ^ West Region Quarterfinal
 % West Region Consolation
LEGACY SABERS
Overall Record: 16-9
WDA Record: 5-1
 A19 Mandan# 4-1W
 A19 Williston# 3-2W
 A19 Jamestown# 3-2W
 A20 Minot Rd Rbn. 3rd
 A25 JAMESTOWN 8-1W
 A26 WF SHEYENNE 2-7L
 A27 WILLISTON! 7-0W
 A30 MINOT HIGH! 1-6L
 S1 BISMARCK! 6-1W
 S2 WEST FARGO 9-0W
 S6 CENTURY! 3-4L
 S8 WILLISTON* 5-0W
 S9 @Fargo North 3-2W
 S9 Fargo Shanley 2-3L
 S9 Wahpeton 2-3L
 S10 WF She. Inv. 6th
 S16 @Bismarck 9-0W
 S19 MANDAN 7-2W
 S20 @Century 7-2W
 S22 @Minot High 3-6L
 S23 Fargo Davies 1-4L
 S29 Jamestown* 4-1W
 S29 Century^^ 3-2W
 S29 Minot High^^ 1-4L
 O6 WF Sheyenne\$ 2-3L
 O6 Mandan& 5-0W
 O6 F. Davies&& 3-2W
In Minot
 ! West Region Non-couunter
 * Match shortened due to weather
 ^ West Region Quarterfinal
 ^^ West Region Semifinal
 % West Region Championship
 \$ State Quarterfinal
 & State Consolation
 && State Fifth Place
MANDAN BRAVES
Overall Record: 9-10
WDA Record: 3-3
 A19 Minot High# 1-4L
 A19 Legacy# 1-4L
 A19 Williston# 4-1W
 A20 Minot Rd Rbn. 2nd
 A23 CENTURY! 5-2W
 A25 WF SHEY 3-8L
 A30 JAMESTOWN 7-2W
 S1 @Century 3-6L
 S6 BISMARCK! 6-1W
 S9 @Valley City 4-1W
 S9 @Fargo Davies 1-4L
 S10 WF She. Inv. 10th
 S13 @Bismarck 5-4W
 S16 WILLISTON 7-2W
 S17 @Legacy 2-7L
 S20 MINOT HIGH 2-7L
 S29 Williston 4-1W
 S29 Minot High^^ 1-4L
 S29 Jamestown% 5-0W
 O6 GF Red River\$ 0-5L
 O6 Legacy& 2-3L
In Minot
 ! West Region Non-couunter
 ^ West Region Quarterfinal
 ^^ West Region Semifinal
 % West Region State Qualifier
 \$ State Quarterfinal
 & State Consolation

MINOT HIGH MAGICIANS
Overall Record: 19-3
WDA Record: 6-0
 A19 MANDAN! 4-1W
 A19 JAMESTOWN! 5-0W
 A19 BISMARCK! 5-0W
 A19 CENTURY! 5-0W
 A20 Minot Rd Rbn. 1st
 A23 @Williston! 7-0W
 A25 BISMARCK 8-1W
 A27 @F. Shanley 8-1W
 A27 @F. Davies 4-5L
 A30 @Legacy! 6-1W
 S8 @Jamestown 9-0W
 S9 @Fargo North 3-2W
 S9 @Fargo South 4-1W
 S9 @WF Sheyenne 1-4L
 S10 WF She. Invite 4th
 S13 @Century 8-1W
 S15 WILLISTON 9-0W
 S20 @Mandan 7-2W
 S22 LEGACY 6-3W
 S29 Mandan^^ 4-1W
 S29 Legacy^^ 4-1W
 O6 F. Davies\$ 4-1W
 O6 F. South\$\$ 4-1W
 O6 GF RedRiver\$\$ 1-4L
In Minot
 ! West Region Non-couunter
 * Match shortened due to darkness
 ^^ West Region Semifinal
 ^^ West Region Championship
 \$ State Quarterfinal
 \$\$ State Semifinal
 \$\$\$ State Championship
WILLISTON COYOTES
Overall Record: 3-15
WDA Record: 2-4
 A19 Legacy# 2-3L
 A19 Bismarck# 2-3L
 A19 Mandan# 1-4L
 A20 Minot Rd Rbn. 6th
 A23 MINOT HIGH! 0-7L
 A26 CENTURY 1-8L
 A27 @Legacy! 0-7L
 S8 @Legacy* 0-5L
 S9 @F. North 3-2W
 S9 @WF Sheyenne 1-4L
 S9 @Fargo Davies 1-8L
 S10 WF She. Inv. 13th
 S15 @Minot High 0-9L
 S16 @Mandan 2-7L
 S17 @Century! 2-3L
 S22 BISMARCK 6-3W
 S23 JAMESTOWN 6-3W
 S29 Mandan^ 1-4L
 S29 Century% 1-4L
 ! West Region Non-couunter
 * Match shortened due to weather
 ^ West Region Quarterfinal
 % West Region Loser-out

2022 WDA/AA WEST REGION STANDINGS

| Team | Conf. | Win. Pct. | Streak | PF | PA | Overall | Home | Away/Neutral |
|---------------|-------|-----------|--------|-----|-----|---------|------|--------------|
| y-Minot High | 5-1 | .833 | W3 | 178 | 71 | 6-4 | 3-1 | 3-3 |
| y-Mandan | 4-1 | .800 | W4 | 202 | 70 | 8-3 | 4-2 | 3-1 |
| y-Legacy | 4-1 | .800 | W1 | 102 | 69 | 6-4 | 4-2 | 2-2 |
| y-Century | 3-2 | .600 | W3 | 102 | 56 | 5-7 | 3-2 | 2-5 |
| St. Mary's | 2-3 | .400 | L2 | 54 | 126 | 3-6 | 2-2 | 1-4 |
| Williston | 0-5 | .000 | L5 | 14 | 152 | 2-7 | 2-3 | 0-4 |
| Bismarck High | 0-5 | .000 | L5 | 59 | 167 | 0-8 | 0-4 | 0-5 |

PF: Points For; PA: Points Allowed (WDA only) y-Playoff qualifier; Seeding for Class AA determined by QRF (Quality Results Formula). (+/-) is used as point differential as set forth by the NDHSAA. Minot High was the only team to play a complete round robin schedule.

2022 EDC/AA EAST REGION STANDINGS

| Team | Conf. | Win. Pct. | Streak | PF | PA | Overall |
|-----------------|-------|-----------|--------|----|-----|---------|
| z-WF Sheyenne | 2-1 | .667 | W2 | 75 | 55 | 8-2 |
| y-West Fargo | 2-1 | .667 | L1 | 96 | 105 | 10-2 |
| y-Fargo Shanley | 2-1 | .667 | W2 | 94 | 61 | 7-4 |
| Fargo Davies | 0-3 | .000 | L3 | 55 | 99 | 4-6 |

PF: Points For; PA: Points Allowed (EDC only) z-EDC champion y-Playoff qualifier; Seeding for Class AA determined by QRF (Quality Results Formula).

2022 POSTSEASON REWIND

| ND State AA Football Playoffs | Nov. 4 Semifinals |
|---|-------------------------------------|
| Oct 28 | |
| Quarterfinals | |
| (3) Fargo Shanley 42, (6) Minot High 14 | (3) Fargo Shanley 38, (2) Mandan 27 |
| (5) Fargo Davies 35, (4) Legacy 7 | (8) Century 12, (5) Fargo Davies 0 |
| (8) Century 27, (1) WF Sheyenne 8 | Nov. 11 |
| (2) Mandan 34, (7) West Fargo 18 | Dakota Bowl |
| | Championship, Fargo Dome |
| | (3) Fargo Shanley 48 (8) Century 7 |

| | | | | | | | | |
|--|--|----------------------------|---|---|--|---|---------------------------|--|
| BISMARCK DEMONS AA Overall Record: 0-8 WDA Record: 0-5 A26 F. SHANLEY 18-40L S2 @St. Mary's* 15-20L S9 @F. Davies 28-35L S16 LEGACY* 15-35L S23 @West Fargo 14-31L S30 MANDAN* 22-63L O7 @Minot High* 7-27L O14 WF Shey. 0-42L O20 @Century 0-23L * WDA/AA Game | O14 @F. Davies 20-35L O20 BISMARCK* 23-0W O28 @WF Shey.\$ 27-8W N4 @F. Davies\$\$ 12-0W N11 F. Shanley\$\$ 7-48L * WDA/AA Game \$ State AA Quarterfinals \$ State AA Semifinals \$\$\$ State AA Championship | \$ State AAA Quarterfinals | MINOT MAGICIANS AA Overall Record: 6-4 WDA Record: 4-1 A26 ST. MARY'S* 28-0W S2 @Legacy* 21-26L S9 @Mandan* 35-26W S16 CENTURY* 19-12W S23 @F. Davies 7-34L S30 WF SHEY. 14-27L O7 BISMARCK* 27-7W O14 @Williston* 48-0W O20 @W. Fargo 24-10W O28 @F. Shanley\$ 14-42L * WDA/AA Game \$ State AA Quarterfinals | S20 W. FARGO 7-30L O7 F. SOUTH 10-7W O14 @Legacy* 13-42L O20 @F. Shanley 14-70L * WDA/AA Game | WILLISTON COVOTES AA Overall Record: 2-7 WDA Record: 0-5 A19 @Red River 14-43L A26 F. SOUTH 6-45L S2 DICKINSON 27-14W O7 @Mandan 7-41L O14 @TMCHS* 52-14W O20 GF RED RIVER 0-46L O28 @F. South\$ 12-38L * A Region Game \$ State A Quarterfinals | JAMESTOWN BLUE JAYS A Overall Record: 10-2 West Region Record: 4-0 A26 GF RED RIVER 28-12W S2 @TMCHS* 56-12W S9 GF CENTRAL 42-28W S16 WAT. CITY* 47-0W S23 @Wahpeton 13-14L S30 DICKINSON* 33-8W O7 @Valley City 6-34L O14 @WF Horace 46-12W O20 F. NORTH 49-21W O28 GF CENTRALS 49-20W N4 RED RIVERS\$ 27-13W N11 F. NORTH\$\$ 46-28W * A Region Game \$ State A Quarterfinals \$\$ State A Semifinals | \$\$\$ State Championship | WATFORD CITY WOLVES A Overall Record: 2-7 West Region Record: 1-2 A19 @GF Central 0-33L A26 HAZEN 16-26L S2 VALLEY CITY 7-45L S9 DICKINSON* 7-42L S16 @Jamestown* 0-47L S23 @TMCHS* 29-13W O7 @Williston 6-40L O14 DEVILS LAKE 6-31L O20 WF HORACE 21-19W * A Region Game |
|--|--|----------------------------|---|---|--|---|---------------------------|--|

2022 AA WDA HEAD-TO-HEAD RESULTS

| | BHS | CEN | LEG | MAN | MIN | SM | WIL |
|-----|--------|--------|--------|--------|--------|--------|--------|
| BHS | | 0-23L | 15-34L | 22-63L | 7-27L | 15-20L | -- |
| CEN | 23-0W | | 20-0W | 13-30L | 12-19L | -- | 34-7W |
| LEG | 34-15W | 0-20L | | -- | 26-21W | 43-13W | 35-13W |
| MAN | 63-22W | 30-13W | -- | | 26-35L | 34-0W | 49-0W |
| MIN | 27-7W | 19-12W | 21-26L | 35-26W | | 26-0W | 48-0W |
| SM | 20-15W | -- | 13-42L | 0-34L | 0-26L | | 21-7W |
| WIL | -- | 7-34L | 13-35L | 0-49L | 0-48L | 7-21L | |

Note: Due to the AA state schedule, not every AA WDA team played a round robin schedule among conference teams.

2022 A WEST STANDINGS

| Team | Conf. | Win. Pct | Streak | PF | PA | Overall | Home | Away/Neutral |
|--------------|-------|----------|--------|-----|-----|---------|------|--------------|
| z-Jamestown | 3-0 | 1.000 | W3 | 136 | 20 | 10-2 | 5-1 | 5-1 |
| x-Dickinson | 2-1 | .667 | W1 | 102 | 54 | 4-5 | 1-4 | 4-2 |
| Watford City | 1-2 | .333 | W1 | 36 | 102 | 2-7 | 0-5 | 0-4 |
| TMCHS | 0-3 | .000 | L3 | 39 | 137 | 1-8 | 1-4 | 0-4 |

z-A top region seed; x-Playoff qualifier; Seeding for Class A determined by QRF (computer ratings). Streak is region games only; PF-PA Division games only; z-Clinched Division title

2022 A EAST STANDINGS

| Team | Conf. | Win. Pct | Streak | PF | PA | Overall |
|-------------------|-------|----------|--------|-----|-----|---------|
| z-Fargo South | 5-0 | 1.000 | W4 | 124 | 33 | 6-4 |
| x-G. F. Red River | 4-0 | 1.000 | W4 | 150 | 35 | 8-3 |
| x-Fargo North | 4-2 | .667 | W1 | 196 | 97 | 7-5 |
| x-Valley City | 3-3 | .600 | L2 | 117 | 78 | 7-3 |
| x-Wahpeton | 3-4 | .428 | W1 | 143 | 223 | 5-5 |
| G.F. Central | 3-4 | .428 | W2 | 150 | 168 | 4-5 |
| Devils Lake | 1-5 | .167 | L1 | 83 | 155 | 3-6 |
| WF Horace | 0-5 | .000 | L5 | 43 | 237 | 0-9 |

z-A top region seed; x-Playoff qualifier; Seeding for Class A determined by QRF (computer ratings).Streak is region games only; Streak is Division games only; PF-PA

2022 POSTSEASON REWIND

| ND State A Football Playoffs | Nov. 4 Semifinals | Jamestown Blue Jays |
|--|--|---|
| Oct. 29 | | |
| Quarterfinals | | |
| (1) Fargo South 38, (8) Dickinson 12 | (5) Fargo North 26, (1) Fargo South 7 |  |
| (5) Fargo North 30, (4) Valley City 28 | (2) Jamestown 27, (3) G.F. Red River 7 | |
| (2) Jamestown 49, (7) GF Central 20 | Nov. 11 | 2022 A West Region Champion |
| (3) G.F. Red River 40 (6) Wahpeton 7 | Dakota Bowl | 2022 State A Champion |
| | Championship, Fargo Dome | |
| | (2) Jamestown 46, (5) Fargo North 28 | |

| | | | |
|---|---|---------------------------|---|
| DICKINSON MIDGETS A Overall Record: 4-6 West Region Record: 2-1 A27 WF HORACE 42-0W S2 @Williston 14-27L S9 @Watford City* 42-7W S16 VALLEY CITY 6-27L S23 DEVILS LAKE 11-8W S30 @Jamestown* 8-33L O7 MANDAN 7-41L O14 @TMCHS* 52-14W O20 GF RED RIVER 0-46L O28 @F. South\$ 12-38L * A Region Game \$ State A Quarterfinals | JAMESTOWN BLUE JAYS A Overall Record: 10-2 West Region Record: 4-0 A26 GF RED RIVER 28-12W S2 @TMCHS* 56-12W S9 GF CENTRAL 42-28W S16 WAT. CITY* 47-0W S23 @Wahpeton 13-14L S30 DICKINSON* 33-8W O7 @Valley City 6-34L O14 @WF Horace 46-12W O20 F. NORTH 49-21W O28 GF CENTRALS 49-20W N4 RED RIVERS\$ 27-13W N11 F. NORTH\$\$ 46-28W * A Region Game \$ State A Quarterfinals \$\$ State A Semifinals | \$\$\$ State Championship | TMCHS BRAVES A Overall Record: 1-8 West Region Record: 0-3 A20 BEULAH 24-36L A26 @Valley City 0-35L S2 JAMESTOWN* 12-56L S9 @GF Red River 12-47L S16 NEW TOWN 49-0W S23 WAT. CITY* 13-29L O1 @Devils Lake 6-57L O14 DICKINSON* 14-52L * A Region Game |
|---|---|---------------------------|---|

SEASON NOTES

*This was the 84th season of WDA/West Region play.
 *The regular season again featured a handful of crossover games between Class A and AA teams.
 *Jamestown won back-to-back state championships for the first time in school history. The Blue Jay defeated Fargo North in the Class A title game.
 *Mandan, Minot High, Legacy and Century qualified for the AA playoffs.
 *Jamestown and Dickinson qualified for the A playoffs.
 *Despite losing its first five games, Century advanced to the AA championship, before falling to Fargo Shanley. The Patriots won road games in the quarterfinal and semifinal round.
 *Due to the AA scheduling format, WDA AA teams did not play a round robin schedule. Only Minot High played every WDA AA team. As a result, there was no true conference champion. Mandan did have the best Quality Results Formula (QRF) ranking among WDA AA teams.
 *For the first time since 2008, St. Mary's participated in the highest level of 11-man classifications in the state.
 *Bismarck High's streak of consecutive playoff appearances ended after 32 seasons.
 *Mandan won its first home playoff game since 2001.
 *Fargo Shanley won its first state title since 2018 and first state title in the highest 11-man classification since 1983.
 *Mandan's Karsyn Jablonski was named AA region and state senior athlete of the year.
 *Mandan's Todd Sheldon was named WDA coach of the year.
 *Jamestown's Payton Hochhalter was named A region and state senior athlete of the year.

2022 WDA/WEST REGION STANDINGS

| Team | GP | Conf. | Win. PCT | Streak | SW-SL | Overall | Home | Away | Neutral |
|-------------------------|----|-------|----------|--------|-------|---------|-------|------|---------|
| Century [^] | 20 | 20-0 | 1.000 | W0 | 63-6 | 36-3 | 14-1 | 12-0 | 10-2 |
| Jamestown | 20 | 17-3 | .850 | W2 | 50-20 | 33-7 | 11-1 | 6-2 | 16-4 |
| Legacy | 20 | 16-4 | .800 | L1 | 49-19 | 26-13 | 10-5 | 10-3 | 5-5 |
| Bismarck High | 20 | 14-6 | .700 | L1 | 47-26 | 21-15 | 5-3 | 9-3 | 7-9 |
| St. Mary's | 20 | 13-7 | .650 | W1 | 41-31 | 24-15 | 5-3 | 9-4 | 7-7 |
| Dickinson | 20 | 9-11 | .450 | W1 | 37-38 | 17-20 | 10-12 | 4-4 | 3-4 |
| Minot High [^] | 20 | 7-13 | .350 | W1 | 29-45 | 14-23 | 5-8 | 3-6 | 6-9 |
| Williston | 20 | 7-13 | .350 | L2 | 31-44 | 17-19 | 5-8 | 3-5 | 9-6 |
| Watford City | 20 | 5-15 | .250 | W1 | 22-50 | 12-22 | 4-6 | 1-10 | 7-6 |
| Mandan | 20 | 2-18 | .100 | L2 | 9-49 | 5-29 | 1-7 | 1-12 | 3-10 |
| TMCHS | 20 | 0-20 | .000 | L20 | 3-54 | 1-21 | 1-12 | 0-9 | 0-0 |

Note: SW-SL (Sets Won-Sets Loss in WDA matches only) Teams that meet just once in WDA play have those matches count double in the standings (2 Wins/2 Losses)
[^]Minot High held tie-break over Williston

2022 POSTSEASON REWIND



Bismarck Century Patriots
 2022 WDA Champion
 2022 West Region Tournament Champion

West Region Tournament Play-in (at higher seeds)
Nov. 3
 (8) Williston 3, (9) Watford City 0
 (7) Minot High 3, (10) Mandan 2
Nov. 4
 (6) Dickinson 3, (11) TMCHS 0
West Region Tournament, Dickinson Nov. 10
Quarterfinals
 (1) Century 3, (8) Williston 0
 (5) St. Mary's 3, (4) Bismarck High 1
 (2) Jamestown 3, (7) Minot High 1
 (3) Legacy 3, (6) Dickinson 2
Nov. 11
Lower-out
 (4) Bismarck High 4, (8) Williston 0
 (6) Dickinson 3, (7) Minot High 0

Semifinal
 (1) Century 3, (5) St. Mary's 2
 (2) Jamestown 3, (3) Legacy 0
Nov. 12
State Qualifiers
 (5) St. Mary's 3, (6) Dickinson 2
 (3) Legacy 3, (4) Bismarck High 2
Championship
 (1) Century 3, (2) Jamestown 2
Nov. 19
Class A Tournament, Bismarck
Nov. 19
Quarterfinals
 (1W) Century 3, (4E) Fargo North 0
 (3W) Legacy 3, (2E) West Fargo 0
 (1E) WF Sheyenne 3, (4W) St. Mary's 0
 (2W) Jamestown 3, (3E) Fargo South 2
Nov. 20
Consolation
 (2E) West Fargo 3, (4E) Fargo North 1

