



# *The Hawaii Play Times*

THE NEWSLETTER FOR THE HAWAII ASSOCIATION FOR PLAY THERAPY

January 2008

Dear HAPT Members,

Allow me to introduce myself. I am Teresa Shigemasa LMHC, RPT/S and the current President of HAPT September 2007-September 2008. It is an honor and a privilege to serve the membership as the steward of a very impressive incoming board:

**Incoming Board:** Linda Rivera PsyD, President-Elect; Peggy Brandt, MEd., LMHC, Secretary; Nami-Anne Dolan, MEd, NCC, Treasurer; Michelle Birdsall (formerly Kaya), LCSW, Member-At-Large; and Monica Evans, LMHC, Past President. Each of the officers contributes their individual talents and vision, and each of us cares deeply about HAPT's continuing success, present and future. Of course, we would not have the opportunity to assist in HAPT's continual growth as a professional organization if it were not for the excellent leadership of our predecessors, from the inception of HAPT in 1996 until now. :

**Outgoing Board:** Bonnie Coutsourakis, LCSW, Past President; Monica Evans, President; Teresa Shigemasa, President-Elect; Wendy De Vault, LCSW, Secretary; Nami-Anne Dolan, Treasurer; Michelle Birdsall, Member-At-Large.

**Conference Committee:** The efforts of our 2007 Conference Co-Chairs Gail Silva, PsyD and Simone Maciejewski, PsyD yielded record numbers of attendees for Charles Schaefer, PhD, RPT/S and Evidenced Based Play Therapy. Many Mahalos to these two volunteers who truly "beat the bushes" to bring in a little over 200 attendees.

We recently had a bit of a shift in our Co-Chairs for 2008: Barbara Lee, PsyD contributed her gifts for graphics in the layout of some beautifully crafted brochures for Terry Kottman, MEd, PhD, RPT/S, and her presentation: "Play Therapy for Kids 4-84". Due to unforeseen circumstances, Barbara regretfully steps down from the Co-Chair position, yet remains ever supportive of our continued success. Barbara was assisted by Veronica Pahia,

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MSCP in laying the groundwork for our upcoming Conference. Rachelle Hansen De Leon, PsyD, LCSW, RPT-S is continuing the work on remaining Conference duties. The board is grateful to Rachelle for offering her time and effort only 4 months prior to our February dates.

This year, HAPT is happy to announce the addition of Conference Treasurer Susha Cohen, Psy.D. Susha is already doing an excellent job as our conference registration expert, and is working directly with treasurer Nami Dolan and with webmaster Scott O'Neal.

Conference work is a tremendous commitment that takes much energy and attention to detail so if/when you run into any of these volunteers, please be sure and thank them for helping us pull off such a significant training event.

**Program Committee** : Michelle Birdsall and Inga Park Okuna, MA have been incredibly generous and have donated their time, not once, but three times as our Program Co-Chairs for September 2006, May 2007, September 2007. We look forward to Michelle Birdsall and Lyn Lee, LCSW as they take on the program committee responsibilities for May 2008 and Inga's presentation of "Play Therapy and the Magic of Puppets", our first all day training!

**Continuing Education Director**: Anita Trubitt, LCSW, RPT/S continues to serve as our CE director, and does a diligent job in keeping the records of each attendee's CE credits. Accolades to her and her team of registration assistants.

**Webmaster**: That mysterious Webmaster is hopefully not that mysterious anymore. More of our membership is becoming familiar with our very own Scott O'Neal, LCSW. I urge all of you to take a look at our website: [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net). You will delight in the fun, brilliant, and contemporary graphics and the user-friendly navigation to a multitude of links and useful information. Scott has also assisted HAPT in the development of Yahoo Discussion Groups, which operates somewhat like a list-serve. If you would like to join YDG, you can contact Scott at [webhead@hawaiiplaytherapy.net](mailto:webhead@hawaiiplaytherapy.net).

**Nominating Committee**: Michelle Birdsall, and Pat Yuen, LSW have stepped down from this position in which they actively pursued qualified volunteers as candidates for Board positions and Committee chairs. Anyone out there with an eye for talent, who enjoys networking with your fellow HAPT comrades? Please let the board know if you would like to chair this committee.

