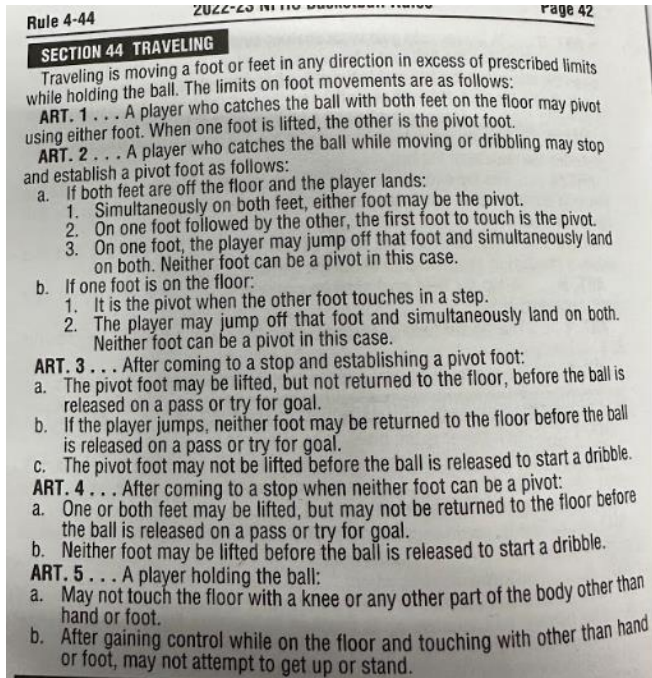


Good morning!

Here we go again! The travel rule.....the hardest rule to interpret that we wave. Read the rule several times slowly!



Take a look at a couple clips.....[clip 1](#) and [clip 2](#).

The first is an obvious travel since the ball is caught with both feet ON the floor, and hops.....This is NLT within the travel rule limits! Put air in the whistle! The second is just tough to see from the distance of the camera UNTIL we see the slo-mo version. Definitely two feet on the floor when catching the ball (the right foot may be dragging first but still on the floor) and then a hop! TRAVEL.

WATCHING these types of plays trains our mind to see what is happening in real time in a game! SEEING two feet on the floor when the ball is caught makes it easy to officiate! More to come!

Monday extra: As officials, we must be good 'spectators'. Even when watching a game as a parent, we are recognized as officials. We need to be good role models and NOT say or yell anything at officials.

Have a great game tonight!

Tim