(4W) St. Mary's 3, (3E) Fargo South 1
Semifinals
 (1W) Century 3, (3W) Legacy 0
 (1E) WF Sheyenne 3, (2W) Jamestown 0
Nov. 20
Seventh Place
 (3E) Fargo South 3, (4E) Fargo North 1
Fifth Place
 (3E) West Fargo 3, (4W) St. Mary's 0
Third Place
 (2W) Jamestown 3, (3W) Legacy 2
Championship
 (1E) WF Sheyenne 3, (1W) Century 2

| | | |
|---|--|---|
| BISMARCK DEMONS Overall Record: 21-15 WDA Record: 14-4 A27 BPS Invite 3-4 rec. A30 @Williston* 3-1W, 3-1W S1 TMCHS 3-0W S8 @Mandan 3-0W S13 LEGACY 0-3L S15 @Century 0-3L S16 WATFORD CITY 3-0W S20 @Dickinson* 3-0W, 3-0W S23 JAMESTOWN 2-3L S27 MINOT HIGH 3-2W O1 @TMCHS 3-0W O4 @St. Mary's 3-1W O8 Fargo Scheels T. 3-3 rec. O11 @Watford City 3-1W O18 MANDAN 0-3L O19 @Legacy 0-3L O25 CENTURY 0-3L O27 ST. MARY'S 3-0W O28 @Minot High 3-2W N1 @Jamestown N10 St. Mary's [^] 1-3L N11 Williston [^] 3-0W N12 Legacy [^] 2-3L *Match counted for two wins/losses in standings ^ W. Region Quarterfinal % W. Region Lower-out % W. Region State Qualifier | JAMESTOWN BLUE JAYS Overall Record: 33-7 WDA Record: 17-3 A28 BPS Invite 7-0 rec. A30 MINOT HIGH 3-0W S1 @Legacy 1-3L S3 @Williston 3-1W S6 TMCHS 3-0W S8 ST. MARY'S 3-1W S13 CENTURY 1-3L S22 @Bismarck High 3-2W S24 TMCHS 3-0W S27 @St. Mary's 3-2W S29 DICKINSON 3-1W O1 WATFORD CITY* 3-0W, 3-0W O4 LEGACY 3-0W O6 MANDAN* 3-0W, 3-0W O9 Fargo Scheels T. 5-2 rec. O11 @Minot High 3-0W O15 WILLISTON 3-0W O19 @Century 0-3L O27 @Dickinson 3-2W N1 BISMARCK HIGH 3-2W N10 Minot High [^] 3-1W N11 Legacy [^] 3-0W N12 Century [^] 2-3L N17 Fargo South [^] 3-2W N18 WF Shey. S5 0-3L N19 Legacy&& 3-2W *Match counted for two wins/losses in standings ^ W. Region Quarterfinal % W. Region Semifinal | MINOT HIGH MAJETTES Overall Record: 14-23 WDA Record: 7-13 A28 BPS Invite 3-4 rec. A30 @Jamestown 0-3L S1 DICKINSON 1-3L S6 MANDAN 3-0W S8 @Legacy 1-3L S13 WATFORD CITY 3-2W S20 ST. MARY'S* 0-3L, 0-3L S22 @TMCHS 3-0W S27 @Bismarck High 3-0W S29 WILLISTON 3-2W O4 CENTURY* 1-3L, 1-3L O6 @Dickinson 2-3L O8 Fargo Scheels T. 3-4 rec. O11 JAMESTOWN 0-3L O13 @Mandan 3-0W O18 LEGACY 0-3L O19 @Watford City 1-3L O27 @Williston 3-1W O28 BISMARCK HIGH 2-3L N1 TMCHS 3-0W N3 MANDAN! 3-2W N10 Jamestown [^] 1-3L N11 Dickinson! 2-3L *Match counted for two wins-losses in standings ! W. Region Play-in ^ W. Region Quarterfinal % W. Region Lower-out |
| CENTURY PATRIOTS Overall Record: 36-3 WDA Record: 20-0 A27 BPS Invite 6-1 rec. A30 @Watford City 3-0W S1 ST. MARY'S 3-1W S6 WILLISTON 3-0W S13 @Jamestown 3-1W S15 BISMARCK HIGH 3-0W S17 @TMCHS* 3-0W, 3-0W S20 @Dickinson 3-0W S27 MANDAN 3-0W S29 @Legacy 3-1W O4 @Minot High* 3-1W, 3-1W O6 @St. Mary's 3-0W O8 Fargo Scheels T. 5-1 rec. O11 DICKINSON 3-0W O13 @Williston 3-0W O18 WATFORD CITY 3-0W *O19 JAMESTOWN 3-0W O25 @Bismarck High 3-0W O28 @Mandan 3-0W N1 LEGACY 3-0W N10 Williston [^] 3-0W N11 St. Mary's [^] 3-2W N12 Jamestown [^] 3-2W N17 Fargo North [^] 3-0W N18 Legacy [^] 3-0W N19 WF Shey S5S 2-3L *Match counted for two wins/losses in standings ^ W. Region Quarterfinal % W. Region Semifinal ^ W. Region Championship S Class A Quarterfinal S5 Class A Semifinal S5 Class A Championship | LEGACY SABERS Overall Record: 26-13 WDA Record: 16-4 A27 BPS Invite 3-4 rec. A30 @Mandan 3-0W S1 JAMESTOWN 3-1W S6 ST. MARY'S 3-0W S8 MINOT HIGH 3-1W S13 @Bismarck High 3-2W S15 @TMCHS 3-0W S20 WATFORD CITY 3-0W S27 @Dickinson 3-1W S29 CENTURY 1-3L O1 @Williston* 3-1W, 3-1W O4 @Jamestown 0-3L O8 Fargo Scheels T. 4-2 rec. O11 MANDAN 3-0W O13 @St. Mary's 0-3L O18 @Minot High 3-0W O19 BISMARCK HIGH 3-1W O27 @Watford City 3-0W O28 DICKINSON 3-1W N1 @Century 0-3L N10 Dickinson [^] 3-2W N11 Jamestown [^] 0-3L N12 Bismarck [^] 3-2W N17 West Fargo [^] 3-2W N18 Century [^] 0-3L N19 Jamestown&& 2-3L *Match counted for two wins-losses in standings ^ W. Region Semifinal % W. Region State Qualifier S Class A Quarterfinal S5 Class A Semifinal & Class A Third Place | WATFORD CITY WOLVES Overall Record: 12-22 WDA Record: 5-15 A27 BPS Invite 2-5 rec. A30 CENTURY 0-3L S1 WILLISTON 1-3L S6 @Dickinson 3-0W S8 TMCHS 3-1W S13 @Minot High 2-3L S16 @Bismarck High 0-3L S17 @St. Mary's 3-0W S20 @Legacy 0-3L S22 MANDAN* 3-2W, 3-2W S24 Dickinson Inv. 5-1 rec. S29 St. Mary's 3-1W O1 JAMESTOWN* 1-3L, 1-3L O6 @Dickinson 1-3L O13 DICKINSON 1-3L O18 @Century 0-3L O19 MINOT HIGH 3-1W O27 LEGACY 0-3L O28 @TMCHS 3-1W N3 @Williston! 0-3L * Match counted for two wins-losses in standings ! W. Region Tournament Play-in |
| MANDAN BRAVES Overall Record: 5-29 WDA Record: 2-18 A28 BPS Invite 1-6 rec. A30 LEGACY 0-3L S6 @Minot High 0-3L S8 BISMARCK HIGH 0-3L S13 @Williston 1-3L S15 @St. Mary's 0-3L S20 TMCHS 3-0W S22 @Watford City* 2-3L, 2-3L S27 @Century 0-3L O4 DICKINSON 0-3L O7 @Jamestown* 0-3L, 0-3L O8 Fargo Scheels T. 2-4 rec. O11 @Legacy 0-3L O13 MINOT HIGH 0-3L O18 @Bismarck High 0-3L O19 WILLISTON 0-3L O25 ST. MARY'S 0-3L O27 TMCHS 3-1W O28 CENTURY 0-3L N1 @Dickinson 0-3L N7 @Minot High! 2-3L *Match counted for two wins-losses in standings ! W. Region Play-in | TMCHS (BELCOURT) BRAVETTES Overall Record: 1-21 WDA Record: 0-20 S1 @Bismarck High 0-3L S6 @Jamestown 0-3L S8 @Watford City 1-3L S9 DICKINSON 0-3L S13 ST. MARY'S 0-3L S15 LEGACY* 0-3L, 0-3L S17 CENTURY* 0-3L, 0-3L S20 @Mandan 0-3L S22 MINOT HIGH 0-3L S23 JAMESTOWN 0-3L S27 DEVILS LAKE! 3-1W N1 BISMARCK HIGH 0-3L O4 WILLISTON 0-3L O11 @St. Mary's 0-3L O14 @Dickinson 0-3L O18 @Williston 0-3L O27 MANDAN 1-3L O28 WATFORD CITY 1-3L N1 @Minot High 0-3L N4 @Dickinson! 0-3L *Match counted for two wins-losses in standings (nc) Non-conference reg. season match ! W. Region Play-in | |

SEASON NOTES

*This was the 40th season of WDA/West Region play.
 *Century played in its 12th consecutive state title match.
 *Century won its ninth-straight West Region Tournament title and now has won or shared the last nine WDA regular season crowns.
 *For a second consecutive year the Class A and B Tournament was held in Bismarck. Due to several five-set matches on the final day of the tournament, the championship between Century and WF Sheyenne was not completed until well after midnight. WFS prevailed in five sets for its first championship.
 *Century Bismarck High, Legacy, St. Mary's qualified for the state tournament.
 *Three WDA teams won quarterfinal matches (Century, Jamestown and Legacy).
 *St. Mary's qualified for the Class A Tournament in back-to-back seasons for the first time since 1992.
 *Legacy reached the Class A semifinals for the first time since 2016.
 *Williston reached the West Region Tournament

quarterfinals for the first time since 2017 and won seven more regular season matches than the previous season.
 *TMCHS Belcourt picked up its first regular season victory since 2016.
 *Five WDA teams won 20 or more matches (Century, Jamestown, Legacy, Bismarck High and St. Mary's). Century and Jamestown both won over 30 matches.
 *Twelve WDA regular season matches were decided by five sets.
 *Dickinson hosted the West Region Tournament for the first time since 2014.
 *Century's Logan Nissley was region and state senior athlete of the year.
 *Century again was the top pick in the preseason coaches' poll.
 *The WDA posted a 61-48 record vs. EDC in matches this season.
 *WDA Reg. Season Stat Leaders: Kills: Tayla Andersen, Bismarck High, 4.34/per set; Blocks: Jasmin Barry, Dickinson, 0.53/per set; Claire Bauman, Century, 0.53/per set; Assists: Payton Foster, Bismarck

High, 9.60/per set; Digs: Aspen Peterson, Jamestown, 5.18/per set; Service Aces: Gabbi Mann, St. Mary's, 0.75/per set
 *All-WDA selections: **Bismarck High:** Payton Foster, Tayla Andersen; **Bismarck Century:** Logan Nissley, Claire Bauman, Eden Fridley; **Bismarck Legacy:** Chelsa Krom, Asiah Gross, Madison Colby; **Bismarck St. Mary's:** MyKendra Messer, Lexi Gerving; **Dickinson:** Caton Peary, Jenna Decker; **Jamestown:** Bernadette Newman, Haylie Hakanon, Makenna Nold; **Minot High:** Grace Sanders; **Watford City:** Jessica Mogen; **Williston:** Annie Vaughn
 *All-state selections (WDA representatives): **Bismarck High:** Payton Foster*; **Bismarck Century:** Logan Nissley*, Claire Bauman*, Eden Fridley; **Bismarck Legacy:** Chelsa Krom*; **Bismarck St. Mary's:** MyKendra Messer; Dickinson: Caton Peary*; **Jamestown:** Bernadette Newman*, Haylie Hakanon; (*first team selection)

2022 WDA HEAD-TO-HEAD RESULTS

| | BHS | CEN | DCK | JAM | LEG | MAN | MIN | STM | TM | WC | WIL |
|------------|---------------|--------------|---------------|--------------|--------------|---------------|---------------|---------------|---------------|---------------|--------------|
| BHS | | 0-3L 0-3L | 3-0W* 2-3L | 2-3L 2-3L | 0-3L 1-3L | 3-0W 3-0W | 3-2W 3-2W | 3-1W 3-0W | 3-0W 3-0W | 3-0W 3-1W | 3-1W* |
| CEN | 3-0W 3-0W | | 3-0W 3-0W | 3-1W 3-2W | 3-1W 3-0W | 3-0W 3-0W | 3-1W* 3-1W | 3-1W 3-0W | 3-0W* 3-0W | 3-0W 3-0W | 3-0W 3-0W |
| DCK | 0-3L* 0-3L | 0-3L 0-3L | | 1-3L 2-3L | 1-3L 1-3L | 3-0W 3-0W | 3-1W 3-2W | 2-3L* 3-0W | 3-0W 3-0W | 3-1W 3-1W | 3-1W 1-3L |
| JAM | 3-2W 3-2W | 1-3L 0-3L | 3-1W 3-2W | | 1-3L 3-0W | 3-0W* 3-0W | 3-0W 3-0W | 3-1W 3-2W | 3-0W 3-0W | 3-0W* 3-0W | 3-1W 3-0W |
| LEG | 3-0W 3-1W | 1-3L 0-3L | 3-1W 3-1W | 3-1W 0-3L | | 3-0W 3-0W | 3-1W 3-0W | 3-0W 0-3L | 3-0W* 3-0W | 3-0W 3-0W | 3-1W* |
| MAN | 0-3L 0-3L | 0-3L 0-3L | 0-3L 0-3L | 0-3L* | 0-3L 0-3L | | 0-3L 0-3L | 0-3L 0-3L | 3-0W 3-1W | 2-3L* | 1-3L 0-3L |
| MIN | 2-3L 2-3L | 1-3L* | 1-3L 2-3L | 0-3L 0-3L | 1-3L 0-3L | 3-0W 3-0W | | 0-3L* | 3-0W 3-0W | 1-3L | 3-2W 3-1W |
| STM | 1-3L 0-3L | 1-3L 0-3L | 3-2W* | 1-3L 2-3L | 0-3L 3-0W | 3-0W 3-0W | 3-0W* | | 3-0W 3-0W | 3-1W 3-1W | 3-0W 3-1W |
| TM | 0-3L 0-3L | 0-3L* | 0-3L 0-3L | 0-3L 0-3L | 0-3L* | 0-3L 1-3L | 0-3L 0-3L | 0-3L 0-3L | | 1-3L 1-3L | 0-3L 0-3L |
| WC | 0-3L 0-3L | 0-3L 0-3L | 1-3L 1-3L | 0-3L* | 0-3L 0-3L | 3-2W* | 2-3L 3-1W | 1-3L 1-3L | 3-1W 3-1W | | 1-3L 2-3L |
| WIL | 1-3L* | 0-3L 0-3L | 1-3L 3-1W | 1-3L 0-3L | 0-3L* | 3-1W 3-0W | 2-3L 1-3L | 0-3L 1-3L | 3-0W 3-0W | 3-1W 3-2W | |

Teams play 18 matches and did not play every team twice *Double counter in standings

2022-23 WDA/WEST REGION STANDINGS

| Team | Conf. | Pts | Streak | GF-GA | Overall | Home | Away | Neutral |
|-----------------|----------|-----|--------|-------|-----------|----------|----------|---------|
| Minot High | 11-2-1-1 | 45 | W5 | 72-27 | 15-8-2-1 | 6-4-1-1 | 8-2-0-0 | 1-2-1-0 |
| Legacy | 12-2-1-2 | 43 | W1 | 77-23 | 16-4-1-4 | 6-2-1-2 | 8-1-0-2 | 2-2-0-0 |
| Century | 10-4-3-0 | 39 | W2 | 66-36 | 15-9-3-0 | 6-4-2-0 | 4-3-1-0 | 4-2-0-0 |
| Jamestown | 9-5-1-2 | 34 | W3 | 63-50 | 13-11-1-2 | 5-2-0-1 | 5-7-1-1 | 3-2-0-0 |
| Mandan | 10-6-1-1 | 33 | L1 | 59-41 | 12-9-1-1 | 7-3-1-0 | 4-4-0-1 | 1-2-0-0 |
| Dickinson | 7-7-1-3 | 26 | W2 | 58-50 | 9-10-1-4 | 4-4-0-2 | 5-3-1-2 | 0-2-1-0 |
| Bismarck High | 5-10-1-3 | 23 | L2 | 32-51 | 7-15-1-0 | 3-10-0-0 | 4-4-1-0 | 0-1-0-1 |
| Williston | 3-13-1-0 | 14 | L6 | 28-71 | 4-17-1-0 | 3-8-1-0 | 1-8-0-0 | 0-1-0-0 |
| Bottineau-Rugby | 3-13-0-1 | 10 | L7 | 45-83 | 4-19-0-1 | 2-7-0-2 | 2-10-0-0 | 0-1-0-0 |
| Hazen-Beulah | 1-11-0-0 | 3 | L5 | 25-76 | 5-17-0-0 | 2-7-0-0 | 3-10-0-0 | 0-0-0-0 |

Teams receive 3 points for WDA Win; 2 points for a Shootout WDA Win; 1 point for a Shootout WDA Loss; Streak is WDA games only; Some WDA games count for 6 points in standings, if teams play just one varsity contest

2022-23 POSTSEASON REWIND

Feb. 13
West Region Tournament
Play-in @Higher seeds
(7) Bismarck High 14, (10) Hazen-Beulah 1
(9) Bottineau-Rugby 5, (8) Williston 3
Feb. 16
West Region Tournament, Minot Quarterfinals
(1) Minot High 6, (9) Bottineau-Rugby 2
(4) Jamestown 6, (5) Mandan 2
(2) Legacy (7) Bismarck High
(3) Century 4, (6) Dickinson 0
Feb. 17
West Region Tournament, Minot Loser-out
(5) Mandan 4, (9) Bottineau-Rugby 0
(6) Dickinson 4, (7) Bismarck High 3 (OT)
Semifinals
(1) Minot High 5, (4) Jamestown 1

(2) Legacy 3, (3) Century 0
Feb. 18
West Region Tournament, Minot State Qualifiers
(4) Jamestown 3, (6) Dickinson 1
(3) Century 3, (5) Mandan 1
Championship
(2) Legacy 4, (1) Minot High 2
ND State Tournament, Grand Forks Feb. 23
Quarterfinals
(1E) Grand Forks Red River, 7, (4W) Jamestown 0
(3E) WF Sheyenne 2, (2W) Minot High 0
(4E) Fargo Davies 2 (1W) Legacy 1 (2OT)
(2E) Fargo South-Shanley 3, (3W) Century

Feb. 24
ND State Tournament, Grand Forks Consolation
(4W) Jamestown 4, (2W) Minot High 3 (3W) Century 4, (1W) Legacy 3
Semifinals
(1E) G.F. Red River 6, (3E) WF Sheyenne 3
(2E) Fargo South-5 4, (4E) Fargo Davies 0
Feb. 25
ND State Tournament, Grand Forks Fifth Place
(3W) Century 2, (4W) Jamestown 1
Third Place
(3E) WF Sheyenne 3, (4E) Fargo Davies 1
Championship
(2E) Fargo South-Shanley 3, (1E) G.F. Red River 2 (3OT)