**Fundraising Committee**: Yes, we now have a new committee dedicated to raising money for our non-profit 501 C 3 organization! Wendy De Vault and Bonnie Coutsourakis have plenty of fundraising activities in the works and will be informing us of their progress. Monies

raised will go to benefit the growth of the organization, and to benefit the membership. All members will be informed of how we use these funds.

Beaucoup Mahalos to all of our volunteers, from the worker bees in the wings assisting the co-chairs, to those who step up to assist in various ways on the actual days of our workshops and conferences. Years ago, "the eleventh hour worker bee" was the commitment I could honor, and I always felt the appreciation of my colleagues who had the "big jobs". : )

**APT's 25<sup>th</sup> Anniversary Annual Conference in Hollywood:** Wow what an event! When you have a moment, please check out [www.a4pt.org](http://www.a4pt.org) and take a look at the dynamic success stories of "APT Plays Hollywood 2007". Twelve of us HAPT members attended the annual conference.

I was honored to represent HAPT at the President's meeting; and, our Hawaii branch received accolades from APT Executive Director Bill Burns. He specifically complimented us on our implementation of Yahoo Discussion Groups, on our ability to stay current and up to date with Website information, and in our use of electronic newsletters vs. reliance on hard copy newsletters (only).

On behalf of your HAPT Board, please feel free to approach us with comments and/or suggestions. It is our duty and our pleasure to serve our members.

Aloha, and Happy New Year,

Teresa Shigemasa, President  
Hawaii Association for Play Therapy  
[president@hawaiiplaytherapy.net](mailto:president@hawaiiplaytherapy.net)



# Welcome, Dude!

During my year as HAPT President, I served on APT's Branch Logo Task Force with 12 other branch Presidents and Bill Burns, CAE, Executive Director, APT. The Task Force explored keeping individual branch logos vs establishing a uniform symbol.

A number of branches (including our own) very definitely wanted to keep our original logo. HAPT's logo, designed by Christine Ahia, CSC, was a unique and creative expression of our local branch.

You may find the February 22, 2007 email from Bill Burns to Task Force members interesting:

"Our members consistently urge that play therapy be more visibly promoted.

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APT believes that part of the solution is to promote play therapy and our organizations with a uniform logo, one that is readily recognizable by others when visiting our conference exhibits, attending our community outreach activities, entering our websites, and reading our publications. This concept is successfully used by the United Way, American Cancer Society, Red Cross, McDonalds, etc.

APT required from the outset that branches use our registered trade name (Association for Play Therapy) but prohibited them from using our registered trade mark (logo), and thereby accepts responsibility for the current situation in which branches have financially invested in 44 separate and unique logos."

This topic was definitely a "hot" issue for a number of branches. After many email interchanges among Task Force members and in consultation with Bill Burns, the Task Force endorsed the adoption of a uniform symbol. It's time.

And besides, I think HAPT can have fun "playing" with our little guy (informally referred to as the "dude.") APT used the new logo in several fun ways for the September 2007 APT Conference.

Perhaps you saw him on APT's Conference brochure. The dude was in a circle within a large pink star that was placed on a larger black square. Hmmm – do you suppose the "dude" was added to Hollywood's Walk of Fame? What a coup! Over time, HAPT will be playing with the "dude" in fun ways, too!

Submitted by  
Monica Evans, Past-President

## EVIDENCE-BASED / RESEARCH-BASED PRACTICE DEFINED

by Athena Drewes, Ph.D.

Evidence-based treatment means that there have been several, well conducted research experiments with randomized control groups showing that the treatment approach or program works. These studies, replicated by several independent groups, creates a body of evidence that proves that what you are doing in the treatment is really responsible for the successful treatment outcome. The key part of such evidence-based treatment is the use of a manual that clearly specifies step by step what is to be done at each session, so each therapist is doing exactly the same thing, saying the same things, etc. to allow for consistency and replication.

