

# Western Dubuque Invitational

JV Girls - 4K    Western Dubuque HS, Epworth, IA    10/3/2013    Overcast, Wind S 5-10mph & 78°

Place	School	1	2	3	4	5	6	7	Total	Ave Time	Spread
1	Decorah	1	2	3	4	5	7	10	= 15	17:45	0:52
2	Cedar Rapids Prairie	6	11	13	14	15	16	21	= 59	18:46	0:52
3	West Delaware	8	12	18	22	24	25	27	= 84	19:07	1:18
4	Western Dubuque	9	17	20	23	26	33	35	= 95	19:20	1:24
5	Monticello	19	28	30	31	32	34	38	= 140	20:06	1:00
6	Bellevue	29	37	40	41	42	43		= 189	21:25	1:59
7	Anamosa	36	39	44	45	46			= 210	23:32	4:55

Incomplete Teams: Beckman Catholic, Cascade, Durant, Independence, North Fayette Valley, Springville-Central City

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Katie Perez	SO	Decorah	17:13	6:56
2	2	Hannah Hougen	SR	Decorah	17:39	7:06
3	3	Josephine Berlage	FR	Decorah	17:49	7:10
4	4	Anna Swanson	JR	Decorah	18:00	7:15
5	5	Cassie Bjerke	SO	Decorah	18:04	7:16
6	6	Alison Schmidt	SO	Cedar Rapids Prairie	18:12	7:19
7	7	Emily Miller	JR	Decorah	18:12	7:19
8	8	Kinsey Gudenkauf	FR	West Delaware	18:27	7:25
9	9	Laura Snyder	SO	Western Dubuque	18:28	7:26
10	10	Shania Kelly	FR	Decorah	18:30	7:26
11	11	Sebrina Webster	JR	Cedar Rapids Prairie	18:31	7:27
12	12	Ellen Mattice	JR	West Delaware	18:37	7:29
13		Maddy Ihde	JR	Decorah	18:41	7:31
14		Naomi Davidson	SO	Decorah	18:41	7:31
15		Brenna Betts	FR	Decorah	18:42	7:31
16		Isabel Iverson	FR	Decorah	18:51	7:35
17		Anna Hovden	SR	Decorah	18:53	7:36
18		Alison Sexton	SR	Decorah	18:55	7:37
19		Emma Dambek	JR	Decorah	18:58	7:38
20		Laura Scholz	JR	Decorah	18:58	7:38
21	13	Meghan Brune	FR	Cedar Rapids Prairie	19:00	7:39
22	14	Brittany England	SR	Cedar Rapids Prairie	19:03	7:40
23	15	Mandy Hellman	SO	Cedar Rapids Prairie	19:04	7:40
24	16	Sydney Stolba	SO	Cedar Rapids Prairie	19:05	7:40
25	17	Allison Schlarmann	SO	Western Dubuque	19:11	7:43
26	18	Jaclyn Juergens	JR	West Delaware	19:15	7:45
27	19	McKenna Kremer	JR	Monticello	19:23	7:48
28		McKinley Lillegraven	FR	Decorah	19:24	7:48
29	20	Claudia Greenwood	JR	Western Dubuque	19:33	7:52
30	21	Abby Rubsam	SR	Cedar Rapids Prairie	19:33	7:52
31	22	Hannah Hogan	SO	West Delaware	19:34	7:52
32	23	Kennadee Bockenstedt	SO	Western Dubuque	19:39	7:54
33		Kally Peterson	FR	Decorah	19:42	7:56
34	24	MacY Klein	FR	West Delaware	19:45	7:57
35		Lauren Bruneau	JR	Decorah	19:46	7:57
36		Monica Malila	JR	Decorah	19:47	7:58
37	25	Katie Steffen	FR	West Delaware	19:49	7:58
38		Carli Galligan	SR	Decorah	19:50	7:59
39	26	Allyvia Clasen	SO	Western Dubuque	19:51	7:59
40	27	Sydney Litterer	SR	West Delaware	19:53	8:00
41	28	Jaycie Nagel	JR	Monticello	20:02	8:04
42	29	Nikki Haxmeier	FR	Bellevue	20:08	8:06
43		Heidi Yonkovic	FR	West Delaware	20:09	8:06
44		Brianna Doyle	SO	Decorah	20:12	8:08
45		Hannah Williams	JR	Cedar Rapids Prairie	20:18	8:10
46		MacKenzie Sellnau	SR	Cedar Rapids Prairie	20:19	8:10
47	30	Kaela Weber	SO	Monticello	20:19	8:11
48		Dailen Folkedahl	SR	Decorah	20:20	8:11
49		Jamie Glanz	FR	West Delaware	20:22	8:12
50	31	Taylor Reth	JR	Monticello	20:23	8:12
51	32	Austyn Helgens	SO	Monticello	20:23	8:12
52	33	Jessica Wilming	SO	Western Dubuque	20:24	8:12
53		Hannah Gregor	JR	Cedar Rapids Prairie	20:24	8:13
54		Emily MacHula	JR	Cedar Rapids Prairie	20:25	8:13
55		Hanna Marbach	SO	West Delaware	20:27	8:14
56	34	Krysten Tighe	JR	Monticello	20:31	8:15
57		Laurel Fadness	SO	Decorah	20:35	8:17
58		Audrey Chapman	SO	North Fayette Valley	20:36	8:17
59	35	Allison Schmitt	SR	Western Dubuque	20:36	8:17
60		Autumn Lamb	SO	North Fayette Valley	20:40	8:19
61		Josaline Snyder	SR	West Delaware	20:42	8:20
62		Marin Woods	JR	West Delaware	20:42	8:20
63		Josie Hollenback	SR	Western Dubuque	20:43	8:20
64		Becca Annis	SO	Cascade	20:45	8:21
65		Alex Hable	FR	Decorah	20:46	8:21
66	36	Olivia Loy	SR	Anamosa	20:47	8:22
67		Megan Collins	JR	West Delaware	20:47	8:22
68	37	Natalie Sullivan	SO	Bellevue	20:48	8:22