Minot High Magicians
2022-23 WDA Champion



Bismarck Legacy Sabers
2022-23 West Region Tournament Champion

SEASON NOTES

*This was the 43rd season of WDA/West Region play.
 *Minot High won its 18th WDA regular season title and has won or shared the past four.
 *Legacy won its first West Region Tournament title.
 *ND state tourney qualifiers: Minot High, Legacy, Century, Jamestown
 *Century's fifth place finish at the state tournament was the best among the four WDA tourney entries.
 *Legacy lost in double overtime in the ND state quarterfinals vs. Fargo Davies.
 *Williston played outdoor games during the regular season against EDC opponents as part of the West Fargo Lights Outdoor Winter Classic.
 *Hazen-Beulah picked up its first WDA regular season victory since the 2015-16 season.
 *Bottineau-Rugby won just two road games in 12 tries, but one of them came over Williston in a region tournament play-in game.
 *Legacy had a WDA-best 10-game winning streak which went from Jan. 3-Feb. 3.
 *Five teams posted winning records (Minot High, Legacy, Century, Jamestown and Mandan).
 *Twenty-two WDA regular season games were decided by a goal or less. Ten of those were decided in OT or a shootout.
 *The WDA posted just a 7-28 record vs. EDC opponents.
 *Fargo South-Shanley scored early in the third overtime of the state championship to defeat defending champion G.F. Red River.
 *Legacy's Marcus Butts and Century's Maxon Vig led the WDA in regular season points (39). Hazen-Beulah's Adam Graney led the conference in goals (23) in WDA reg. season games. M. Vig, Century, led the conference in assists (24). Century's Holden Ubl led the WDA in wins (13). Legacy's Tyler Miller led the conference in goals against average (1.85) and Bryce Kadmas of Dickinson led the WDA in save percentage (.922).
 *Grand Forks hosted the ND State Tournament.
 *Jamestown's Brooks Roaldson and Jaxon Bradley of Minot High were region co-senior athletes of the year.
 *Jamestown's Matt Stockert and Minot High co-coaches Jason Bennett and John Grubb were WDA co-coaches of the year.
 *All-WDA selections: **Bismarck Century:** Maxon Vig; Charlie Vig; **Bismarck Legacy:** Marcus Butts, Drew Beasley, Gage Martell, Jameson Johnson, Tyler Miller; **Bottineau-Rugby:** Colton Getzlaff; **Dickinson:** Kaeden Krieg, Bryce Kadmas; **Hazen-Beulah:** Adam Graney; **Jamestown:** Brooks Roaldson, Jarrett Zalumskis, Andrew Walz; **Mandan:** Matthew Haider, Brady Helbling; **Minot High:** Mackley Morelli, Caelton Eslinger, Jaxon Bradley
Jamestown: Nolan Nenow, Hunter Nelson, Conner McLachlan, Brode Hillstrom; **Minot High:** Mackley Morelli, Jayden Luck, Zach Diehl, Jaxon Bradley; **Williston:** Ashton Collings, Jackson Ekblad, Mason Haugeneo
 *WDA all-state selections: **Bismarck Century:** Maxon Vig; **Bismarck Legacy:** Tyler Miller; Jameson Johnson, Marcus Butts; **Bottineau-Rugby:** Colton Getzlaff; **Jamestown:** Brooks Roaldson; **Mandan:** Matthew Haider; **Minot High:** Jaxon Bradley, Mackley Morelli

BISMARCK DEMONS

Overall Record: 7-15-1-1
WDA Record: 6-10-1-0
N22 FARGO SOUTH 0-7L
N26 @Fargo North 0-9L
D1 @Hazen-Beulah# 6-0W
D3 WILLISTON 3-1W
D6 MANDAN 0-2L
D8 @Jamestown 1-4L
D20 @Minot High 2-4L
D27 GF RED RIVER& 0-1LL
D28 GF CENTRAL 0-7L
J3 DICKINSON 0-5L
J5 @Legacy 2-4L
J10 CENTURY 2-5L
J12 @Williston 4-2W
J14 @Bottineau-R 4-3W(OT)
J17 @Mandan 3-1W
J19 MINOT HIGH 0-6L
J24 @Legacy 1-4L
J27 BOTTINEAU-R 5-1W
J31 @Dickinson 2-1W
F7 @Century 0-5L
F11 JAMESTOWN 1-6L
F13 HAZEN-BI 14-1W
F16 Legacy* 1-4L
F17 Dickinson* 3-4L(OT)
6-point region game
& Game suspended after 2 periods due to ice-resurfacing malfunction
! W Region Play-in
^ W Region Quarterfinal
% W Region Loser-out

BOTTINEAU-RUGBY BRAVES
Overall Record: 4-18-0-2
WDA Record: 3-13-0-1
N22 DEVILS LAKE 2-4L
D2 JAMESTOWN 6-5W
D3 DICKINSON 0-7L
D17 GRAFTON-PR 2-8L
D20 @Williston 1-2L
D27 @Mayville-P 2-6L
D29 @Legacy 3-1W
J3 WILLISTON 4-5L
J6 @Jamestown 1-5L
J7 @Mandan 2-3L
J12 LEGACY 3-10L
J14 BISMARCK HIGH 3-4L(OT)
J17 HAZEN-BEULAH 9-6W
J20 @Hazen-Beulah 2-4L
J21 @Dickinson 2-6L
J27 @Bismarck High 1-5L
J28 @Century 1-4L
J31 @Minot High# 3-8L
F3 MANDAN 3-4L
F4 MAYVILLE-P 2-3L(OT)
F9 CENTURY 1-4L
F13 @Williston* 5-3W
F15 Minot High* 2-6L
F16 Mandan* 0-4L

6-point region game
! W Region Play-in
^ W Region Quarterfinal
% W Region Loser-out

BOTTINEAU-RUGBY BRAVES

Overall Record: 4-18-0-2
WDA Record: 3-13-0-1
N22 DEVILS LAKE 2-4L
D2 JAMESTOWN 6-5W
D3 DICKINSON 0-7L
D17 GRAFTON-PR 2-8L
D20 @Williston 1-2L
D27 @Mayville-P 2-6L
D29 @Legacy 3-1W
J3 WILLISTON 4-5L
J6 @Jamestown 1-5L
J7 @Mandan 2-3L
J12 LEGACY 3-10L
J14 BISMARCK HIGH 3-4L(OT)
J17 HAZEN-BEULAH 9-6W
J20 @Hazen-Beulah 2-4L
J21 @Dickinson 2-6L
J27 @Bismarck High 1-5L
J28 @Century 1-4L
J31 @Minot High# 3-8L
F3 MANDAN 3-4L
F4 MAYVILLE-P 2-3L(OT)
F9 CENTURY 1-4L
F13 @Williston* 5-3W
F15 Minot High* 2-6L
F16 Mandan* 0-4L

6-point region game
! W Region Play-in
^ W Region Quarterfinal
% W Region Loser-out

CENTURY PATRIOTS

Overall Record: 15-9-3-0
WDA Record: 10-4-3-0
N25 WEST FARGO 6-3W
D2 @Fargo Davies 4-6L
D6 MINOT HIGH 1-4L
D9 @Dickinson 4-0W
D20 @Legacy 6-5W(OT)
D27 GF CENTRAL 2-4L
D28 GF RED RIVER 1-8L
J2 @Mandan 0-1L
J3 @Minot High 4-3W(OT)
J10 @Bismarck High 5-2W
J12 @Hazen-Beulah# 8-1W
J14 @Williston 9-2W
J19 MANDAN 5-3W
J24 DICKINSON 3-1W
J27 WILLISTON 6-1W
J28 BOTTINEAU-R 4-1W
J31 LEGACY 3-5L
F2 JAMESTOWN 5-4W(SO)
F3 @Jamestown 3-4L
F7 BISMARCK HIGH 5-0W
F9 @Bottineau-R 4-1W
F16 Dickinson* 4-0W
F17 Legacy** 0-3L
F18 Mandan** 3-1W
F23 Fargo South-SS 2-3L
F24 Legacy& 4-3W
F25 Jamestown&& 2-1W
6-point region game
^ W Region Quarterfinal
** W Region Semifinal
% W Region State Qualifier
\$ ND State Quarterfinal
& ND State Loser-out
&& ND State Fifth Place

DICKINSON MIDGETS

Overall Record: 9-9-2-4
WDA Record: 7-7-1-3
N25 @Mayville-P 4-2W
N26 @Mayville-P 4-0W
N29 @Williston 2-3L(OT)
D3 @Bottineau-R 1-3L
D6 LEGACY 3-6L
D9 CENTURY 0-4L
D10 @Minot High 3-4L(OT)
D20 MANDAN 6-5W
D29 RAPID CITY, SD 1-2L(SO)
J3 @Bismarck High 5-0W
J7 JAMESTOWN 2-3L(OT)
J10 @Legacy 0-3L
J12 @Mandan 3-4L
J17 @Jamestown 4-3W(SO)
J21 BOTTINEAU-R 6-2W
J24 @Century 1-3L
J31 BISMARCK HIGH 1-2L
F2 HAZEN-BEULAH 5-2W
F4 MINOT HIGH 0-3L
F7 @Hazen-Beulah 7-2W
F11 WILLISTON 2-0W
F16 Century* 0-4L
F17 Bismarck High* 4-3W(OT)
F18 Jamestown** 1-3L
^ W Region Quarterfinal
% W Region Loser-out
% W Region State Qualifier

HAZEN-BEULAH NORTHSTARS

Overall Record: 5-17-0-0
WDA Record: 1-11-0-0
N19 JAMESTOWN** 4-8L
N22 MANDAN 0-10L
N29 @Century JV 4-5L
D1 BISMARCK HIGH# 0-6L
D9 LEGACY JV 1-7L
D10 MAYVILLE-P 0-5L
J3 WATFORD CITY JG 10-2W
J5 @Minot High #W 2-7L
J7 @Mayville-P 1-8L
J10 WAT. CITY JG 5-3W
J12 CENTURY# 1-8L
J17 @Bottineau-R 6-9L
J20 BOTTINEAU-R 4-2W
J24 @Williston# 0-6L
J28 @Jamestown JV 6-2W
J31 @Mandan 2-5L
F2 @Dickinson 2-5L
F4 @Bismarck JV 4-2W
F6 @Minot High JV 1-4L
F7 DICKINSON 2-7L
F10 @Legacy# 2-9L
F13 @Bismarck High! 1-14L
6-point region game
! W Region Play-in Game

JAMESTOWN BLUE JAYS

Overall Record: 13-11-1-2
WDA Record: 9-5-1-2
N19 @Hazen-B# 8-4W
N29 LEGACY 1-7L
D2 @Bottineau-R 5-6L
D8 BISMARCK HIGH 4-1W
D10 @Williston 4-2W
D19 @WF Shey. 3-4L
J6 @Legacy 0-4L
J6 BOTTINEAU-R 5-1W
J7 @Dickinson 3-2W(OT)
J10 @Mandan 1-4L
J13 MINOT HIGH 1-3L
J17 DICKINSON 3-4L(SO)
J20 @Devils Lake 5-2W
J23 @Minot High 4-1W
J28 WILLISTON 8-4W
F2 @Century 4-5L(SO)
F3 CENTURY 4-2W
F4 @West Fargo 5-7L
F7 MANDAN 3-2W
F9 @Fargo North 1-5L
F11 @Bismarck High 6-1W
F16 Mandan* 6-2W
F17 Minot High** 1-5L
F18 Dickinson** 3-1W
F23 GF Red River\$ 0-7L
F24 Minot High& 4-2W
F25 Century&& 1-2L
6-point region game
^ W Region Quarterfinal
** W Region Semifinal
% W Region State Qualifier
\$ ND State Quarterfinal
& ND State Loser-out
&& ND State Fifth Place

LEGACY SABERS

Overall Record: 16-5-1-4
WDA Record: 12-2-1-2
N25 @Mayville-P 4-2W
N26 WEST FARGO 5-2W
N29 @Jamestown 7-1W
D1 @Mandan 3-4L(OT)
D3 @Fargo Davies 2-3L(OT)
D6 @Dickinson 6-3W
D10 @GF Central 2-5L
D20 CENTURY 5-6L(OT)
D29 BOTTINEAU-R 1-3L
J3 JAMESTOWN 4-0W
J5 @Bismarck High 4-2W
J7 WILLISTON 5-0W
J10 DICKINSON 3-0W
J12 @Bottineau-R 10-3W
J14 @Minot High 4-1W
J21 MANDAN 2-3W(OT)
J24 BISMARCK HIGH 4-1W
J31 @Century 5-1W
J3 @Williston 5-2W
F9 MINOT HIGH 0-1L
F10 HAZEN-B# 9-2W
F16 Bismarck High* 4-1W
F17 Century** 3-0W
F18 Minot High** 4-2W
F23 Fargo Davies\$ 1-2L(2OT)
F24 Century& 3-4L
6-point region game
^ W Region Quarterfinal
** W Region Semifinal
\$ ND State Quarterfinal
& ND State Loser-out

MANDAN BRAVES

Overall Record: 12-9-1-1
WDA Record: 10-6-1-1
N22 @Hazen-Beulah 10-0W
D1 LEGACY 4-3W(OT)
D3 DEVILS LAKE 5-3W
D6 @Bismarck High 2-0W
D8 @Minot High 1-5L
D20 @Dickinson 1-8L
J2 CENTURY 1-0W
J3 FARGO SOUTH-S 0-7L
J6 WILLISTON 2-0W
J7 BOTTINEAU-R 3-2W
J10 JAMESTOWN 4-1W
J12 DICKINSON 4-3W
J17 BISMARCK HIGH 1-3L
J19 @Century 3-5L
J21 @Legacy 1-2L(OT)
J31 HAZEN-BEULAH 5-2W
F3 @Bottineau-R 4-3W
F4 @Williston 7-3W
F7 @Jamestown 2-3L
F11 MINOT HIGH 1-4L
F16 Jamestown* 2-6L
F17 Bottineau-R# 4-0W
F18 Century** 1-3L
6-point region game
^ W Region Quarterfinal
% W Region Loser-out
% W Region State Qualifier

MINOT HIGH MAGICIANS

Overall Record: 15-8-2-1
WDA Record: 11-2-1-1
N21 @Devils Lake 6-2W
D6 @Century 4-1W
D8 MANDAN 5-1W
D10 DICKINSON 4-2W(OT)
D20 BISMARCK HIGH 4-2W
D27 Alexandria, MN 3-2W
D28 Mankato E, MN 4-3W
D29 @Bottineau, MN 2-10L
J3 CENTURY 3-4L(OT)
J7 FARGO DAVIES 1-5L
J10 @Williston 9-1W
J13 @Jamestown 3-1W
J14 @WF Sheyenne 0-4L
J17 LEGACY 1-4L
J19 @Bismarck High 6-0W
J23 JAMESTOWN 1-4L
J31 BOTTINEAU-R# 8-3W
F4 @Dickinson 3-0W
F7 WILLISTON 9-2W
F9 @Legacy 1-0W
F11 @Mandan 4-1W
F16 Bottineau-R* 6-2W
F17 Jamestown** 5-1W
F18 Legacy** 2-4L
F23 WF Sheyenne\$ 0-2L
F24 Jamestown& 2-4L
6-point region game
! Roseau, MN Holiday Classic
^ W Region Quarterfinal
** W Region Semifinal
\$ ND State Quarterfinal
& ND State Loser-out

WILLISTON COYOTES

Overall Record: 4-17-0-1
WDA Record: 3-13-1-0
N25 N. DAME, SK 1-3L
N25 N. DAME, SK 3-2W
N29 DICKINSON 3-2W(OT)
D3 @Bismarck High 1-3L
D10 JAMESTOWN 2-4L
D20 BOTTINEAU-R 2-1W
D27 @West Fargo& 4-7L
D28 Mayville-P# 2-6L
J3 @Bottineau-R 5-4W
J6 @Mandan 0-2L
J7 @Legacy 0-5L
J10 MINOT HIGH 1-9L
J12 BISMARCK HIGH 2-4L
J14 CENTURY 2-9L
J24 HAZEN-B# 6-0W
J27 @Century 1-6L
J28 @Jamestown 4-8L
F3 LEGACY 2-5L
F4 MANDAN 3-7L
F7 @Minot High 2-9L
F11 @Dickinson 0-2L
F13 BOTTINEAU-R! 3-5L
6-point region game
& West Fargo Lights Outdoor Classic
! West Region Play-in

2022-23 WDA HEAD-TO-HEAD RESULTS

| | BHS | BOT-R | CEN | DCK | H-B | JAM | LEG | MAN | MIN | WIL |
|-------|------------------|------------------|------------------|----------------------|---------------|----------------------|----------------------|----------------------|------------------|------------------|
| BHS | | 4-3W(OT) 5-1W | 2-5L 0-5L | 0-5L 2-1W | 6-0W# 1-4L | 1-4L 1-6L | 2-4L 1-4L | 0-2L 3-1W | 2-4L 0-6L | 3-1W 4-2W |
| BOT-R | 3-4L(OT) 1-5L | | 1-4L 1-4L | 0-7L 2-6L | 9-6W 2-4L | 6-5W 1-5L | 3-1W 3-10L | 2-3L 3-4L | 3-8L# 3-4L | 1-2L 4-5L |
| CEN | 5-2W 5-0W | 4-1W 4-1W | | 4-0W 3-1W | 8-1W# 1-4L | 5-4W(SO) 3-4L | 6-5W(OT) 3-5L | 0-1L 5-3W | 1-4L 4-3W(OT) | 9-2W 6-1W |
| DCK | 5-0W 1-2L | 7-0W 6-2W | 0-4L 1-3L | | 5-2W 7-2W | 2-3L(OT) 4-3W(SO) | 3-6L 3-4L | 6-5W 3-4L | 3-4L(OT) 0-3L | 2-3L(OT) 2-0W |
| H-B | 0-6L# | 6-9L 4-2W | 1-8L# | 2-5L 2-7L | | 4-8L# | 2-9L# | 0-10L 2-5L | 2-7L# | 0-6L# |
| JAM | 4-1W 6-1W | 5-6L 5-1W | 4-5L(SO) 4-3W | 3-2W(OT) 3-4L(SO) | 8-4W# | | 1-7L 0-4L | 1-4L 3-2W | 1-3L 4-1W | 4-2W 8-4W |
| LEG | 4-2W 4-1W | 1-3L 10-3W | 5-6L(OT) 5-3W | 6-3W 3-0W | 9-2W# | 7-1W 4-0W | | 3-4L(OT) 2-1W(OT) | 4-1W 0-1L | 5-0W 5-2W |
| MAN | 2-0W 1-3L | 3-2W 4-3W | 1-0W 3-5L | 5-6L 4-3W | 10-0W 5-2W | 4-1W 2-3L | 4-3W(OT) 1-2L(OT) | | 1-5L 1-4L | 2-0W 7-3W |
| MIN | 4-2W 6-0W | 8-3W# | 4-1W 3-4L(OT) | 4-3W(OT) 3-0W | 7-2W# | 3-1W 1-4L | 1-4L 1-0W | 5-1W 4-1W | | 9-1W 9-2W |
| WIL | 1-3L 2-4L | 2-1W 5-4W | 2-9L 1-6L | 3-2W(OT) 0-2L | 6-0W# | 2-4L 4-8L | 0-5L 2-5L | 0-2L 3-7L | 1-9L 2-9L | |

#6 point game SO: Shootout; OT: Overtime

2022-23 SEASON MEET RESULTS

| Meet Finishes | 1st | 2nd | 3rd | 4th | 5th | Other |
|-------------------------------------|------|-------|------|------|-------|-------|
| Bismarck High | -- | -- | One | -- | Two | Eight |
| Century | Four | Seven | -- | -- | -- | -- |
| Dickinson | Ten | One | -- | -- | -- | -- |
| Jamestown | One | Three | Four | Two | -- | -- |
| Legacy | -- | Three | Two | Two | Four | -- |
| Mandan | -- | One | One | Two | Two | Four |
| Minot High | Two | One | One | Five | -- | -- |
| Northwest Stars (Ray-Stanley-Tioga) | -- | -- | -- | -- | Three | Five |

2022-23 POSTSEASON REWIND

Feb. 17
WDA Championships, Dickinson
Team totals
 1. Dickinson, 150.075; 2. Century, 141.275; 3. Jamestown, 140.900; 4. Minot High, 138.925; 5. Legacy, 136.225; 6. Mandan, 134.400; 7. Bismarck High, 95.125; 8. Northwest Stars, 91.125

Event Breakdown (Order of finish)
Vault: Dickinson, 37.300; Century, 36.500; Jamestown, 36.375; Minot High, 36.000; Mandan, 35.600; Legacy, 35.500; Bismarck High, 25.300; Northwest Stars, 24.775
Uneven Bars: Dickinson, 37.125; Century, 34.225; Jamestown, 33.350; Minot High, 31.875; Legacy, 31.750; Mandan, 30.750; Northwest Stars, 27.025; Bismarck High, 19.750
Balance Beam: Dickinson, 36.900; Century, 34.625; Jamestown, 34.275; Minot High, 33.975; Legacy, 32.725; Mandan, 32.450; Bismarck High, 25.075; Northwest Stars, 19.425
Floor Exercise: Dickinson, 38.750; Century, 37.075; Jamestown, 36.900; Century, 35.925; Mandan, 35.600; Bismarck High, 25.575; Northwest Stars, 23.900

Individual Competition Results (Top 5)
All-Around
 1. Elizabeth Karsky, Dickinson, 37.900; 2. Rylee Olson, Dickinson, 37.075; 3. Julia Skari, Jamestown, 37.075; 4. Reygan Strommen, Dickinson, 36.875; 5. Brooklyn Wariner, Dickinson, 36.850
Vault
 1. Julia Skari, Jamestown, 9.500; 2. Reygan Strommen, Dickinson, 9.400; 3. Rylee Olson, Dickinson, 9.325; 3. Kiera Davis, Minot High, 9.325; 5. Jenna Jackson, Century, 9.300; 5. Elizabeth Karsky, Dickinson, 9.300
Uneven Bars
 1. E. Karsky, Dickinson, 9.500; 2. Aspen Roadarmel, Dickinson, 9.425; 3. R. Olson, Dickinson, 9.100; 3. Brooklyn Wariner, Dickinson, 9.100; 5. J. Skari, Jamestown, 9.050