In order to get such research conducted requires lots of money, as well as number of subjects, and time. So most treatment approaches are NOT able to show their treatment works (such as play therapy) at this highest level of proof, even though there is some research evidence. However, the Primary Mental Health Project has just received evidence-based status based on many years of replicated research, and it uses child-led/child-centered play therapy within the school setting by paraprofessionals for preventive treatment (there is a chapter about it in my book "School-based Play Therapy" or you can go to the SAMHSA website for a description).

Research-based practice is the lower level of proof, which means there is some research showing

successful outcome using a specific method. In play therapy, this would be the filial therapy studies that have been conducted, or some isolated studies using child centered play therapy, sand tray therapy, etc. At least it shows some research is being conducted, but much more is needed, and the results are promising.

Practice-based evidence is the counter-argument to evidence-based. Evidence-based research deals with clients who have one discrete diagnosis, in a 'laboratory' like setting where many things can be controlled. However, for practioners in the real world, these type of cases don't exist. Clients have multiple layers of diagnosis so one-size treatment or a manualized approach is not possible, or it has to be modified. So practice-based proponents argue in favor of doing research in the real world settings (outpatient, etc.) and looking at the effect gained by the therapist through single subject studies, or case studies, without a control group.

The debate goes on and on.

The best information on all of this is in this fall/September issue of the *American Psychologist*, journal of the American Psychological Association. They have several good articles describing these issues, as well as whether evidence-based treatment can be applied to minorities.

# FEATURED PLAY THERAPIST



*Sue Bergman, NCC, LMHC*

Sue Bergman, a highly committed HAPT member and strong play therapy advocate, retired from her job as school counselor for the Hawaii Department of Education this December. To celebrate her retirement and commemorate her 30 years of service to Hawaii's school keikis, we interviewed her about her experience.

## **How long were you a school counselor?**

*Sixteen years. I started counseling before I actually finished my counseling degree. I began my career as a special education teacher in Minnesota – I was selected to pilot a program for kids with multiple learning problems. Then when I came to Hawaii I worked with students then known as “EH” or emotionally handicapped. After I had my daughter I went into regular ed for several years ... then went back to Special Education for several years, was a resource teacher for AIDS education, and then went into counseling. I had 30 years total working for the DOE, plus the time I took off for a couple of leaves, including the time off when I had my daughter, a sabbatical while doing my 3 counseling internships and a year to go to the mainland to do my sand play process. During my pregnancy leave I also started the First Methodist preschool.*

## **What made you go into school counseling?**

*Well, actually, it was kind of a process. I had wanted to go into developmental psychology when my daughter was 3, but I didn't like running experiments with rats and monkeys. Then some other circumstances came up, like having cancer, and 20 years later I ended up going back into school counseling. After my cancer surgery I was doing imagery and alternative healing kinds of things with cancer patients and was volunteering with The Young People's Support Center (now HUGS) that led me back to kids so decided to go into school counseling since the DOE would allow my counseling credits to count toward professional development and for the salary scale.*

## **What have you enjoyed the most about school counseling?**

*Working with the kids and doing play therapy with them. I didn't know what play therapy was and didn't know such a thing existed, but when I started at Kuhio Elementary I had a dollhouse and a few things of my daughter's, so I took games and toys and that's how I worked with the kids. Diana Chee was at our school as our mental health liaison with Diamond Head Mental Health. She would bring all sorts of neat things when working with kids. We started talking and she gave me the names of the different catalogs for play therapy. And I thought “Wow! There's a thing called play therapy!” She introduced me to sand play. I knew of Carla but didn't know of her classes. I was working for Child and Family Services part time and they were having Carla come in to teach play therapy. My supervisor knew I was using play in my sessions, so invited me to the classes, so that's how I*



*connected with Carla. When Carla started HAPT, I wasn't in the original first group, but I was with the larger organizational meeting from the get-go.*

**What will you miss the most?**

*Probably the kids and seeing their growth from year to year. Kids are always stopping by, even from high school. Just the other day, a girl came by from high school to just talk. I would have liked to have more free time and just hang out, talk story with kids, but when you're a one-person show you end up doing quasi-admin stuff during recess and lunch.*

