

## **Deanna Anderson - Career Summary**

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### **Career Dimensions**

Deanna Anderson is a movement educator and performing artist. She teaches Dance, Somatic Movement, Pilates, Yoga, Voice, and Action Theater at Stanford University. She designs and delivers movement, dance and physical theater workshops, has a private practice in Movement Education/Therapy and delivers community-based expressive arts projects.

### **Movement Education/Therapy**

Deanna is a Registered Somatic Movement Therapist / Educator (RSMTE). She is also trained in other leading body/mind systems including Laban Movement Analysis, Body Mind Centering, Bartenieff Fundamentals, Expressive Actor Technique, Viewpoints, Linklater Vocal Technique, Feldenkrais, Tai Chi and Yoga.

### **Dance**

Deanna received a BFA from the University of Wisconsin with emphasis in Performance. Her commitment to life long professional development includes training in Folkloric Dance at the Escuela Nacional de Arte in Havana, Cuba, study with Afro-Cuban master dancer Jose Barroso in San Francisco, and training and performances with the Duende Flamenco Company in Chicago, Illinois. She was the first instructor in the World Dance program at DeAnza College in Cupertino where she taught Brazilian, Cuban, and Spanish dance. She has taught theater and dance at the University of Poland/ Krakow for the conference *The Body - A Universal Sign, Anthropology Bridging the Arts*. She has danced with the Great Lakes Opera Company and presented solo performance at the San Francisco Butoh Festival, Dance Mission in San Francisco, and San Jose State University – Dance Works.

### **Theater**

As a performance artist Deanna has immersed herself in physical theater. She earned an Advanced Teacher Certification in *Action Theater*. She trained in *Mask Clown and Physical theater at the Flying Actor Studio in San Francisco and at the Dell Arte School in Blue Lake Ca.* She currently studied Voice, Acting and Movement at the Waterfront Conservatory in Berkeley. She has taught theater workshops through - out the Bay area including De Anza College, Stanford University, Santa Clara University, Temescal Center for the arts, UNLV and Menlo High School Drama Department. As an actor she has played the role of *Anima* in the production *Hungry Ghosts of Albion* at the Theater Yugan in San Francisco and was *Esmeralda* In the *Hunchback of Notre Dame* at the Metropole Theater in Milwaukee, WI. She won Best Script, Best Director and Best Actor awards for her solo piece “the Wreck” in the 2013 Marin Fringe Festival.

### **Community Programs**

Deanna’s community-based expressive arts projects include programs and performances developed for children in grades K -12, inner city community centers, women in the criminal justice system, incarcerated teens in alternative education schools for northern Californian County Offices of Education, and in drug rehabilitation programs. She developed a 16-week creative/therapeutic arts program called *The Blossom Project* for teen moms at the adult school in Mountain View. She teaches movement arts to youth, adults and Veterans at the Riekes Center for Human Enhancement in Menlo Park. Deanna is the program director and a working artist for StoryTeller Project, an arts and education nonprofit. As an STP artist she has facilitated numerous *healing arts* programs in the bay area. She is a member of a three person support team for women in cancer treatment at the Palo Alto Medical Foundation which includes an oncology nurse and musician. Through Expressive Movement Deanna provides an opportunity for women to lovingly reconnect to their bodies and spirits. Through STP, she has developed and delivered expressive arts programs for children with special needs at the Pacific Autism Center for Education and at Achieve Kids. She was co - creator of an interactive dance, music and poetry performance for the Healing Journeys (Cancer) Conference in 2010 in Northern California. Her program *Moving Stories* helps people recovering from life threatening illness to open to the process of healing through personal writing and shared performance.

## **Professional Recap**

Deanna brings a depth of awareness, knowledge and sensitivity to teaching Integrated Fitness, Movement and Dance acquired over 30 years of study and practice. She is Movement Therapist/Educator, RSMTE, holds a degree in Dance, and is an Advanced Certified Action Theater Coach. Deanna teaches Dance, Somatic Movement, Pilates, Yoga, Voice and Theater at Stanford University and has a private practice in Movement Education and Movement Therapy.

## **Organizations Served (partial list)**

### ***Healing Arts and Integrative Medicine***

Palo Alto Medical Foundation - Integrated Cancer Treatment  
El Camino Hospital - Fitness for Staff

### ***Universities and Colleges***

Stanford University, HIP - Health Improvement Program  
Stanford University - Women's Track Team  
Santa Clara University - Dance Department  
De Anza College - Dance Department  
University of Nevada, Las Vegas - Theater & Dance Depts.  
University of Poland, Krakow - Theater & Dance Depts.  
Escuela de Arte Havana, Cuba, Dance Department

### ***Fitness Centers***

Vivre Health Club, Palo Alto  
Reach Health Club, Palo Alto  
BaySport, Menlo Park  
Avalon Yoga, Palo Alto  
Dance Visions, Palo Alto

### ***Community Organizations and Schools***

Riekes Center, Menlo  
Park Menlo High School Pacific Autism Center for Education (PACE) - Special Education  
Achieve Kids, Palo Alto – Special Education  
Monterey, Alameda, & Santa Clara Offices of Education -  
Schools for At-Risk Youth and Juvenile Centers  
StoryTeller Project - Community Expressive Arts  
La Honda & Pescadero Schools, San Mateo County  
YMCA Mountain View and Palo Alto