**We Have Been Touched**

**We walk because we have indeed**

**been touched, there is no doubt.**

**Because of a loved one, we are walking to bring**

**awareness to something not many talk about.**

**We meet people who know what**

**it's like, no explanations needed.**

**With no judgments made, we feel**

**the support and a love deep seeded.**

**Some come alone, and some bring a sister,**

**brother, friend, even their mother and father.**

**All of us together, in one place, is a**

**sign that we are there for one another.**

**They say there is strength in numbers**

**and we feel it, each time we get together.**

**We agree that we do not have all the answers**

**to the questions that seem to go on forever.**

**If our story can help someone in crisis,**

**someone who has just felt a loss,**

**or touch someone's heart to donate the funds,**

**needed, to open more doors, which have their cost.**

**.**

**Because we have lost someone to suicide,**

**we want to help others, it doesn't matter who.**

**Each step we are taking today is leading us to a**

**better understanding of what mental illness can do.**

**Written By Frances Berumen 8/15/16**

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