**What advice would you offer a new school play therapist?**

*The first thing, I would go through Carla's classes. They cover "womb to tomb" – an understanding of the whole gestalt. I think that it's important if someone wants to get into play therapy, that they gain an understanding of what play therapy is really about. I started by winging it ... and I did okay, but to go through and have a formalized way of putting everything together; it gave me a better "best practices" perspective and understanding.*

**What are your plans post-DOE retirement?**

*First I'm going to spend time with family. Then spring semester doing paper work, reorganization, and some things I've not had time to do when I was working full-time, while continuing to work part time with CFS. I'm going to be preparing a case to take to Switzerland because I'm going to study with Martin Kauff (w/Merry Glass), at the Summer Institute in July. Next fall I plan to open a private practice in my home.*

**Any particular successes that you recall?**

*Twin girls who were diagnosed as selective mutes. They came out of their shell and emotionally, did very well. Eventually the teachers had to separate them during their after school program because they were talking so much. I had another child from preschool through fourth grade who wasn't autistic but had many autistic type behaviors. He didn't speak much English. That case was fun because he went from lining stuff up on the table to really expressing himself and dressing up as Sir Lancelot having sword fights and doing a lot of sandplay. Both situations, the kids had lot of limitations. When there's a long way to go progress makes a bigger impression. That's the stuff that made it fun.*

# Goals – Goals – Goals

Each year your HAPT Board reviews our goals. We evaluate each to ascertain how we can best accomplish HAPT's mission: to provide a forum for the professional growth and development of play therapy in the State of Hawai'i.

**Goal #1 (2006-2009):** Increase membership by 60 by 2009. (Baseline: 109). **Objective A:** Increase membership by 24 by September 2007. We are pleased to announce that Objective A was accomplished by June 2007, well ahead of the deadline. Membership stood at 133!

A number of Strategic Actions, which resulted in this increase in membership, are outlined below. **Progress:** the Strategic Actions were met.

Michelle Birdsall, LCSW (Member-At-Large) and Scott O'Neal, LCSW (Webmaster) successfully "beat the bushes" with the Post Card Campaign. They contacted members whose membership would soon expire. Carla Sharp, APRN, joined the effort, calling expired members.

Play Dates were developed as cost effective networking opportunities. These were the brainchild of Teresa Shigemasa, LMHC. Two successful Play Dates were held 2006/2007.

A number of Professional Members were involved in outreach efforts to boost Affiliate Membership: Among those making presentations were Bonnie Coutsourakis, LCSW Wendy DeVault, LCSW, Simone Maciejewski, PsyD, Teresa Shigemasa and Gail Silva, PsyD.

**Goal #1 (2006-2009) Objective A: Strategic Action 4** addressed communication: The newsletter and Yahoo Discussion Group provided valuable communication opportunities for members. Michelle Birdsall (Member-At-Large), Teresa Shigemasa (President-Elect 2006-2007), Scott O'Neal (Webmaster), Gail Silva and Simone Maciejewski were instrumental in developing these resources. Progress: Strategic Action was met.

**Goal #1 (2007-2010)** will be similar to the above.

**Goal #2 (2006-2009):** Continual outreach/dialogue with Play Therapy Stakeholders (DOE, DOH, other Mental Health agencies and forums) by September 2009. Objective A: Board to approach membership via newsletter, broadcast email, program and conference announcements for assistance in this goal beginning September 2006 - September 2009. Progress: The objective was met.

**Goal #2 (2007-2010)** will be similar to the above.

**Goal #3 (2006-2009):** Board will seek input from Neighbor Islanders 5 times by September 2009. Objective A: Board will interact at least once with Neighbor Islanders by September 2007. Progress: This objective was met. At the semi-annual HAPT workshops, Michelle Birdsall (Member-At-Large) gathered names of O'ahu members who were willing to extend their home and/or share hotel room costs, and/or provide transportation from the airport to neighbor islanders.

For (2007-2010), Objective B was added to Goal #3: Exploring alternative ways to offer play therapy workshops in various forms. Goal 3: Objective B: Strategic Action 1: Board will explore the following possibilities by 2008: (1) Send an O'ahu therapist/trainer to a neighbor island. (2) Set up video teleconference training. (3) Have an all day training on O'ahu. (4) Bring a neighbor island therapist/trainer to present on O'ahu Goal #3: Objective B: Strategic Action 2: Michelle Birdsall, Monica Evans, Nami-Anne Dolan, NCC and Teresa Shigemasa are making contact with neighbor islanders to explore their interests in the above possibilities.