Balance Beam
 1. R. Strommen, Dickinson, 9.450; 2. E. Karsky, Dickinson, 9.425; 3. B. Wariner, Dickinson, 9.125; 4. Alyson Krug, Bismarck High, 9.100; 5. J. Skari, Jamestown, 9.025
Floor Exercise
 1. R. Olson Dickinson, 9.750; 2. R. Strommen, Dickinson, 9.700; 3. E. Karsky, 9.675; 4. A. Roadarmel, Dickinson, 9.625; 5. A. Krug, Bismarck High, 9.500; 5. J. Skari, Jamestown, 9.500; 5. K. Davis, Minot High, 9.500

Feb. 24-25
ND State Gymnastics Meet, Jamestown
Team totals
 1. Dickinson, 148.983; 2. Century, 145.583; 3. Jamestown, 144.667; 4. Minot High, 141.050; 5. Legacy, 139.500; 6. Breckenridge-Wahpeton, 134.067; 7. Mandan, 133.417; 8. Grand Forks, 129.783
Event Breakdown (Order of finish)
Vault: Dickinson, 37.533; Century, 36.817; Jamestown, 36.767; Minot High, 35.733; Legacy, 35.433; Mandan, 35.200; Breckenridge-Wahpeton, 35.083; Grand Forks, 34.517
Uneven Bars: Dickinson, 37.217; Century, 35.633; Jamestown, 35.183; Minot High, 34.950; Legacy, 33.550; Mandan, 31.850; Grand Forks, 30.933; Breckenridge-Wahpeton, 30.733
Balance Beam: Dickinson, 36.300; Century, 35.917; Jamestown, 35.150; Legacy, 34.567; Minot High, 33.983; Breckenridge-Wahpeton, 32.767; Mandan, 31.450; Grand Forks, 29.933
Floor Exercise: Dickinson, 37.933; Jamestown, 37.567; Century, 37.117; Minot High, 36.383; Legacy, 35.950; Breckenridge-Wahpeton, 35.483; Mandan, 34.917; Grand Forks, 34.400

Individual Competition Results (Top 10)
All-Around
 1. Karina Olson, Valley City, 38.017; 2. Brooklyn Wariner, Dickinson, 37.433; 3. Rylee Olson, Dickinson, 37.083; 4. Elizabeth Karsky, Dickinson, 36.933; 5. Julia Skari, Jamestown, 36.683;

6. Haley Conklin, Minot High, 36.550; 7. Taryn Swanson, Grand Forks, 36.333; 8. Emma Hillerud, Jamestown, 36.233; 9. Reygan Strommen, Dickinson, 36.217; 10. Teah Schulte, Century, 36.167
Vault
 1. E. Karsky, Dickinson, 9.650; 2. J. Skari, Jamestown, 9.633; 3. R. Strommen, Dickinson, 9.417; T4. Jenna Jackson, Century, 9.367; T4. H. Conklin, Minot High, 9.367; 6. K. Olson, Valley City, 9.317; 7. Keira Davis, Minot High, 9.283; 8. Brooke Dolyniuk, Dickinson, 9.233; 9. Hallee Hanson, Breckenridge-Wahpeton, 9.183; T10. T. Schulte, Century 9.167; T10. Rachel Dunlop, Century, 9.167
Uneven Bars
 1. Aspen Roadarmel, Dickinson, 9.700; 2. K. Olson, Valley City, 9.567; 3. B. Wariner, Dickinson, 9.433; 4. J. Skari, Jamestown, 9.367; 5. R. Olson, Dickinson, 9.300; 6. Rachel Crouse, Century, 9.250; T7. E. Karsky, Dickinson, 9.100; T7. Haley Conklin, Minot High, 9.100; 9. Emma Hillerud, Jamestown, 9.067; 10. Corinna Ugland, Century, 8.933

Balance Beam
 1. K. Olson, Valley City, 9.450; T2. Irelyn Ell, Legacy, 9.400; T2. B. Wariner, Dickinson, 9.400; 4. T. Swanson, Grand Forks, 9.350; 5. E. Karsky, Dickinson, 9.283; 6. T. Schulte, Century, 9.233; 6. Alyson Krug, Bismarck High, 9.150; 8. Emma Hillerud, 9.100; 9. J. Jackson, Century, 9.083; 10. Alexa Evanger, Legacy, 9.017
Floor Exercise (Top 10)
 1. R. Strommen, Dickinson, 9.700; 2. K. Olson, Valley City, 9.683; 3. R. Olson, Dickinson, 9.650; 4. T. Swanson, Grand Forks, 9.617; 5. A. Roadarmel, Dickinson, 9.567; 6. Anna Heil, Legacy, 9.517; 7. A. Krug, Bismarck High, 9.500; T8. Abbie Skovholt, Breckenridge-Wahpeton, 9.467; T8. K. Davis, Minot High, 9.467; T10. B. Wariner, Dickinson, 9.450; T10. B. Dolyniuk, Dickinson, 9.450; T10. Blair Arbuckle, Jamestown, 9.450; T10. H. Conklin, Minot High, 9.450



Dickinson Midgets

2022-23 WDA Champion

2022-23 ND State Champion

2022-23 WDA REGULAR SEASON MEET ALL-AROUND CHAMPIONS

Bismarck High
 Alyson Krug: 35.800 @Bismarck Meet, 2-11-2023

Bismarck Century
 Jenna Jackson: 35.700, @Bismarck Meet, 12-10-2022; 39.975, Fargo Meet, 1-5-2023

Dickinson
 Elizabeth Karsky: 37.150, @Dickinson Meet, 12-2-2022; 37.600, @Mandan Christmas Meet, 12-30-2022; 37.100 @Bismarck Ziegler Meet, 1-13-2023; 38.075 @Dickinson Meet, 1-28-2023; 37.900 @WDA Championships, 2-17-2023 **Addison Fitterer:** 37.700, @Dickinson Invite, 12-9-2022; **Aspen Roadarmel:** 36.875 @Mandan Meet 1-19-2023; **Reygan Strommen:** 37.750 @Dickinson Meet, 2-9-2023; **Rylee Olson:** 36.950 @Jamestown Throwback Meet, 2-10-2023

Jamestown
 Julia Skari: 35.650 @Jamestown KC Invite, 1-6-2023; 35.800 @Jamestown Hillerud Const. Meet, 1-28-2023

SEASON NOTES

*This was the 51st season of WDA/West Region competition.
 *Dickinson won its 17th Class A title, and eighth straight.
 *A WDA team has won the last 17 state titles.
 *WDA teams went 1-2-3-4-5 at the ND State Meet (Dickinson, Century, Jamestown, Minot High, Legacy)
 *Dickinson won its 24th WDA Championship.

*Northwest Stars (Ray-Stanley-Tioga) joined the WDA as an associate member.
 *Century's 2nd place finish at the WDA Championships was its best finish since taking second in 2001.
 *Dickinson eighth grader Elizabeth Karsky won the WDA Championships all-around title.
 *Three different Dickinson gymnasts won individual state titles: E. Karsky, vault; Aspen Roadarmel, uneven bars; Reygan Strommen, floor exercise

*Valley City's Karina Olson won the state all-around competition.
 *Dickinson (10), Century (4); Jamestown (1) and Minot High (2) won meet titles this season.
 *Jamestown's Emma Hillerud won the region and state senior athlete of the year.
 *Rachel Krug of Bismarck High-Century-Legacy, was named WDA and state coach of the year.
 *Dickinson hosted the WDA Championships.
 *Jamestown hosted the ND state championships.

*All-WDA selections: **Bismarck High** – Alyson Krug; **Bismarck Century** – Teah Schulte, Jenna Jackson; **Bismarck Legacy** – Alexa Evanger; **Dickinson** – Elizabeth Karsky, Rylee Olson, Reygan Strommen, Brooklyn Wariner, Aspen Roadarmel, Brooke Dolyniuk; **Jamestown** – Emma Hillerud, Julia Skari; **Mandan** – Jericha Lockner; **Minot High** – Haley Conklin, Keira Davis
 *WDA all-state selections: **Bismarck High** – Alyson Krug* **Bismarck Century** – Teah Schulte, Jenna Jackson; **Bismarck Legacy** – Alexa Evanger; **Dickinson** – Rylee Olson*, Elizabeth Karsky*, Brooklyn Wariner*; **Aspen Roadarmel**; **Jamestown** – Julia Skari*, Emma Hillerud; **Mandan** – Jericha Lockner
Minot High – Haley Conklin*, Keira Davis
 (*First team selection)

BISMARCK HIGH DEMONS
 WDA Finish: 7th
 State Finish: DNQ
 D2 Fargo Invite 7th
 D10 Bismarck Invite 9th
 D30 Mandan Christmas Meet 7th
 J6 Fargo Meet 5th
 J13 Bismarck Ziegler Meet 9th
 J19 Mandan Starstruck Meet 6th
 J28 Dickinson Meet 5th
 F9 Dickinson Invite 5th
 F11 Bismarck Meet 3rd
 F17 WDA Championships DNQ
 F24 ND State Meet DNQ: Did Not Qualify for team competition

CENTURY PATRIOTS
 WDA Finish: 2nd
 State Finish: 2nd
 D2 Fargo Invite 1st
 D10 Bismarck Invite 1st
 D30 Mandan Christmas Meet 2nd
 J6 Fargo Meet 1st
 J13 Bismarck Ziegler Meet 2nd
 J19 Mandan Starstruck Meet 2nd
 J28 Dickinson Meet 2nd
 F3 Magi Bowl 2nd
 F9 Dickinson Invite 2nd
 F11 Bismarck Meet 1st
 F17 WDA Championships 2nd
 F24 ND State Meet 2nd

DICKINSON MIDGETS
 WDA Finish: 1st
 State Finish: 1st
 D2 Dickinson Dullum Invite 1st
 D9 Dickinson Invite 1st
 D30 Mandan Christmas Meet 1st
 J7 Watertown-Mayer, SD Meet 2nd
 J13 Bismarck Ziegler Meet 1st
 J19 Mandan Starstruck Meet 1st
 J28 Dickinson Meet 1st
 F4 Magi Bowl 1st
 F9 Dickinson Meet 1st
 F10 Jamestown Throwback Meet 1st
 F17 WDA Championships 1st
 F24 ND State Meet 1st

JAMESTOWN BLUE JAYS
 WDA Finish: 3rd
 State Finish: 3rd
 Duals: 2-0
 D1 @Aberdeen, SD W
 D2 Dickinson Meet 4th
 D10 Bismarck Meet 2nd
 J6 Jamestown KC Invite 2nd
 J13 Bismarck Ziegler Meet 3rd
 J19 Mandan Starstruck Meet 3rd
 J27 BRECK-WAHPETON W
 J28 Jamestown Hillerud Const. Meet 1st
 F3 Magi Bowl 4th
 F10 Jamestown Throwback Meet 2nd
 F17 WDA Championships 3rd
 F24 ND State Meet 3rd

LEGACY SABERS
 WDA Finish: 5th
 State Finish: 5th
 D2 Fargo Invite 2nd
 D10 Bismarck Invite 4th
 D30 Mandan Christmas Meet 3rd
 J6 Fargo Meet 2nd
 J13 Bismarck Ziegler Meet 5th
 J19 Mandan Starstruck Meet 4th
 J28 Dickinson Meet 3rd
 F3 Magi Bowl 5th
 F9 Dickinson Invite 3rd
 F11 Bismarck Meet 2nd
 F17 WDA Championships 5th
 F24 ND State Meet 5th

MANDAN BRAVES
 WDA Finish: 5th
 State Finish: 7th
 D2 Dickinson Dullum Invite 3rd
 D10 Bismarck Invite 5th
 J6 Jamestown KC Invite 4th
 J13 Bismarck Ziegler Invite 6th
 J19 Mandan Starstruck Meet 5th
 J20 Mandan Starstruck Meet 2nd
 J28 Dickinson Invite 4th
 F3 Magi Bowl 6th
 F9 Dickinson Meet 5th
 F17 WDA Championships 6th
 F24 ND State Meet 7th

MINOT HIGH MAJETTES
 WDA Finish: 3rd
 Class A Finish: 4th
 D2 Dickinson Dullum Invite 2nd
 D10 Bismarck Invite 3rd
 D30 Mandan Christmas Meet 4th
 J6 Jamestown KC Invite 1st
 J13 Bismarck Ziegler Meet 4th
 J19 Mandan Starstruck Meet 1st
 F3 Magi Bowl 3rd
 F17 WDA Championships 4th
 F24 ND State Meet 4th

NORTHWEST STARS
 WDA Finish: 8th
 Class A Finish: DNQ
 D2 Dickinson Dullum Invite 2nd
 D9 Dickinson Meet 4th
 D10 Bismarck Meet 8th
 J13 Bismarck Ziegler Meet 8th
 J20 Mandan Starstruck Meet 5th
 F3 Magi Bowl 9th
 F9 Dickinson Meet 6th
 F17 WDA Championships 8th
 F24 ND State Meet DNQ
 DNQ: Did Not Qualify for team competition

2022-23 WDA HEAD-TO-HEAD RESULTS

| | BHS | CEN | DCK | JAM | LEG | MAN | MIN | STM | TM | WC | WIL |
|------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| BHS | | 45-17W | 46-16W | 45-21W | 42-28W | 78-3W | 34-28W | 60-16W | 71-10W | 70-9W | 30-32L |
| CEN | 17-45L | | 46-15W | 33-34L | 46-22W | 65-16W | 53-16W | 34-37L | 71-12W | 69-9W | 35-20W |
| DCK | 16-46L | 15-46L | | 19-52L | 24-43L | 63-15W | 21-38L | 42-25W | DNP | 59-18W | 18-46L |
| JAM | 21-45L | 34-33W | 52-19W | | 33-37L | 51-25W | 33-42L | 50-21W | 57-18W | 69-12W | 34-37L |
| LEG | 28-42L | 22-46L | 43-24W | 37-33W | | 73-4W | 28-39L | 43-33W | 64-15W | 59-15W | 17-49L |
| MAN | 3-78L | 16-65L | 15-63L | 25-51L | 4-73L | | 20-60L | 24-55L | 42-36W | 54-15W | 10-69L |
| MIN | 28-34L | 16-53L | 38-21W | 43-32W | 39-28W | 60-20W | | 59-19W | 70-2W | 66-10W | 19-33L |
| STM | 16-60L | 37-34W | 25-42L | 21-50L | 33-43L | 55-24W | 19-59L | | 64-18W | 61-18W | 13-62L |
| TM | 10-71L | 12-71L | DNP | 18-57L | 15-64W | 36-42L | 2-70L | 18-64L | | 36-39L | 14-63L |
| WC | 9-70L | 9-69L | 18-59L | 12-69L | 15-59L | 15-54L | 10-66L | 18-61L | 39-36W | | 3-72L |
| WIL | 32-30W | 20-35L | 46-18W | 37-34W | 49-17W | 69-10W | 33-19W | 62-13W | 63-14W | 72-3W | |

DNP: Did Not Play (Weather prevented Dickinson and TMCHS from conducting its season dual)

2022-23 WDA/WEST REGION STANDINGS

| Team | Conf. | Win. Pct. | Streak | Overall | Home | Away | Neutral |
|------------------------|-------|-----------|--------|---------|-------|-------|---------|
| x-Minot High | 7-0 | 1.00 | W7 | 9-1 | 3-0 | 4-0 | 2-1 |
| x-Legacy | 5-1-1 | .714 | W1 | 6-4-1 | 3-1 | 1-1-1 | 2-2 |
| x-Bismarck High | 5-2 | .714 | W3 | 8-2 | 2-2 | 3-0 | 3-0 |
| x-Century ^A | 3-4 | .428 | W1 | 3-7 | 3-2 | 0-2 | 0-3 |
| Mandan | 3-4 | .428 | W1 | 3-4 | 1-2 | 2-2 | 0-0 |
| Jamestown | 2-4-1 | .285 | W1 | 3-4-1 | 2-1-1 | 1-3 | 0-0 |
| TMCHS | 1-5 | .166 | L3 | 1-5 | 1-2 | 0-3 | 0-0 |
| Dickinson | 0-6 | .000 | L6 | 0-6 | 0-2 | 0-3 | 0-1 |

Note: x-clinched a ND State dual tournament berth...^A Century held the tie-break over Mandan based on head-to-head...TMCHS and Dickinson did not wrestle due to scheduling conflicts...Williston and Watford City did not participate in the WDA dual reg. season schedule

2022-23 POSTSEASON REWIND

Feb. 10

West Region Tournament, Williston

Team totals

1. Minot High 261.0; 2. Bismarck High, 260.5; 3. Century, 113; 6. Des Lacs-Burlington, 82; 7. Jamestown, 68; 8. Hettinger-Scranton, 60; 9. MonDak, 47; 10. Dickinson, 40.5; 11. Velva, 37; 12. Beulah-Hazen, 31; T13 Rugby, 30; T13. White Shield, 30; 15. TMCHS, 26; 16. New Salem-Almont, 25; 17. Killdeer, 23; 18. Williston, 18; 19. Beach, 17; 20. Standing Rock, 16; 21. Stanley, 14; 22. Hope Christian Academy, 8; 23. Ray, 6; 24. Northern Lights, 2; T25. Alexander, Watford City, Kenmare-Bowbells, Tioga, New Town, 0

Individual champions

100: Jennifer Verdin, Hettinger-Scranton, over Keeley Kainoa, Mandan, by pin, 1:23
 105: Alicia Kenfack, Legacy, over Avarie Jacobson, Rugby, by pin, :55
 110: Julia Araujo, Bismarck High, over Emily Youboty, Legacy, by pin, :57
 115: Hallie Nash, Minot High, over Maggie Thielgas, Bismarck High, by pin, 1:48
 120: Rei Ogden, Century, over Kashlyn Bredahl, DLBurlington, by pin, 1:41
 125: Kylee Yetter, Minot High, over Violette Solva, Velva, by pin, 2:36
 130: Payton Russell, Minot High, over Taeghan Rittenbach, Bismarck High, by pin, 5:09
 135: Aleiya Cullinan, Legacy, over Haleigh Carr, Minot High, by pin, 2:44
 140: Paige Baumgartner, BHS, over Victoria Pasterz, Des Lacs-Burlington, by pin, 2:58
 145: Aubrie Overson, Bismarck High, over Kiera Aguilar, Minot High, 5:58
 155: Lexi Beckler, Bismarck High, over

Arianna Aguilar, Minot High, by pin, 5:26
 170: Alexis Storsved, Mandan, over Emma Buee, Des Lacs-Burlington, by pin, 1:12
 190: Phoenix Lindseth, Legacy, over Cambree Anderson, Bismarck High, by pin, 2:44
 250: Love Hopkins, White Shield, over Brinley Buechler, Bismarck High, by pin, 2:22

Feb. 16-17

ND Individual Tournament, Fargo

Team totals (Top 10/WDA)

1. Bismarck High, 189; 2. Minot High, 169; 3. Central Cass, 156; 4. Legacy, 140; 5. Grand Forks, 95; T6. Century, 93; T6. Fargo, 93; 8. Jamestown, 80; 9. South Border, 76; 10. Carrington, 71.5; 16. Mandan, 55; 21. Dickinson, 27; 30. Williston, 11; 39. TMCHS, 1

Individual champions

100: Anna White, Central Cass, over Keeley Kainoa, Mandan, by pin, 4:44
 105: Alicia Kenfack, Legacy, over Vada Hoffman, South Border, by pin 5:22
 110: Julia Araujo, Bismarck High, over Alyssa Nitschke, South Border, by pin, 1:31
 115: Alexis Schneider, Napoleon-G-S, over Hallie Nash, Minot High, by pin, :20
 120: Rei Ogden, Century, over Shayla DeBlaere, West Fargo United, by 15-3 major decision
 125: Avery Mohr, Fargo over Emersyn Schwab, Lisbon, by 7-0 decision
 130: Lindsey Anderson, West Fargo United, over Karissa Mann, Napoleon-G-S, by pin, 2:54
 135: Mylee Christianson, Valley City, over Aleiya Cullinan, Legacy, by 4-3 decision

140: Alyssa Johnson, Grand Forks, over Paige Baumgartner, Bismarck High, by pin, 1:18
 145: Grace Rolf, Lisbon, over Kiera Aguilar, Minot, by 2-0 decision
 155: Emily Novak, Grand Forks, over Lexi Beckler, Bismarck High, by 8-2 decision

170: Emma Buee, Des Lacs-Burlington, over Alexis Storsved, Mandan, by 7-6 decision
 190: Phoenix Lindseth, Legacy, over Cambree Anderson, Bismarck High, by pin, :48
 250: Catie Sinner, Central Cass, over Danifjah Moore, Minot, by pin, 3:25

Feb. 18

ND State Dual Tournament

Quarterfinals
 (1E) Central Cass 54, (4W) Century 24
 (2W) Bismarck Legacy 48, (3E) Fargo 30
 (1W) Minot High 63, (4E) Grand Forks 18
 (3W) Bismarck High 57, (2E) Carrington 16

Semifinals

Centrals Cass 51, Legacy 30
 Bismarck High 48, Minot High 21

Consolation

Carrington 42, Grand Forks 36
 Fargo 46, Century 33

Seventh Place

Grand Forks 40, Century 36

Fifth Place

Fargo 45, Carrington 28

Third Place

Minot High 39, Legacy 39
 MHS wins tie-break

Championship

Bismarck High 60, Central Cass 21



Minot High Majettes

2022-23 WDA Champion
 2022-23 West Region Tournament Champion



Bismarck High Demons

2022-23 ND State Individual Tournament Champion
 2022-23 ND State Dual Tournament Champion

SEASON NOTES

- *This was the second season of NDHSA-sponsored girls' wrestling.
- *Bismarck High won the ND state individual and state dual tournament titles.
- *Minot High won the WDA regular season title as well as the West Region tournament crown.
- *Minot High, Legacy, Bismarck High and Century qualified for the state dual tournament.
- *The WDA took three of the top five state individual finishes (1. Bismarck High; 2. Minot High; 4. Legacy)
- *Williston and Watford City participated in the season but did not have a complete squad to compete in conference duals.
- *State champions: 105: Alicia Kenfack, Legacy; 110: Julia Araujo, Bismarck High; 120: Rei Ogden, Century; 190: Phoenix Lindseth, Legacy
- *Five WDA teams had at least one wrestler reach a state individual title match (Bismarck High, Century, Legacy, Mandan, Minot High).
- *Forty-eight WDA wrestlers placed at the state individual tournament in Fargo.
- *Rei Ogden of Century was the region senior athlete of the year.
- *Century's Baron Blanchard was region coach of the year.
- *Williston hosted the West Region Tournament.