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Place	Score	Name	Year	School	Time	Pace mpm
69		Liz Smith	FR	Decorah	20:48	8:22
70		Nikki Nemmers	SR	Western Dubuque	20:48	8:22
71		Jessie Glanz	JR	West Delaware	20:49	8:23
72		Stephanie Niklasen	SR	Western Dubuque	20:51	8:23
73		Sylvia Betteridge	FR	Decorah	20:56	8:25
74		Jena Downs	SR	West Delaware	21:12	8:32
75		Sophie Stolte	FR	Springville-Central City	21:12	8:32
76	38	Katy Blake	SR	Monticello	21:22	8:36
77		Darby Kramer	SO	Monticello	21:23	8:36
78		Rebecca Alcock	SR	Decorah	21:29	8:39
79		Kara Moorman	SO	West Delaware	21:38	8:42
80		Whitney Ahrens	JR	Durant	21:44	8:45
81		Andrea Manternach	FR	Monticello	21:47	8:46
82		Megan Downs	SO	West Delaware	21:47	8:46
83		Emily Klein	JR	West Delaware	21:47	8:46
84	39	Alicia Claus-Bartels	SO	Anamosa	21:51	8:47
85		Morgan Lee	FR	West Delaware	21:56	8:49
86		Isabella Betzer	SO	Springville-Central City	21:58	8:50
87		Claire Nauman	SO	Western Dubuque	21:59	8:51
88	40	Hailey Scholtes	SO	Bellevue	22:00	8:51
89	41	Holly Herrig	FR	Bellevue	22:05	8:53
90	42	Grace Witt	SO	Bellevue	22:07	8:54
91		Annika Vandekrol	JR	Decorah	22:07	8:54
92		Cecelia Mitchell	SR	Decorah	22:16	8:57
93		Sarah Frey	JR	Cedar Rapids Prairie	22:17	8:58
94		Isabelle Breitfelder	SO	West Delaware	22:20	8:59
95		Clara Kittleson	SR	Decorah	22:22	9:00
96		Caria Philgreen	JR	West Delaware	22:24	9:01
97		Cassidy Oberreuter	SO	West Delaware	22:25	9:01
98		Maddie Baetsle	JR	Cedar Rapids Prairie	22:30	9:03
99		Skye Kelley	JR	Decorah	22:38	9:06
100	43	Sarah Kendell	SR	Bellevue	22:39	9:07
101		Katie Hamilton	JR	Cedar Rapids Prairie	22:40	9:07
102		Sophia Wilson	SO	Springville-Central City	22:42	9:08
103		Mary Murphy	JR	Decorah	22:44	9:09
104		Ciara Halverson	FR	North Fayette Valley	22:45	9:09
105		Madison Creery	SR	North Fayette Valley	22:45	9:09
106		Steffene Voigt	SR	Decorah	22:47	9:10
107		Gretchen Gaul	SR	Western Dubuque	22:52	9:12
108		Carly Gudenkauf	JR	West Delaware	22:58	9:15
109		Kara Hawker	FR	West Delaware	23:03	9:16
110		Kirstyn Samuelson	FR	Decorah	23:06	9:18
111		Jordyn Oberbroeckling	SR	Beckman Catholic	23:12	9:20
112		Aubrey Mitchell	SR	Decorah	23:14	9:21
113		Jojo Osterhaus	SR	Beckman Catholic	23:21	9:24
114		Josie Kinley	SO	Monticello	23:28	9:26
115		Katie Phillips	JR	West Delaware	23:33	9:29
116		Stacie Moorman	JR	West Delaware	23:33	9:29
117		Markquitta Soto	SO	Cedar Rapids Prairie	23:35	9:29
118		Bethany Hahn	SR	West Delaware	23:35	9:29
119		Sierra Nolz	FR	West Delaware	23:39	9:31
120		Jessalyn Kromminga	SO	Monticello	23:39	9:31
121	44	Allie Schwaegler	FR	Anamosa	24:03	9:41
122		Macy Gudenkauf	SO	West Delaware	24:19	9:47
123		Clare Gullekson	JR	Decorah	24:20	9:47
124		Sammy Ahlrichs	SO	Monticello	24:31	9:52
125		Emma Tuetken	JR	Monticello	24:31	9:52
126		Elaine Trussell	SR	Independence	24:51	10:00
127		McKenna Kelchen	SO	Western Dubuque	24:59	10:03
128		Annalise Guckenberger	FR	Cedar Rapids Prairie	25:02	10:04
129		Rashida Jones	JR	Monticello	25:17	10:10
130	45	Mikayla Whitman	SO	Anamosa	25:18	10:11
131	46	Lavinia Buffi	SR	Anamosa	25:42	10:20
132		Allison Schwarz	SR	Durant	26:02	10:28
133		Kara Bell	SR	Beckman Catholic	26:10	10:32
134		Abby Whitsell	SR	Beckman Catholic	26:17	10:34
135		Meria Ivy	SO	Independence	26:25	10:38
136		Emma Kehrli	FR	West Delaware	26:27	10:38
137		Anna Luber	SO	Western Dubuque	26:28	10:39
138		Ashlynn Franzen	SO	Decorah	27:12	10:56
139		Aubrey Nabholz	SR	Independence	29:09	11:44
140		Emily Robinson	SR	Independence	29:09	11:44
141		Devvin Schroeder	SO	Decorah	30:09	12:08

