

**SEPTEMBER
2018**

Pickaway Senior Center

"WE'RE LIVING IT UP"

Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

www.pickawayseniors.org

IMPORTANT DATES:

MONDAY, SEPTEMBER 10

FLU SHOTS 11AM-1:00 PM

WEDNESDAY, SEPTEMBER 12

BOARD MEETING 10:15 AM

FLU SHOTS 11AM-1:00 PM

TRIP PRESENTATION 1:00 PM

THURSDAY, SEPTEMBER 13

JARVIS LAW DISCUSSION 11:30 AM

SATURDAY, SEPTEMBER 15

S.A.L.T. PANCAKE BREAKFAST

TUESDAY, SEPTEMBER 18

COMMODITIES

WEDNESDAY, SEPTEMBER 19

LEGAL AID BY APPT.

SOUP & SALAD BAR NOON

S.A.L.T. MEETING 1:00 PM

THURSDAY, SEPTEMBER 20

UNLOCK SECRET LUNCH NOON

TUESDAY, SEPTEMBER 25

NEWSLETTER ASSEMBLY

BREAKFAST BAR 9:00 AM

THURSDAY, SEPTEMBER 27

MONTHLY FELLOWSHIP NOON

From the Desk of the Director

Summer certainly went by quickly this year. Could it be in part that we were so busy with all the fun activities here at the Center? Whatever the reason, fall is fast approaching.

Which means it is time we work on plans for 2019. Last month we announced our first trip of 2019, a motor coach tour to **Amelia Island, St. Augustine & Jacksonville, FL**. Additionally, we have now scheduled an air trip with Premier World Discovery: **California Rail Discovery** in June, as well as a motor coach trip to **Maine** in July. Flyers are available at the Center for all three of these trips. We have a busy September in store for you.

Premier World will be at the Center on September 12th for a trip presentation on the California Rail Discovery trip. Jarvis Law office will be at the Center on September 13th for a discussion prior to lunch on "*Planning for the second half of life: When the Golden years are sometimes less Golden*"

Mark your calendars and be sure and stop by the Center on either September 10th or 12th from 11AM-1PM as Ashville Apothecary will be at the Center giving flu shots. We want you all to stay healthy throughout this year's flu season.

September 15th SALT Council will be holding their annual Pancake Breakfast at the Center from 8-11AM. Tickets are \$6 for adults and \$2 for children.

September 27th is Monthly Fellowship and will feature our own Line Dancers, with what is sure to be a great performance. *Don't forget, why not ride the shuttle from Emmett Chapel on Fellowship Day?* It will ease parking issues at the Center and you get to enjoy riding with our friendly drivers.

The Center will be closed on Monday, September 3rd for Labor Day. We wish you all a safe holiday and hope to see you often this September at the Center where "We're Living It Up"!

Cynthia Love, Executive Director

**Pickaway Senior Center
Board of Directors:**

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Harold Henson

**PICKAWAY SENIOR
CENTER**

2105 Chickasaw Drive
P.O. Box 565
Circleville, OH 43113

www.pickawayseniors.org

Office: 740-474-8831
Toll Free: 888-397-7246
Nutrition: 740-474-8617
Fax: 740-477-8114

Office Hours:
Monday-Friday
8am - 4:30 pm

Our services are provided for seniors ages 60 and over, Monday through Friday.

Adult Day Care:

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

Congregate Meals:

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

Homemakers:

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

Meals on Wheels:

A hot lunch delivered to your home five days a week.

**National Family
Caregiver Support
Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

Supportive Services:

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

Transportation:

Transportation for medical appointments, dialysis, and grocery shopping.

**For information
on any of
these services,
call the Senior
Center: 740-
474-8831**

The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers



In Memory or Honor of...

*This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift
which means others in Pickaway County will be helped.*

Enclosed is my gift of \$ _____ In Memory or Honor of _____

Occasion: ☐ Birthday ☐ Anniversary ☐ Other _____

Given by _____

Address _____

Please make checks payable to the Pickaway Senior Center. Mail gift to:

Pickaway Senior Center
P.O. Box 565
Circleville, OH 43113

**Amelia Island, St. Augustine &
Jacksonville FL Trip**

Dates: February 24-March 2, 2019

Price: \$650 (per person double occupancy)

\$75 due upon signing up

Trip Includes:

- Visit to Fountain of Youth
- Visit to Historic Kingsley Plantation
- Guided Tours of Amelia Island, St. Augustine & Jacksonville
- Narrated Cruise on St. John's River
- Alhambra Dinner Theater

For more information please call the Center

**Join us at the Center on
September 13th at 11:30 am**

Jarvis Law Office will be at the Center discussing "Planning for the second half of life: When the Golden years are sometimes less Golden"



SEPTEMBER BIRTHDAYS-HAPPY BIRTHDAY!