Girls' Wrestling

wdasports.org

BISMARCK DEMONS
Overall Record: 8-2
WDA Record: 5-2
 N22 LEGACY 30-36L
 D3 Mandan Lions 3rd
 D8 JAMESTOWN 54-21W
 D10 Rapid City Inv. 2nd
 D30 Rumble Red 1st
 J7 Bismarck Rotary 1st
 J12 MINOT HIGH 33-42L
 J13 @Mandan 65-12W
 J19 @Dickinson 70-9W
 J21 Badlands Clas. 1st
 J28 Belle of Brawl 1st
 F2 CENTURY 57-23W
 F4 @TMCHS 60-18
 F10 West Region 2nd
 F17 ND State Inv. 1st
 F18 Carrington^ 57-16W
 F18 Minot High^^ 48-21W
 F18 Central Cass^^60-21W
 ^ ND State Dual Quarterfinal
 ^^ ND State Dual Semifinal
 ^^ ND State Dual Championship

CENTURY PATRIOTS
Overall Record: 3-7
WDA Record: 3-4
 D1 MANDAN 39-30W
 D2 Mandan Lions 8th
 D8 MINO HIGH 18-66L
 D10 GF Sertoma 6th
 D30 Rumble Red 11th
 J7 Bismarck Rotary 10th
 J13 JAMESTOWN 30-42L
 J19 @Legacy 18-60L
 J21 Badlands Clas. 2nd
 J26 TMCHS 48-15W
 J28 Lee Wolf Inv. 4th
 F2 @Bismarck High 23-57L
 F4 DICKINSON 34-16W
 F10 West Region 5th
 F17 ND State Ind. 6th
 F18 Central Cass^ 24-54L
 F18 Fargo% 30-46L
 F18 G. Forks %636-40L
 ^ ND State Dual Quarterfinal
 % ND State Dual Consolation
 %%ND State Dual Seventh Place

DICKINSON MIDGETS
Overall Record: 0-6
WDA Record: 0-6
 D3 Mandan Lions 12th
 D9 Legacy 6-78L
 J7 Bismarck Rotary 26th
 J13 @Mandan 18-60L

J14 Magic City Inv. 10th
 J19 BISMARCK 9-70L
 J21 Badlands Clas. 8th
 J28 Belle of Brawl 18th
 F2 MINOT HIGH 6-78L
 F3 @Jamestown 6-48L
 F4 @Century 16-34L
 F10 West Region 10th
 F17 ND State Ind. 21st

JAMESTOWN BLUE JAYS
Overall Record: 3-4-1
WDA Record: 2-4-1
 D3 Jamestown KC 2nd
 D8 @Bismarck 21-54L
 D10 GF Sertoma 7th
 D27 @TMCHS 24-48L
 D30 Rumble Red 7th
 J5 @Minot High 11-69L
 J7 Bismarck Rotary 11th
 J13 @Century 40-32W
 J19 CARRINGTON 42-36W
 J21 Lisbon Stor. Inv. 8th
 J27 MANDAN 34-46L
 J28 Lee Wolf Inv. 6th
 F3 DICKINSON 48-6W
 F3 LEGACY 36-36T
 F10 West Region 7th
 F17 ND State Ind. 8th

LEGACY SABERS
Overall Record: 6-4-1
WDA Record: 5-1-1
 N22 @Bismarck 36-30W
 D3 Mandan Lions 2nd
 D8 MANDAN 66-18W
 D9 Dickinson 78-6W
 D10 GF Sertoma 1st
 D30 Rumble Red 3rd
 J5 TMCHS 48-6W
 J5 FARGO 36-45L
 J7 Bismarck Rotary 2nd
 J14 Magic City Inv. 1st
 J19 CENTURY 60-18W
 J21 Fargo Metro No scores kept
 J28 Belle of Brawl 2nd
 J31 @Minot High 27-54L
 F3 @Jamestown 36-36T
 F10 West Region 3rd
 F17 ND State Ind. 4th
 F18 Fargo^ 48-30W
 F18 Central Cass^^ 30-51L
 F18 Minot High^^ 39-39 (Minot wins 2B)
 ^ ND State Dual Quarterfinal
 ^^ ND State Dual Semifinal
 ^^ ND State Third Place

MANDAN BRAVES
Overall Record: 3-4
WDA Record: 3-4
 N22 @TMCHS 48-30W
 D1 @Century 30-39L
 D3 Mandan Lions 8th
 D8 @Legacy 18-60L
 D10 Rapid City Inv. 24th
 D30 Rumble Red 9th
 J7 Bismarck Rotary 9th
 J13 BISMARCK 12-65L
 J13 DICKINSON 60-18W
 J14 Magic City Inv. 9th
 J19 MINOT HIGH 18-61L
 J21 Lisbon Stor. Inv. 1st
 J27 @Jamestown 46-24W
 F10 West Region 4th
 F17 ND State Ind. 16th

MINOT HIGH MAJETTES
Overall Record: 9-1
WDA Record: 7-0
 N19 Minot Early B. No scores
 D3 Mandan Lions 5th
 D8 @Century 66-18W
 D10 GF Sertoma 3rd
 D30 Rumble Red 2nd
 J5 JAMESTOWN 69-11W
 J7 Bismarck Rotary 3rd
 J12 @Bismarck 42-33W
 J14 Magic City Inv. 2nd
 J19 @Mandan 61-18W
 J28 Belle of Brawl 5th
 J31 LEGACY 54-27W
 F2 @Dickinson 78-6W
 F3 TMCHS 72-8W
 F10 West Region 1st
 F17 ND State Ind. 2nd
 F18 Grand Forks^ 63-18W
 F18 Bismarck^^ 21-48L
 F18 Legacy&& 39-39 (Minot won 2B)
 ^ ND State Dual Quarterfinal
 ^^ ND State Dual Semifinal
 ^^ ND State Third Place

TMCHS BRAVES
Overall Record: 1-5
WDA Record: 1-5
 N19 Minot Early B. No scores
 N22 MANDAN 30-48L
 D3 Jamestown KC 6th
 D10 GF Sertoma 9th
 D27 JAMESTOWN 48-24W
 D30 Rumble Red 18th
 J5 @Legacy 6-48L
 J7 Bismarck Rotary 21st
 J14 Magic City Inv. 22nd
 J26 @Century 15-48L
 F3 @Minot High 8-72L
 F4 BISMARCK 18-60L
 F10 West Region 15th
 F17 ND State Ind. 39th

WILLISTON COVOTES
Overall Record: --
WDA Record: --
 N19 Minot Early B. No scores
 D10 Rapid City Inv. 28th
 J7 Bismarck Rotary 28th
 F10 West Region 18th
 F18 ND State Ind. 30th

Boys' Swimming-Diving

wdasports.org

2022-23 SEASON MEET RESULTS

| Meet Finishes | 1st | 2nd | 3rd | 4th | 5th | Other |
|---------------|-------|------|-------|-----|-------|-------|
| Bismarck High | One | Five | One | One | -- | -- |
| Century | -- | Five | Three | Two | -- | -- |
| Dickinson | -- | -- | -- | One | Two | Three |
| Jamestown | One | -- | -- | -- | -- | Three |
| Legacy | -- | Two | One | One | Three | One |
| Mandan | -- | -- | One | -- | One | Seven |
| Minot High | Seven | -- | -- | -- | -- | -- |
| Williston | -- | -- | Two | Two | Three | -- |

2022-23 POSTSEASON REWIND

Feb. 25
WDA Championships, Williston
Team totals
 1. Minot High, 448; 2. Bismarck High, 332; 3. Century, 312; 4. Williston, 275; 5. Legacy, 242; 6. Jamestown, 210; 7. Dickinson, 155; 8. Mandan, 129
Event winners
 200 Medley Relay: Minot, 1:38.01 (Carter Larson, Jaxon Reinke, Ryan Hubbard, Paradoron Roongin)
 200 Freestyle: Alex King, Minot High, 1:47.96
 200 IM: Kolden Krigen, Williston, 1:58.65
 50 Freestyle: Alex Steichen, Bismarck High, :22.23
 1M Diving: Ty Ross, Minot High, 459.35 points
 100 Butterfly: Jaxon Reinke, Minot, :52.88
 100 Freestyle: A. King, Minot, :47.94
 500 Freestyle: K. Krigen, Williston, 4:55.11
 200 Freestyle Relay: Minot, 1:29.77 (A. King, P. Roongin, Matt Boen, Logan Hill)

100 Backstroke: Blake Nelson, Bismarck High, :54.90
 100 Breaststroke: P. Roongin, Minot, 1:00.52
 400 Freestyle Relay: Minot, 3:15.94 (J. Reinke, R. Hubbard, L. Hill, A. King)
March 3-4
ND State Meet, Bismarck
Team totals
 1. Minot High, 331; 2. Bismarck High, 258; 3. Century, 230; 4. Fargo Davies, 205; 5. Grand Forks, 201.5; 6. Legacy, 183; 7. Williston, 166; 8. Fargo North, 165; 9. West Fargo, 148; 10. Fargo South, 123.5; 11. Jamestown, 98; 12. WF Sheyenne, 88; 13. Mandan, 55; 14. Dickinson, 43
Event winners
 200 Medley Relay: Minot, 1:36.11* (Carter Larson, Jaxon Reinke, Ryan Hubbard, Paradoron Roongin)
 200 Freestyle: Alex Steichen, Bismarck High, 1:43.22
 200 IM: Kolden Krigen, Williston, 1:54.98

50 Freestyle: Brody Engelstad, West Fargo, :21.00
 1M Diving: Oscar Francis, Fargo South, 463.10 points
 100 Butterfly: Ryan Hubbard, Minot, :50.95
 100 Freestyle: B. Engelstad, WF, :46.69
 500 Freestyle: K. Krigen, Williston, 4:44.47
 200 Freestyle Relay: Century, 1:26.69 (Isaac Vallie, Daniel Walker, Benjamin Schaff, Beau Zander)
 100 Backstroke: Blake Nelson, Bismarck High, :51.98
 100 Breaststroke: Paradoron Roongin, Minot, :58.09
 400 Freestyle Relay: Minot, 3:11.52 (J. Reinke, R. Hubbard, Logan Hill, Alex King)
 *State meet record



Minot High Majettes

2022-23 WDA Champion

2022-23 ND State Champion

2022-23 WDA TOP EVENT PERFORMERS (BY TEAM)

200 Freestyle
 Bismarck-Alex Steichen, 1:43.22
 Century-Luke Domres, 1:45.60
 Dickinson-Shain Janice, 1:50.48
 Jamestown-Kaden Fabian, 1:54.37
 Legacy-Braxton Steele, 1:47.17
 Mandan-Jared Lindsey, 2:02.53
 Minot-Alex King, 1:44.33
 Williston-Kolden Krigen, 1:48.50

200 Individual Medley
 Bismarck-Blake Nelson, 2:02.03
 Century-Benjamin Schaff, 1:59.64
 Dickinson-Tolga Kilic, 2:10.02
 Jamestown-Bodi Haglund, 2:16.43
 Legacy-Noah Mayer, 2:05.92
 Mandan-Ethan Parker, 2:22.52
 Minot-Jaxon Reinke, 1:57.49
 Williston-K. Krigen, 1:54.98

50 Freestyle
 Bismarck-A. Steichen, :21.52
 Century-Beau Zander, :21.53
 Dickinson-S. Janice, :23.62
 Jamestown-Ted Solensky, :22.15
 Legacy-Logan Donat, :22.52
 Mandan-Ian Keller, :23.35
 Minot-A. King, :21.99
 Williston-Kolden Krigen, :22.89

100 Butterfly
 Bismarck-Sam Eggl, :54.17
 Century-Samuel Wiederholt, :57.38
 Dickinson-S. Janice, 1:00.93
 Jamestown-Elliot Dixon, :59.31
 Legacy-Jayden Ahmann, :51.99
 Mandan-Jack Allen, 1:04.20
 Minot-Ryan Hubbard, :50.95
 Williston-Camden Ekblad-Lundby, :53.81

100 Freestyle
 Bismarck-A. Steichen, :46.95
 Century-Daniel Walker, :48.35
 Dickinson-S. Janice, :53.08
 Jamestown-Zach Hanson, :51.16
 Legacy-L. Donat, :50.07
 Mandan-Vincent Keller, :51.81
 Minot-A. King, :47.31
 Williston-K. Krigen, :48.17

500 Freestyle
 Bismarck-A. Steichen, 5:09.67
 Century-L. Domres, 4:46.93
 Dickinson-S. Janice, 5:00.87
 Jamestown-T. Solensky, 5:00.52
 Legacy-Noah Mayer, 4:57.95
 Mandan-Jared Lindsey, 5:42.02
 Minot-A. King, 5:06.77
 Williston-K. Krigen, 4:44.47

100 Backstroke
 Bismarck-B. Nelson, :51.87
 Century-Benjamin Schaff, :58.83
 Dickinson-T. Kilic, :58.57
 Jamestown-Caleb Fabian, :57.44
 Legacy-Jayden Ahmann, :54.43
 Mandan-Ian Keller, :58.34
 Minot-Carter Larson, :54.92
 Williston-Caleb Osborn, :55.98

100 Breaststroke
 Bismarck-Garrett Wick, 1:00.75
 Century-B. Schaff, :59.42
 Dickinson-T. Kilic, 1:10.56
 Jamestown-Bodi Haglund, 1:02.73
 Legacy-N. Mayer, :58.73
 Mandan-Ethan Parker, 1:10.81
 Minot-Paradoron Roongin, :58.09
 Williston-K. Krigen, 1:01.84

200 Freestyle Relay
 Bismarck-1:26.76 (A. Steichen, G. Wick, Noah Zaidi, B. Nelson)
 Century-1:26.69 (Isaac Vallie, D. Walker, B. Schaff, Beau Zander)
 Dickinson-1:37.94 (Shain Janice, Kadin Barth, Davin Haag, John Rude)
 Jamestown-1:31.20 (C. Fabian, B. Haglund, Kaden Fabian, T. Solensky)
 Legacy-1:32.52 (L. Donat, Brandon Selbel, Grant Meldinger, Ben Nasset)
 Mandan-1:40.70 (Ian Lahtinen, Van Lahtinen, E. Parker, Andrew Bierman)
 Minot-1:28.94 (A. King, P. Roongin, Matt Boen, Logan Hill)
 Williston-1:35.29 (Hunter Hart, Adam March, Hunter Haugen, Ethan Babcock)

200 Medley Relay
 Bismarck-1:38.61 (S. Eggl, G. Wick, A. Steichen, B. Nelson)
 Century-1:40.83 (Logan Vesey, Beau Zander, Andrew Edland, Gabriel Dohrmann)
 Dickinson-1:51.03 (T. Kilic, Asher Ellerkamp, Alexander Keller, D. Haag)
 Jamestown-1:46.77 (C. Fabian, Mason Gibson, E. Dixon, Z. Hanson)
 Legacy-1:39.92 (B. Steele, N. Mayer, J. Ahmann, L. Donat)
 Mandan-1:49.25 (V. Keller, E. Parker, I. Keller, Brody Stein)
 Minot-1:36.11 (Carter Larson, J. Reinke, R. Hubbard, P. Roongin)
 Williston-1:40.92 (C. Osborn, K. Krigen, C. Ekblad-Lundby, E. Babcock)

400 Freestyle Relay
 Bismarck-3:13.71 (A. Steichen, N. Zaidi, G. Wick, B. Nelson)
 Century-3:13.40 (D. Walker, L. Domres, B. Schaff, B. Zander)
 Dickinson-3:31.73 (T. Kilic, K. Barth, John Rude, S. Janice)
 Jamestown-3:25.14 (Z. Hanson, K. Fabian, T. Solensky, B. Haglund)
 Legacy-3:19.16 (B. Steele, J. Ahmann, B. Nasset, N. Mayer)
 Mandan-3:35.15 (I. Keller, V. Keller, B. Stein, I. Lahtinen)
 Minot-3:11.52 (J. Reinke, R. Hubbard, L. Hill, A. King)
 Williston-3:17.04 (K. Krigen, H. Haugen, C. Ekblad-Lundby, C. Osborn)

1M Diving
 Bismarck-Bryce Vatsnadal, 415.35
 Century-Bridger Huelsman, 317.00
 Dickinson-Davin Haag, 316.70
 Jamestown-C. Fabian, 276.00
 Legacy-Gavin Brendle, 252.25
 Mandan-Jacob Thomas, 388.10
 Minot-Ty Ross, 459.35
 Williston-Sawyer Hart, 268.60

NA: Not Available

SEASON NOTES

*This was the 47th season of WDA/West Region competition. *Minot won the WDA Championship, its 41st conference title; and the ND State title, it's 31st championship. *The WDA took the top three spots at the state meet (1. Minot High; 2. Bismarck High; 3. Century *State event champions: Bismarck High: Alex Steichen, 200 freestyle; Blake Nelson, 100 backstroke; Century: 200 freestyle relay (Isaac Vallie, Daniel Walker, Ben Schaff, Beau Zander); Minot High: 200 medley relay (Carter Larson, Ryan Hubbard, Jaxon Reinke, Parador Roengin); R. Hubbard, 100 butterfly; P. Roengin, 100 breaststroke; 400 freestyle relay (J. Reinke, R. Hubbard, Logan Hill, Alex King); Williston: Kolden Krining, 200 IM and 500 freestyle *Minot turned in a perfect season for a fifth-year in a row, winning all of its meets and duals. *Minot's Alex King was named WDA and state senior athlete of the year. *Minot's Jake Solper was named WDA coach of the year. *Bismarck High's Cale Schafer was name state coach of the year. *Williston hosted the WDA Championships. *Bismarck hosted the state meet. All-WDA selections: **Bismarck High:** Luke Vatsndal, Gaige Merck, Sam Eggli, Garret Wick, Blake Nelson, Alex Steichen; **Bismarck Century:** Luke Dornres, Benjamin Schaff, Isaac Vallie **Bismarck Legacy:** Braxton Steele, Noah Mayer, Jayden Ahmann; **Dickinson:** Shain Janice; **Jamestown:** Bodi Haglund; **Mandan:** Jacob Thomas; **Minot High:** Ty Ross, Alex King, Jaxon Reinke, Parador Roengin, Ryan Hubbard, Logan Hill; **Williston:** Kolden Krining, Camden Ekblad-Lundby, Caleb Osborn *WDA all-state selections: **Bismarck High:** Blake Nelson*, Alex Steichen*, Sam Eggli*, Noah Daidi, Garrett Wick, Bryce Vatsndal; **Bismarck Century:** Beau Zander*, Luke Dornres*, Ben Schaff*, Isaac Vallie, Daniel Walker; **Bismarck Legacy:** Jayden Ahmann*, Noah Mayer*, Braxton Steel*; **Jamestown:** Teddy Solensky; **Minot High:** Alex King*, Jaxon Reinke*, Parador Roengin*, Ryan Hubbard*, Carter Larson*, Ty Ross*, Logan Hill*; **Williston:** Kolden Krining*, Camden Ekblad-Lundby*, Caleb Osborn (* first-team selections)