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Place	Name	Time	mpm	Place	Name	Time	mpm
<b>1) Decorah</b>				<b>3) West Delaware</b>			
<b>Score = 15</b>				<b>Score = 84</b>			
1	Katie Perez, SO	17:13	6:56	8	Kinsey Gudenkauf, FR	18:27	7:25
2	Hannah Hougen, SR	17:39	7:06	12	Ellen Mattice, JR	18:37	7:29
3	Josephine Berlage, FR	17:49	7:10	18	Jaclyn Juergens, JR	19:15	7:45
4	Anna Swanson, JR	18:00	7:15	22	Hannah Hogan, SO	19:34	7:52
5	Cassie Bjerke, SO	18:04	7:16	24	MacY Klein, FR	19:45	7:57
7	Emily Miller, JR	18:12	7:19	25	Katie Steffen, FR	19:49	7:58
10	Shania Kelly, FR	18:30	7:26	27	Sydney Litterer, SR	19:53	8:00
	Maddy Ihde, JR	18:41	7:31		Heidi Yonkovic, FR	20:09	8:06
	Naomi Davidson, SO	18:41	7:31		Jamie Glanz, FR	20:22	8:12
	Brenna Betts, FR	18:42	7:31		Hanna Marbach, SO	20:27	8:14
	Isabel Iverson, FR	18:51	7:35		Josaline Snyder, SR	20:42	8:20
	Anna Hovden, SR	18:53	7:36		Marin Woods, JR	20:42	8:20
	Alison Sexton, SR	18:55	7:37		Megan Collins, JR	20:47	8:22
	Emma Dambek, JR	18:58	7:38		Jessie Glanz, JR	20:49	8:23
	Laura Scholz, JR	18:58	7:38		Jena Downs, SR	21:12	8:32
	McKinley Lillegraven, FR	19:24	7:48		Kara Moorman, SO	21:38	8:42
	Kally Peterson, FR	19:42	7:56		Megan Downs, SO	21:47	8:46
	Lauren Bruneau, JR	19:46	7:57		Emily Klein, JR	21:47	8:46
	Monica Malila, JR	19:47	7:58		Morgan Lee, FR	21:56	8:49
	Carli Galligan, SR	19:50	7:59		Isabelle Breitfelder, SO	22:20	8:59
	Brianna Doyle, SO	20:12	8:08		Caria Philgreen, JR	22:24	9:01
	Dailen Folkedahl, SR	20:20	8:11		Cassidy Oberreuter, SO	22:25	9:01
	Laurel Fadness, SO	20:35	8:17		Carly Gudenkauf, JR	22:58	9:15
	Alex Hable, FR	20:46	8:21		Kara Hawker, FR	23:03	9:16
	Liz Smith, FR	20:48	8:22		Katie Phillips, JR	23:33	9:29
	Sylvia Betteridge, FR	20:56	8:25		Stacie Moorman, JR	23:33	9:29
	Rebecca Alcock, SR	21:29	8:39		Bethany Hahn, SR	23:35	9:29
	Annika Vandekrol, JR	22:07	8:54		Sierra Nolz, FR	23:39	9:31
	Cecelia Mitchell, SR	22:16	8:57		MacY Gudenkauf, SO	24:19	9:47
	Clara Kittleson, SR	22:22	9:00		Emma Kehrli, FR	26:27	10:38
	Skye Kelley, JR	22:38	9:06				
	Mary Murphy, JR	22:44	9:09	<b>4) Western Dubuque</b>			
	Steffenee Voigt, SR	22:47	9:10	<b>Score = 95</b>			
