

Occupational Therapy Journey

OPTIONAL POST JOURNEY PATAGONIA EXTENSION

4 days | El Glaciares National Park, Patagonia, Argentina

Finish your exciting journey in Argentina with a visit to Patagonia. A visit to the southernmost regions of the continent will give you the opportunity to explore the majestic glaciers and their magical, blue ice.

DAY-BY-DAY ITINERARY

DAY 1: JULY 22, 2018

Fly to El Calafate

📍 Patagonia

Transfer to the airport this morning for your flight to **El Calafate** Airport in southern Argentina (Patagonia). You will be met on arrival and transferred to your local hotel late this afternoon. This home base will be the perfect spot to explore Los Glaciares National Park.

Dinner will be provided this evening at the group hotel with lunch on your own arrangement.

Included meals: Breakfast & Dinner



DAY 2: JULY 23, 2018

Perito Moreno Glacier and Safari Nauticoe Excursions

📍 Patagonia

After breakfast, head out to explore the **Perito Moreno Glacier**, one of the world's few remaining advancing glaciers. **Wear a warm and waterproof jacket, gloves, hats, sunglasses, and sunscreen as you are visiting during their winter season.**

It is currently grinding its way down the Cordillera directly into an arm of the enormous Lake Argentino. Upon arrival, stand at the promenade deck right across from Perito Moreno Glacier. Along the walkways there are seven "balconies"

located at different heights and distances from the glacier. These are connected by trails that allow for hikes of different length and degree of difficulty. From the highest balcony, you will see a large section of the glacier—northern and southern facing. As you go down, you will find the second balcony, closer to the ice. This is the place where, on occasion, the ice dam is formed. The lower balcony, 700 meters above the parking lot, is the closest you will get to the glacier.



Later, enjoy the **Safari Nautico**, an excursion that takes you on a cruise across **Lake Rico**, passing beside icebergs that have calved off the front of the Perito Moreno glacier. Reaching the Icebergs Channel, the boat will stop at a safe distance from the glacier, continuing to sail down its front, allowing a spectacular view of the high wall of ice. The excursion lasts approximately one hour and provides a totally different perspective of the Perito Moreno glacier, with almost constant falling walls of ice from its front. This is truly a unique opportunity for photographers and nature lovers alike.

Lunch will be provided today with dinner on your own.

Included meals: Breakfast & Lunch

DAY 3: JULY 24, 2018**Estancia Cristina Discovery**

📍 Patagonia

This morning you will be transferred to the small pier of Puerto Bandera, where you will board a modern and comfortable ship to navigate for about two hours along **Lake Argentino**. Sail among icebergs, watching the breathtaking views of the occidental front of the Upsala Glacier before arriving at the port of Estancia Cristina. **A boxed lunch will be provided this afternoon.**



FD Ríos de Hielo - Kick off this full-day excursion at Punta Banderas port, 47 km (32 miles) from El Calafate. Here, board your catamaran and sailing across Lago Argentino lake towards Upsala glacier, the largest in surface of the continental ice-field. After crossing Boca del Diablo, the narrowest section of the lake, natural gateway to the Northern Canal, the route veers west and while the landscape turns into forest and high mountains with hanging glaciers, the boat sails among huge icebergs, testimony of the regression process of Upsala glacier, until arriving at its extended front. It then resumes its course and enters Spegazzini Canal, where the highest glacier of the national park, with walls that reach 130 meters (700 feet) high and 25 km (16 miles) long, reigns. Finally, the Northern Canal leads to the port, where you disembark, returning to El Calafate. Depending on weather conditions, the several huge icebergs calved off from Upsala glacier, can form an amazing ice barrier, which occasionally prevents the entry and/or approaching and/or descent to some points on the tour for safety reasons. This situation is evaluated on board daily. The catamaran's capacity is 300 passengers.

Dinner is on your own tonight.

Included meals: Breakfast & Lunch

DAY 4: JULY 25, 2018**Fly to Buenos Aires**

📍 Buenos Aires

Return to the local airport for your flight to Buenos Aires domestic airport. You will be met upon arrival and transferred to the international airport where you will say goodbye and return to Miami. ****Arrive back in Miami on July 26.****

PROGRAM INFO

Date & Length: 4 days July 22–25, 2018 (arrival back in Miami on July 26)

Extension cost: \$1,999 per person (includes all gratuities)

Single supplement: \$399

Inclusions: Flights to/from El Calafate/Buenos Aires; baggage handling, some tips; transfers to and from the hotel; tours as mentioned; meals as mentioned; and accommodations based on double occupancy.

Not Included: Hotel incidentals, spa services, and meals not mentioned.

Luggage: limit of 44 pounds (1 piece of luggage) per person for domestic flight segment on your return to Buenos Aires.

To participate in the optional extension, complete and return the extension registration form. Return no later than 90 days prior to departure or within five days of receiving the information.



HOTEL INFORMATION

Posada Los Alamos Hotel

www.posadalosalamos.com

This lovely 4 star hotel is ideally located in the heart of El Calafate, close to many restaurants and other local businesses. The hotel has an indoor pool, gym, spa and services of any first-class hotel. They offer free wi-fi throughout the property and offers many dining options. An extensive breakfast buffet offers a choice of American, Argentinean or Patagonian foods. The La Posta Restaurant serves an a la carte menu of international and regional specialties, including Patagonian lamb. The hotel also features two bars.