BISMARCK HIGH DEMONS
WDA Finish: 2nd
State Finish: 2nd
Duals: 9-0
D9 @Jamestown W
D29 Mandan Pentathlon 2nd
J7 Williston Invite 1st
J14 Fargo Manley Invite 3rd
J21 Minot High Invite 2nd
F3 Century Multi-Duals 5-0 rec.
F4 Century Invite 4th
F9 @Dickinson W
F11 Mandan Invite 2nd
F15 Century Legacy WW
F25 WDA Championships 2nd
M4 ND State Championships 2nd

CENTURY PATRIOTS
WDA Finish: 3rd
State Finish: 3rd
Duals: 8-4
D10 Williston, Dickinson WW
D29 Mandan Pentathlon 3rd
J7 Williston Invite 2nd
J13 @Fargo Davies, Mandan LW
J14 Fargo Manley Invite 4th
J21 Minot High Invite 4th
J28 West Fargo Invite 2nd
F3 Century Multi-Duals 4-1 rec.
F4 Century Invite 2nd
F9 Minot High L
F11 Mandan Invite 2nd
F16 Bismarck High, Legacy LW
F25 WDA Championships 3rd
M4 ND State Championships 3rd

DICKINSON MIDGETS
WDA Finish: 7th
State Finish: 14th
Duals: 0-10-1
D10 @Century, Williston LL
J5 @Jamestown L
J7 Williston Invite 4th
J12 LEGACY T
J21 Jamestown Octagon Meet 5th
F3 Century Multi-Duals 0-5 rec.
F4 Century Invite 11th
F9 BISMARCK HIGH L
F11 Jamestown Meet 5th
F16 @Minot High L
F25 WDA Championships 7th
M4 ND State Championships 14th

JAMESTOWN BLUE JAYS
WDA Finish: 6th
State Finish: 11th
Duals: 2-6
D9 BISMARCK HIGH L
J5 DICKINSON W
J6 @Minot High L
J17 @Mandan W
J21 Jamestown Octagon Meet 1st
J24 @Fargo South L
J27 @Grand Forks L
J28 West Fargo Invite 7th
F3 @West Fargo L
F10 MOORHEAD, MN L
F11 Jamestown Invite 3rd
F25 WDA Championships 6th
M4 ND State Championships 11th

LEGACY SABERS
WDA Finish: 5th
State Finish: 6th
Duals: 1-7-1
D29 Mandan Pentathlon 4th
J7 Williston Invite 5th
J12 @Dickinson T
J20 FARGO NORTH L
J21 Minot High Invite 3rd
J27 West Fargo Pentathlon 2nd
J28 Fargo North Triangular 2-4 rec.
F3 Century Multi-Duals 1-4 rec.
F4 Century Invite 9th
F11 Mandan Invite 5th
F15 Bismarck High, Century LL
F25 WDA Championships 5th
M4 ND State Championships 6th

MANDAN BRAVES
WDA Finish: 5th
State Finish: 13th
Duals: 1-7
D9 MINOT HIGH L
D29 Mandan Pentathlon 5th
J6 @Williston L
J7 Williston Invite 6th
J13 @Fargo Davies, Century LL
J14 Fargo Manley Invite 6th
J17 JAMESTOWN L
J21 Minot High Invite 7th
J28 Fargo North Triangular 3rd
F3 GRAND FORKS, MOORHEAD, MN WL
F4 Century Invite 10th
F10 WILLISTON L
F11 Mandan Invite 6th
F25 WDA Championships 8th
M4 ND State Championships 13th

MINOT HIGH MAGICIANS
WDA Finish: 1st
Class A Finish: 1st
Duals: 9-0
D9 @Mandan W
D29 Mandan Pentathlon 1st
J6 JAMESTOWN W
J14 @Williston W
J20 WEST FARGO, GRAND FORKS WW
J21 Minot High Invite 1st
J27 West Fargo Pentathlon 1st
J28 West Fargo Invite 1st
F3 FARGO DAVIES L
F4 Century Invite 1st
F9 @Century W
F11 Mandan Invite 1st
F16 DICKINSON, WILLISTON WW
F25 WDA Championships 1st
M4 ND State Meet 1st

WILLISTON COYOTES
WDA Finish: 4th
State Finish: 7th
Duals: 6-5
D10 @Century, Dickinson LW
J6 MANDAN W
J7 Williston Invite 3rd
J14 MINOT HIGH L
J21 Jamestown Octagon Meet 3rd
J27 West Fargo Pentathlon 5th
J28 West Fargo Invite 5th
F3 Century Multi-Duals 3-2 rec.
F4 Century Invite 5th
F10 @Mandan W
F11 Mandan Invite 4th
F16 @Minot High L
F25 WDA Championships 4th
M4 ND State Meet 7th

2022-23 WDA/WEST REGION STANDINGS

| Team | Conf. | Win. Pct. | Streak | Overall | Home | Away | Neutral |
|---------------|-------|-----------|--------|---------|------|------|---------|
| Century | 20-0 | 1.000 | W20 | 25-2 | 10-0 | 11-0 | 4-2 |
| Minot High | 17-3 | .850 | L1 | 22-5 | 10-1 | 8-2 | 4-2 |
| Mandan | 14-6 | .700 | L4 | 16-8 | 10-1 | 5-5 | 1-2 |
| Bismarck High | 12-8 | .600 | W3 | 13-11 | 6-1 | 6-5 | 1-2 |
| Legacy | 11-9 | .550 | L3 | 15-12 | 6-5 | 6-4 | 3-3 |
| Jamestown | 10-10 | .500 | W2 | 14-13 | 8-4 | 4-6 | 2-3 |
| Dickinson | 8-12 | .400 | L3 | 9-13 | 6-6 | 3-7 | 0-0 |
| TMCHS^ | 6-14 | .300 | L3 | 7-17 | 4-7 | 3-8 | 0-2 |
| St. Mary's^^ | 6-14 | .300 | W2 | 7-16 | 3-7 | 3-9 | 0-0 |
| Williston | 6-14 | .300 | W4 | 7-16 | 3-7 | 4-7 | 0-2 |
| Watford City | 0-20 | .000 | L20 | 1-21 | 0-10 | 1-11 | 0-0 |

Note: Teams play a double round robin schedule... Streaks are for WDA reg. season games only. Top 5 finishers earned automatic berths into West Region tournament quarterfinal round. ^TMCHS held the tie-break over TMCHS and Williston; ^^St. Mary's held the tie-break over Williston

2022-23 POSTSEASON REWIND

Feb. 24
West Region Play-in @Higher seed
(8) TMCHS 71, St. Mary's 66
(10) Williston 62, (7) Dickinson 48
Feb. 25
West Region Play-in @Higher seed
Feb. 25
(6) Jamestown 102, (11) Watford City 54
March 2
West Region Tournament, Bismarck Quarterfinals
(1) Century 84, (8) TMCHS 53
(5) Legacy 78, (4) Bismarck High 75
(2) Minot High 59, (10) Williston 47
(6) Jamestown 70, (3) Mandan 64
March 3
West Region Tournament, Bismarck Loser-out
(6) Bismarck High 80, (8) TMCHS 79
(3) Mandan 77, (10) Williston 6

Semifinals
(1) Century 95, (5) Legacy 56
(2) Minot High 65, (6) Jamestown 48
March 4
West Region Tournament, Bismarck State Qualifiers
(5) Legacy 84, (3) Mandan 73
(6) Jamestown 81, (4) Bismarck High 57
Championship
(1) Century 63, (2) Minot High 58
March 9
Class A Tournament, Fargo Quarterfinal
(1E) Fargo Davies 64, (4W) Jamestown 46
(3E) G.F. Red River 81, (2W) Minot High 80
(1W) Century 77, (4E) Fargo Shanley 45
(2E) Fargo North 82, (3W) Legacy 80

March 10
Class A Tournament, Fargo Consolation
(2W) Minot High 69 (4W) Jamestown 66
(3W) Legacy 65, (4E) Fargo Shanley 50
Semifinals
(3E) G.F. Red River 82, (1E) Fargo Davies 80
(2E) Fargo North 51, (1W) Century 48
March 11
Class A Tournament, Fargo Fifth Place
(2W) Minot High 64, (3W) Legacy 38
Third Place
(1E) Fargo Davies 72, (1W) Century 68
Championship
(2E) Fargo North 92, (3E) G.F. Red River 83



Bismarck Century Patriots

2022-23 WDA Champion
2022-23 West Region Tournament Champion

SEASON NOTES

*This was the 59th season of WDA/West Region play.
*Century won its 13th WDA title and eighth West Region Tournament crown, and first since 2018.
*Century, Minot High, Legacy and Jamestown qualified for the Class A Tournament.
*Six teams finished with winning records (Century, Minot High, Mandan, Bismarck High, Legacy, Jamestown).
*The last time a WDA team was not in the Class A championship was 2012.
*For a sixth year in a row, a lower seed in the W. Region Tournament advanced to the Class A Tournament (Jamestown, No. 6 seed; Legacy, No. 5 seed).
*Five WDA regular season games went to overtime.
*Century was the first team since Jamestown (2018-19) to complete the WDA regular season undefeated.
*Williston reached the W. Region Tournament quarterfinals for the first time since 2020 and TMCHS (Belcourt) reached the quarterfinals for the first time since 2021.
*Mandan won its first 10 games...
*Watford City won its first game since the 2019-20 season.
*Minot High has finished in the top three in the

WDA regular season standings in each of the past four seasons; the longest active streak among conference teams.
*WDA teams went 6-7 vs. EDC opponents.
*TMCHS and Watford City will be moving to the newly-formed NDHSAA middle tier basketball classification, beginning in 2023-24.
*Minot High's Darik Disette was region and state senior athlete of the year and named Mr. Basketball and Gatorada ND Player of the Year.
*Century's Darin Mattern was WDA and state coach of the year.
*Five WDA players averaged 20 or more points per game (D. Disette, Minot; A. Dvorak, Dickinson; I. St. Romain, Williston; H. Sheldon, Mandan; P. Wallette, TMCHS
*Fargo North won its first Class A title since 2006.
*Fargo hosted the Class A Tournament.
*Class A All-Tournament Team: **Bismarck Century:** Ryan Erikson; **Bismarck Legacy:** Jaxon Kellogg; **Fargo Davies:** Raymond Brown, Daniel York; **Fargo North:** Jeremiah Sem, Matthew Sem, Carter Zeller; **G.F. Red River:** Reis Rowerkamp, Zach Kraft; **Minot High:** Darik Disette
MVP: Jeremiah Sim, Fargo North
*WDA Stat leaders (Regular season/Minimum of 18 games); Scoring: Darik Disette, Minot High, 27.7

(Per game); Rebounding: Ryan Erikson, Century, 10.1; Assists: Tahyre Frank, Mandan, 5.1; Steals: Hudson Sheldon, Mandan, 3.0; Blocked Shots: R. Erikson, Century, 1.1; Field Goal Pct.: William Ware, Century, 64.7; 3-PT Field Goal Pct.: Parker Falcon, Legacy, 46.8; Free Throw Pct.: Alex Dvorak, Dickinson, 88.2
*All-WDA selections: **Bismarck High:** Andre Austin; **Bismarck Century:** Anthony Doppler, Ryan Erickson, Isaiah Schaffer, William Ware; **Bismarck Legacy:** Jaxon Kellogg, Lucas Kupfer; **Bismarck St. Mary's:** Jacob Goettle; **Dickinson:** Alex Dvorak; **Jamestown:** Ryan Larson; **Mandan:** Karsyn Jablonski, Hudson Sheldon, Tahyre Frank; **Minot High:** Darik Disette, Jaeger Gunville, Eric Winczewski; **TMCHS (Belcourt):** Houston Davis, Parker Wallette; **Williston:** Malaki Sik, Isaiah St. Romain
*WDA All-state selections: **Bismarck Century:** Ryan Erikson*, Anthony Doppler; **Dickinson:** Alex Dvorak*; **Mandan:** Hudson Sheldon; **Minot High:** Darik Disette*; **TMCHS:** Parker Wallette; **Williston:** Isaiah St. Romain (*first team selection)

2022-23 WDA HEAD-TO-HEAD RESULTS

| | BHS | CEN | DCK | JAM | LEG | MAN | MIN | STM | TM | WC | WIL |
|------------|-------------------|------------------|-------------------|------------------|------------------|----------------------|-------------------|----------------------|-------------------|-------------------|------------------|
| BHS | | 44-66L 34-64L | 68-57W 75-46W | 68-43W 61-59W | 82-66W 65-52W | 62-46W 78-46W | 57-59L 69-85L | 67-53W 81-66W | 100-59W 58-47W | 67-31W 77-39W | 96-33W 74-44W |
| CEN | 66-44W 63-34W | | 84-37W 67-49W | 91-48W 51-49W | 77-60W 60-44W | 73-37W 59-53W | 72-64W 68-60W | 71-52W 78-52W | 98-47W 71-44W | 75-32W 65-35W | 82-42W* |
| DCK | 57-68L 46-75L | 37-84L 49-67L | | 59-61L 71-82L | 56-81L 50-82L | 60-71L 49-77L | 47-103L 49-79L | 43-61L 42-69L | 64-54W 73-65W | 54-47W 73-67W | 76-51W 85-32W |
| JAM | 43-68L 59-61L | 48-91L 49-51L | 61-59W 82-71W | | 55-73L 60-63L | 72-59W 71-63W | 51-57L 58-80L | 49-62L 54-43W | 92-62W 77-78L | 97-44W 77-39W | 92-26W 92-41W |
| LEG | 66-82L 52-65L | 60-77L 44-60L | 81-56W 82-50W | 73-55W 63-60W | | 72-31W 70-48W | 73-72W 60-62L | 73-47W 63-55W | 77-56W 73-34W | 86-40W 93-32W | 95-48W 92-44W |
| MAN | 46-62L 46-78L | 37-73L 60-68L | 71-60W 77-49W | 59-72L 63-71L | 31-72L 48-70L | | 70-80L 51-79L | 74-70W(OT) 64-88L | 72-61W 66-59W | 90-39W 68-39W | 91-55W 70-62W |
| MIN | 59-57W 85-69W | 64-72L 53-59L | 103-47W 79-49W | 57-51W 80-55W | 72-73L 62-60W | 80-70W 79-51W | | 89-58W 81-56W | 105-51W 82-75W | 110-45W 89-40W | 93-34W 96-47W |
| STM | 53-67L 66-81L | 52-71L 42-78L | 61-43W 69-42W | 62-49W 55-63L | 47-73L 55-63L | 70-74L(OT) 88-64W | 58-89L 56-81L | | 79-51W 68-50W | 83-49W 79-51W | 89-34W 77-37W |
| TM | 59-100L 47-58L | 47-98L 37-54L | 54-64L 65-73L | 62-92L 78-77W | 56-77L 34-73L | 6-172L 59-66L | 51-105L 75-82L | 51-79L 50-68L | | 74-67W 71-36W | 73-39W 78-51W |
| WC | 31-67L 39-77L | 32-75L 36-65L | 47-54L 67-73L | 44-97L 39-77L | 40-86L 32-93L | 39-90L 39-68L | 45-110L 40-89L | 49-83L 41-79L | 67-74L 36-71L | | 64-53W 83-60W |
| WIL | 33-96L 44-74L | 42-82L* | 51-76L 32-85L | 26-92L 41-92L | 48-95L 44-92L | 55-91L 62-70L | 34-93L 47-96L | 34-89L 37-77L | 39-73L 51-78L | 53-64L 60-83L | |

Teams play a double round robin; Century and Williston only played one game for a double counter

2023 SEASON RESULTS

| Outdoor Meet Finishes | 1st | 2nd | 3rd | 4th | 5th | Other |
|-----------------------|-----|-------|-------|-------|-----|-------|
| Bismarck High | -- | Four | Two | One | -- | -- |
| Century | Six | -- | One | -- | -- | One |
| Dickinson | -- | -- | One | -- | One | Six |
| Jamestown | One | -- | Two | -- | -- | Three |
| Legacy | Two | Three | Three | -- | -- | -- |
| Mandan | -- | Two | -- | One | Two | Two |
| Minot High | One | -- | -- | Three | One | Three |
| St. Mary's | -- | Two | -- | -- | One | Four |
| TMCHS | -- | -- | -- | -- | -- | Three |
| Watford City | One | -- | -- | -- | One | Six |
| Williston | -- | One | -- | One | One | Four |

2023 POSTSEASON REWIND

May 19

West Region Meet, Bismarck

Team totals

1. Century, 172; 2. Legacy, 142.5; 3. Bismarck High, 138; 4. Minot High, 93.5; 5. Williston, 65; 6. Mandan, 48; 7. Dickinson, 33; 8. Watford City, 22; 9. St. Mary's, 20; 10. Jamestown, 4; 11. TMCHS, 3

Event winners

100 Meters: Talen Farland, Legacy, :10.82
 200 Meters: Dylan McGlothlin, Legacy, :21.38
 400 Meters: D. McGlothlin, Legacy, :48.37
 800 Meters: Ethan Moe, Williston, 1:54.43
 1600 Meters: E. Moe, Williston, 4:12.34
 3200 Meters: Ivan Askim, Williston, 9:35.08
 110 Hurdles: Brooks Turner, Century, :14.04
 300 Hurdles: Jeran McNichols, Bismarck High, :4.00
 High Jump: B. Turner, Century, 6-6
 Pole Vault: Adam Nychyporuk, Legacy, 14-0
 Long Jump: Hudson Schroeder, Bismarck High, 22-7
 Triple Jump: Anthony Brown, Minot High, 45-0
 Shot Put: Jacob Burckhard, Century, 53-5
 Discus: Jack Shaffer, Bismarck High, 165-3
 Javelin: Brett Miller, Legacy, 181-7

400 Relay: Legacy, :41.57 (T. Farland, Reece Snow, Evan Hoffer, Nathan Mathern)
 800 Relay: Century, 1:29.97 (Peyton Arndt, Jaxon Birst, Michael Twardoski, Rivers Martin)
 1600 Relay: Century, 3:25.69 (J. Birst, M. Twardoski, Cyan Sorenson, Josh Berger)
 3200 Relay: Bismarck High, 8:11.19 (Parker Hintz, Owen Hintz, Austin Wick, Dawson Balzer)

May 25-27

Class A Meet, Bismarck

Team totals

1. Century, 121.5; 2. Legacy, 109; 3. Bismarck High, 95; 4. Fargo South, 58; 5. Fargo Davies, 51; 6. Williston, 50; 7. Minot High, 47.5; 8. GF Red River, 47; 9. GF Central, 32; 10. WF Sheyenne, 24; 11. Fargo North, 20.5; 12. Devils Lake, 16.5; 13. Wahpeton, 16; 13. Mandan, 16; 15. Dickinson, 14; 16. Valley City, 9; 17. St. Mary's, 8; 18. Watford City, 6

Event winners
 100 Meters: Dylan McGlothlin, Legacy, :10.66
 200 Meters: D. McGlothlin, Legacy, :21.26
 400 Meters: D. McGlothlin, Legacy, :48.55
 800 Meters: Ethan Moe, Williston, 1:51.98
 1600 Meters: E. Moe, Williston, 4:10.08
 3200 Meters: Quinn Roehl, GF Central,

9:15.23
 110 Hurdles: Brooks Turner, Century, :13.69
 300 Hurdles: Jeran McNichols, Bismarck High, :38.87
 High Jump: B. Turner, Century, 6-6
 Pole Vault: Benett Carlson, Dickinson, 14-0
 Long Jump: JD Williams, Williston, 23-0.25
 Triple Jump: John Williams, Minot High, 46-5
 Shot Put: Jacob Burckhard, Century, 46-06.5
 Discus: Ethan Manock, Wahpeton, 153-9
 Javelin: Logan Arason, GF Red River, 191-10
 400 Relay: Legacy, :41.79 (Talen Farland, Reece Snow, Evan Hoffer, Nathan Mathern)
 800 Relay: Fargo South, 1:26.75 (Aiden Bourke, Justin Zulu, A'Johntez Moore, Austin Zulu)
 1600 Relay: Fargo South, 3:21.53 (Ju. Zulu, Tristan Quibell, A. Bourke, A. Zulu), 3:21.53
 3200 Relay: Bismarck High, 7:54.38 (Parker Hintz, Dawson Balzer, Tyler Wahl, Austin Wick)



Bismarck Century Patriots
 2023 WDA Champion
 2023 Class A Champion

2023 TOP PERFORMER BY EVENT

100 Meters: Dylan McGlothlin, Legacy, :10.59
 200 Meters: D. McGlothlin, Legacy, :21.12
 400 Meters: D. McGlothlin, Legacy, :47.75
 800 Meters: Ethan Moe, Williston, 1:51.98
 1600 Meters: Owen Sondag, Fargo North, 9:15.10
 3200 Meters: Owen Sondag, Fargo North, 9:19.35
 110 Hurdles: Brooks Turner, Century, :13.69
 300 Hurdles: Jeran McNichols, Bismarck High, :38.87
 High Jump: B. Turner, Century, 6-6
 Long Jump: JD Williams, Williston, 23-0.25
 Triple Jump: John Williams, Minot High, 46-5
 Pole Vault: Benett Carlson, Dickinson, 14-3
 Shot Put: Jacob Burckhard, Century, 57-6.5
 Discus: Logan Arason, GF Red River, 171-6
 Javelin: L. Arason, GF Red River, 191-10
 400 Relay: Legacy, :41.50 (Talen Farland, D. McGlothlin, Reece Snow, Nathan Mathern)
 800 Relay: Legacy, 1:26.05 (T. Farland, D. McGlothlin, R. Snow, N. Mathern)
 1600 Relay: Legacy, 3:18.95 (R. Snow, T. Farland, Cayden Kraft, D. McGlothlin)
 3200 Relay: Bismarck High, 7:54.38 (Parker Hintz, Dawson Balzer, Tyler Wahl, Austin Wick)

SEASON NOTES

*This was the 71st season of WDA/West Region competition.
 *Snow and cold conditions for the first part of April delayed the start of the outdoor season for several weeks.
 *Century won its seventh Class A title in the last seven years and its sixth WDA championship. Legacy was runner-up in both the Class A and W. Region meet.
 *A WDA team has won the past 19 state titles.
 *Six WDA teams (Bismarck High, Century, Dickinson, Legacy, Minot High and Williston) had at least one individual or relay champion.
 *Legacy's Dylan McGlothlin won three events (100, 200 and 400 meters).
 *Williston's Ethan Moe won both the 800 and 1600 meter titles.
 *Century's Brooks Turner won the 110 hurdles and high jump event.
 *Bismarck High's 3200 meter relay team set a new state record, finishing in a time of 7:54.38 (Parker Hintz, Dawson Balzer, Tyler Wahl, Austin Wick). The previous record by a Minot High relay team was set in 1981.
 *Five WDA teams (Bismarck High, Century, Dickinson, Jamestown, Mandan, Williston) won at least one event at the West Region Meet with Legacy leading the way with six.
 *Legacy's Dylan McGlothlin was region and state senior athlete of the year.
 *The Class A Meet was again held in Bismarck. Conditions for the three-day meet were pleasant with temperatures in mid to upper 70s and dry conditions.
 *In June, a relay team from Legacy placed first in two events at the Nike Outdoor Nationals in Eugene, Oregon. The relay, made up of Nathan Mathern, Talen Farland, Reece Snow and Dylan McGlothlin, finished first in the 800 meter relay in a time of 1:24.75; and then won the 400 relay in a time of time of :41.42. Bismarck High also competed at nationals, placing fourth in the 400 relay (Deegan Staudinger, Jeran McNichols, Drew Henrikse, Hudson Schroeder) in a time of :42.57.