	Kirstyn Samuelson, FR	23:06	9:18	9	Laura Snyder, SO	18:28	7:26
	Aubrey Mitchell, SR	23:14	9:21	17	Allison Schlarmann, SO	19:11	7:43
	Clare Gullekson, JR	24:20	9:47	20	Claudia Greenwood, JR	19:33	7:52
	Ashlynn Franzen, SO	27:12	10:56	23	Kennadee Bockenstedt, SO	19:39	7:54
	Devvin Schroeder, SO	30:09	12:08	26	Allyvia Clasen, SO	19:51	7:59
<b>2) Cedar Rapids Prairie</b>				33	Jessica Wilming, SO	20:24	8:12
<b>Score = 59</b>				35	Allison Schmitt, SR	20:36	8:17
6	Alison Schmidt, SO	18:12	7:19		Josie Hollenback, SR	20:43	8:20
11	Sebrina Webster, JR	18:31	7:27		Nikki Nemmers, SR	20:48	8:22
13	Meghan Brune, FR	19:00	7:39		Stephanie Niklasen, SR	20:51	8:23
14	Brittany England, SR	19:03	7:40		Claire Nauman, SO	21:59	8:51
15	Mandy Hellman, SO	19:04	7:40		Gretchen Gaul, SR	22:52	9:12
16	Sydney Stolba, SO	19:05	7:40		McKenna Kelchen, SO	24:59	10:03
21	Abby Rubsam, SR	19:33	7:52		Anna Lubber, SO	26:28	10:39
	Hannah Williams, JR	20:18	8:10	<b>5) Monticello</b>			
	MacKenzie Sellnau, SR	20:19	8:10	<b>Score = 140</b>			
	Hannah Gregor, JR	20:24	8:13	19	McKenna Kremer, JR	19:23	7:48
	Emily MacHula, JR	20:25	8:13	28	Jaycie Nagel, JR	20:02	8:04
	Sarah Frey, JR	22:17	8:58	30	Kaela Weber, SO	20:19	8:11
	Maddie Baetsle, JR	22:30	9:03	31	Taylor Reth, JR	20:23	8:12
	Katie Hamilton, JR	22:40	9:07	32	Austyn Helgens, SO	20:23	8:12
	Markquitta Soto, SO	23:35	9:29	34	Krysten Tighe, JR	20:31	8:15
	Annalise Guckenberger, FR	25:02	10:04	38	Katy Blake, SR	21:22	8:36
					Darby Kramer, SO	21:23	8:36
					Andrea Manternach, FR	21:47	8:46
					Josie Kinley, SO	23:28	9:26
					Jessalyn Kromminga, SO	23:39	9:31
					Sammy Ahlrichs, SO	24:31	9:52
					Emma Tuetken, JR	24:31	9:52
					Rashida Jones, JR	25:17	10:10
				<b>6) Bellevue</b>			
				<b>Score = 189</b>			
				29	Nikki Haxmeier, FR	20:08	8:06
				37	Natalie Sullivan, SO	20:48	8:22
				40	Hailey Scholtes, SO	22:00	8:51
				41	Holly Herrig, FR	22:05	8:53
				42	Grace Witt, SO	22:07	8:54
				43	Sarah Kendell, SR	22:39	9:07
				<b>7) Anamosa</b>			
				<b>Score = 210</b>			
				36	Olivia Loy, SR	20:47	8:22
				39	Alicia Claus-Bartels, SO	21:51	8:47
				44	Allie Schwaegler, FR	24:03	9:41
				45	Mikayla Whitman, SO	25:18	10:11
				46	Lavinia Buffi, SR	25:42	10:20

