

# Copy cats

## 0-6 MONTHS

- 1 Sit so you can see Baby clearly and they can see your face
- 2 Watch their facial expressions carefully
- 3 Copy their different facial expressions
- 4 Try poking your tongue out or opening your mouth wide – maybe they will copy you (don't worry if they don't)

## 6-12 MONTHS

- 1 Sit opposite a mirror with Baby
- 2 Talk about what you can see in the mirror
- 3 Make different facial expressions. Does Baby copy you?
- 4 Copy any movements they make – arms / hands / legs
- 5 Show that you enjoy what they are doing
- 6 Making a simple movement for them to copy – talk about what you are doing, "I'm waving"

## 12-18 MONTHS

- 1 Baby is starting to use more sounds and words now, but they still use their hands and bodies to communicate
- 2 Clap hands. Will Baby copy?
- 3 Wave. Put your arm up
- 4 See if Baby will copy you – be prepared to copy the movements that they do too
- 5 Watch what they do and always respond