SEASON NOTES

*This was the 23rd season of WDA/West Region play.
*Jamestown won its first-ever WDA regular season title.
*Wanda won its third WDA Tournament title and first since 2015.
The Braves entered the tournament as the No. 5 seed.
*Mandan, Century, Jamestown and Legacy qualified for the Class A Tournament.
*Jamestown's fourth place finish was the highest of the four WDA entries at the Class A Tournament.
*Five WDA teams posted winning records (Jamestown, Dickinson, Legacy, Minot High, Mandan).
*Eight of St. Mary's 18 WDA counters were decided by two runs or less.
*Williston won seven of its first eight games.
*Minot High and Jamestown each had a season-best seven-game win streaks.
*Jamestown scored 10 or more runs in nine games.
*Century dropped its first seven games, but turned its season around and qualified for the Class A Tournament.
*Dickinson's Jason Bast and Jamestown's Mason Lunzman were region senior athletes of the year.
*Jamestown's Mason Lunzman was state senior athlete of the year.
*Legacy's Eddie Streeter was WDA coach of the year.
*Jamestown hosted the WDA tournament.
*West Fargo hosted the Class A Tournament.
*Minot High was picked first in the preseason coaches' poll.
**WDA teams went 1-7 vs. EDC opponents.
**WF Shyenenne won its third consecutive Class A title.
*All-WDA team: Bismarck High: Jace Groselose, Cole Jahner; Bismarck Century: Parker Sagsveen; Bismarck Legacy: Marcus Butts; Jameson Johnson, Aaron Urlacher, Lucas Vasey; Bismarck St. Mary's: Tommy Kraljic, Matthew Porter; Dickinson: Jadon Bast, Jeremiah Jilek, Jace Kovash; Jamestown: Max Fronk, Payton Hochhalter; Mason Lunzman, Jackson Walters; Mandan: Brayden Bunnell; Minot High: Kellan Burke, Parker Hann, Morgan Nygaard; Watford City: Judd Johnsrud; Williston: Kadin Finders, Alex Blume
**WDA All-state selections: Bismarck High: Jace Groselose; Bismarck Legacy: Lucas Vasey; Bismarck St. Mary's: Tommy Kraljic; Dickinson: Jadon Bast, Jace Kovash; Jamestown: Mason Lunzman, Payton Hochhalter; Minot High: Morgan Nygaard, Kellan Burke; Williston: Kadin Finders

BISMARCK DEMONS
Overall Record: 9-19
WDA Record: 5-13
A10 JAMESTOWN 3-10L, 0-10L
A13 @Williston* 4-14L, 3-20L
A18 WAT. CITY 18-0W, 5-4W
A25 @Mandan 9-1W, 0-16L
A28 @Century* 4-5L, 2-11L
A29 MANDAN* 4-3W, 2-6L
M2 @Minot High 2-13L, 0-10L
M5 @Legacy 2-5L, 3-4L
M6 @Wat. City* 9-8W, 22-11W
M9 DICKINSON 0-4L
M13 @St. Mary's 4-2W
M15 DICKINSON 3-4L, 5-12L*
M16 CENTURY 1-14L, 3-5L
M19 @St. Mary's 4-3W
M22 ST. MARY'S† 9-0W
M25 Jamestown* 0-4L
M26 Minot High* 0-3L
*Games did not count in WDA standings
In Watford City
! WDA Play-in
^ WDA Quarterfinal
% WDA Loser-out

CENTURY PATRIOTS
Overall Record: 13-16
WDA Record: 7-11
A11 MINOT HIGH 3-6L, 10-12L
A13 JAMESTOWN 0-3L, 0-5L
A14 @Mandan* 5-10L
A18 WILLISTON 3-6L, 3-6L
A25 @Wat. City 14-2W, 7-2W
A27 MOORHEAD 4-2W, 1-5L
A28 BISMARCK* 5-4W, 11-2W
M2 DICKINSON 2-11L, 6-9L
M5 @St. Mary's 7-4W, 16-0W
M9 LEGACY 2-3L
M10 LEGACY 9-12L
M16 @Bismarck 14-1W, 5-3W
M18 MANDAN 10-0W, 3-11L
M22 Wat. City† 12-1W
M25 Dickinson^ 10-3W
M26 Legacy** 7-6W
M27 Mandan*** 2-6L
J1 WF Shyenenne\$ 3-11L
J2 Legacy& 4-6L
*Games did not count in WDA standings
**WDA Quarterfinal
***WDA Semifinal
\$\$\$ WDA Championship
\$ Class A Quarterfinal
& Class A Consolation

DICKINSON MIDGETS
Overall Record: 16-8
WDA Record: 12-3
A10 @Minot High* 8-3W, 6-9L
A14 @Legacy* 3-1W
A18 ST. MARY'S 10-6W, 3-2W
A25 JAMESTOWN 4-8L, 4-1W
A28 @Williston* 4-10L, 4-5L
M2 @Century 11-2W, 9-6W
M4 WILLISTON 17-1W, 10-0W
M6 @Minot High 3-10L, 4-2W
M9 @Bismarck 4-0W
M15 @Bismarck 4-3W, 12-5W*
M16 WAT. CITY 12-3W, 12-2W
M17 @Mandan 0-1L
M25 Century^ 3-10L
M26 Williston* 7-5W
M27 Jamestown% 0-8L
*Games did not count in WDA standings
^WDA Quarterfinal
% WDA Loser-out
%% WDA State Qualifier

JAMESTOWN BLUE JAYS
Overall Record: 18-6
WDA Record: 15-3
A11 @Bismarck 10-3W, 10-0W
A13 @Century 3-0W, 5-0W
A18 @Minot High 12-2W, 11-8W
A25 @Dickinson 8-4W, 1-4L
M2 LEGACY 7-2W, 1-3L
M5 @Wat. City 15-0W, 8-3W
M9 MANDAN 17-2W, 13-2W
M15 WILLISTON 9-7W, 11-1W
M18 @St. Mary's 0-2L, 11-1W
M25 Bismarck^ 9-0W
M26 Mandan^^ 3-6L
M27 Dickinson% 8-0W
J1 West Fargo\$ 3-1W
J2 Fargo North\$\$ 1-2L
J3 Wahpeton&& 3-6L
^WDA Quarterfinal
% WDA Loser-out
%% WDA State Qualifier
\$ Class A Quarterfinal
\$\$ Class A Semifinal
&& Class A Third Place

LEGACY SABERS
Overall Record: 15-10
WDA Record: 12-4
A11 @Williston! 2-14L, 16-7W
A14 DICKINSON* 1-3L
A18 @Mandan 8-3W, 8-4W
A25 @St. Mary's 15-0W, 2-1W
A27 @Wat. City 14-0W, 9-0W
A28 @Minot High* 3-4L, 3-12L
M2 JAMESTOWN 2-7L, 3-1W
M5 BISMARCK 3-2W, 4-3W
M9 @Century 3-2W
M10 @Century 12-9W
M15 MINOT HIGH 0-13L, 0-3L
M25 Williston* 9-3W
M26 Century^^ 6-7L
M27 Minot% 6-5W
J1 Wahpeton\$ 0-6L
J2 Century& 6-4W
J3 West Fargo@@ 1-6L
*Games did not count in WDA standings
In Watford City
^ WDA Quarterfinal
% WDA Loser-out
%% WDA State Qualifier
\$ Class A Quarterfinal
& Class A Semifinal
@@ Class A Fifth Place

MANDAN BRAVES
Overall Record: 15-10
WDA Record: 10-7
A13 ST. MARY'S 4-2W, 5-3W
A14 CENTURY* 10-5W
A18 LEGACY 4-8L, 3-8L
A25 BISMARCK 1-9L, 16-0W
A29 @Bismarck* 3-4L, 6-2W
M2 @Wat. City 21-3W, 16-2W
M5 MINOT HIGH 0-1L, 8-4W
M9 @Jamestown 2-17L, 2-13L
M16 WILLISTON 3-2W, 12-6W
M17 DICKINSON 1-0W
M18 @Century 0-10L, 11-3W
M25 Minot High^ 7-3W
M26 Jamestown^^ 6-3W
M27 Century^^^ 6-2W
J1 Fargo North\$ 1-4L
J2 West Fargo& 0-2L
*Games did not count in WDA standings
^WDA Quarterfinal
^^WDA Semifinal
^^^ WDA Championship
\$ Class A Quarterfinal
& Class A Consolation

MINOT HIGH MAGICIANS
Overall Record: 17-8
WDA Record: 13-5
A10 DICKINSON* 3-8L, 9-6W
A11 @Century 6-3W, 12-10W
A18 JAMESTOWN 2-12L, 8-11L
A25 @Williston 8-1W, 6-4W
A28 LEGACY* 4-3W, 12-3W
M2 BISMARCK 13-12W, 10-0W
M5 @Mandan 1-0W, 4-8L
M6 DICKINSON 10-3W, 2-4L
M9 ST. MARY'S 6-7L, 3-1W
M15 @Legacy 13-0W, 3-0W
M18 WAT. CITY 7-0W, 17-1W

M25 Mandan^ 3-7L
M26 Bismarck* 3-0W
M27 Legacy% 5-6L
*Games did not count in WDA standings
%WDA Quarterfinal
% WDA Loser-out
%% WDA State Qualifier
ST. MARY'S SAINTS
Overall Record: 7-14
WDA Record: 5-13
A1 @Wat. City* 15-2W, 14-1W
A13 @Mandan 2-4L, 3-5L
A14 @Wat. City 7-4W, 4-3W
A18 @Dickinson 6-10L, 2-3L
A25 LEGACY 0-15L, 1-2L
M2 @Williston 0-6L, 6-3W
M5 CENTURY 4-7L, 0-16L
M9 @Minot High 7-6W, 1-3L
M13 BISMARCK 2-4L
M18 JAMESTOWN 2-0W, 1-11L
M19 BISMARCK 3-4L
M22 @Bismarck! 0-9L
*Games did not count in WDA standings
! WDA Play-in

WATFORD CITY WOLVES
Overall Record: 12-4
WDA Record: 0-18
A1 ST. MARY'S* 2-15L, 1-14L
A6 HEART RIVER 13-1W, 7-3W
A14 ST. MARY'S 4-7L, 3-4L
A15 WILLISTON* 3-13L, 5-11L
A18 @Bismarck 0-18L, 4-5L
A22 @Sidney, MT 8-2W
A25 CENTURY 2-14L, 2-7L
A27 LEGACY 0-14L, 0-9L
M2 MANDAN 3-21L, 2-16L
M5 JAMESTOWN 0-15L, 3-8L
M6 BISMARCK* 9-9L, 1-22L
M9 @Williston 0-10L, 2-12L
M16 @Dickinson 3-12L, 2-16L
M18 @Minot High 0-7L, 1-17L
M22 @Century! 1-12L
*Games did not count in WDA standings
! WDA Play-in

WILLISTON COYOTES
Overall Record: 12-12
WDA Record: 8-10
A11 Legacy! 14-2W, 7-16L
A13 BISMARCK! 14-4W, 20-3W
A15 @Wat. City* 13-3W, 11-5W
A18 @Century 6-3W, 6-3W
A25 MINOT HIGH 1-8L, 4-6L
A28 DICKINSON* 10-4W, 5-4W
M2 ST. MARY'S 6-0W, 3-6L
M4 @Dickinson 1-17L, 0-10L
M9 WATFORD CITY 10-0W, 12-2W
M15 @Jamestown 7-9L, 1-11L
M16 @Mandan 2-3L, 6-12L
M25 Legacy* 3-9L
M26 Dickinson% 5-7L
*Games did not count in WDA standings
! In Watford City
^WDA Quarterfinal
% WDA Loser-out

2023 WDA STANDINGS

Table with columns: Team, Conf., Pts, Streak, GF-GA, Overall, Home, Away, Neutral. Lists standings for Minot High, Bismarck High, Mandan, Legacy, Jamestown, St. Mary's, Century, Dickinson, and Williston.

2023 POSTSEASON REWIND

May 23
WDA Tournament Play-in @Higher Seed
(4) Legacy 10, (9) Williston 0
(5) Jamestown vs (8) Dickinson
(7) Century 4, (6) St. Mary's 0
May 25
WDA Tournament, Bismarck St. Mary's State Qualifiers
(5) Jamestown 2, (4) Legacy 1 (2OT)
(3) Mandan 6, (7) Century 2
Championship
(1) Minot 2, (2) Bismarck High 1
June 1
ND State Tournament, Fargo Quarterfinals
(1E) Fargo Davies 1, (4W) Jamestown 1
(2W) Bismarck High 1, (3E) WF Shyenenne 0
(1W) Minot High 3, (4E) GF Central 0
(2E) Fargo Shanley 1, (3W) Mandan 0 (SO/4-3 pen. kicks)

June 2
ND State Tournament, Fargo Consolation
(3E) WF Shyenenne 2, (4W) Jamestown 0
(3W) Mandan 1, (4E) GF Central 0
Semifinals
(1E) Fargo Davies 4, (2W) Bismarck High 1
(1W) Minot High 1, (2E) Shanley 0
June 3
ND State Tournament, Fargo Fifth Place
(3E) WF Shyenenne 2, (3W) Mandan 0
Third Place
(2E) Fargo Shanley 4, (2W) Bismarck High 1
Championship
(1W) Minot High 4, (1E) Fargo Davies 1



Minot High Majettes
2023 WDA Champion
2023 WDA Tournament Champion
2023 ND State Champion

2023 WDA HEAD-TO-HEAD RESULTS

Head-to-head results table with columns: Team, BHS, CEN, DIK, JAM, LEG, MAN, MIN, STM, WIL. Shows win/loss records between teams.

Teams play a round robin schedule

2022-23 CLASS A ALL-STATE MUSIC

Note: Below are WDA students who achieved all-state in various music disciplines. Information from ndall-state.org

All-State Band

Flute 1: Alyssa Tarasen, Minot; Ahvi Harris, Bismarck High; Claire Kozojed, Mandan; George Tannious, Legacy
Flute 2: Miah Tyson, Jamestown; Margaret Kathol, St. Mary's; Taylor Cavett, Bismarck High;
Oboe 1: Lucy Brooke, St. Mary's
Oboe 2: Katherine Damen, St. Mary's; Adison Flynn, Mandan
Bassoon 1: Aleisha Condon, Mandan
Bassoon 2: Journey Wetzel, Mandan; Shai Urlacher, Legacy
Clarinet 1: Mya Lydeen, Bismarck High; Terrence San Gabriel, Century; Olivia Korynta, Jamestown
Clarinet 2: Grace Larson, Century; Noura Eldredge, Legacy; Caylee Michela, Century; Erika Lee, Century
Clarinet 3: Tiana Pay, Minot High; Owen Huntington, St. Mary's; Jenica Twete, Legacy; Landon Regstad, St. Mary's; Isabella Martinez, Century
Bass Clarinet: Dominick Giggee, Mandan; Josh Storsved, Mandan; Christopher Nuelle, Mandan; Annabelle Dolechek, Dickinson
Contra Bass Clarinet: Cyrus Allen, Minot High
Alto Sax 1: Sydney Hall, Bismarck High
Tenor Sax: Lex Enderle, Legacy
Bari Sax: Kyle Anderson, Dickinson
Trumpet 2: Jack Austin, Minot High; Jamison Lang, Legacy
Trumpet 3: Wyatt Landeis, Mandan
Horn 1: Jenna Cochran, Mandan
Horn 2: Emma DeVries, Minot High; Madison Schaeffbauer, Legacy
Horn 3: Brooke Bondley, Bismarck High; Sara Schmidt, Century
Horn 4: Presley Bushee, Mandan; Eli Larson, Legacy
Trombone 1: Jacob Reinbold-Nagel, Century; Fabian Raygo, Mandan
Trombone 2: Macy Hartze, Bismarck High; Liam Mezger, Legacy
Trombone 3: Tobias Spangler, Dickinson; Jaden Reinicke, Bismarck High
Euphonium: Marie Wilson, St. Mary's; Addison Arndorfer, St. Mary's; Connor Straub, Century; Ian Butman, Mandan
Tuba: Tim Rice, Bismarck High; Zach Webb, Century
Percussion: Ben Peske, Century;

Mason Polk, Century; Noah Schettler, Century; Kayleigh Glat, Bismarck High; Laken Porter, Legacy; Julia Putt, Minot High
(Alternates)
Oboe: Zoe Frohlich, St. Mary's; Tayton Giggee, Mandan; **Bassoon:** Morgan Hoff, Bismarck High; **Bb Clarinet:** Emma Schlecht, Legacy; **Bass Clarinet:** Olivia Seibel, Century **Alto Sax:** Elijah Davis, St. Mary's; **Trumpet:** Wyatt Landeis, Mandan; **Horn:** Isabell Rudy, Century; Libima Kollie, Legacy; **Trombone:** Preston Barbie, St. Mary's; **Tuba:** Evan Schmit, Century; **Percussion:** Athena Buseth, Minot High

All-State Orchestra

Violin 1: Hannah Bohlen, Legacy; Kyla Pay, Minot High; Rachel Rondeau, Bismarck High; Mia Peterson, Bismarck High; Fynn Sagsveen, Century
Violin 2: Taj Baang, Minot High; Caleb Paetz, Bismarck High; Taliah Bohlen, Legacy; Riley Johnson, Century; Reagan Rennich, Bismarck High; Caris Anderson, Legacy; Hannah Smithers, Century
Viola: Jasper Kuleck, Legacy; Ana Balf, Legacy
Cello: Mason Harris, Century; Dylan Knell, Legacy; Nicole Couture, Minot High; Madelyn Tyson, Jamestown; **String Bass:** Lydia Repnow, Minot High; Samantha VanBibber, Minot High; James Phillips, Legacy; Karsten Peterson, Century; Carson Schmidt, Century
Flute 1: Olivia Anderson, Bismarck High; Mya Steckler, Century
Flute 2: Zoey Junker, Mandan
Oboe 1: Ruby Tolstad, St. Mary's; Bryce Dahle, Century
Oboe 2: Michael Phillips, Williston
Bassoon 1: Allison Bleth, St. Mary's; Lucia Baumgartner, St. Mary's
Bassoon 2: Eric Suastegu, Mandan; Abiel Ouedraogo, Minot High
Clarinet 2: Danielle White, St. Mary's; Nora Baumann, Mandan
Trumpet 1: Ryan Guagenti, Minot High; Louis-Francois Belanger, Bismarck High
Trombone 1: Luke Spelhaug, Minot High; Ethan Phillips, Century
Trombone 3: Kaleb Clark, Century
Tuba: Andrew Keller, Legacy
Percussion: Hayden Fredrickson,

