

*"I am a single mother with 4 kids. Because I make too much, I am not eligible for Medical Assistance and my employer doesn't offer medical. Without Volunteers in Medicine, I would not be able to take care of myself. I am very thankful for Volunteers in Medicine." --- L.T., VIM Patient*



**In 2013, VIM provided over 7,500 free medical treatments, including:**

- Primary medical care
- Chronic disease management
- Diabetes education and counseling
- Free prescription medications
- Free diagnostic testing and specialty referrals

*Providing free, compassionate, quality health care and education to underserved members of our community.*



**CELEBRATING 5 YEARS**

**Save the Date:**  
 Volunteers in Medicine Annual Golf Outing  
 August 18, 2014  
 Lebanon County Club  
 For more information call 717-272-2252

**Volunteers In Medicine Engaged In Program for CRNP Students**

By **JOYCE A. DISSINGER**

Volunteers In Medicine, 711 S. Eighth St., known locally for providing medical care to uninsured or underinsured people who reside in Lebanon County, has expanded its services to include training for students pursuing professions in the medical field.

While most students are pursuing two-and-one-half to three-year programs at colleges or universities, they can spend two-to-three months in the clinical setting at VIM. Their hands-on training with Kirkpatrick is done one-to-two days a week for three semesters. Once their education is completed, the students are ready to qualify for a masters degree in nursing and certification as nurse practitioners.

About her time at VIM Jessica says, "Volunteers In Medicine is a great organization. I think they provide good care with the resources they have."

Cathleen Kirkpatrick, VIM's Certified Registered Nurse Practitioner, who oversees the program, says: "The aim is to help train the next generation of medical providers to be ready to serve the patient population."

Jessica Maguire of Lebanon, a midwifery student at Georgetown University in Washington, D.C., recently completed her clinical training at VIM. She is in semester four of a five-semester program and expects to graduate August 29. "Then the next step is to take state board exams and get a job. I want to deliver babies."

Sara Black is pursuing the Geriatric Adult Certified Nurse Practitioner program at Pennsylvania State University, Hershey, College of Nursing. It is a three-year program that will earn her a Master of Science degree in Nursing. Her credentials will come through the American Association of Nurse Practitioners and the American Nurse Credentialing Center.

Kirkpatrick says she usually takes on one student a semester for training and instruction under her supervision that involves observation, seeing patients, diagnosis and treatment.

Jessica says that since her days in high school she has been thinking about nursing as a career and especially about becoming a midwife. Her goal is to earn credentials as a Women's Health Nurse Practitioner and Certified Nurse Midwife.

Sara's clinical practicum time at Volunteers In Medicine was arranged by her instructor at PSU. It involves 170 hours of supervised clinical instruction one day a week that started in January and will conclude in May.

Students participating in the clinical instruction at VIM typically are seeking certification as a Geriatric Adult Certified Nurse Practitioner or Women's Health Nurse Practitioner and Certified Nurse.

Jessica is pursuing an on-line program through Georgetown University that involves three classes one time a week for 18 months. While trying to find a place to do her clinical training she says she discovered Volunteers in Medicine on a Google search.

Routinely Sara sees patients, assesses their conditions, gathers information on their histories and physical complaints, evaluates laboratory data, reviews medications and creates individual care plans.



While at VIM, Jessica spent time shadowing Kirkpatrick, observing and learning how to deal with individual situations, how a diagnosis is made, and how treatment and a plan of care are made.

About her time at VIM, Sara says, "It's great. VIM is such a good learning environment and everyone is so friendly and helpful."



Photo Left to Right: Sara Black, Penn State Student Intern, Cathleen Kirkpatrick, CRNP VIM, Jessica Maguire, Georgetown University Student Intern

**VOLUNTEERS IN MEDICINE FREE HEALTH CLINIC**  
 711 S. Eighth St, Lebanon, PA 17042  
 www.vimlebanon.org

## Did you know?

In 2013, Volunteers in Medicine logged 4,218 volunteer service hours for a total of \$320,000 in services given back to the community.



## Volunteer Spotlight

Jim Hostetter has been volunteering at the clinic since it opened in 2009. After attending a community informational meeting in 2008, Jim, who has always had an interest in medicine, decided he wanted to help those less fortunate. "I have some time to give. Helping people is rewarding. I'm thankful for good health and I care about my community," Jim wrote on his volunteer application.

Over the years, Jim has performed many volunteer jobs, mostly clerical, but on occasion has wielded a hammer and nail as the clinic handyman. Most recently, Jim works at the clinic every Monday pulling patient charts, checking for needed lab results and making patient reminder calls for upcoming appointments. On average, Jim volunteers 16 or more hours every month.

Prior to his retirement in 2006, Jim worked as an educator for 36 years, most recently in the Mechanicsburg School District, teaching 8th grade science. He is a graduate of Annville-Cleona High School and Messiah College. Jim became a licensed Realtor in 1984.

In his free time, Jim and his wife Carole like to travel. Jim enjoys reading, walking outdoors, spending time with his grandchildren and an occasional game of golf.

VIM is thankful for Jim and all of our dedicated, hardworking volunteers for they are the lifeblood of Volunteers in Medicine.

## Message From the Medical Director:

By Victoria Brown, M.D.