Incomplete Teams:

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JV Girls - 4K Western Dubuque HS, Epworth, IA 10/3/2013 Overcast, Wind S 5-10mph & 78°

Place	Name	Time	mpm	Place	Name	Time	mpm
<b>Beckman Catholic</b>							
111	Jordyn Oberbroeckling, SR	23:12	9:20				
113	Jojo Osterhaus, SR	23:21	9:24				
133	Kara Bell, SR	26:10	10:32				
134	Abby Whitsell, SR	26:17	10:34				
<b>Cascade</b>							
64	Becca Annis, SO	20:45	8:21				
<b>Durant</b>							
80	Whitney Ahrens, JR	21:44	8:45				
132	Allison Schwarz, SR	26:02	10:28				
<b>Independence</b>							
126	Elaine Trussell, SR	24:51	10:00				
135	Meria Ivy, SO	26:25	10:38				
139	Aubrey Nabholz, SR	29:09	11:44				
140	Emily Robinson, SR	29:09	11:44				
<b>North Fayette Valley</b>							
58	Audrey Chapman, SO	20:36	8:17				
60	Autumn Lamb, SO	20:40	8:19				
104	Ciara Halverson, FR	22:45	9:09				
105	Madison Creery, SR	22:45	9:09				
<b>Springville-Central City</b>							
75	Sophie Stolte, FR	21:12	8:32				
86	Isabella Betzer, SO	21:58	8:50				
102	Sophia Wilson, SO	22:42	9:08				