**Goal #4 (2006-2009):** Re-instate Finance Committee upon completion of the 2007 Conference. Objective A: Finance Committee to discern dollar amounts needed to support the growth of HAPT as an ongoing non-profit organization. Progress: Objective met. Committee suggested that \$4,000 be placed in ING Account per analysis of funds.

**Goal #4 (2007-2010)** will be similar to the above.

**Goal #4 (2006-2009):Objective A: Strategic Action 1:** Board to work in the development of on-going fundraising committee (via communication discussed in Goal #1: Strategic Action 4 and through announcements at programs/conferences, through person-to-person contact, etc.) The committee will be set up for the sole purpose of assisting HAPT as a non-profit (501c) organization to raise funds for a variety of purposes including but not solely for: (1) The continuation of 2 day annual conferences with hotel as a venue. (2) The continuation of 2 semi-annual workshops. (3) Scholarship fund to aid members in methods to be determined by the Board. Profits from fundraisers and how profits are used will be reported regularly to the membership via broadcast email or via newsletter. Progress: Finance committee (Nami-Anne Dolan, Teresa Shigemasa, Greg Shigemasa, MBA and Monica Evans, LMHC) met May 2007.

**Goal #4 (2007-2010): Objective A: Strategic Action 1** will remain the same as the previous year's Strategic Action.

**Goal #5 (2007-2010)** was added as a new goal: Explore the possibility of obtaining office/storage space. Objective A: Obtain an accessible space to keep important information and centralized location for meetings. Strategic Action 1: Monica Evans will research options.

Goal #5 is a new/old goal that has been part of the Board's vision for a number of years.

If you have any questions or comments, please feel free to contact any Board member. We will be happy to address your questions. We value your input!

Submitted by

Monica Evans, LMHC  
Past-President

# "Play Therapy and PCIT"

--a review

On September 15, 2007, HAPT presented its annual workshop at Tokai University in Honolulu, Hawaii. Our presenters were Dr. Steven Choy and Dr. Kathryn Chun. Both psychologists presented on the effectiveness of Parent-Child Interaction Therapy (PCIT) in improving the parent-child relationship for children with conduct related issues.



Dr. Steven Choy & Dr. Kathryn Chun

The participants gained an understanding about the process of PCIT. Through the use of a one way mirror and a "bug" in the ear, parents were coached on ways to respond to their child effectively including the use of praise, describing behaviors, and active ignoring of negative behaviors. Parents ultimately learned to play with their child without judgment and biases, in addition to setting limits. Several video clips of actual sessions were viewed and discussed.



Participants were placed in small groups to practice the skills learned in the training. In a way, the experience was eye opening. Many therapists realized that the amount of praise and descriptives used during the simulated "session" was significantly less than what was suggested.

In addition, many play therapists discovered the similarities between Filial Play therapy and PCIT. The use of non-directive play and having the parents as the change agents were two most noted similarities.

## FUNdraising Committee

*One therapist's junk is another's treasure. Anyone have toys or play therapy items they are not using or don't want anymore? If so, consider donating them to the HAPT fundraising committee for the silent auction in February. We will gladly take gently used toys off your hands and auction them off to raise funds for HAPT. All funds raised will be used to promote play therapy. Please contact me Wendy DeVault at [wendy.devault@us.army.mil](mailto:wendy.devault@us.army.mil) if you are interested in donating to this FUNdraiser.*

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# 10th Annual HAPT Conference

It's that time of year again for our annual HAPT conference. This year our conference is on February 21<sup>st</sup> and 22<sup>nd</sup>. This year we have some exciting new additions! Our presenter, Dr. Terry Kottman, will be presenting on "Play Therapy from 4 to 84." She is a dynamic speaker who will teach the participants even more interventions to add to our tool box of play therapy techniques. She is a former special education teacher and school counselor, so she has a wealth of knowledge and experience conducting therapy/counseling in the school setting.