What a wonderful place to work! The Lebanon Valley Volunteers in Medicine has a great team of dedicated nurses and medical providers. Some are retired, some semi-retired, and some still in active medical practice. Currently, two cardiologists, three general/family practitioners, two internists, and one nurse practitioner actively treat patients at VIM. In addition, many generous community physicians support the clinic by seeing VIM patients in their private offices or at the hospital at no charge. The clinic is selective about requesting consultations, but patients with medical problems

beyond the scope of VIM's services have received free care from ENT surgeons, dermatologists, cardiologists, ophthalmologists, podiatrists, pulmonologists, anesthesiologists, radiologists, gastroenterologists, general surgeons, and pathologists in the Lebanon medical community. Through the generosity of the Good Samaritan Health System, laboratory, radiologic, and operative facilities are also available to our patients.

The Lebanon Valley Volunteers in Medicine also provides education for many different groups of students.

Medical assistants, nurses, nurse practitioners, medical students, and family medicine residents have all learned how to be better providers at VIM. We have even assisted the Pennsylvania Medical Society in retraining a physician who was away from active medical practice for a number of years. VIM is truly an inspiring place, and we welcome volunteers, medical and non-medical, to join us in making a difference!

## Honorary & Memorial Gifts

Celebrate a special event such as a birthday, anniversary or lifetime milestone by making a gift in honor of a friend or family member. They are also appropriate for holidays such as Christmas, Mother's Day and Father's Day.

Or, contribute in memory of a loved one who has passed away. Tribute gifts are the perfect way to remember an important occasion and honor a person's life.

Each honoree or next of kin will receive a personalized letter letting them know of your thoughtful commitment

(but keeping the amount of the gift private). You will receive a letter thanking you for your tax deductible gift.

For more information about Tribute gifts to Volunteers in Medicine, contact Linda Jackson at 717-272-2252 or email [ljackson@vimle.org](mailto:ljackson@vimle.org)

## Did you know?

Volunteers in Medicine can accept donations of medications if they are unopened and are not expired. Medications such as Insulin and Inhalers and items such as Glucose meters and testing strips are especially needed. If you have medication and would like to donate, call 717-272-2252 for more information.

## Message From the Executive Director:

By Linda Jackson

It has been a few months since I accepted the position as Executive Director at the VIM clinic, and it is an extraordinary privilege to serve my community in this capacity.

As I experience the day to day routine of the office, I can't help but be inspired by the dedication and commitment of our volunteer doctors and nurses who are here because they truly want to help those less fortunate. The

administrative volunteers who come in week after week to help with patient qualifications, pulling and filing medical charts, calling with appointment reminders and anything else that needs done is truly inspirational. There are over 20 active volunteers at the clinic and in 2013 we recorded over 2,700 hours of service. Our name truly represents who we are.

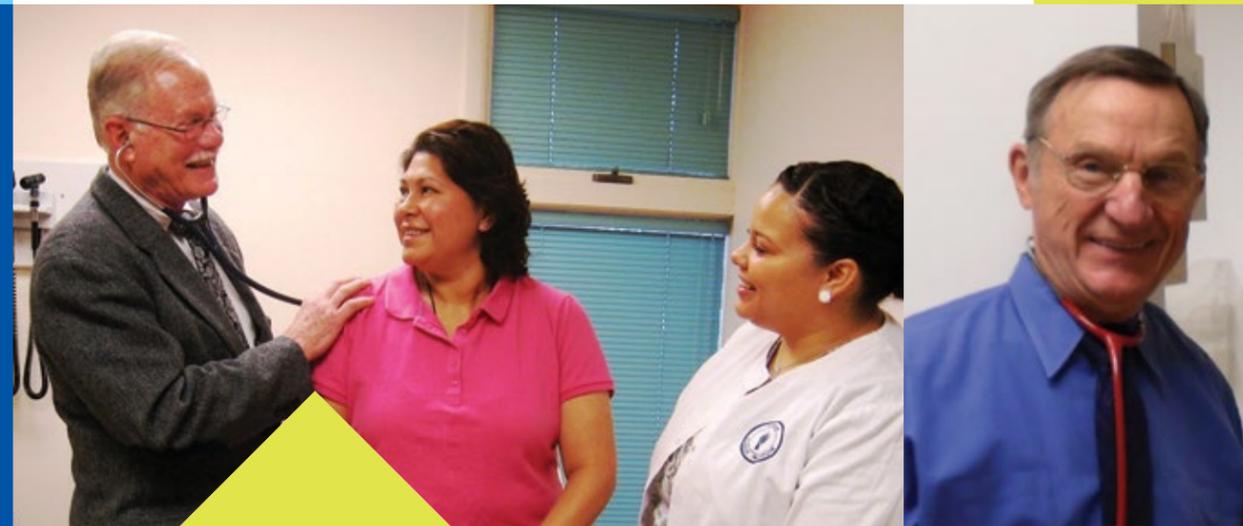
Our patients span every Lebanon County zip code. They are fast food and restaurant workers, convenience store clerks, service industry employees, temporary workers and those working two or more part time jobs to support their families. These individuals are participating members of our community and local economy. In a perfect world, we are a short term solution bridging the gap between health care coverage, but unfortunately there are many who will never afford even low cost medical coverage.

To date, VIM has nearly 3,000 patients and in 2013, we provided over 7,500 medical treatments absolutely free of charge. And while that number sounds impressive, we know that there are over 10,000 Lebanon County residents without health insurance that we could be

caring for. We do not accept any state or government funding relying upon donations from individuals, businesses and foundations.

This year, we want to serve more people. We have launched a community campaign to raise much needed dollars to sustain and grow the clinic. You can help by spreading the word about our services or volunteering to help with our campaign.

To learn more about how you can help or tour the clinic, please give me a call. I am confident you will be inspired by our important work and the dedication of the volunteers.



## Did you know?

Our clinic needs \$1,000 per day to operate.

Volunteers in Medicine offers free Diabetic counseling and education services.



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