SEPTEMBER 1

GENEVA BUSSA
JOHN CAVINEE
NANCY FEYH
ELIZABETH JONES
JULIA SMITH
LINDA SPEAKMAN
THERRELL VAN CUREN

SEPTEMBER 2

VICKIE FLEMING
JUDY PERKINS
MARGARET REMY
FAYE SCHREINER
RONALD SWOYER

SEPTEMBER 3

JANICE ATWOOD
ROBERT LEE BROWN
BETTY CARSTENS
WAYNE CARTER
SHARON HAYES
PEGGY KRC
GINGER STANT

SEPTEMBER 4

ROBERT BAUER
STANLEY RITCHIE

SEPTEMBER 5

MAE CAINS
ELSIE CRAMBLIT
DALE DELONG
SHERYL LOWE
JUDY PALM
JULIANN PALM
KIM ROSSITER
BETTY WOLFORD

SEPTEMBER 6

CAROL BIVENS
SHARON DOLLISON
HAROLD HEWITT
SYBIL HINKLE

SEPTEMBER 7

GARY AGIN
JIM FINCH
DOROTHY JONES
BLAINE KECKLEY
PATTY LONGBERRY

SEPTEMBER 8

LINDA AGIN
PATRICIA FLINNER
NORMA FOSNAUGH
VIRGINIA GIFFORD
RHEA HARBER
ROY SARK
LEONA SMATHERS

SEPTEMBER 9

ANN DEWITT
SALLY LEMASTER
JANET MCWHORTER
FRAN WRIGHT

SEPTEMBER 10

GEORGE BANDY
RUTHANNE EDGINGTON
ROGER EITEL
SONDRA FERRELL
JAMES SCHNEIDER
LYNN TRACY

SEPTEMBER 11

SHIRLEY CANTERBURY
DENNIS KELLER
HAROLD LEONARD
LINDA SCHLEGEL
CAROLYN SHAW
FREDA WARD

SEPTEMBER 12

PAM DEAN
PAULINE GARNER
ALBERTA RUTT
BETTY WAIDELICH

SEPTEMBER 13

DELLA ECKART
AMY FRY
LINDA GRAVES
JOYCE HADDOX

SEPTEMBER 14

JEANE CRIDER
JAMES DAFT
NORMA DUMM
KATHLEEN FLEMING
MATT MCGOWAN
BECKY MYERS
BECKY NEFF
ANNABEL SPANGLER
CINDY WAGNER

SEPTEMBER 15

BEVERLY BOYSEL
STEVE GARRETT
MARCELLA HOSTETLER
DOROTHY KNIPP
DIANE LESTER
CHARLES MCGUIRE

SEPTEMBER 16

DOROTHY CORDRAY
DOROTHY CORMANY
JESSI DEGROOT
BARBARA WILSON
ALVIN YORK

SEPTEMBER 17

EDDY ARBOGAST
CHARLENE BASHAM
JOHN BORN
ROY HIGGINBOTHAM
NANCY MAYBERRY
DONNA RUCK
JOHN SIMISON
BARBARA WING
PAMELA WOLFE