**HAPT** will be having our first annual mini Silent Auction, collaborated by our newly formed FUNdraising Committee. The monies raised will be used to assist in providing scholarships, in addition it will be used towards conference and workshop costs. This is to benefit our wonderful membership! We will continue to have our raffle prizes which will be drawn throughout the conference.

Some of you are familiar with our "Friends of Play Therapy" luncheons that we started last year. To continue with this fun, networking opportunity, we will be having a informal get-together following the first day (Thursday the 21<sup>st</sup>) of the conference at 5:30pm. It will be an "Evening of Fun with Play Therapists! Location will be announced prior to the conference. All are welcome to attend! We look forward to seeing you at the conference and at our evening event!

## "Play Therapy and the Magic of Puppets"

**May 3, 2008 (Saturday)**  
**Tokai University, 9<sup>th</sup> Floor**  
**9:30 a.m.-3:45 p.m. (5 CEUs)**  
**Presenter: Inga Park Okuna, M.A.**

*Back by popular demand, this workshop will have everyone's hands busy! Join us for a fun day learning to create and play with puppets. In this workshop, you will learn techniques that you can apply immediately with the students/clients you work with now.*

*Inga Park Okuna presented parts of this highly successful workshop several years ago. The puppets created at the previous puppet-making workshop have been used and loved by many and there have been numerous requests for an opportunity to create more. A resource on using puppets in therapy for treatment and assessment will be provided to workshop participants. Inga would like to help therapists to feel confident in their ability to use puppets in their work with children and families.*

*This is HAPT's first full-day workshop! This is in response to many members requesting for an all day workshop, particularly our neighbor island members flying in. Active HAPT members will be able to attend this workshop for FREE!! There is a \$5 supply fee, which will be used by participants to make their puppets. Non-members of HAPT are welcome to attend for a \$65 fee (which includes their supply fee).*

Registration forms will be mailed out in spring 2008. We look forward to seeing you there! Any questions, please feel free to contact Program Chair, Michelle Birdsall ([ewabgirl@yahoo.com](mailto:ewabgirl@yahoo.com)).

# UPCOMING TRAINING OPPORTUNITIES

*Save the Dates!*

## **"Sandplay Therapy with Children Part 3"**

with Carla Sharp, APRN, RPT-s

Starts January 4, 2008 (Friday) 5:30-7:30pm and will run for 7 weeks  
Content includes the symbol of the sun, the myth of the night sea journey  
and the last stages of the sandplay process: resolution of the complexes.

For more information visit [www.carlasharp.com](http://www.carlasharp.com)  
and click on Upcoming Workshop/Sandplay Therapy.

## **"Intermediate Play Therapy"**

with Carla Sharp, APRN, RPS-S

Starts January 12, 2008 (Saturday) and will run for 9 Saturdays from 1pm to 4pm.

Content includes using play techniques to assess the child through art, to assess  
the family system and using play in treatment by understanding the child's metaphor.

Visit [www.carlasharp.com](http://www.carlasharp.com) for more information and click on Upcoming Workshop/Play Therapy.

## **"PLAY THERAPY WITH KIDS 4 to 84"**

with Terry Kottman, PhD, RPT-S who will be presenting on play  
therapy techniques and interventions that can be used with all  
age groups!

**HAPT's 10<sup>th</sup> Annual Conference!**

**February 21 (Thursday) & 22 (Friday) 2008**

at Ala Moana Hotel

Early Registration ends January 21, 2008

Join us on Feb. 21<sup>st</sup> at 5:30pm for some fun & networking.

## **"PLAY THERAPY AND THE MAGIC OF PUPPETS"**

with Inga Park-Okuna, MA

May 3, 2008 (Saturday)

Earn 5.0 CE credits of play therapy training

\$5 Supply fee for HAPT Members

\$65 for non-members (includes supply fees)



## LOOKING FOR PLAY THERAPY SUPERVISION?



Members who are interested in receiving their credentials in play therapy (i.e., Registered Play Therapist), and/or those seeking counsel regarding those sometimes sticky complex cases, here's your opportunity! Below is an updated list of your friendly neighborhood **Registered Play Therapist Supervisors** who are extending their offers:

- ✚ **Rachelle Hansen LCSW, Psy.D, RPT-S** - Private Practice, Counseling Center in Wahiawa, Oahu. Contact number is 621-1820. Expertise is in foster children and their issues within the family and community system.
  
