

EMPOWER *Her*



Our **Women's Support Group** is a faith-based community dedicated to offering a safe and supportive space for women to engage in open and honest conversations through shared experiences. We will focus on addressing four key areas of concern: emotional pain, psychological pain, physical pain, and cultural pain awareness.

When: February 1, 2025 (8 week session)

Time: 11:15am-1:15pm (lunch will be served 1st week)

Where: 4736 Avenue B Jacksonville, FL 32209

(Education Building)

Who: **ALL** ladies are encouraged to attend.

Register by email: kstewart@ncijax.org

For any questions or concerns please call (904)660-2157