SEPTEMBER 18

JO ANNE BINKLEY
ROBERT FOREMAN
BRENDA GIBSON
DARLENE JACKSON
CHARLES E. RAINES JR
HAROLD THOMPSON



SEPTEMBER 19

SUSAN CAMPBELL
WILLARD ESTEP
MARILYN HARDBARGER
MARGE SEALOCK

SEPTEMBER 20

JOANN MIDDGAUGH
JEAN WRITSEL

SEPTEMBER 21

GRACE ELLIOTT
FRANK PLESCIA
CAROLYN PYLE
WILLIAM "TONY" ROBINSON

SEPTEMBER 22

ELEANOR BARR
HELEN GEORGE
EDITH POLLEY
STEVEN SCHOEDINGER
MELBA SEXSON

SEPTEMBER 23

BEVERLY CURRENCE
SHELVIA NEFF
ANNIE ORIN
SUSIE WILLIAMSON

SEPTEMBER 24

LINDA BARBEE
SANDRA BURNS

SEPTEMBER 25

PATRICIA DRUMMOND
LOUISE METTLER
MELISSA WEESE

SEPTEMBER 26

CHARLES BRAUN
SALLY MAJORS
DEBRA VALENTINE

SEPTEMBER 27

JUDY LEMLEY
TONI PEELE
SHIRLEY REESER

SEPTEMBER 28

LAINY EBRIGHT
RONALD HAWKES
JEAN MCGEE
DEBBIE STAGGS
TOM VAUGHN

SEPTEMBER 29

KAREN BENSONHAVER
STEVE BILLUPS
ROBERT FEATHERINGHAM
GLENNA FRAZIER
LINDA GREGORY
ANNA HARBER
ELLIOTT HAWKES
BONNIE KERN
JOHN KYLE
JUDY MEENACH
BETTY MYERS
RICHARD PATMORE
BECKY ROUSH

SEPTEMBER 30

FRED ACORD
MARTHA ROSE
CHARLES WAIDELICH

SPECIAL THANKS TO THE FOLLOWING PEOPLE...

New Members

Lynn Walker

Gwen Musser

Jane Schneider

James Schneider



\$10 Fund Donations

Linda & Don
Harden

Jeane Crider

Earl & Norma
McCombs

Dan Namowicz

Virginia Pfeiffer

Sandra Foster

Ellery Elick



Consider joining us for our 2019 travel:

- **Amelia Island, St. Augustine & Jacksonville FL**

Feb. 24-March 2

\$650 per person (double occupancy/\$75 due upon signing)



- **Beautiful Maine**

July 14-20

\$765 per person (double occupancy/\$75 due upon signing)



- **California Rail Discovery**

June 5 (7 days)

\$2845 per person (double occupancy w/booking discount)

\$2945 per person (double occupancy regular rate)

For more information on these trips please contact the Center at 740-474-8831 or stop by the office to pick up a trip flyer

Estate Planning

It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.

We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.

**Pickaway County
Community Foundation:**

**Pickaway Senior Center Fund
770 N. Court St.
Circleville, OH 43113**

**Memorial/Honor of
Donations**

In Memory of

Florence Perkins

Given By,

Line Dancers
~~~~~  
In Memory of  
  
Sara M. Dresbach  
  
Given By,  
  
Bill & Janet  
Fee  
~~~~~  
In Memory of

Clifford & Marjorie
Kerns

Given By,

Theresa Kerns
~~~~~  
In Memory of  
  
Bob Fausnaugh  
  
Given By,  
  
Barb Hull

**Memorial/Honor of  
Donations**

In Memory of  
  
June & Paul  
Eitel  
  
Given By,  
  
Harry & Bev  
Styers  
~~~~~  
In Memory of

Mike Brown, Loving
Husband & Father

Given By,

Wife, Katie & Children—
Sheryl, Brett, Brenda, Jeff,
Joni & Judi
~~~~~  
In Memory of  
  
Carolyn M. Valentine  
  
Given By,  
  
Valentine Family  
~~~~~  
In Memory of

Chester (Butch) Vanover

Given By,

Steve & Pam
Jones

**Memorial/Honor of
Donations**

In Memory of

Chester (Butch) Vanover

Given By,

Sondra Starkey
~~~~~  
In Memory of  
  
Chester (Butch) Vanover  
  
Given By,  
  
Jerry & Rosemary  
Starkey  
~~~~~



Monthly Fellowship September 27, 2018

Please RSVP by the day before. Call 740-474-8831 to make reservations. September birthdays & anniversaries eat free on September 27 at noon.

- Roast Pork
- Mashed Potatoes
- Seasoned Green Beans
- Cake w/Fruit
- Roll

Entertainment:
Senior Center Line Dancers

Shuttle Service

There will be a shuttle service for the September Fellowship. Shuttle will run from 10:30 a.m.-11:45 a.m. from Emmett Chapel Church Tarlton Rd to the Center.

(please note time change)

First 20 cars receive a free lunch certificate



"Discover where to Recover"

Pickaway Manor
Rehabilitation Center,
Skilled Nursing & Assisted Living
A Macintosh Community
PT, OT and Speech Therapy
Services Available
391 Clark Drive | (740) 474-6036
www.macintoshcompany.com/Pickawaymanor

ANDERSON INSURANCE GROUP

906 N. Court St.
Circleville, OH 43113

Medicare Questions?

Plan Comparisons
All types of Health Ins.

Contact: Nedra Betts
740-477-2591

Amity Home Health Care

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- ♥ Locally owned home care provider for over 20 years.
- ♥ Covering 9 counties, available 24 hours a day 7 days a week.

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we provide hospice care.