- ✚ **Carla Sharp, APRN, RPT-S, STA/ISST** offers individual supervision by appointment and has held group supervision once a month for 13 years. Currently, group supervision is open to anyone and meets on the first Saturday of each month from 9am to 12pm at her office at 315 Uluniu Street, Kailua, #207. Attendees bring play therapy material and/or videos of their session for support and feedback. She has also created a Play Therapy Training Package which allows one to purchase 100 hours of training and 35 hours of supervision at a discounted rate. You can email her for more information at [carla@carlsharp.com](mailto:carla@carlsharp.com).
  
- ✚ **Teresa Shigemasa LMHC, RPT-S** - Behavioral Health Specialist at Sunset Beach Elementary School on the North Shore. Please contact through email: [tshigema21@yahoo.com](mailto:tshigema21@yahoo.com) Expertise is in the use of Play Therapy to address a host of diagnostic issues within the educational model. Willing to travel to a more central location for interested members.
  
- ✚ **Margaret Bubon Smith, MA, MFT, RPT-S** - Currently the Director of Healthy Start at Child and Family Service on Kauai. Experience with foster care, child abuse, and preschool age children. She can be contacted at [mgtbubon@hawaiiantel.net](mailto:mgtbubon@hawaiiantel.net) or via phone: 1-(808) 332-5200.
  
- ✚ **Anita Trubitt, LCSW, RPT-S** - Private Practice with specialty in divorce/paternity cases where custody and visitation are issues. Supervision or consultation available. Contact through email: [trubitt@hawaii.rr.com](mailto:trubitt@hawaii.rr.com) or by phone: 261-2524.
  
- ✚ **Laura Williams LCSW, RPT-S** - Works for CFS in Waimea on the Big Island of Hawaii. Contact: 808-895-0989. Expertise is in attachment and children with autism.

### **NEWSLETTER CONTRIBUTIONS WELCOMED:**

As always, we welcome contributions to the newsletter: review of play therapy literature; tips or techniques you have found helpful; resources; upcoming trainings related to play therapy; letters to the editor, etc. Please contact the Member-at-Large at [Ewabgirl@yahoo.com](mailto:Ewabgirl@yahoo.com) . I got married at the end of September so my name is now Michelle Birdsall (formerly Kaya). Photos

were donated by our very own Lyn Lee. I'd like to THANK Lyn for her continued assistance with HAPT.

### **REMINDERS:**

If you received this edition of the newsletter by regular mail and prefer to receive it by email, please send your name and email address to [Ewabgirl@yahoo.com](mailto:Ewabgirl@yahoo.com) . To ensure that you receive all HAPT news in a timely manner, please inform us of any name or address changes. Mahalo! ☺

To those of you who received this newsletter via email and do not wish to receive future email from HAPT, please type "Remove Me" in the subject line and return the email.

As a reminder, past editions of our newsletters are available for viewing at our website: [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net) .

### **CONTACTING HAPT:**

Please visit us on our website at [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net). We can also be reached by writing to P.O. Box 176, Pearl City, HI 96782, or emailing members of the HAPT Board of Directors.

### HAPT 2007-2008 BOARD OF DIRECTORS



(Left to Right: Michelle, Nami, Teresa, Linda, Peggy, and Monica)

Teresa Shigemasa, President, ([president@hawaiiplaytherapy.net](mailto:president@hawaiiplaytherapy.net))

Linda Rivera, President-Elect, ([president-elect@hawaiiplaytherapy.net](mailto:president-elect@hawaiiplaytherapy.net))

Peggy Brandt, Secretary, ([secretary@hawaiiplaytherapy.net](mailto:secretary@hawaiiplaytherapy.net))

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Michelle Birdsall, Member-at-Large, ([ewabgirl@yahoo.com](mailto:ewabgirl@yahoo.com))

Monica Evans, Past President, ([past-president@hawaiiplaytherapy.net](mailto:past-president@hawaiiplaytherapy.net))