Minot High; Karter Hatzenbuehler, Mandan
(Alternates)
Viola: Aliyah Del Rosario, Williston; **Cello:** Tara Schneider, Bismarck High

All-State Mixed Chorus

Soprano 1: Rylie Harris, Century; Monica Gardner, St. Mary's; Grace Martin, Legacy; Demi Black, St. Mary's
Soprano 2: Elizabeth Goettle, Dickinson; Grace Miller, Century; Tasia Staudinger, Legacy; Elizabeth Siemers, St. Mary's; Eva Steier, St. Mary's; Ella Magstadt, Legacy; Taylor Malloy, Legacy; Vanessa Kaldor, Century; Annelise Klein, Century
Tenor: Ben Herrington, Century; Carson Wistisen Minot High; Bayne Blanchard, Century; Cameron Edwards, Jamestown; Dalton Rouse, St. Mary's; Maddox Thiele, Legacy; Clark Thurgood, Williston; Cade Pittenger, Legacy; Joseph Schappell, Minot High; Shane Quirk, Century; Tyler Piehl, Jamestown; Jaquaveon Williams, Century; Griffin Ness, Legacy; Ross Motter, Jamestown; Zeke Thomsen, Century; Lucas Tangen, Legacy; Branson Jund, Legacy
Alto 1: Avery Wurtz, Legacy; Faith Magstadt, Legacy; Emmersyn Schuler, Century; Mickee Franck, Bismarck High; Lily Erdmann, Bismarck High; Aleah Olson, Legacy;
Alto 2: Megan Bassingthwaite, Century; Marissa Blackwood, Legacy; Abby Eberle, St. Mary's; Kalli Shirley, Century
Bass: Gavin Gunn, Legacy; Trace Tysver, Legacy; Colin Conaway, Jamestown; Kayden Turnbow, Minot High; Shea Lee, Bismarck High; Kays Farstad, Bismarck High; Emmanuel Dolo, Mandan; Adam Fettig, Bismarck High
(Alternates)
Soprano 1: Madison Giffey, Minot High; **Alto 1:** Kirna Anderson, Bismarck High; Katja Dojs, St. Mary's; **Alto 2:** Athena Sasser, Watford City; **Tenor:** Isaac Mitchell, Legacy; **Bass:** Trentyn Ritchie, Williston; Erick Silva Cruz, Dickinson

All-State Treble Chorus

Soprano 1: Kaitlynn Christensen, Bismarck High; Bless Mojerer, Williston; Reagan Dever, Bismarck High; Kailey Howcroft, Minot High; Jessica Mor-

ris, Century; Journie Unterseher, Bismarck High; Raechel Ritz, Century; Jasmine Shi, Century;
Soprano 2: Madison Roehl, St. Mary's; Lakyln Heaton, Legacy; Julia Kraft, Minot High; Emily Harris, Century; Ely Herman, Century
Alto 1: Natalie Thompson, Century; Ruby Main, Minot High; May Nash, Minot High; Regan Weis, Century; Katie Ragan, Century; Adria Geer, Legacy; Kayla Tiffany, Legacy; Grace Gross, Bismarck High; Kaitlyn Pellenwessel, Minot High; Alayna Hansen, Century
Alto 2: Lucy Wisthoff, Bismarck High; Katherin McCleod, St. Mary's; Hannah Hammes, Legacy; Alectra Erhardt, Legacy; Theo Martin, Williston; Maeeli Haia, Minot High; Abby Silvernagel, Bismarck High; Emma Sander, Minot High; Avery Hoyt, Century; Emilie Chaffee, Legacy; Magdalene Weaver, Bismarck High

All-State Jazz Band

Alto Sax 2: Max Dutenhefer, Mandan
Tenor Sax 2: Damien Hartze, St. Mary's
Trumpet: Rylie Schick, Mandan; Caitlen Nelson, Mandan; Spencer Hoskins, Noelle DeRosier, Mandan; Alexander Munson, Century
Trombone: Landyn Meidinger, Mandan; Hunter Byberg, Legacy; Kailey Tibor, Mandan; Ty Johnson, Mandan

All-State Jazz Choir

Soprano 1: Paige Kuehnast, Century; Kadee Seehafer, Legacy
Soprano 2: Addison Seil, Legacy; Madison Hoskins, Century
Tenor: Mathias Berrier, Jamestown; August Phillips, Century; Daniel Wojciehowski, St. Mary's; Carter Johnson, Legacy
Alto 1: Samantha Stordalen, Century; Anja McDermid, Jamestown
Alto 2: Nevaeh Mock, Legacy; Sam Gray, St. Mary's
Bass: Parin Ndikum, Jamestown; Elijah Herman, Century; Ben Hoke, Legacy; Elijah Bohlen, Legacy
Drums: Lennon Kulackoski, Bismarck High

2022-23 OUTSTANDING PERFORMANCES

Note: Below are WDA students who recognized as giving outstanding instrumental or vocal performances during all-state competitions. Information provided by NDIAA
Flute Ensemble: Bismarck High: Mia Peterson, Ahvian Harris
Misc. Mixed Musical Ensemble Orchestra: Minot High: Kyla Pay, Taj

Baang, Lillie Hall, Zoefia Mojica, Kaitlyn Pellenwessel, Ruby Main, Nicole Couture, Sam VanBibber, Lydia Repnow
Mixed Vocal Ensemble: Century: Samantha Stordalen, Ben Herrington
Mixed Vocal Ensemble: Jamestown: Matthias Bercier, Grace Bilowith, Connor Ede, Cameron Edwards, Zachary

Holben, Anja McDermid, Ross Motter, Daniel Nyland, Tyler Piehl, Aubrey Srur, Gabby Tweten
Percussion Ensemble: Bismarck High: Gabriel Hanson, Lennon Kulackoski, Shea Lee, Liam Weis, Devon Hilzendege
Saxophone Ensemble: Century: Mason Harris, Kaden Hoffman, Josh

Kuhn, Ryan Schommer
Mallet Solo: Minot High: Hayden Fredrickson
Soprano Saxophone Solo: Legacy: Alexander Enderle
Soprano Vocal Ensemble: Century: Grace Miller, Samantha Stordalen
Soprano Vocal Solo: Century: Samantha Stordalen; Megan Bassingthwaite

WDA SENIOR SCHOLAR AWARD PROGRAM

Since 2009, the Western Dakota Association has recognized a boy and girl student-athlete annually through its WDA Senior Scholar Award.

The award, which is linked to the North Dakota Interscholastic Athletic Administrators Association (NDIAAA) scholarship program, is open to all conference members. At least one recipient from the conference's 11 full member schools has been honored.

Each member school can submit a completed application for one boy and one girl student-athlete to be considered for the WDA's \$500 scholarship award. The WDA is proud to have its, premiere partner, Farmers Union Insurance, a contributor to this project.

The conference activities directors review the applications and select the recipients which are announced in March. The winners join the other region scholarship recipients from the state who are then eligible for the state NDIAAA scholarship. The applications for the state winners are forwarded to a review panel at the sectional level. Sectional winners then qualify for the national award. The scholarships are paid directly to the higher education institution in which the recipient will attend.

| Year | Name | School | Name | School |
|------|-------------------|------------------|--------------------|-----------------|
| 2009 | Sam Arneson | Mandan | Mollie Fearing | Williston |
| 2010 | Tyler Eiken | Williston | Ashley Jahner | Dickinson |
| 2011 | Kasey Gengler | Jamestown | Anna Hruby | Bismarck High |
| 2012 | Devin Coyle | Mandan | Tessa Haussler | Bismarck High |
| 2013 | Austin Mack | Dickinson | Rachel Power | Bis. St. Mary's |
| 2014 | Ben Wanner | Mandan | Emily Lysne | Williston |
| 2015 | Waylon DeCoteau | TMCHS (Belcourt) | Rachel Lantz | Dickinson |
| 2016 | Ben Hanson | Jamestown | Alison Froelich | Mandan |
| 2017 | Brian Swanberg | Bis. Legacy | Emily Bichler | Bis. St. Mary's |
| 2018 | Brody Armstrong | Minot | Elizabeth Leingang | Mandan |
| 2019 | Will Madler | Bismarck High | Kailey Weigel | Bis. Legacy |
| 2020 | Aaron Riopelle | Mandan | Alexis Dressler | Bis. Legacy |
| 2021 | Jaxon Duttonhefer | Mandan | Taylor Leingang | Mandan |
| 2022 | Chance Bowlinger | Bis. Century | Madison Spacher | Watford City |
| 2023 | Kolden Kringen | Williston | Anna Bendish | Mandan |

Boys Track/Field

1952: Bismarck High
 1953: Jamestown
 1954: Jamestown
 1955: St. Mary's
 1956: Jamestown
 1957: Jamestown
 1958: Bismarck High
 1959: Dickinson
 1960: Dickinson
 1961: Dickinson
 1962: Dickinson
 1963: Bismarck High
 1964: No Meet Held
 1965: Minot Bishop Ryan
 1966: Minot
 1967: Minot
 1968: Bismarck High
 1969: Bismarck High
 1970: Bismarck High
 1971: Bismarck High
 1972: Bismarck High
 1973: Bismarck High
 1974: Bismarck High
 1975: Minot
 1976: Minot
 1977: Minot
 1978: Minot
 1979: Minot
 1980: Dickinson
 1981: Bismarck High
 1982: Dickinson
 1983: Minot
 1984: Mandan
 1985: Minot
 1986: Minot/Bismarck High
 1987: Minot
 1988: Dickinson/Mandan
 1989: Dickinson
 1990: Dickinson
 1991: Bismarck High
 1992: Bismarck High
 1993: Bismarck High
 1994: Bismarck High
 1995: Bismarck High
 1996: Dickinson
 1997: Dickinson
 1998: Dickinson
 1999: Dickinson
 2000: Dickinson
 2001: Bismarck High
 2002: Minot
 2003: Bismarck High
 2004: Bismarck High
 2005: Bismarck High
 2006: Bismarck High
 2007: Bismarck High
 2008: Bismarck High
 2009: Bismarck High
 2010: Bismarck High
 2011: Bismarck High
 2012: Bismarck High
 2013: Bismarck High
 2014: Bismarck High
 2015: Bismarck High
 2016: Century
 2017: Legacy
 2018: Century
 2019: Century
 2020: No Season (COVID-19)
 2021: Century
 2022: Century
 2023: Century

Note: From 1950-1964 the winner was declared West Division champions. The WDA began awarding a track champion in 1965.

Girls Track/Field

1978: Minot
 1979: Dickinson
 1980: Minot
 1981: Minot
 1982: Bismarck High
 1983: Minot
 1984: Minot
 1985: Mandan
 1986: Minot
 1987: Minot
 1988: Minot
 1989: Minot
 1990: Dickinson
 1991: Mandan

Boys Golf

1992: Minot
 1993: Minot
 1994: Mandan
 1995: Minot
 1996: Minot
 1997: Minot
 1998: Minot
 1999: Minot
 2000: Minot
 2001: Mandan
 2002: Mandan
 2003: Bismarck High
 2004: Century
 2005: Bismarck High
 2006: Bismarck High
 2007: Bismarck High
 2008: Bismarck High
 2009: Bismarck High
 2010: Century
 2011: Century
 2012: Century
 2013: Century
 2014: Century
 2015: Century
 2016: Century
 2017: Bismarck High
 2018: Century
 2019: Century
 2020: No Season (COVID-19)
 2021: Century
 2022: Century
 2023: Bismarck High

Girls Soccer

1996: Bismarck High
 1997: St. Mary's
 1998: Century
 1999: Century
 2000: Bismarck High
 2001: St. Mary's
 2002: St. Mary's
 2003: Century
 2004: Century
 2005: Century
 2006: Century
 2007: Century
 2008: Century
 2009: St. Mary's
 2010: Century
 2011: Century
 2012: Century
 2013: St. Mary's
 2014: Century
 2015: Century
 2016: Century
 2017: Jamestown
 2018: Minot
 2019: Bismarck High
 2020: No Season (COVID-19)
 2021: Minot
 2022: Minot
 2023: Minot

Baseball

2000: Minot
 2001: Dickinson
 2002: Dickinson
 2003: Bismarck High
 2004: Minot
 2005: Minot
 2006: Minot/Williston
 2007: Minot
 2008: Dickinson
 2009: Minot
 2010: Bismarck High
 2011: Mandan/Bismarck High
 2012: Mandan
 2013: Bismarck High
 2014: Dickinson
 2015: Mandan
 2016: Century
 2017: Dickinson
 2018: Century
 2019: Williston
 2020: No Season (COVID-19)
 2021: Dickinson
 2022: Dickinson
 2023: Jamestown

Boys Golf

1972: Bismarck High
 1973: Bismarck High
 1974: Bismarck High
 1975: St. Mary's
 1976: Bismarck High
 1977: Century
 1978: Century
 1979: Minot
 1980: Bismarck High
 1981: Bismarck High
 1982: Minot
 1983: No champion
 1984: Bismarck High
 1985: Bismarck High
 1986: Bismarck High
 1987: Century
 1988: Bismarck High
 1989: Minot
 1990: Bismarck High
 1991: Bismarck High
 1992: Century
 1993: Bismarck High
 1994: St. Mary's
 1995: Minot
 1996: Minot
 1997: Century
 1998: Minot
 1999: Century
 2000: Century
 2001: Minot
 2002: Minot
 2003: Minot
 2004: Century
 2005: Century
 2006: Bismarck High
 2007: Bismarck High
 2008: Bismarck High
 2009: Bismarck High
 2010: St. Mary's
 2011: Mandan
 2012: Century
 2013: Century
 2014: Jamestown
 2015: Minot
 2016: Minot
 2017: Minot
 2018: Century
 2019: Minot/Century
 2020: No Season (COVID-19)
 2021: Minot
 2022: Century
 2023: Century

Girls Tennis


1976: Bismarck High (fall)
 1978: Mandan (spring)
 1979: Minot
 1980: Williston
 1981: Williston
 1982: Minot
 1983: Minot
 1984: Minot
 1985: Minot
 1986: Century
 1987: Bismarck High
 1988: Bismarck High
 1989: Bismarck High
 1990: Bismarck High
 1991: Minot
 1992: Bismarck High
 1993: Minot
 1994: Century
 1995: Century
 1996: Century
 1997: Century
 1998: Century
 1999: Century
 2000: Century
 2001: St. Mary's
 2002: Century
 2003: Century
 2004: Williston/Minot
 2005: Century
 2006: Century
 2007: Century
 2008: Century
 2009: Century
 2010: Century
 2011: Century
 2012: Century
 2013: St. Mary's
 2014: St. Mary's
 2015: Century
 2016: Century

Softball

2017: Minot
 2018: Minot
 2019: Mandan
 2020: No Season (COVID-19)
 2021: Mandan
 2022: Minot
 2023: Minot

Softball

2011: Minot High/Century
 2012: Century
 2013: Minot Bishop Ryan
 2014: Minot Bishop Ryan
 2015: Minot Bishop Ryan
 2016: Dickinson
 2017: Minot Bishop Ryan/Century/Dickinson
 2018: Dickinson
 2019: Bismarck High/Century
 2020: No Season (COVID-19)
 2021: Dickinson
 2022: Dickinson
 2023: Minot High/Jamestown

| | | |
|---|--|--|
| <p>Girls' Golf West Region Meet, Sept. 25, 2023 Links of N.D., east of Williston Class A Meet, Oct. 2-3, 2023, Grand Forks Country Club</p> | <p>Girls' Wrestling West Region Tournament, Feb. 9, 2024 Minot State Univ. Dome, Minot Class A Tournament, Feb. 15-17, 2024, Fargodome, Fargo</p> | <p>Girls' Tennis West Region Tournament, May 23-25, 2024, Hammond Park, Minot ND State Tournament, May 30-June 1, 2024 Choice Health-Fitness Center, Grand Forks,</p> |
| <p>Boys' Tennis West Region Tournament, Oct. 5-7, 2023, Mandan Tennis Center/Bismarck Courts ND State Tournament, Oct. 12-14, 2023, Choice Health-Fitness Center, Grand Forks</p> | <p>Boys' Wrestling West Region Tournament, Feb. 10, 2024 Minot State Univ. Dome, Minot Class A Tournament, Feb. 15-17, 2024, Fargodome, Fargo</p> | <p>Boys' Track and Field WDA Championships, May 17 or 18, 2024, Biesiot Activities Center, Dickinson Class A Meet, May 23-25, 2024 MDU Resources Community Bowl, Bismarck</p> |
| <p>Boys' Soccer WDA Championships, Oct. 5 and 7, 2023 Sanford Sports Complex, Bismarck ND State Tournament, Oct. 12-14, 2023, To Be Determined, Bismarck</p> | <p>Gymnastics WDA Championships, Feb. 16, 2024 Jerry Meyer Arena, Jamestown, N.D. Class A Meet, Feb. 23-24, 2024, DHS VanElls Gymnasium, Dickinson</p> | <p>Boys' Track and Field WDA Championships, May 17 or 18, 2024, Biesiot Activities Center, Dickinson Class A Meet, May 23-25, 2024 MDU Resources Community Bowl, Bismarck</p> |
| <p>Boys' Cross Country WDA Championships, Oct. 14, 2023 McDowell Dam, east of Bismarck Class A Meet, Oct. 28, 2023 Parkhurst Recreation Area, Jamestown</p> | <p>Boys' Hockey West Region Tournament, Feb. 15-17, 2024, VFV Sports Center, Bismarck ND State Tournament, Feb. 22-24, 2024 Fargo Scheels Arena</p> | <p>Baseball West Region Tournament, May 23-25, 2024, Corbett Field, Minot Class A Tournament, May 30-June 1, 2024 Astoria Ballpark, Dickinson</p> |
| <p>Girls' Cross Country WDA Championships, Oct. 14, 2023 McDowell Dam, east of Bismarck Class A Meet, Oct. 28, 2023 Parkhurst Recreation Area, Jamestown</p> | <p>Girls' Hockey ND State Tournament, Feb. 22-24, 2024 Fargo Scheels Arena</p> | <p>Softball West Region Tournament, May 23-25, 2024, Lyle Trapper Field, Jamestown Class A Tournament, May 30-June 1, 2024 Bravera Field at Sanford Sports Complex, Dickinson</p> |
| <p>Football Class A and AA Playoffs, Oct. 27, 2023 (quarterfinals) and Nov. 3, 2023 (semifinals) Dakota Bowl, Nov. 10, 2023 Fargodome, Fargo</p> | <p>Boys' Swimming-Diving WDA Championships, Feb. 24, 2024 Mandan Aquatic Center ND State Meet, March 1-2, 2024 Hulbert Aquatic Center, West Fargo</p> | <p>Girls' Soccer WDA Championships, May 21 and 23, 2024, Our Lady of Victory Stadium, Bismarck St. Mary's HS, Bismarck, N.D. ND State Tournament, May 30-June 1, 2024 Duane Carlson Stadium, Minot</p> |
| <p>Girls' Swimming-Diving WDA Championships, Nov. 4, 2023, BCS Aquatic-Wellness Center, Bismarck ND State Tournament, Nov. 10-11, 2023, BCS Aquatic-Wellness Center, Bismarck</p> | <p>Boys' Basketball West Region Tournament, Feb. 29-March 2, 2024, Bismarck Event Center, Bismarck Class A Tournament, March 7-9, 2024, Bismarck Event Center, Bismarck</p> | <p>Boys' Golf WDA/West Region Tournament, May 29, 2024, To Be Determined Class A Tournament, June 4-5, 2024, Kings Walk G.C., Grand Forks</p> |
| <p>Volleyball West Region Tournament, Nov. 9-11, 2023, Bismarck High Karlgard Gymnasium Class A Tournament, Nov. 16-18, 2023, Fargodome, Fargo</p> | <p>Girls' Basketball West Region Tournament, Feb. 29-March 2, 2024, Bismarck Event Center, Bismarck Class A Tournament, March 7-9, 2024, Bismarck Event Center, Bismarck</p> |  |

Tournament Locations and Dates are subject to change