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and all in YOUR community!

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Cardiology & Neurology	Orthopedic Surgery
Ear, Nose & Throat	Pain Management
Endocrinology	Pharmacy
Emergency Department	Radiology
Gastroenterology	Sleep Center
General Surgery	Therapy & Sports Medicine
Imaging & Laboratory Services	Vein Specialists
Infusion Center	Women's Health & Maternity
Lung Care Center	Wound Healing Center

Berger Health System
600 N. Pickaway St.
Circleville, OH 43113
740.474.2126
www.bergerhealth.com



BERGER HEALTH SYSTEM
Care first. Community always.

Unlock the Secret Lunch

September 20th @ Noon

I am preserved in salt
I am cured and so fine
I'm also preserved in water
Or some would say I am so Brine

Roasted or Ground
It's tough to Beat !!
Knowing this is for dinner, makes me want to say....
"Where's the ____"

I like to be chopped
I love being around potatoes
Let's come to an agreement after that discussion
Let's talk about our ideas and see how it goes.

" _____ "

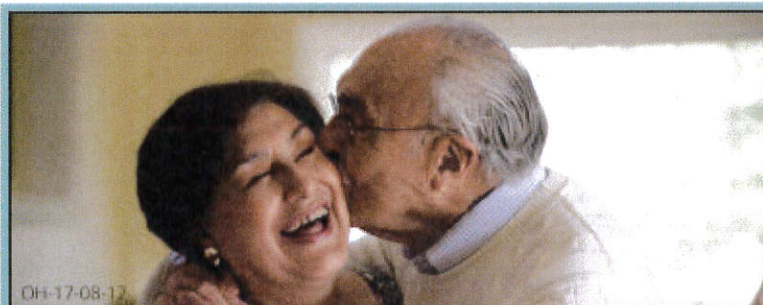
(Three Words)

August Answer: Grape Surprise / Theme: Autumn

AARP DRIVING CLASS

There will be a safe driving class at the Center on September 20th and November 8th from 8:00 am-Noon

There is no cost for the class. Please call the Center at 740-474-8831 to sign up for one of the classes.



aetna

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ADENA HEALTH CENTER-CIRCLEVILLE

140 Morris Rd.



Health Center
Circleville

Flu Shots

The friendly pharmacists from the Ashville/Circleville Apothecaries will be stopping by the **Pickaway Senior Center on September 10th & 12th from 11am to 1pm.**

Flu shots are **FREE** to those covered under Medicare A/B and supplemental plans.

Call the Apothecary if you have any questions, 740-983-2501.

California Rail Discovery Trip

June 5, 2019 (7days)

Featuring San Fransisco, Lake Tahoe & the Napa Valley Wine Train

Premier World will be at the Center on September 12th at 1:00 pm, for a trip presentation.



Free Delivery Straight from *Your* Locally Owned
Independent Pharmacy*

**Call 740-420-DRUG
to get started today!**

CIRCLEVILLE APOTHECARY

1200 North Court St.
Circleville, Ohio 43113

Phone: (740) 420-3784
Fax: (740) 420-3780

www.apothecary-rx.com

Hours: **Mon-Fri:** 9am -8pm
Sat: 9am-2pm **Sun:** Closed



*Delivery is only available to homes/businesses within the Circleville city limits or some nearby areas.

Pickaway Senior Center
2105 Chickasaw Dr.
P.O. Box 565
Circleville, OH 43113

Non-Profit Org.
U.S. Postage
PAID
Permit #200
Circleville, OH 43113

RETURN SERVICE REQUESTED

Current Resident



S.A.L.T. Pancake Breakfast

S.A.L.T Council (Seniors and Lawmen Together) will be having a Pancake Breakfast at the Center:

When: Saturday, Sept. 15
Time: 8 to 11:00 AM

Tickets are \$6 for Adults/
Children 12 and under \$2 and
may be purchased in advance
from SALT
Council
members or
at the Cen-
ter.



Don't miss our upcoming events and activities at the Center!

Jarvis Law Discussion.....Pg 3
Amelia Island Trip.....Pg 3
Birthdays.....Pg 4
AARP Classes.....Pg 8
Unlock the Secret Lunch....Pg 8
Flu Shots.....Pg 9
California Rail Trip.....Pg 9
Menu.....Pg 10
Activities Calendar.....Pg 11



We are looking for Volun-
teers to work in the building
on **Commodity and Food**
Truck Days. Must be able to
lift 40 lbs. If interested
please contact Dayna at the
Center 740-474-8831.